



Pain Standards Task Force  
PacificSource Community Solutions – Boardroom  
2965 NE Conners Ave, Bend OR 97701

Agenda: August 5, 2015 from 7:00am-8:00am

Call-In Number: 866-740-1260  
7-Digit Access Code: 3063523

1. **7:00-7:05**      **Introductions – All**
  
2. **7:05-7:20**      **PSTF Vision, Mission & Values statement discussion - Kim**
  - **Vision: Working collaboratively to improve the health and well being of chronic non-cancer pain patients in Central Oregon.**
  - **Mission: Compassionate, patient-centered, holistic, evidence-based chronic non-cancer pain care.**
  - **Values: Compassion. Whole Person. Patient-Centered. Evidence-Based. Best Practices.**
  
3. **7:20-7:35**      **Preparing the medical community for change – Kim**
  - **Presentations on prescribing guidelines**
  - **Involving key clinical leaders that are not on the PSTF**
  
4. **7:35-7:50**      **Summit to Reduce Rx Abuse – Kim, Laura, Rick, Muriel & Rebeckah**
  - **Topics**
  - **Presenters**
  - **Naloxone**
  - **Integrated care & stepped care models**
  
5. **7:50-8:00**      **Task Force Updates & Discussion - Kim/Rebeckah**
  - **PDMP – volunteers for meeting to define analysis parameters**
  - **Central Oregon Pain Guide website: [www.copainguide.org](http://www.copainguide.org)**
  - **Grand Rounds – volunteers for planning meeting for December endorsement dinner**

**Consent Agenda:**

- **Approval of the draft minutes dated July 14, 2015 subject to corrections/legal review**



**MINUTES OF A MEETING OF  
THE PAIN STANDARDS TASK FORCE  
CENTRAL OREGON HEALTH COUNCIL  
July 14, 2015 from 7-8:00am**

**Task Force Members Present (In-Person)**

Kim Swanson, Chair (St. Charles Family Care)  
Gary Allen (Advantage Dental)  
Rebeckah Berry (COHC)  
Wil Berry (Deschutes County Behavioral Health)  
Muriel DeLaVergne-Brown (Crook County Health Department)  
Maria Hatcliffe (PacificSource)  
David Holloway (Bend Memorial Clinic)  
Lindsey Hopper (COHC)  
Jessica LeBlanc (Mosaic Medical)  
Sharity Ludwig (Advantage Dental)  
Steve Mann (COIPA and High Lakes Healthcare)  
Laura Pennavaria (La Pine Community Health Center)  
Christine Pierson (Mosaic Medical)  
Scott Safford (St. Charles Family Care)  
Hal Sexton (Deschutes County Behavioral Health)  
Divya Sharma (Mosaic Medical and COIPA)  
Pam Tornay (Central Oregon Emergency Physicians)  
Rick Treleaven (BestCare Treatment Services)  
Tom Watson (Rebound Physical Therapy)

**Task Force Members Present (Call-In)**

Tina Patel (PacificSource)

**Absent:**

Robert Andrews (Desert Orthopedics)  
Angela Kimball (Innovator Agent)  
Jennifer Laughlin (St. Charles Health System)  
Alison Little (PacificSource)  
Kyle Mills (Mosaic Medical)  
James Nelson (The Center)  
Rob Ross (St. Charles Medical Group)  
Nikole Zogg (Advantage Dental)

## 1. Introductions & Opening Remarks

- Members in attendance introduced themselves.
- The group welcomed the new members to the table. New PSTF members include Dr. Wil Berry from Deschutes County Behavioral Health, Maria Hatcliffe from PacificSource, Dr. Scott Safford from St. Charles Family Care, and Tom Watson from Rebound Physical Therapy.
- Muriel shared information on Community Outbreak of HIV Infection Linked to Injection Drug Use of Oxymorphone from the CDC. The article can be found at:  
[http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6416a4.htm?s\\_cid=mmmm6416a4\\_w](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6416a4.htm?s_cid=mmmm6416a4_w)

## 2. Central Oregon Pain Guide Website Review

- The group reviewed the disclaimer wording from the lawyer for the website.
- The group agreed that it would be beneficial to have a tool to help patients determine when they might be getting into trouble with opiates and prescriptions.

**ACTION ITEM:** Please send Rebeckah any tools that exist to assist providers in talking to patients about opiates and prescriptions, as referenced above.

- There was a discussion around evidence-based practice and what should be included as community resources and inclusion criteria. The following resources were identified:
  - Patient education
  - Three evidence-based practices in behavioral health: ACT, CBT, and MBSR
  - Needle exchange/drug take back opportunities
  - Other potential methods:
    - Palliative care that is not hospice
    - Nutritional supplements and nutraceuticals
  - The American Academy of Pain Management has useful tools online and research they have posted on evidence-based education programs for the public:  
<http://www.aapainmanage.org/>.
- Dr. Pennavaria recommended posting PCPs as a gateway on the website, including a list of resources for those PCPs.
- Dr. Tornay added that we should consider having the ED distribute a pamphlet to direct patients to the website.
- Dr. Mann recommended two diverging paths: a PCP point and an addiction point.

## 3. Summit to Reduce Rx Abuse

- Rebeckah reviewed the summit status
  - The first summit was held in Eastern Oregon with the EOCCO
  - A meeting will take place next week for Central Oregon Summit planning
  - Discussion around community resources and potential speakers in our area
    - Dr. Michael Price, BestCare Medical Director
    - Potential speakers from Multnomah County like Paul Lewis, MD, MPH who has presented on Opioid Safety and Multi-level Interventions to Prevent Overdose, Addiction, and Dependence:

[http://www.oregon.gov/oha/Transformation-Center/Documents/Opioid\\_Lewis.pdf](http://www.oregon.gov/oha/Transformation-Center/Documents/Opioid_Lewis.pdf)

- Lisa Millet from the Injury Prevention Program at OHA
- A local District Attorney
- Dr. Shames and Laura Heesacker, LCSW from Southern Oregon
- Dr. Allen suggested adding something to appeal to dentists due to the important connection with the dental community and opiates

**ACTION ITEM:** Email Rebeckah any other topics or presenters you would like to see at the Summit by August 7, 2015.

#### 4. Task Force Updates

- Grand Rounds discussion
  - Rebeckah shared the speakers scheduled to present on chronic pain related topics for Grand Rounds.

**ACTION ITEM:** Rebeckah will send out Outlook invitations for upcoming Grand Rounds as well as a flyer. The flyer can be disseminated among providers all over Central Oregon.

**5. Consent Agenda:** Minutes approved dated June 3, 2015 subject to corrections/legal review.