



Pain Standards Task Force
PacificSource Community Solutions – Boardroom
2965 NE Conners Ave, Bend OR 97701

Agenda: January 4, 2017 from 7:00am-8:00am

Call-In Number: 866-740-1260
7-Digit Access Code: 3063523

1. **7:00-7:05** **Introductions—All**
2. **7:05-7:15** **2017 PSTF Aims Approval—Dr. Swanson**
4. **7:15-7:25** **Pain 101 Steering Committee Formation—Dr. Swanson**
5. **7:25-7:35** **Learning Collaborative Committee Formation—Dr. Swanson**
6. **7:35-7:45** **Patient Communications Committee Formation—Dr. Swanson**
6. **7:45-7:50** **Q3 PDMP Dashboard—Dr. Swanson**
7. **7:50-8:00** **Monthly Updates—Dr. Swanson**
 - **Safer, Informed, & Compassionate Opioid Prescribing—Dr. Swanson**
 - **PDMP Grant Update—Harriet Godoski**
 - **Living Well with Chronic Pain for Central Oregon—MaCayla Arsenault**
 - **Pain Advisor’s RHIP Proposal Update—Dr. Swanson**

Consent Agenda:

- **Approval of the draft minutes dated December 7, 2016 subject to corrections/legal review**

2017 Aims: Pain Standards Task Force (DRAFT)

- 1) Community Education
 - a. Educate community on opioid:
 - i. Risks
 - ii. Safe storage and disposal
 - iii. Partial fills
 - iv. Prescription alternatives

- 2) Continue Provider Education
 - a. Hold Pain 101 Workshop in in September
 - b. Start a quarterly learning collaborative for mental health providers
 - c. Educate non-prescribers on alternative modalities/non-prescription approaches to pain management
 - d. Hold Grand Rounds on nutrition and chronic pain
 - e. Hold Grand Rounds on tapering
 - f. Hold Grand Rounds on evidence based alternative modalities
 - g. Offer CME for “Safer, Informed, and Compassionate Opioid Prescribing” presentations

- 3) Continue to obtain provider support of safer prescribing guidelines
 - a. Replace intention letter with alternative messaging to encourage PDMP enrollment
 - b. Continue PDMP registration at educational events
 - c. Publish patient success stories/PSAs

- 4) Increase MAT Availability
 - a. Increase the number of suboxone prescribers in Central Oregon
 - b. Hold buprenorphine waiver training in Central Oregon in October

- 5) Increase Provider Resources
 - a. Create a resource list of pain programs in the region for the PSTF website including Living Well with Chronic Pain and Walk with Ease
 - b. Continue to support Living Well with Chronic Pain



Pain Standards Task Force
PacificSource (Boardroom)
Bend, Oregon
December 7, 2016

Present:

Kim Swanson, St. Charles Family Care, Chair
Gary Allen, Advantage Dental
Wil Berry, Deschutes County Behavioral Health
Alison Little, PacificSource
Sharity Ludwig, Advantage Dental (call-in)
Steve Mann, Central Oregon IPA (call-in)
Laura Pennavaria, La Pine Community Health Center
Christine Pierson, Mosaic Medical
Kerie Raymond, Hawthorne Healing Arts Center
Marie Rudback, Endeavor Chiropractic
Scott Safford, St. Charles Family Care
Divya Sharma, Mosaic Medical
Julie Spackman, Deschutes County Health Services
Tom Watson, Rebound Physical Therapy

Absent:

Misoo Abele, Veterans Administration
Robert Andrews, Desert Orthopedics
Patty Buehler, InFocus Eyecare
Muriel DeLaVergne-Brown, Crook County Health Department
Shanna Geigle, Veterans Administration
Maria Hatcliffe, Mosaic Medical
Jennifer Laughlin, St. Charles Medical Group
Jessica LeBlanc, Bend Treatment Center
Robert Ross, St. Charles Medical Group
Pamela Tornay, Central Oregon Emergency Physicians
Rick Treleaven, BestCare Treatment Services

Others Present:

MaCayla Arsenault, Central Oregon Health Council
Harriett Godoski, PDMP Coordinator

Jean McCalmot, OHSU Student (call-in)
Kelsey Seymour, Central Oregon Health Council

Introductions

- Members introduced themselves and their respective organizations and guests were welcomed to the meeting.

2017 Aims

- Dr. Kim Swanson reviewed the 2017 aims decided upon at the previous meeting:
 - The Pain 101 conference will be held in October or September of 2017. Additional funding will be needed from alternate sources.
 - **ACTION:** Dr. Swanson will begin forming Pain 101 steering committees in January.
 - A focus on patient education
 - Safer Prescribing practices will continue to be a focus
- Dr. Swanson noted additional options for 2017 aims. The group supported the following:
 - MAT training
 - Adding a nutritionist to the PSTF
 - Adding a resource list of pain programs in the region to the PSTF website (such as LWWCP and Walking with Ease) for providers to recommend to patients.
 - **ACTION:** Dr. Swanson will consult the attorney about adding the programs listed above to their website.
 - **ACTION:** Dr. Swanson will find out what involvement is required from each health organization to achieve Living Well's goals.
 - Develop a quarterly learning collaborative designed to provide education and training for Mental Health professionals
 - **ACTION:** Dr. Kerie Raymond will share the Clinicians Network contact information with Dr. Swanson.
- Dr. Divya Sharma shared that part of COIPA's incentive matrix in 2017 is one hour of Continued Medical Education (CME) for chronic pain management.
 - **ACTION:** Dr. Swanson will find out if her safe prescribing presentation can be converted to CME that meets COIPA's incentive guidelines.

Pain Resiliency Program Proposal

- Dr. Steve Mann explained that while the proposal was well received by the COHC Board, the problem was that it had only been reviewed by clinicians and no administrators. Dr. Christine Pierson shared that she had heard logistical concerns regarding the proposal: i.e. space for the program within clinics, etc. She also suggested that Mr. Mark Altenhofen should become more acquainted with the community partners in Central Oregon before presenting again.
 - **ACTION:** Dr. Swanson will meet with Donna Mills to discuss next steps.

Prescription Disposal Press Release

- Dr. Swanson asked the group for feedback on the press release. Feedback included:
 - Reverse the order of the first two sentences so the lead gives the appropriate actionable message.
 - Lower the reading level to 5th grade
 - **ACTION:** Ms. MaCayla Arsenault will make these edits to the press release.
- Dr. Pierson asked if a safe storage poster could be created for clinics. Dr. Swanson confirmed that a poster like that is already being drawn up. Dr. Raymond suggested that poster be visible inside pharmacies as well.
- Ms. Spackman noted that the Shared Future Coalition is studying existing campaigns on this topic around the nation.
 - **ACTION:** Ms. Spackman will share the top two campaigns with Dr. Swanson

PDMP

- Ms. Harriett Godoski shared that she has little capacity for outreach to resistant prescribers.

Living Well with Chronic Pain

- Ms. Arsenault shared that the LWWCP classes ended in Redmond last week and two weeks ago in LaPine.
 - **ACTION:** Ms. Arsenault will bring the results of those classes, as well as the patient survey results to the January meeting.