



Agenda: September 27, 2016 from 3:30pm-5:00pm

1. **3:30-3:35**      **Introductions—All**
2. **3:35-3:40**      **Workgroup Leader—MaCayla Arsenault/All**
3. **3:40-4:20**      **Increasing Physical Activity C.O. Strategies—Rebeckah Berry/All**
4. **4:20-5:00**      **Increasing Healthy Diets/Nutrition C.O. Strategies —Rebeckah Berry/ All**

Next Meeting: October 25 from 3:30-5:00pm at PacificSource (Suite 210)

## **RHIP Workgroup Updates: August**

### **Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Steve Strang)**

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 23 members.
- In August the group finalized their living work plan and presented it to the Operations Council on August 19<sup>th</sup>. Their plan was reviewed and Ops provided input with minor edits. At the August meeting, the group reviewed information about JHIE and PacificSource's APM BH Integration Grant. Members of the group will be providing expertise for the MindYourMind regional campaign in the next two months. The group will discuss peer navigators and outcomes of the access study in September.

### **Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleven)**

- This group meets the third Wednesday of every month from 4-5pm and currently has 21 members.
- In August the group finalized their living work plan and presented it to Operations Council on August 5<sup>th</sup>; they reviewed the plan and provided input. At their August meeting, the group began defining clear and standardized pathways for patients that display substance use risk within primary care settings. Once finalized, these algorithms will be shared throughout the region.

### **Cardiovascular Disease—Clinical (Support: Rebeckah Berry)**

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 9 members.
- In August the group finalized their living work plan and presented it to Operations Council on August 19<sup>th</sup>. Their plan was reviewed and Ops provided input. This group is developing/finalizing patient education documents around proper blood pressure procedures and things that raise blood pressure. These documents will be shared broadly with clinics. In August the group discussed the value of the "5 A's" or "2 A's and R" as a standard in clinics to support blood pressure control.

### **Diabetes—Clinical (Support: Rebeckah Berry)**

- This group meets the second Thursday of every month from 9-10am and currently has 12 members.
- In August the group finalized their living work plan and presented it to Operations Council on August 5<sup>th</sup>. Their plan was reviewed and Ops provided input. During their August meeting, the group developed a first draft of a pathway/algorithm for assertively addressing Pre-Diabetes in a primary care setting. This group will finalize this pathway in September and share it region-wide.

### **Cardiovascular Disease & Diabetes—Prevention (Support: MaCayla Arsenault & Channa Lindsay)**

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 26 members.
- On August 5<sup>th</sup>, Ops reviewed the living work plan. Revisions were requested and a second review will occur in October. In August, the workgroup met to hone in on the focus and direction of their workgroup. They decided their workgroup would focus on physical inactivity, overweight/obesity, tobacco use, and unhealthy diet. This next meeting they will participate in a consensus workshop to develop preliminary strategies to address physical inactivity and unhealthy diet. They also listened to and provided feedback on Crook County School District's RHIR proposal to purchase new PE equipment for Crooked River Elementary for school and after school activities.

## **RHIP Workgroup Updates: August**

### **Oral Health (Support: Donna Mills & Suzanne Browning)**

- This group meets the third Tuesday of every month from 11-12pm and currently has 19 members.
- The Ops Council reviewed the living work plan and provided input on August 5<sup>th</sup>. At the workgroup meeting, they heard a presentation from Kemple Clinic. The discussion was robust with several observations and recommendations shared. A small group of participants are meeting in a sub-group to discuss tweaks to the presentation and further collaborations. The group reviewed the current draft of their living work plan and decided that next steps would include a brainstorming session at our next meeting, as well as extending their meetings by one hour to allow for stream of creativity towards prioritizing initiatives.

### **Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)**

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- The Reproductive/Maternal Child Health workgroup heard more feedback from the CCO around prenatal coding. Protocols and coding is in the finalization stage as a laminated card for providers is developed. The draft of their living work plan was also discussed and input from the Ops Council, reviewed at on August 5<sup>th</sup>, was shared with the group. Next steps are to review the gaps in the work plan and decide whether a proposal will be forthcoming.

### **Social Determinants of Health**

- This group meets the third Friday of every month from 10-11:30am and currently has 27 members in kindergarten readiness and 26 members in housing.

#### **Education & Health (Support: Donna Mills & Desiree Margo)**

- The Kindergarten Readiness workgroup dedicated their entire meeting (now 1.5 hours) to their living work plan. The main focus of the meeting was to incorporate the recommendations made by the Ops Council made on August 19<sup>th</sup>, as well as, incorporate additional information from new stakeholders. Next steps include a subset group to flesh out the newest input. Other subsets of the group are focusing on gathering data to establish either baselines or proxies.

#### **Housing (Support: Bruce Abernathy & MaCayla Arsenault)**

- The Ops Council reviewed the living work plan and provided input on August 19<sup>th</sup>. In August, the workgroup met to finalize their SDH Housing Workgroup Overview document, an informative one-pager that outlines the purpose and focus of their work. They also went over each goal in their work plan, clearly defined and discussed the activities and strategies to address the respective goal, and develop subcommittees to work on each goal. The workgroup then listened and provided feedback on Bethlehem Inn's RHIR proposal to construct a new family residential unit and service hub.