



RHIP Behavioral Health Identification & Awareness Workgroup

Deschutes County Building

1300 NW Wall Street, Bend (DeArmond Room)

Agenda: October 25, 2016 from 8:15am-9:15am

Call-In Number: 866-740-1260


7-Digit Access Code: 3063523

1. **8:15-8:20** Introductions—All
2. **8:20-8:55** Coding and Closed Loop Referrals Between Primary Care & Behavioral Health—
Steve Strang, Leslie Neugebauer, & Rick Treleven
3. **8:55-9:05** Lines for Life RHIP Proposal Summary/Feedback—Emily Moser & Fiona Milligan
4. **9:05-9:10** APM BH Integration Update—Mike Franz
5. **9:10-9:15** Mental Health Prevention & Promotion Grant—Jessica Jacks
6. **9:15** Action Items—All
 - December meeting 12.20.16 instead of 12.27.16 or cancel?
 - January meeting 1.17.17 instead of 1.24.17 (Rebeckah out for work) or cancel?
 - Next steps

Next Meeting: November 22nd from 8:15-9:15am
(Deschutes County Building, 1300 NW Wall St, Bend – DeArmond Room)



BH Screening and Awareness (22)	Organization
DeAnn Carr	Deschutes County Health Services
Jeremy Fleming	PacificSource
Mike Franz	PacificSource
Erica Fuller	Rimrock Trails Adolescent Treatment Services
Jessica Jacks	Deschutes County Health Services
Susan Keys	OSU Cascades
Larry Kogovsek	CAC Consumer Representative
Malia Ladd	CAC Consumer Representative/NeighborImpact
Nicole Lemmon	Wellness & Education Board of Central Oregon (WEBCO)
Christy Maciel	National Alliance on Mental Illness (NAMI)
Sondra Marshall	St. Charles Health System
Wade Miller	Central Oregon Pediatrics Associates (COPA)
Leslie Neugebauer	PacificSource
Kristi Nix	High Lakes Healthcare
Laura Pennavaria	La Pine Community Healthy Center
Kristin Powers	St. Charles Health System
Sean Reinhart	Bend La Pine School District
Megan Sergi	Rimrock Trails Adolescent Treatment Services
Steve Strang	Mosaic Medical
Rick Treleaven	BestCare Treatment Services
Jeffrey White	CAC Consumer Representative
Scott Willard	Lutheran Community Services Northwest




lines for life
Preventing Substance Abuse & Suicide

YouthLine

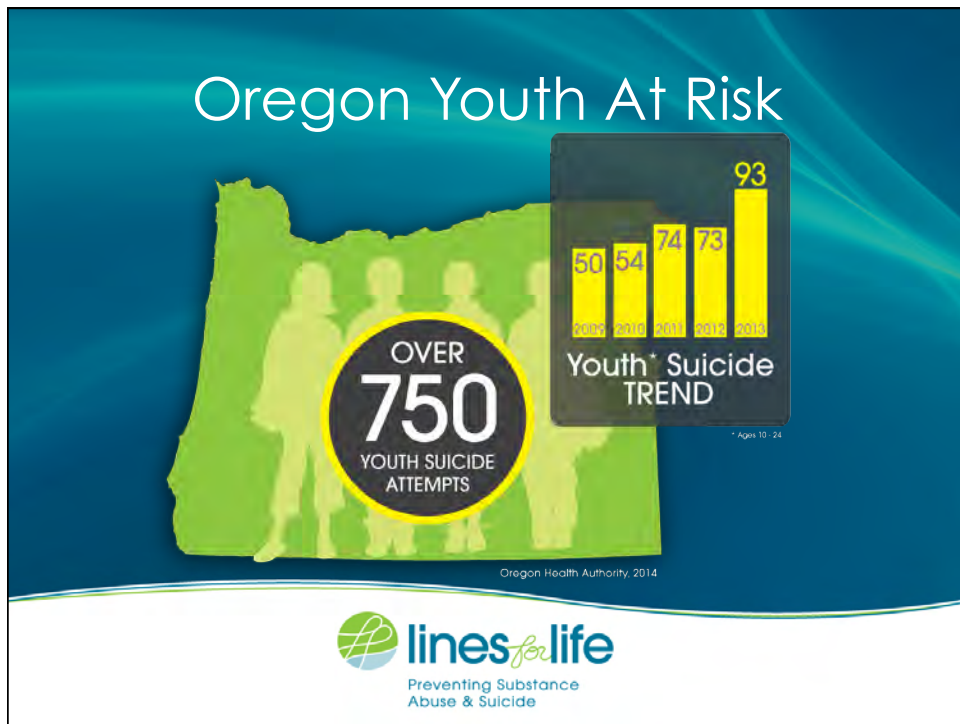
Dwight Holton | Emily Moser

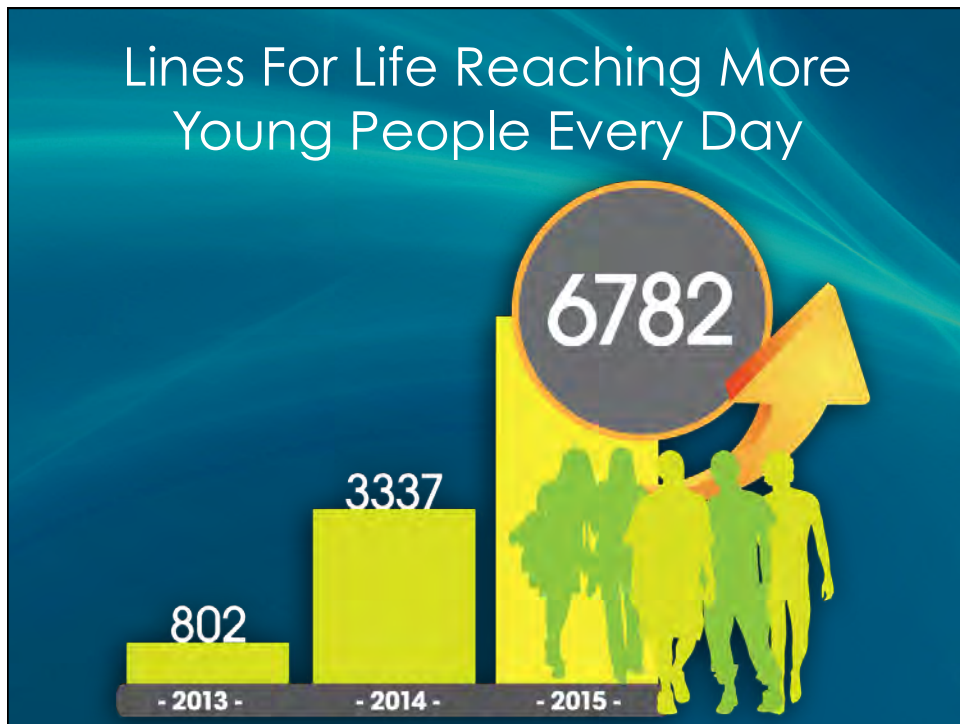
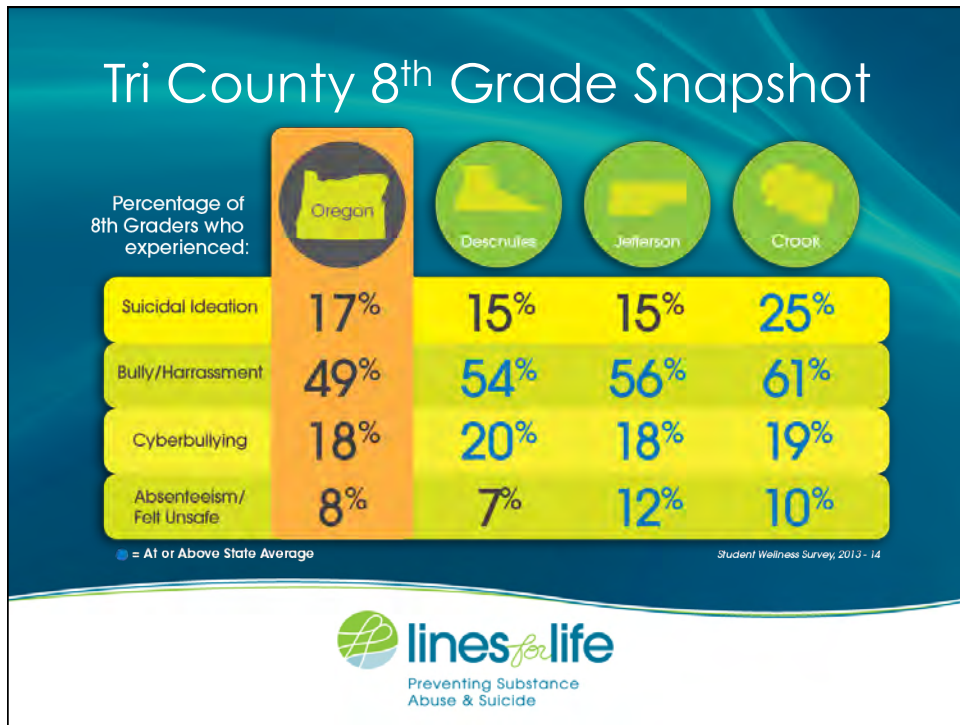
Lines for Life Team

- 14 Masters Level Counselors
- 120 Highly Trained Volunteers
- 55 Teens on YouthLine
- Nationally Accredited Suicide Line
- De-Escalate 98% of calls on LifeLine
- Trainers of Trainers

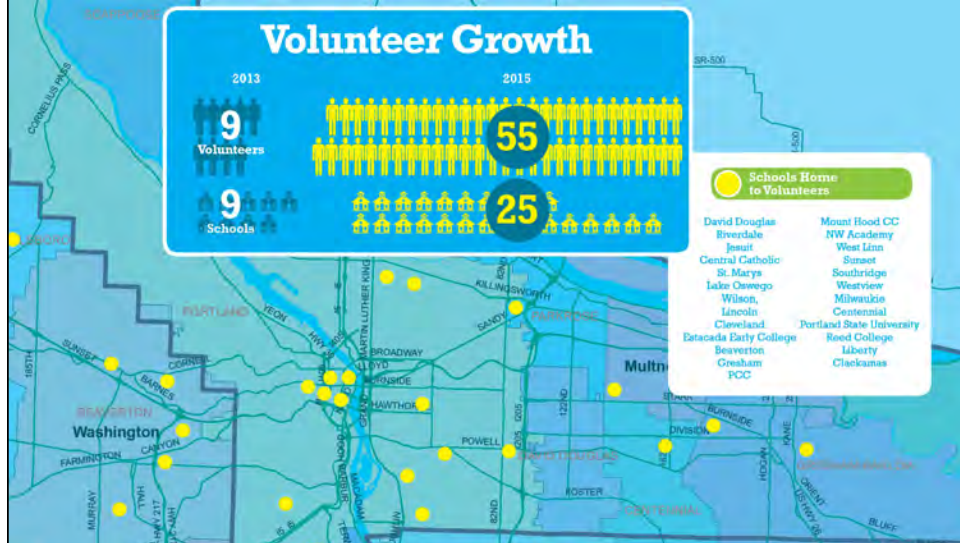


lines for life
Preventing Substance Abuse & Suicide





Lines For Life Reaching More Young People Every Day



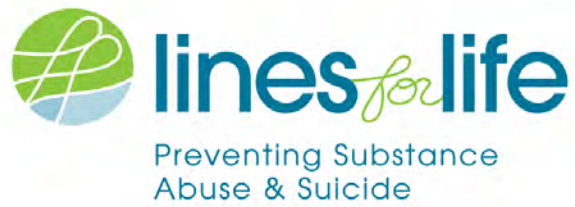
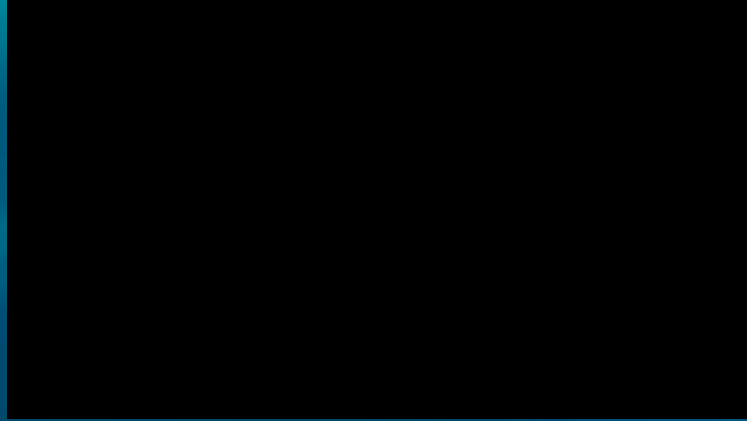
YouthLine Reach

3,450 Teens
TRI-COUNTYWIDE

7,105 Teens
STATEWIDE



The YouthLine Experience



RHIP Workgroup Updates: September

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Steve Strang)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 22 members.
- In September the group learned about the roles of peer navigators/recovery mentors within the overall structure of behavioral health services in our region. Members of the group also discussed the behavioral health components of the Access Study. In October the group will begin discussions around how to track referrals to treatment with follow-ups back to primary care.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleven)

- This group meets the third Wednesday of every month from 4-5pm and currently has 25 members.
- In September the group further defined clear and standardized pathways for patients that display substance use risk within primary care settings. Once finalized, this algorithm and resources will be shared throughout the region. In September, organizations volunteered to pilot expedited referrals to treatment. A sub-group will be meeting to work out specifics of these pilot efforts. This group is also developing and supporting strategies to increase MAT in primary care settings outside of Bend.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Emily Salmon)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 11 members.
- In September this group came close to finalizing patient education documents around proper blood pressure procedures and things that raise blood pressure. These documents will be shared broadly with clinics during October. The group also discussed the value of the “5 A’s” or “2 A’s and R” as a standard in clinics to support blood pressure control, discussed the upcoming e-referral pilot for the Tobacco Quit Line, and provided input on a blood pressure control education proposal.

Diabetes—Clinical (Support: Rebeckah Berry & Megan Bielemeier)

- This group meets the second Thursday of every month from 9-10am and currently has 12 members.
- In September the group reviewed and made edits to the first draft of a pathway/algorithm for assertively addressing Pre-Diabetes within a primary care setting. Final edits have been made to this algorithm and steps to share this and supporting resources are being outlined for our region. The group also submitted a Grand Rounds presentation on Pre-Diabetes. This submission was approved by the CME committee and the presentation is currently being scheduled for early 2017.

Cardiovascular Disease & Diabetes—Prevention (Support: MaCayla Arsenault & Channa Lindsay)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 25 members.
- In September, the workgroup went through a consensus workshop to agree on broad strategies addressing physical inactivity. They decided on promoting school based physical activity (P.A.), increasing affordable P.A. programs, promoting a built environment that facilitates P.A., increasing active modes of transportation, integrating P.A. in community events, incentivizing P.A., and engaging clinical support. They also started this process around nutrition and will finish this exercise next month. In the coming months they will be drilling down on implementing specific strategies.

RHIP Workgroup Updates: September

Oral Health (Support: Donna Mills & Suzanne Browning)

- This group meets the third Tuesday of every month from 11-12pm and currently has 23 members.
- The workgroup reviewed the living workplan as a matter of course. This will be a recurring exercise to affirm direction and accurate reporting up to the Ops Council. A 'fishbone diagram' exercise was executed around the Prevention Goal of Keeping Children Cavity Free. This exercise will enable the workgroup to prioritize next action steps. An identical process for the Clinical Goal of Improving Oral Health for Pre-Post Natal Women, will be done at the October meeting.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- The workgroup heard a report from PacificSource on a Prenatal Coding pilot that is taking place in a few local clinics. The group discussed the funding of the Perinatal Care Continuum project. They reviewed the living workplan and made suggestions for minor additions. The group is reviewing the plan individually this month so that more additions can be made and finalized at the October meeting.

Social Determinants of Health

- This group meets the third Friday of every month from 10-11:30am and currently has 28 members in Kindergarten Readiness and 27 members in Housing.

Education & Health (Support: Donna Mills & Desiree Margo)

- The workgroup reviewed the living workplan as a matter of course. This will be a recurring exercise to affirm direction and accurate reporting up to the Ops Council. The group discussed vision and recommendations for next actions steps. Three primary focuses emerged: ACE's, data as a proxy for Kindergarten Readiness in all three counties, and aligning with DHS to establish a working relationship to keep kids from entering the foster care system. The group will review heat maps and a draft workflow outline at the October meeting.

Housing (Support: Bruce Abernathy & MaCayla Arsenault)

- In September, the housing subcommittee provided an update on what data they were available to collect and what they still needed. The workgroup will use this data compilation to inform their work moving forward. The workgroup also decided to provide support when appropriate to Bend 2030's project of increasing workforce housing and COIC's project of developing a regional housing consortium and expansion of the regional public transit system. Don Senecal presented his RHIR proposal on expanding services of Jericho Road's Housing Assistance Program.



www.namicentraloregon.org

namicentraloregon@gmail.com

We educate, support and advocate.

October News:

October Education Meeting: Oct. 18 at 7PM at SCMC:Classroom "H"

NAMI Faith Net

Reaching out to the faith communities

Opening the door to Understanding & Dialogue about Mental Illness

How can you help your faith community open the door to those with mental illness?

Join Rev. Donald Shaw

And

Linda Jackson-Shaw

For an opportunity to learn how you can bring NAMI Faith Net training to your faith community.

Classes forming

Family to Family : September class- Prineville- began Tues. 9/27/16, from 6-8PM in Crook County Library register: Dawn 541-306-1230 or Christy 541-419-8844

Peer to Peer class planned for Nov. 16-Jan. 18 in Redmond. Contact Laurie 541-693-4913 – laurielindsey@yahoo.com or Sally 541-280-4002

SalSax76@gmail.com

NAMI Connections Training to be held in C.O. Nov. 19 & 20th-Contact Laurie

Lindsey 541-693-4613 lauriezlindsey@yahoo.com

NAMI-CO Support Groups around Central Oregon:

Bend Family Support Group: 3rd Tues of every month, 5:30 PM-7PM

St. Charles MC-Bend- LOCATION- **CASCADES VIEW ROOM**(formerly physicians' dining room)

Contact: Eileen whitefam@bendcable.com Elaine Richardson ettens65@gmail.com

Bend: Connections –Support group for folks living with mental illness

Monday 7-9 PM Methodist Church, 680 NW Bond. In room off Kansas St, Marcia Miller [541-480-8269](tel:541-480-8269)

Redmond: Connections Support – Support Group for Folks living with mental illness- 2nd and 4th Tuesdays Noon-1:30 Best Care- Redmond-340 NW 5th- 2nd Floor- – Laurie- 541-693-4613 lauriezlindsey@yahoo.com

Redmond: Family Support Group - Meets 5:30PM, 1st Thursday of every month, Meeting Rm, Redmond Library, contact Linda Jackson Shaw, 541-548-8637 longjourneyhome40@gmail.com

Prineville: – contact Dawn & Tom Mountz, dawnmountz@gmail.com

LaPine Family Support – Contact: Karenlynn Lessard karless2003@yahoo.com

Other Support groups around Central Oregon:

Suicide Bereavement Support

- ❖ . For more information contact Alison Sorenson, 541-610-9500 alison@alisonsorensoncounseling.com
- ❖ . For more information contact Herb Baker, 503-708-3047 or herbandjudy@yahoo.com.

Drug addiction FAMILY SUPPORT GROUP: Life Raft- Thurs eve. 6PM Boyle Education Center COCC, Rm 160, barbcs@bendbroadband.com