



RHIP Clinical Cardiovascular Disease Workgroup
PacificSource—Mosaic Conference Room (2nd Floor)
2965 NE Conners Avenue, Bend

Agenda: March 28, 2017 from 3:45-5:00pm

Goals

Clinical Goal: Improve hypertension control

Prevention Goal: Increase awareness of the risk factors for cardiovascular disease including tobacco use, uncontrolled hypertension, high cholesterol, obesity, physical inactivity, unhealthy diets, and diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Increase the percentage of OHP participants with high blood pressure that is controlled (<140/90mmHg) from 64% to 68% (Baseline: QIM NQF 0018 - Controlling high blood pressure, 2014).	√		√
2. Decrease the prevalence of cigarette smoking among adults from 18% to 16% (Baseline: Oregon BRFSS, 2010-13; QIM Cigarette Smoking Prevalence).	√		√
3. Decrease the prevalence of smoking among 11 th and 8 th graders from 12% and 6%, respectively to 9% and 3%, respectively (Baseline: Oregon Healthy Teens Survey, 2013).			√
4. Decrease the prevalence of adults who report no leisure time physical activity from 16% in Crook County, 14% in Deschutes County and 17% in Jefferson County to 14%, 12%, and 15 % respectively (Baseline: Oregon BRFSS, 2010-13).			
5. Decrease the prevalence of 11 th graders and 8 th graders who 0 days of physical activity from 11% and 6% to 10% and 5%, respectively (Baseline: Oregon Healthy Teens, 2013).			

1. **3:45-3:50** **Introductions—All**
2. **3:50-4:55** **A3 Process Overview & Workgroup Prioritization—Rebeckah Berry**
3. **4:55-5:00** **Updates**
 - **ICD-10 Cheat Sheet Update—Shiela Stewart**
 - **Blood Pressure Control Proposal Update—Mark Backus & Shiela Stewart**
4. **5:00** **Action Items—All**
 - **Next steps**

Next Meeting: April 25, 2017 from 4-5pm



Cardiovascular Disease - Clinical (10)	Organization
Mark Backus, MD, FACP	Cascade Internal Medicine Specialists
Megan Bielemeier, MSN, BSN, RN, CCM	St. Charles Medical Group
Erin Fitzpatrick, PA-C	PacificSource
David Huntley, MPH	Epidemiologist - Community Member
Alison Little, MD, MPH	PacificSource
Penny Pritchard, MPH	Deschutes County Health Services
Robert Ross, MD, MScED, FAAFP	St. Charles Health System/St. Charles Medical Group
Divya Sharma, MD, MS	Central Oregon IPA & Mosaic Medical
Shiela Stewart, RN, BSN	Central Oregon IPA
Kris Williams	Crook County Health Department

RHIP Workgroup Updates: February

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry, Mike Franz & Rick Treleaven)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 19 members.
- In February, the group began developing a primary care flow algorithm around screening and referral for depression. This effort will resume after the group begins the A3 process for their area of focus in March.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry, Rick Treleaven & Nikki Lemmon)

- This group meets the third Wednesday of every month from 4-5pm and currently has 23 members.
- In February, this workgroup finalized their intro letter encouraging screening and referrals for substance use disorders (SUD). The group is also close to finalizing their primary care algorithm for substance use screening and referring, their SUD outpatient referral list, and the wallet referral card. The group hopes to disseminate this packet of information next month. This workgroup will not begin the A3 process for their area of focus until April.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 10 members.
- In February, this workgroup elected not to meet. The group crafted and sent out a press release in celebration of Heart Health month that encouraged Central Oregonians to know their blood pressure, and also shared the group's developed educational resources around blood pressure and tobacco cessation. This workgroup will meet in March to begin the A3 process for their area of focus.

Diabetes—Clinical (Support: Rebeckah Berry & Therese McIntyre)

- This group meets the second Thursday of every month from 9-10am and currently has 15 members.
- In February, the group finalized their provider and community educational materials in preparation for their Grand Rounds rollout addressing prediabetes, which is scheduled on March 3, 2017. In March, this workgroup will begin the A3 process for their area of focus.

CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 27 members.
- In February, the group evaluated their progress on the regional school physical activity surveys in regard to response rates and strategizing focused efforts. The group is drafting letters to the editor to promote active modes of transportation and prompt community awareness. Additionally, the group listened to presentations on the OSU Extension's SNAP Ed programs and High Desert Food and Farm Alliances programs in order to have an informed discussion regarding increasing healthy diets and nutrition in Central Oregon next month.

RHIP Workgroup Updates: February

Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 25 members.
- The Oral Health Workgroup reviewed their RHIP metrics and sources of data. The new RHIP Proposal protocol training on A3 was introduced by our partners at St. Charles Health Systems, with an overview of the process and a practical application exercise. The workgroup will begin the prioritizing process next month.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 23 members.
- The RMCH Workgroup heard a report out from the COHC grant funded Perinatal Care Continuum. There was a review of the current metrics as identified in the RHIP. The group requested the link to the LARC initiative at the State – Donna committed to forwarding that information for a future meeting topic around policy. The workgroup is not meeting in March, but will reconvene in April for two hours and the launch of the RHIP Proposal protocol training (A3).

Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 30 members in Kindergarten Readiness and 37 members in Housing.

Education & Health (Support: Donna Mills & Desiree Margo)

- The KR Workgroup heard an update from the TRACEs committee from Ken Wilhelm; TRACEs has completed the Steering Committee selection and now will move forward with assembling Community Action Teams (CATs). They had a robust discussion around possible metrics. The determination was made that using the A3, they would likely be able to flesh out metrics. The workgroup will not meet in March, but a small sub-group was formed to take the A3 comprehensive training, enabling them to assist with the larger group training in April (3 – 4 hours).

Housing (Support: Bruce Abernethy & MaCayla Arsenault)

- In February, the workgroup discussed the upcoming Housing First training and connecting with community leaders. The workgroup also discussed developing an updated housing needs assessment because the latest version was published in 2006. Information from this assessment would be used to obtain various housing grants for Central Oregon. Additionally, the group discussed target metrics based on the data they've gathered thus far.