



**RHIP Clinical Diabetes Workgroup**  
**Deschutes County Health Services—Stan Owen Room**  
**2577 NE Courtney Drive, Bend**

**Agenda: March 9, 2017 from 9:00am-10:30am**

**Call-In Number: 866-740-1260**  
**7-Digit Access Code: 3063523**

**Goals**

**Clinical Goal:** Improve control of type 2 diabetes.

**Prevention Goal:** Decrease the proportion of adults and children at risk for developing type 2 diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13).			√
2. Decrease the prevalence of 11 <sup>th</sup> graders and 8 <sup>th</sup> graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013).			√
3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014).	√		√
4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014).	√	√	√
5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014).		√	√

1. **9:00-9:05**      **Introductions—All**
2. **9:05-10:20**    **A3 Process Overview—Rebeckah Berry**  
(with help from Kelly Ormberg & Megan Bielemeier)
3. **10:20-10:25**    **Nutrition Wellness Program Overview—Marielle Gold**
4. **9:55-10:00**    **Action Items—All**
  - **Next steps**

**Next Meeting:** April 13, 2017 from 9-10am



<b>Diabetes - Clinical (15)</b>	<b>Organization</b>
Katie Ahern, MS	OSU Extension Service
Megan Bielemeier, MSN, BSN, RN, CCM	St. Charles Medical Group
Erin Fitzpatrick, PA-C	PacificSource
Marielle Gold, PhD	High Desert Food & Farm Alliance
Shana Hodgson, RN, BSN, CCM	PacificSource
Patty Kuratek, RN, MSN, CDE	La Pine Community Health Center
Sharity Ludwig, EPDH, MS	Advantage Dental
Therese McIntyre	Mosaic Medical
Eden Miller, DO	High Lakes Healthcare - Sisters
Kevin Miller, DO	High Lakes Healthcare - Sisters
Albert Noyes, PharmD, CDE, BC-ADM	Mosaic Medical
Kelly Ornberg, RD, LD	St. Charles Health Systems
Shiela Stewart, RN, BSN	Central Oregon IPA
Crystal Sully, BSN, RN	Deschutes County Health Services
Sarah Worthington, MPH, RD	Deschutes County Health Services



Nutrition Wellness Program (NWP): Any program that provides education and/or implementation of hands-on food skills to increase access to healthy nutritious food and understanding of the link between diet and health.

(STRATEGY/POLICY): *The overall goal of our work is to identify new strategies to improve food security in Central Oregon through nutrition wellness programs that provide food skills education to reduce the risk of diet-related disease.*

(TACTIC/PROCEDURE): Define the met and unmet needs and attitudes of Central Oregonians to access nutrition wellness programs.

A. Perform a nutrition wellness needs assessment to define the landscape of available NWP, how they are recommended and how Central Oregonians use them.

B. Form a coalition to identify new strategies to increase access to NWP by Central Oregonians.

(OPERATION/EXECUTION):

A. Perform surveys, interviews, and focus groups using a bottom up approach that questions the following 3 target groups:

1. Central Oregonians that potentially use NWP. BOTTOM
2. Providers or individuals who refer Central Oregonians to NWP. MIDDLE
3. Implementers of NWP in Central Oregon. TOP

B. Build a broad-based coalition that includes members of the RHIP group, members from the 3 target sectors, and individuals identified through the assessment, with representation from all counties in Central Oregon to identify strategies based on results from the needs assessment, expertise, and best practices.

## **RHIP Workgroup Updates: February**

### **Behavioral Health: Identification & Awareness (Support: Rebeckah Berry, Mike Franz & Rick Treleaven)**

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 19 members.
- In February, the group began developing a primary care flow algorithm around screening and referral for depression. This effort will resume after the group begins the A3 process for their area of focus in March.

### **Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry, Rick Treleaven & Nikki Lemmon)**

- This group meets the third Wednesday of every month from 4-5pm and currently has 23 members.
- In February, this workgroup finalized their intro letter encouraging screening and referrals for substance use disorders (SUD). The group is also close to finalizing their primary care algorithm for substance use screening and referring, their SUD outpatient referral list, and the wallet referral card. The group hopes to disseminate this packet of information next month. This workgroup will not begin the A3 process for their area of focus until April.

### **Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)**

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 10 members.
- In February, this workgroup elected not to meet. The group crafted and sent out a press release in celebration of Heart Health month that encouraged Central Oregonians to know their blood pressure, and also shared the group's developed educational resources around blood pressure and tobacco cessation. This workgroup will meet in March to begin the A3 process for their area of focus.

### **Diabetes—Clinical (Support: Rebeckah Berry & Therese McIntyre)**

- This group meets the second Thursday of every month from 9-10am and currently has 15 members.
- In February, the group finalized their provider and community educational materials in preparation for their Grand Rounds rollout addressing prediabetes, which is scheduled on March 3, 2017. In March, this workgroup will begin the A3 process for their area of focus.

### **CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)**

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 27 members.
- In February, the group evaluated their progress on the regional school physical activity surveys in regard to response rates and strategizing focused efforts. The group is drafting letters to the editor to promote active modes of transportation and prompt community awareness. Additionally, the group listened to presentations on the OSU Extension's SNAP Ed programs and High Desert Food and Farm Alliances programs in order to have an informed discussion regarding increasing healthy diets and nutrition in Central Oregon next month.

# RHIP Workgroup Updates: February

## Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 25 members.
- The Oral Health Workgroup reviewed their RHIP metrics and sources of data. The new RHIP Proposal protocol training on A3 was introduced by our partners at St. Charles Health Systems, with an overview of the process and a practical application exercise. The workgroup will begin the prioritizing process next month.

## Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 23 members.
- The RMCH Workgroup heard a report out from the COHC grant funded Perinatal Care Continuum. There was a review of the current metrics as identified in the RHIP. The group requested the link to the LARC initiative at the State – Donna committed to forwarding that information for a future meeting topic around policy. The workgroup is not meeting in March, but will reconvene in April for two hours and the launch of the RHIP Proposal protocol training (A3).

## Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 30 members in Kindergarten Readiness and 37 members in Housing.

### Education & Health (Support: Donna Mills & Desiree Margo)

- The KR Workgroup heard an update from the TRACeS committee from Ken Wilhelm; TRACeS has completed the Steering Committee selection and now will move forward with assembling Community Action Teams (CATs). They had a robust discussion around possible metrics. The determination was made that using the A3, they would likely be able to flesh out metrics. The workgroup will not meet in March, but a small sub-group was formed to take the A3 comprehensive training, enabling them to assist with the larger group training in April (3 – 4 hours).

### Housing (Support: Bruce Abernethy & MaCayla Arsenault)

- In February, the workgroup discussed the upcoming Housing First training and connecting with community leaders. The workgroup also discussed developing an updated housing needs assessment because the latest version was published in 2006. Information from this assessment would be used to obtain various housing grants for Central Oregon. Additionally, the group discussed target metrics based on the data they've gathered thus far.