



COHC Community Advisory Council
Deschutes County Building (DeArmond Room)
1300 NW Wall Street
Bend, OR 97701
Agenda 04.20.17
Conference Line: 866.740.1260
Participant Code: 3063523#

Time	Topic	Action
11:00-11:05	Welcome/Public Comment—Linda McCoy	
11:05-11:50	Health Equity: Latino Health—Brad Porterfield	Discussion
11:50-12:20	Mental Health in Central Oregon—Deborah Coblentz & Amanda Williams	Discussion
12:20-12:35	Social Determinants of Health—Therese McIntyre	Input & Feedback
12:35-12:45	OHA Update—Cyndi Kallstrom	Discussion
12:45-12:50	COHC Board Update—MaCayla Arsenault	Discussion
12:50-1:00	Future Agenda Items—All	Decision



Talk with one of our
Community Health Workers
for more information or to learn
about community resources!

Clinic Logo

Street Address
City, ST ZIP Code
Telephone
Email
Website

Why is my primary care team asking about where I live, work, go to school, and play?

What do these have to do with
my health?





Focus on You

When you become a patient at our practice we take a detailed medical history. We also talk with you about your health goals and your strengths and supports that may help you reach those goals.

We want to know too about the challenges you face, because they may impact the plan of care we are building with you.

Where does health begin?

Health starts long before an illness is diagnosed. It starts in our homes, schools, places of work, and our neighborhoods.

We now know that access to affordable housing, healthy foods, reliable transportation, safe community exercise options and employment options impact our health.

We also know that stress, discrimination, and language barriers can effect how healthy we are.

In fact, these factors influence our health even more than the medical care we receive!

Whole-Person Care

Knowing your strengths and challenges helps us to understand you better and provide whole-person care.

Together, we can build a plan of care that will work for you.

Everyone in our community should have the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education, or ethnic background.

Community Connections

We believe that improving health doesn't just mean providing excellent medical care to our patients – we also want to help connect you to community resources, support, and classes.

Community Health Workers in our clinics can help connect you to local resources.

Our clinics also offer a variety of classes designed to help you reach your health goals.

- Eating healthy on a budget
- Parenting classes
- Smoking cessation classes
- Diabetes Prevention Program



Central Oregon CAC Monthly Report April 2017

Submitted by: Cyndi Kallstrom, Innovator Agent
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Websites of Interest:

Oregon Health Authority is providing a special opportunity to submit OHP member stories. The OHA is interested in these stories as well to help inform partners and legislators about how CCOs are working in the State. Members can share their own stories at this new website, 95percentOregon.com. CCOs can also submit stories about how they have helped a member. Facts about the impact of the Affordable Care Act in Oregon are also on the website.

The public search tool to find local community partners who can assist someone to apply for OHP or other health insurance, can be found at: <http://healthcare.oregon.gov/Pages/get-help.aspx>

OHA released its quarterly legislative report on Oregon's health system transformation. The report highlights savings realized, increased coverage rates and has CCO and County level demographic information on race/ethnicity, employment status and ACA vs. non ACA members. The report can be seen at: www.oregon.gov/oha/analytics/Documents/LegislativeReport_Q2-Q3_2016.pdf

Upcoming Trainings/Conferences/Webinars

2017 Innovation Café : Improving Key Health Metrics is scheduled for May 9th from 8-4 in Salem. Topics covered will be increasing effective contraceptive use to reduce unintended pregnancy; reducing tobacco prevalence; reducing emergency department use with a focus on behavioral health. Plenary speakers include Ignatius Bau and Patty Cason. For questions contact: Thomas.Cogswell@state.or.us or 971-673-3366

Webinar opportunity - Community Health Workers: Readiness for Value-Based Care. This webinar is for CCOs and health care organizations working to implement community health worker programs and increase readiness for value-based care. Produced by Northeast Oregon Network at request of the Transformation Center. Pre-recorded at <https://youtu.be/wcU4VZs5aVs>

Trillium CCO is co-hosting a four-day Tobacco Treatment Specialist Training on April 6, 7, 27 and 28. Some slots are still available. A pre-online course must be completed by March 23rd. For more info, go to: <http://www.preventionlane.org/prevention/healthcare-providers/tts16>

1st Annual Forum on Aging in Rural Oregon, April 20-21 in Hood River. Details at www.ohsu.edu/xd/outreach/oregon-rural-health/about/aging-forum/

Peerpocalypse 2017 is April 24-26 in Seaside, OR. This conference is the only Oregon Mental Health conference organized by and for mental health peers. For more information: <http://www.peerpocalypse.com/>



COHC Community Advisory Council
La Pine City Hall (City Council Chambers)
Bend, Oregon
March 2, 2017

Present:

Linda McCoy, Chair, Consumer Representative
Elaine Knobbs-Seasholtz, Vice-Chair, Mosaic Medical (call-in)
Larry Kogovsek, Consumer Representative
Tom Kuhn, Deschutes County Health Services (Ex-Officio)
Malia Ladd, Consumer Representative
Mylum O'Shinn, Member of the Community
Elizabeth Schmitt, Consumer Representative
Emily Wegner, Jefferson County Health (Ex-Officio) (call-in)
Jeffrey White, Consumer Representative

Absent:

Bruce Abernethy, Bend-LaPine School District
Sean Ferrell, Consumer Representative
Nicole Rodrigues, Community Representative
Vicki Ryan, Crook County Health Department (Ex-Officio)
Julie Rychard, Full Access High Desert
Ken Wilhelm, United Way of Deschutes County

Others Present:

MaCayla Arsenault, Central Oregon Health Council
Therese McIntyre, Mosaic Medical
Donna Mills, Central Oregon Health Council
Kelsey Seymour, Central Oregon Health Council
Mary Ann Wren, Advantage Dental

Introductions

- Introductions were made and Linda McCoy welcomed all attendees.
- Linda welcomed public comment. No public comment was had.

CAC Communication Pathway

- Donna Mills explained that all CAC members should share any new ideas they have with the CAC before involving outside parties and to not speak on behalf of COHC.

Social Determinants of Health Questionnaire

- Therese McIntyre presented the relationship between Social Determinants of Health (SDOH) and Health Outcomes, and showed the current County Health Rankings of Jefferson, Crook and Deschutes Counties.
- She presented a survey that will be administered to Mosaic Medical patients to determine their status in SDOH and refer to treatment. Therese requested feedback from the CAC on the format and questions. Suggestions for the survey included:
 - Make it available in both written and verbal formats
 - Use common language
 - Be trauma-sensitive; frame the questions with the angle of compassion
 - Ask the patient's permission before asking them such personal questions
 - Include a line for comments below yes and no answers
 - The question about education should be later in the survey, not right at the beginning, because it could be a sensitive subject
 - Clarify that all questions are optional
 - Using waiting room TVs to educate patients on SDOH

Developing Action Portfolio

- Donna shared with the CAC that the Health Value Team learned this exercise in Chicago at the ReThink Health meeting in January. The CAC completed the pie chart exercise by first determining which topics were Vital Conditions or Urgent Needs, then noting the current and desired priorities. The CAC felt that resources are mostly being expended on Urgent Needs, and they would like to see the Vital Conditions take priority in the future.
- Donna explained that this pie chart will be compared to the others (from the Board and HVT) and the results will be shared at a future CAC meeting.

Board Update

- Donna shared that the Pain Standards Task Force gave a presentation on their activities in 2016. She noted that the Board elected to maintain the current Chair and Vice Chair. She shared that the Board has agreed to solicit for two new Board seats: one seat is for education and the other for Long Term Services and Supports. She noted that Leslie Neugebauer from PacificSource would present the Access Study results to the CAC at a future meeting. She shared that the Health Council is hiring an analyst, and that individual will likely be brought on in July. She also addressed Jeff's request from a previous meeting for the CCO dashboard to provide a clear line of sight, and announced that the Dashboard will be presented to the CAC after the Board sees it.

Developing Action Portfolio

- The CAC agreed to move their regular meetings to the third Thursdays of the month.
 - **ACTION:** Kelsey will reschedule the CAC meetings.

RHIP Workgroup Updates: March

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry, Rick Treleaven & Nikki Lemmon)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 21 members.
- In March, the group began the A3 process for their area of focus. They received an overview and prioritized their first A3, which will be around creating a common response matrix that clinics could adopt, including physician intervention, BHC intervention, short-term behavioral health intervention, and referral to specialty behavioral health. The group will also continue the work of developing a primary care flow algorithms around screening and referral for depression and suicidality.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry, Rick Treleaven & Mike Franz)

- This group meets the third Wednesday of every month from 4-5pm and currently has 23 members.
- In March, this workgroup finalized their their primary care algorithm for substance use (SUD) screening and referral to specialty SUD care. This workgroup will begin the A3 process for their area of focus in April.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 10 members.
- In March this workgroup began the A3 process for their area of focus. They received an overview and prioritized their first two A3s, which are, (1) promote/saturate SmokeFree Oregon cessation and prevention campaigns in Central Oregon, and (2) implement evidence-based guidelines for the control of hypertension.

Diabetes—Clinical (Support: Rebeckah Berry & Therese McIntyre)

- This group meets the second Thursday of every month from 9-10am and currently has 15 members.
- In March, this workgroup began the A3 process for their area of focus. They received an overview and prioritized their first A3, which will be implementing community-wide standards for the prevention and treatment of type 2 diabetes. This workgroup had over 125 attendees at their Grand Rounds rollout addressing prediabetes on 3.3.17. Their materials have been shared throughout the region, and requests are pouring in for the diabetes community resource booklet.

CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 27 members.
- In March, the workgroup evaluated their progress on the regional school physical activity surveys in regard to response rates and strategizing focused efforts. The workgroup was introduced to and started the development of their A3. The workgroup went through a prioritization exercise and will focus on increasing access to organized sports. The workgroup will review school survey data next month and continue to develop their A3.

RHIP Workgroup Updates: March

Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- The Oral Health workgroup met for an extended hour and a half to review and approve the OHWG Charter, go over the results of the prioritization survey, and complete an A3 around their choice for area of focus; Clinical: Deliver preventative dental services to children and pregnant women in non-traditional settings. The charter was approved with minimal changes, the focus choice confirmed and progress was made on the A3 and completion is expected during a special 2-hour meeting in April.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 23 members.
- The RMCH Workgroup did not meet in March.

Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 30 members in Kindergarten Readiness and 37 members in Housing.

Education & Health (Support: Donna Mills & Desiree Margo)

- The Kindergarten Readiness Workgroup did not meet in March.

Housing (Support: Bruce Abernethy & MaCayla Arsenault)

- In March, the workgroup reviewed the outline of the proposed regional housing needs assessment. They also reviewed their updated draft work plan. Elaine Knobbs-Seasholtz lead an exercise with the group to demonstrate the many ways health and housing were connected. The workgroup was also briefly introduced to the A3 process and will go over it in more detail in April.