



**RHIP Clinical Diabetes Workgroup**  
**Deschutes County Health Services—Stan Owen Room**  
**2577 NE Courtney Drive, Bend**

**Agenda: May 11, 2017 from 9:00am-10:30am**

**Goals**

**Clinical Goal:** Improve control of type 2 diabetes.

**Prevention Goal:** Decrease the proportion of adults and children at risk for developing type 2 diabetes.

| Health Indicators by 2019  | QIM Measure | State Measure | Healthy People 2020 |
|--|-------------|---------------|---------------------|
| 1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13).   |             |               | √                   |
| 2. Decrease the prevalence of 11 <sup>th</sup> graders and 8 <sup>th</sup> graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013).     |             |               | √                   |
| 3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014).             | √           |               | √                   |
| 4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014). | √           | √             | √                   |
| 5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014).  |             | √             | √                   |

1. **9:00-9:05**      **Introductions—All**
2. **9:05-10:25**    **A3—All**  
                           **95% of all Central Oregonians with Type 2 Diabetes will have an HbA1c of <9%**
3. **10:25-10:30**    **Action Items—All**
  - **Next steps**

**Next Meeting: June 8, 2017 from 9-10:30am**



**Diabetes - Clinical (15)**

**Organization**

|                                     |                                  |
|-------------------------------------|----------------------------------|
| Katie Ahern, MS                     | OSU Extension Service            |
| Megan Bielemeier, MSN, BSN, RN, CCM | St. Charles Medical Group        |
| Erin Fitzpatrick, PA-C              | PacificSource                    |
| Shana Hodgson, RN, BSN, CCM         | PacificSource                    |
| Patty Kuratek, RN, MSN, CDE         | La Pine Community Health Center  |
| Sharity Ludwig, EPDH, MS            | Advantage Dental                 |
| Therese McIntyre                    | Mosaic Medical                   |
| Eden Miller, DO                     | High Lakes Healthcare - Sisters  |
| Kevin Miller, DO                    | High Lakes Healthcare - Sisters  |
| Albert Noyes, PharmD, CDE, BC-ADM   | Mosaic Medical                   |
| Kelly Ornberg, RD, LD               | St. Charles Health Systems       |
| Marielle Slater, PhD                | High Desert Food & Farm Alliance |
| Shiela Stewart, RN, BSN             | Central Oregon IPA               |
| Crystal Sully, BSN, RN              | Deschutes County Health Services |
| Sarah Worthington, MPH, RD          | Deschutes County Health Services |

## **RHIP Workgroup Updates: April**

### **Behavioral Health: Identification & Awareness (Support: Rebeckah Berry, Rick Treleaven & Nikki Lemmon)**

- This group meets the fourth Tuesday of every month from 8:15-9:30am and currently has 21 members.
- In April, the group began their A3 process around creating a common response matrix that clinics could adopt, including physician intervention, BHC intervention, short-term behavioral health intervention, and referral to specialty behavioral health. The group also approved and adopted their workgroup charter.

### **Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry, Rick Treleaven & Mike Franz)**

- This group meets the third Wednesday of every month from 3:45-5pm and currently has 23 members.
- In April, the group began the A3 process for their area of focus. They received an overview and prioritized their first A3, which will be around making SUD engagement services available at hospitals and primary care clinics. Before this group begins their A3, they will review and evaluate their metrics during their May meeting. The group also approved and adopted their workgroup charter.

### **Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)**

- This group meets the fourth Tuesday of every month from 3:45-5pm and currently has 10 members.
- In April this workgroup began their A3 around promoting/saturating SmokeFree Oregon cessation and prevention campaigns in Central Oregon. Before the group began working on their A3, they learned more about SmokeFree Oregon through a presentation by public health staff. The group will continue working on their first A3 in May. The group also approved and adopted their workgroup charter.

### **Diabetes—Clinical (Support: Rebeckah Berry & Therese McIntyre)**

- This group meets the second Thursday of every month from 9-10:30am and currently has 15 members.
- In April, this workgroup began their A3 around implementing community-wide standards for the prevention and treatment of type 2 diabetes. The group will continue working on their first A3 in May. The group also approved and adopted their workgroup charter.

### **CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)**

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 27 members.
- The workgroup moved their April 25 meeting to May 9 and will begin their first A3 around reducing barriers for children accessing after-school sports. The workgroup will also go over the results of their School Physical Activity Survey and updated data for their metrics.

## **RHIP Workgroup Updates: April**

### **Oral Health (Support: Donna Mills & Mary Ann Wren)**

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- The Oral Health Workgroup took the April meeting to review a Prevention and Disease Management presentation by Sharity Ludwig with Advantage Dental. Both House Bills 3353 & 2882 were reviewed by the group with no additional action required or requested. The remainder of the meeting was spent on Box 5 (Solution approaches) of the current A3.

### **Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)**

- This group meets the second Tuesday of every month from 4-5pm and currently has 23 members.
- The Reproductive and Maternal Child Health Workgroup approved their Workgroup Charter. A review of the metrics, as outlined in the RHIP, was performed before the group launched into their A3 Introduction, training and practice. In May, the Workgroup will have a report out from the Perinatal Care Continuum project.

### **Social Determinants of Health**

- This group meets the third Friday of every month from 10:30-11:30am and currently has 30 members in Kindergarten Readiness and 37 members in Housing.

#### **Education & Health (Support: Donna Mills & Desiree Margo)**

- The Kindergarten Readiness Workgroup met for an extended three-hour meeting to hear an update from the TRACES steering committee, as well as approve their Workgroup Charter. They then launched into their A3 Introductions, training and practice. The homework for the workgroup consists of submitting Box 1 (AIM) recommendations prior to the next meeting in May.

#### **Housing (Support: Bruce Abernethy & MaCayla Arsenault)**

- In April, the Housing workgroup began their first A3 around developing a housing needs assessment for Central Oregon in order to provide more accurate and actionable data that can be used to better align housing efforts in the region. The workgroup also approved their charter.