



**RHIP Clinical Cardiovascular Disease Workgroup**  
**PacificSource—Tumalo Room (4<sup>th</sup> Floor)**  
**2965 NE Conners Avenue, Bend**

Agenda: August 30, 2017 from 10:00-11:30am

**Goals**

**Clinical Goal:** Improve hypertension control

**Prevention Goal:** Increase awareness of the risk factors for cardiovascular disease including tobacco use, uncontrolled hypertension, high cholesterol, obesity, physical inactivity, unhealthy diets, and diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Increase the percentage of OHP participants with high blood pressure that is controlled (<140/90mmHg) from 64% to 68% (Baseline: QIM NQF 0018 - Controlling high blood pressure, 2014).	√		√
2. Decrease the prevalence of cigarette smoking among adults from 18% to 16% (Baseline: Oregon BRFSS, 2010-13; QIM Cigarette Smoking Prevalence).	√		√
3. Decrease the prevalence of smoking among 11 <sup>th</sup> and 8 <sup>th</sup> graders from 12% and 6%, respectively to 9% and 3%, respectively (Baseline: Oregon Healthy Teens Survey, 2013).			√
4. Decrease the prevalence of adults who report no leisure time physical activity from 16% in Crook County, 14% in Deschutes County and 17% in Jefferson County to 14%, 12%, and 15 % respectively (Baseline: Oregon BRFSS, 2010-13).			
5. Decrease the prevalence of 11 <sup>th</sup> graders and 8 <sup>th</sup> graders who 0 days of physical activity from 11% and 6% to 10% and 5%, respectively (Baseline: Oregon Healthy Teens, 2013).			

1. **10:00-10:05**    **Introductions—All**
2. **10:05-11:25**    **Continue A3 Work—All**  
                           **“Eighth and 11<sup>th</sup> graders in Central Oregon are using tobacco more than their peers across the state”**
3. **11:25-11:30**    **SmokeFree Oregon QIM Proposal Update—Rebeckah Berry**
4. **11:30**            **Action Items—All**
  - Next steps

Next Meeting: September 26, 2017 from 4-5pm  
 ○ Continue A3 Process



Cardiovascular Disease - Clinical (10)	Organization
Mark Backus, MD, FACP	Cascade Internal Medicine Specialists
Megan Bielemeier, MSN, BSN, RN, CCM	St. Charles Medical Group
Stevi Bratschie, MPH	PacificSource
David Huntley, MPH	Epidemiologist - Community Member
Alison Little, MD, MPH	PacificSource
Penny Pritchard, MPH	Deschutes County Health Services
Robert Ross, MD, MScED, FAAFP	St. Charles Health System/St. Charles Medical Group
Divya Sharma, MD, MS	Central Oregon IPA & Mosaic Medical
Shiela Stewart, RN, BSN	Central Oregon IPA
Kris Williams	Crook County Health Department

## **RHIP Workgroup Updates: July**

### **Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Nikki Lemmon)**

- This group meets the fourth Tuesday of every month from 8:15-9:30am and currently has 21 members.
- In July, the group continued their A3 process with the aim of identifying and engaging 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response. The group is finalizing their current state and target state measurements and will finalize these in August. Dr. Franz and invited guests also shared an update on the collaborative care psychiatric pilots occurring with children at COPA and Mosaic.

### **Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleven)**

- This group meets the third Wednesday of every month from 3:45-5pm and currently has 27 members.
- In July, the group continued the work of evaluating how to measure their metrics for the Substance Use & Chronic Pain area of focus. The group also began their first A3 which will focus on making SUD engagement services available at hospitals (including E.D.) and primary care clinics.

### **Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)**

- This group meets the fourth Tuesday of every month from 3:45-5pm and currently has 10 members.
- In July, this workgroup reviewed the current successes and challenges around the smoking prevalence incentive measure. The group also discussed the future evolution of this incentive measure with the state Metrics and Scoring Committee Chair.

### **Diabetes—Clinical (Support: Rebeckah Berry & Shiela Stewart)**

- This group meets the second Thursday of every month from 9-10:30am and currently has 12 members.
- In July, this workgroup continued their A3 process with the aim of 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%. In August this group will select their first experiment to “test” in hopes of working toward their aim.

### **CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)**

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 26 members.
- Leaders of the workgroup decided reschedule this meeting during August due to scheduling conflicts.

## **RHIP Workgroup Updates: July**

### **Oral Health (Support: Donna Mills & Mary Ann Wren)**

- This group meets the third Tuesday of every month from 11-12pm and currently has 23 members.
- The Oral Health Workgroup did not meet in July.

### **Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)**

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- The Reproductive Maternal/Child Health Workgroup did not meet in July.

### **Social Determinants of Health**

- This group meets the third Friday of every month from 10:30-11:30am and currently has 26 members in Kindergarten Readiness and 37 members in Housing.

### **Education & Health (Support: Donna Mills & Desiree Margo)**

- The Kindergarten Readiness workgroup did not meet in July.

### **Housing (Support: Bruce Abernethy & MaCayla Arsenault)**

- In July, this workgroup met to discuss whether or not to proceed with a Housing First pilot project and prepared to present their A3 at Operations Council on August 4, 2017.