



RHIP Clinical Cardiovascular Disease Workgroup
PacificSource—Mosaic Conference Room (2nd Floor)
2965 NE Conners Avenue, Bend

Agenda: November 28, 2017 from 4:00-5:00pm

Goals

Clinical Goal: Improve hypertension control

Prevention Goal: Increase awareness of the risk factors for cardiovascular disease including tobacco use, uncontrolled hypertension, high cholesterol, obesity, physical inactivity, unhealthy diets, and diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Increase the percentage of OHP participants with high blood pressure that is controlled (<140/90mmHg) from 64% to 68% (Baseline: QIM NQF 0018 - Controlling high blood pressure, 2014).	√		√
2. Decrease the prevalence of cigarette smoking among adults from 18% to 16% (Baseline: Oregon BRFSS, 2010-13; QIM Cigarette Smoking Prevalence).	√		√
3. Decrease the prevalence of smoking among 11 th and 8 th graders from 12% and 6%, respectively to 9% and 3%, respectively (Baseline: Oregon Healthy Teens Survey, 2013).			√
4. Decrease the prevalence of adults who report no leisure time physical activity from 16% in Crook County, 14% in Deschutes County and 17% in Jefferson County to 14%, 12%, and 15 % respectively (Baseline: Oregon BRFSS, 2010-13).			
5. Decrease the prevalence of 11 th graders and 8 th graders who 0 days of physical activity from 11% and 6% to 10% and 5%, respectively (Baseline: Oregon Healthy Teens, 2013).			

1. **4:00-4:05** **Introductions—All**

2. **4:05-4:25** **Review Tobacco Resources Currently Used in Clinical Settings—All**

3. **4:25-5:00** **Continue A3 Work—All**
 “Youth in Central Oregon are using tobacco more than their peers across the state.”

4. **5:00** **Action Items & Announcements—All**
 - Next steps

Next Meeting: December 19, 2017 from 4-5pm



Cardiovascular Disease - Clinical (11)	Organization
Mark Backus, MD, FACP	Cascade Internal Medicine Specialists
Megan Bielemeier, MSN, BSN, RN, CCM	St. Charles Medical Group
Stevi Bratschie, MPH	PacificSource
Maria Hatcliffe, RN, MPH	Mosaic
David Huntley, MPH	Epidemiologist - Community Member
Alison Little, MD, MPH	PacificSource
Penny Pritchard, MPH	Deschutes County Health Services
Robert Ross, MD, MScED, FAAFP	St. Charles Health System/St. Charles Medical Group
Divya Sharma, MD, MS	Central Oregon IPA & Mosaic Medical
Shiela Stewart, RN, BSN	Central Oregon IPA
Kris Williams	Crook County Health Department

RHIP Workgroup Updates: October 2017

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Nikki Lemmon)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 17 members.
- In October, the group continued their A3 process with the aim of identifying and engaging 100% of individuals in Central Oregon that have a behavioral health need, and ensuring an effective and timely response. The group is working to finalize their baseline survey which will be sent out to primary care, women's health, school based health centers, and Indian Health Services, and is intended to help prioritize their experiments.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleven)

- This group meets the third Wednesday of every month from 4-5pm and currently has 22 members.
- In October, the group continued their A3 process with the aim of all Central Oregonians with a substance use disorder that enter the hospital setting, including the ED, will receive engagement, treatment, or harm reductions services. The group began the process of designing a survey to gather baseline data as a starting measurement to help prioritize their experiments.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 11 members.
- In October, this group continued their work on their first A3 around asking, engaging, and providing services/support to decrease youth tobacco use in Central Oregon. The group is very close to selecting their experiment and finalizing their A3.

Diabetes—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the second Thursday of every month from 9-10:30am and currently has 12 members.
- In October, this workgroup completed their A3 which they presented to Operations Council on October 20th. The workgroup also submitted a QIM proposal to pilot Point of Care testing machines in just over a dozen clinics of various sizes throughout the region. In November, the group will begin the development of their second algorithm that will focus on supporting primary care in the management of patients with A1Cs >9.

CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 13 members.
- In October, the workgroup presented their A3 to Ops. They are launching a pilot to prescribe and connect children to organized physical activities. They have now turned their focus to promoting active modes of transportation and are currently brainstorming strategies. They will use a PICK chart to gauge these activities in November and select a strategy.

RHIP Workgroup Updates: October 2017

Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- In October, the workgroup discussed the future focus of their efforts. They concluded that they would like to work on gathering enough data on geriatric dental care for it to be included in the next RHIP. They discussed their opportunities to partner with another workgroup and decided Diabetes Clinical could have a strong connection. They will be reaching out to that workgroup through a shared member.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- In October, the workgroup met and spent their time reviewing the latest reports from the State regarding Unintended Pregnancies/Teenage Pregnancies and the report published by OHA that provided a case study of the Central Oregon Perinatal Care Continuum program, funded by the Central Oregon Health Council. A subcommittee has been established to work on the gap analysis for Unintended Pregnancies and coordinate with the RHIP Oral Health Workgroup.

Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 27 members in Kindergarten Readiness and 24 members in Housing.

Health & Education (Support: Donna Mills & Desiree Margo)

- In October, the workgroup met and chose to evaluate a name change to better reflect their vision versus a metric. The group heard a proposal from the TRACeS subgroup in the amount of \$18k. An electronic vote will be taken regarding approval. Kim Hatfield with Friends of the Children gave an update on the efforts around standing up their program.

Housing (Support: Bruce Abernethy, Elaine Knobbs-Seasholtz & MaCayla Arsenault)

- In October, the Housing workgroup discussed proposals for their Box 6 experiments intending to help meet the aims of their data & chronic homelessness stabilization A3s.