



RHIP Clinical Cardiovascular Disease Workgroup
Deschutes County Building (Lyon Room)
1300 NW Wall Street, Bend

Agenda: April 24, 2018 from 4:00-5:00pm

Goals

Clinical Goal: Improve hypertension control

Prevention Goal: Increase awareness of the risk factors for cardiovascular disease including tobacco use, uncontrolled hypertension, high cholesterol, obesity, physical inactivity, unhealthy diets, and diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Increase the percentage of OHP participants with high blood pressure that is controlled (<140/90mmHg) from 64% to 68% (Baseline: QIM NQF 0018 - Controlling high blood pressure, 2014).	√		√
2. Decrease the prevalence of cigarette smoking among adults from 18% to 16% (Baseline: Oregon BRFSS, 2010-13; QIM Cigarette Smoking Prevalence).	√		√
3. Decrease the prevalence of smoking among 11 th and 8 th graders from 12% and 6%, respectively to 9% and 3%, respectively (Baseline: Oregon Healthy Teens Survey, 2013).			√
4. Decrease the prevalence of adults who report no leisure time physical activity from 16% in Crook County, 14% in Deschutes County and 17% in Jefferson County to 14%, 12%, and 15 % respectively (Baseline: Oregon BRFSS, 2010-13).			
5. Decrease the prevalence of 11 th graders and 8 th graders who 0 days of physical activity from 11% and 6% to 10% and 5%, respectively (Baseline: Oregon Healthy Teens, 2013).			

1. **4:00** **Introductions—All**
2. **4:00-4:45** **Outline Workgroup’s Next Steps—All**
 - Do we pilot a cessation program w/ counseling in a school? (Outline this)
 - Begin another A3 around blood pressure control? (Begin this)
 - Another idea entirely?
3. **4:45-4:55** **Central Oregon Cessation Benefits Draft Document—Stevi Bratschie**
4. **4:55-5:00** **Cross-Pollination/Ideas of RHIP Workgroups—Kelsey Seymour**
5. **5:00** **Action Items & Announcements—All**
 - Next steps

Next Meeting: 5.22.18 from 4-5pm (Deschutes County Bldg. (Lyon Room) 1300 NW Wall St., Bend)



CardioVascular Disease: Clinical (10)	Organization
Mark Backus, MD, FACP	Cascade Internal Medicine Specialists
Stevi Bratschie, MPH	PacificSource
Maria Hatcliffe, RN, MPH	Mosaic
David Huntley, MPH	Epidemiologist - Community Member
Alison Little, MD, MPH	PacificSource
Sara Mosher, RN, BSN, MHA	St. Charles Medical Group
Robert Ross, MD, MScED, FAAFP	St. Charles Health System/St. Charles Medical Group
Divya Sharma, MD, MS	Central Oregon IPA & Mosaic Medical
Shiela Stewart, RN, BSN	Central Oregon IPA
Kris Williams	Crook County Health Department

RHIP Workgroup Updates: January 2018

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Mike Franz)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 16 members.
- In January, the group continued their A3 process with the aim of identifying and engaging 100% of individuals in Central Oregon that have a behavioral health need, and ensuring an effective and timely response. The workgroup is hoping to gather baseline data from seven more clinics in the region before they vote on their first A3 experiment. This data will be collected and reviewed at February's meeting.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Laura Pennavaria)

- This group meets the third Wednesday of every month from 4-5pm and currently has 22 members.
- In January, the group continued their A3 process with the aim that all Central Oregonians with a substance use disorder who enter the hospital setting, including the ED, will receive engagement, treatment, or harm reduction services. The group is redefining their initial and target state objectives for their A3 and are currently narrowing down their potential experiments through a prioritization survey. The workgroup will vote on their first experiment at their February meeting.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 11 members.
- In January the group began developing the details of their first A3 experiment which focuses on clinical outreach and engagement to promote youth/family tobacco cessation. The group's A3 was presented to Ops and their A3 received enough support for them to access their funding. The group is currently working through steps to have regional youth action councils review tobacco education materials that the workgroup will disseminate to clinics throughout the region.

Diabetes—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the second Thursday of every month from 9-10:30am and currently has 12 members.
- In January, the group continued the development of their second algorithm that focuses on supporting primary care in the management of patients with A1cs >9. They hope to finalize this algorithm in February. The group also notified participating A1c Point of Care (POC) clinics to begin ordering their POC equipment and schedule a time for training before the 3.31.18 deadline.

CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 13 members.
- In January, the workgroup discussed next steps for the Rx to Move pilot at Mosaic Medical and began their second A3 around nutrition.

RHIP Workgroup Updates: January 2018

Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- In January, the Oral Health Workgroup heard a presentation from Kat Mastrangelo, Executive Director, Volunteers in Medicine, relative to a pilot they ran with older adults. The outcomes were striking and the group is very interested in authoring an A3 specifically around this population. There was also a review of a proposed MOU with Oregon Oral Health Coalition, which requests that the workgroup take the lead on a 'chapter' in Central Oregon. A meeting will be brokered with Donna Mills, Mary Ann Wren and Heather Simmons to discuss intent and objectives. The meeting held further discussion relative to the current A3 and Heather Simmons presented a couple of pilot ideas. An agreement was reached to create a couple of subgroups to further determine the details of possible RFPs.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- In January, the Reproductive Maternal Child Health continues to move through their unintended pregnancies A3. The meeting held feedback on some researched campaigns. Next steps include two specific subgroups around data and focus groups.

Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 27 members in Milestones to Health and Education and 24 members in Housing.

Milestones to Health & Education (Support: Donna Mills & Desiree Margo)

- In January, the workgroup reviewed the operational structure of the workgroup, and the subgroups provided updates on their progress (Literacy, Social & Emotional Supports, Access to Integrated Services, and TRACES).

Housing (Support: Bruce Abernethy, Elaine Knobbs-Seasholtz & MaCayla Arsenault)

- In January, the workgroup discussed proposals aimed to stabilize and transition the chronically homeless in both Sisters and Prineville.