



RHIP Substance Use & Chronic Pain Workgroup
Deschutes County Health Services (Stan Owen Room)
2577 NE Courtney Drive, Bend

Agenda: May 16, 2018 from 4pm-5:00pm

Goals

Clinical Goal(s): Create a bi-directional integration approach for people with severe substance use disorders.

Prevention Goal(s): Implement a community standard for appropriate and responsible prescribing of Opioids and Benzodiazepines.

Health Indicators by 2019

1. Reduce the 3-year rate of overdose hospitalizations due to any drug in Central Oregon to 35 per 100,000 population (2012-2014 rate: 40.27 per 100,000 population)
2. Identify costs saved in Central Oregon due to properly assessing, treating, and referring individuals with moderate-to-severe SUDs.
3. Reduce the percentage of adults who had 4 (women) 5 (men) drinks of alcohol on one occasion in the past 30 days from 15.3% to 13% (non-age adjusted 2012-2015 Central Oregon rate from BRFSS data).
4. Reduce the percentage of 8th and 11th graders who binge drank alcohol one or more time in the past 30 days from 7.9% and 24.6% to 5% and 20% respectively. (2014 Central Oregon rate from Student Wellness Survey)
5. Reduce the percentage of 8th and 11th graders who have used any marijuana in the past 30 days from 10.2% and 25.1% to 7% and 20% respectively. (2014 Central Oregon rate from Student Wellness Survey)
6. Decrease the percent of patients on prescription opioid doses ≥ 90 mg MED/day for more than 30 consecutive days or more from 15.2% to 5%. (Baseline: 2014 data)
7. Increase the number of completed referrals and feedback loop from medical settings to alternative pain management programs from 0 to 100 referrals yearly. (2014: Zero pain management programs in Central Oregon. Zero is baseline.)

1. **4:00** **Introductions—All**
2. **4:00-4:45** **Applications: Embedded Hospital Positions—All**
 - **Review Aggregated Scores & Group Discussion**
 - **Official Member Vote**
 - **Outline Next Steps**
3. **4:45-5:00** **Cross-Pollination/Ideas with other RHIP Workgroups—All**
 - **Clinical CVD**
 - **CVD/Diabetes Prevention Workgroup**
 - **Clinical Diabetes**
4. **5:00** **Updates & Action Items—All**

Next Meeting: June 20, 2018 from 4-5pm (Deschutes County Health Services)



BH Substance Use & Chronic Pain (21)	Organization
Steve Baker, LPC, MAC	Mosaic Medical
McKenzie Dean, MD	St. Charles Health System
Mike Franz, MD	PacificSource
Erica Fuller, MA, LPC, CADCI	Rimrock Trails Adolescent Treatment Services
Laurie Hubbard, RN, BA, SANE	Deschutes County Health Services
Larry Kogovsek	CAC Consumer Representative
Leslie Neugebauer, OTR/L, MPH	PacificSource
Matt Owen, JD	Bend Treatment Center
Laura Pennavaria, MD	St. Charles Health System
Sally Pfeifer, BA, CADCI	Pfeifer & Associates
Elizabeth Schmitt, MS	CAC Consumer Representative
Scott Safford, PhD	St. Charles Family Care
Bob Snyder, BA, CADCI, NCAC I	BestCare Treatment Services
Julie Spackman, CPS	Deschutes County Health Services
Barbara Stoefen	LifeRAFT Family Support
Ralph Summers, MSW	PacificSource
Kim Swanson, PhD	Mosaic Medical
Karen Tamminga, LCSW	Deschutes County Behavioral Health
Rick Treleaven, LCSW	BestCare Treatment Services
Bill Ward, CADCI	Serenity Lane
Molly Wells Darling, LCSW	St. Charles Health System

COHC Spring 2018 RHIP Updates

Behavioral Health Identification & Awareness

AIM: Identify and engage 100% of individuals in Central Oregon that have a behavioral health need and ensure an effective and timely response.

Recent Activities

- Voted to request PacificSource house a regional behavioral health support person.
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Behavioral Health Substance Use & Chronic Pain

AIM: All Central Oregonians with a SUD that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

Recent Activities

- Collected LOIs from organizations to employ two individuals embedded in St. Charles Bend who will support and make referrals for SUD patients.
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Cardiovascular Disease & Diabetes Prevention

AIM: Cost will never be a barrier to participate in a variety of physical activities for students.

Recent Activities

- Released RFP and awarded funds for region-wide project to increase Active Modes of Transportation for youth
- Drafting RFP for region-wide project for provider-based referrals to physical activity for youth



- Began A3 to increase healthy diets in Central Oregon

Cardiovascular Disease Clinical

AIM: Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

Recent Activities

- Discovered few resources exist for helping teens quit tobacco. Held focus groups and determined those resources were not well-received.
 - Pursuing more information regarding the work of school-based health centers in reference to tobacco.
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Diabetes Clinical

AIM: 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

Recent Activities

- All A1c algorithms completed
- Preparing comprehensive diabetes materials roll-out events in three locations (Bend, Madras, Prineville) in September for all healthcare providers.
- QIM grant clinics are being trained and processes are being put in place for Point of Care A1c testing.
- **Funded Initiative:** High Desert Food & Farm Alliance Veggie Rx Pilot

Oral Health

AIM: Improve Oral Health and keep children cavity free.

Recent Activities

- Cross proposal with Diabetes Workgroup
- Launch New A3 – Oral Health for the older adult
- Launch New A3 – Integration with Primary Care initiative



Reproductive Maternal Child Health

AIM: Prevent Unintended Pregnancies

Recent Activities

- Released RFP for Unintended Pregnancies media campaign
- Partnered with Power to Decide to bring a One Key Question training to Central Oregon
- Partnering with Milestones workgroup on Early Learning pathways

SDOH: Housing

AIM 1: Central Oregon communities have sufficient, actionable data to guide direction, establish priorities, support regional solutions and bring a call to action to mobilize citizens to create a healthier Central Oregon.

AIM 2: The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve well-being.

Recent Activities

- Began work on homelessness prevention A3.
- **Funded Initiatives:** Sisters Habitat for Humanity, Sisters Cold Weather Shelter, Redemption House, Jericho Road, Thrive

SDOH: Milestones to Health & Education

AIM 1: Central Oregon children become more resilient

AIM 2: Every Central Oregonian thriving in the face of diversity

AIM 3: Children in Central Oregon have lifelong health and learning challenges due to lack of early identification and access to services

AIM 4: Every child in kindergarten has the early literacy skills to be ready to learn

Recent Activities

- Nurturing 3 subgroups; Literacy, Social and Emotional, Access to Integrated Services (TRACEs part of Social and Emotional subgroup)
- Literacy team partnering with Equity Team around reading program proposal
- TRACEs awarded \$2m by COHC Board of Directors
- Partnering with Reproductive Maternal Child Health on Early Learning Pathways