



**RHIP Clinical Cardiovascular Disease Workgroup**  
**PacificSource—Mosaic Conference Room (2<sup>nd</sup> Floor)**  
**2965 NE Conners Avenue, Bend**

**Agenda: September 26, 2017 from 4:00-5:00pm**

**Goals**

**Clinical Goal:** Improve hypertension control

**Prevention Goal:** Increase awareness of the risk factors for cardiovascular disease including tobacco use, uncontrolled hypertension, high cholesterol, obesity, physical inactivity, unhealthy diets, and diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Increase the percentage of OHP participants with high blood pressure that is controlled (<140/90mmHg) from 64% to 68% (Baseline: QIM NQF 0018 - Controlling high blood pressure, 2014).	√		√
2. Decrease the prevalence of cigarette smoking among adults from 18% to 16% (Baseline: Oregon BRFSS, 2010-13; QIM Cigarette Smoking Prevalence).	√		√
3. Decrease the prevalence of smoking among 11 <sup>th</sup> and 8 <sup>th</sup> graders from 12% and 6%, respectively to 9% and 3%, respectively (Baseline: Oregon Healthy Teens Survey, 2013).			√
4. Decrease the prevalence of adults who report no leisure time physical activity from 16% in Crook County, 14% in Deschutes County and 17% in Jefferson County to 14%, 12%, and 15 % respectively (Baseline: Oregon BRFSS, 2010-13).			
5. Decrease the prevalence of 11 <sup>th</sup> graders and 8 <sup>th</sup> graders who 0 days of physical activity from 11% and 6% to 10% and 5%, respectively (Baseline: Oregon Healthy Teens, 2013).			

1. **4:00-4:05**      **Introductions—All**
  
2. **4:05-4:55**      **Continue A3 Work—All**  
**“Eighth and 11<sup>th</sup> graders in Central Oregon are using tobacco more than their peers across the state”**
  
3. **4:55-5:00**      **Action Items & Announcements—All**
  - Next steps

**Next Meeting: October 24, 2017 from 4-5pm**  
 ○ **Continue A3 Process**



<b>Cardiovascular Disease - Clinical (10)</b>	<b>Organization</b>
Mark Backus, MD, FACP	Cascade Internal Medicine Specialists
Megan Bielemeier, MSN, BSN, RN, CCM	St. Charles Medical Group
Stevi Bratschie, MPH	PacificSource
David Huntley, MPH	Epidemiologist - Community Member
Alison Little, MD, MPH	PacificSource
Penny Pritchard, MPH	Deschutes County Health Services
Robert Ross, MD, MScED, FAAFP	St. Charles Health System/St. Charles Medical Group
Divya Sharma, MD, MS	Central Oregon IPA & Mosaic Medical
Shiela Stewart, RN, BSN	Central Oregon IPA
Kris Williams	Crook County Health Department

## **RHIP Workgroup Updates: August**

### **Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Nikki Lemmon)**

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 18 members.
- In August, the group continued their A3 process with the aim of identifying and engaging 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response. The group finalized their current state and target state measurements, which will structure a baseline survey to be sent out to primary care, women's health, school based health centers, and Indian Health Service. The group is currently in the midst of completing Box 4, the gap analysis. In September, the group will provide guidance for the MindYourMind project and will respond to a first draft of the baseline survey.

### **Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleaven)**

- This group meets the third Wednesday of every month from 3:45-5pm and currently has 23 members.
- In August, the group continued the work their first A3 with the aim of all Central Oregonians with an SUD that enter the hospital, the ED, and primary care will receive engagement, treatment, or harm reductions services. In September this workgroup will continue the development of their A3.

### **Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)**

- This group meets the fourth Tuesday of every month from 3:45-5pm and currently has 10 members.
- In August, this group continued their work on their first A3 around asking, engaging, and providing services/support to decrease youth tobacco use in Central Oregon.

### **Diabetes—Clinical (Support: Rebeckah Berry & Shiela Stewart)**

- This group meets the second Thursday of every month from 9-10:30am and currently has 12 members.
- In August, this workgroup selected their first experiments within their first A3. The experiments chosen are continuing the work of developing algorithms for patient care based on A1c specifically for the Central Oregon region, and standardizing point of care A1c testing among health care providers throughout the region. In September, the group will finalize their first A3 in order to present to Operations Council.

### **CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)**

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 14 members.
- This workgroup has completed the PICK chart on their A3, and will vote on the results via email to select their experiment. They expect to present their A3 to Ops in October or November.

## **RHIP Workgroup Updates: August**

### **Oral Health (Support: Donna Mills & Mary Ann Wren)**

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- The OH Workgroup met and vetted two proposals that came from within the existing structure. The A3 these proposals were applicable to was the Screen and Seal. The conversation was robust and will continue into September.
- The A3 will need to be shared with Ops as a matter of protocol.

### **Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)**

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- The RMCH workgroup spent their August meeting catching up on what is happening relative to RMCH throughout the Region. Future meetings include continuing work on the A3 for unintended pregnancy and discussing how they can partner with Deschutes County Health Services around the Family Connects model.

### **Social Determinants of Health**

- This group meets the third Friday of every month from 10:30-11:30am and currently has 27 members in Kindergarten Readiness and 37 members in Housing.

### **Education & Health (Support: Donna Mills & Desiree Margo)**

- The KR workgroup did not meet in August due to the Eclipse.

### **Housing (Support: Bruce Abernethy & MaCayla Arsenault)**

- In August, this workgroup did not meet because of the Eclipse. At the beginning of the month Bruce Abernethy presented an A3 experiment for a Housing First-like model through Pfeifer & Associates, and the workgroup has agreed to fund the experiment, pending matching funds from NeighborImpact.