



Pain Standards Task Force
PacificSource Community Solutions – Boardroom
2965 NE Conners Ave, Bend OR 97701

Agenda: September 6, 2017 from 7:00am-8:00am

Call-In Number: 866-740-1260
7-Digit Access Code: 3063523

1. **7:00-7:05** Introductions—All
2. **7:05-7:20** Living Well With Chronic Pain Update & Evaluation Results—Crystal Sully
3. **7:25-7:35** Provider Messaging Draft Review—Dr. Swanson
4. **7:35-7:45** Take Meds Seriously Oregon Launch—Julie Spackman
6. **7:45-8:00** Monthly Updates—Dr. Swanson
 - Behavioral Health Collaborative—Dr. Swanson
 - Prescription Drug Overdose Grant Update—MaCayla Arsenault
 - Benzodiazepine Symposium—Dr. Swanson
 - Max’s Mission Update—MaCayla Arsenault
 - Pain 101 Update—MaCayla Arsenault

Consent Agenda:

- Approval of the draft minutes dated August 2, 2017 subject to corrections/legal review



Pain Standards Task Force
PacificSource Boardroom
Bend, Oregon
August 2, 2017

Present:

Kim Swanson, St. Charles Family Care, Chair
Muriel DeLaVergne-Brown, Crook County Health Department
Alison Little, PacificSource
Sharity Ludwig, Advantage Dental (call-in)
Laura Pennavaria, La Pine Community Health Center
Michael Powell, St. Charles Health System
Kerie Raymond, Hawthorne Healing Arts Center
Robert Ross, St. Charles Medical Group
Marie Rudback, Endeavor Chiropractic
Scott Safford, St. Charles Family Care
Julie Spackman, Deschutes County Health Services
Tom Watson, Rebound Physical Therapy

Absent:

Misoo Abele, Veterans Administration
Gary Allen, Advantage Dental
Robert Andrews, Desert Orthopedics
Wil Berry, Deschutes County Behavioral Health
Matthew Cook, St. Charles Health System
Shanna Geigle, Veterans Administration
Jennifer Laughlin, St. Charles Medical Group
Jessica LeBlanc, Bend Treatment Center
Christine Pierson, Mosaic Medical
Divya Sharma, Mosaic Medical
Pamela Tornay, Central Oregon Emergency Physicians
Rick Treleaven, BestCare Treatment Services

Others Present:

MaCayla Arsenault, Central Oregon Health Council
Stevi Bratschie, PacificSource
Harriett Godoski, PDMP Coordinator

Donna Mills, Central Oregon Health Council
Nathan Rouse, Walgreens Pharmacy
Kelsey Seymour, Central Oregon Health Council
Crystal Sully, Deschutes County Health Services

Introductions

- Members introduced themselves and their respective organizations and guests were welcomed to the meeting.

Approved 2017 Legislative Bills

- The group reviewed legislative updates. It was noted that the following bills passed: SB423, HB2114, and HB3440. Dr. Kim Swanson shared that she was surprised to see the bill not pass adding drug disposal kiosks to pharmacies.

PDMP Dashboard

- Dr. Swanson shared that Deschutes County gets 7 new residents daily, and when accounting for population growth and reviewing prescribing patterns, Central Oregon is consistent with the rest of the State. She reminded the group that Crook and Jefferson Counties are not seeing such rapid increase in population. She shared that MED levels are lowing slowing in the Medicaid population, but there is still a lot of work to do.
- Dr. Swanson asked how this group should message that a positive impact has been achieved but still has a long way to go. Dr. Pennavaria suggested provider emails and the COIPA newsletter, and Dr. Ross proposed alerting the public to the progress being made. Dr. Swanson reminded Dr. Ross that there is a public education and awareness campaign being launched next month.
- Dr. Rouse shared that in other areas there are gatherings of pharmacists with actionable aims, and suggested something like that be initiated here.
- Muriel DeLaVergne-Brown shared that opioid mortality is a metric of the Public Health Advisory Board (PHAB) and while this initiative has not received funding, she offered to carry messaging regarding opioids from the PSTF to the PHAB.

Naloxone Pharmacy & Patient Education Coordination Efforts

- MaCayla Arsenault shared patient-facing naloxone education materials.
- Dr. Laura Pennavaria noted that pre-packaged opioid prescriptions are not tracked on the PDMP, making them easy to obtain, and that law enforcement has reported finding stashes of them.
- The group asked MaCayla to print and laminate the materials shown.
 - **ACTION:** MaCayla will print and laminate the naloxone education materials.

Performance Improvement Project Follow Up

- Stevi Bratschie provided an update on the Performance Improvement Project (PIP).

- Dr. Pennavaria asked if additional data could be obtained. Stevi explained that the data they receive is from OHA and she has put in a request for additional figures but OHA is backlogged.

Take Meds Seriously Oregon

- Julie Spackman shared that the Shared Future Coalition is in the process of replicating Colorado's "Take Meds Seriously" campaign. She noted that Oregon will be adding photos to this campaign showing various types of medications, not just pills.
- Julie noted that 15 and 30-second videos are being developed as local PSAs. She shared a list of possible communication methods available to entities who would like to participate.
- Julie and Dr. Swanson shared the various themes of quarterly campaigns and their target audiences.
- Donna Mills asked if any of the target audiences were senior citizens. Julie replied that the Shared Future Coalition would be looking for specific opportunities for communicating directly with seniors.

Prescription Drug Overdose Grant Update

- Donna shared that the COHC will receive the majority of the grant to continue the work they are doing. Dr. Swanson shared that this grant enables the PSTF to continue some existing efforts.

Living Well With Chronic Pain

- Crystal Sully reminded the PSTF that Living Well had fewer leaders available than originally anticipated. She shared that additional leaders are being provided by Mosaic Medical and St. Charles. She noted that the class schedule for 2018 is expected to come out in October.
- Dr. Pennavaria asked how Crystal has been contacting providers. Crystal replied that she has been reaching out to clinic managers and attending staff meetings.

Benzodiazepine Symposium

- Dr. Swanson shared that this is open and encouraged everyone to consider attending.

Pain 101 Update

- MaCayla shared that 28 individuals have registered for Pain 101, and that COHC is obtaining CE credits for naturopaths, NASW and pharmacists. She noted that a finalized agenda for the workshop will be shared soon, and reminded the PSTF that there will be a dinner the night before and to expect an invitation.