



RHIP Clinical Cardiovascular Disease Workgroup
PacificSource—Mosaic Conference Room (2nd Floor)
2965 NE Conners Avenue, Bend

Agenda: December 19, 2017 from 4:00-5:00pm

Goals

Clinical Goal: Improve hypertension control

Prevention Goal: Increase awareness of the risk factors for cardiovascular disease including tobacco use, uncontrolled hypertension, high cholesterol, obesity, physical inactivity, unhealthy diets, and diabetes.

| Health Indicators by 2019 | QIM Measure | State Measure | Healthy People 2020 |
|---|-------------|---------------|---------------------|
| 1. Increase the percentage of OHP participants with high blood pressure that is controlled (<140/90mmHg) from 64% to 68% (Baseline: QIM NQF 0018 - Controlling high blood pressure, 2014). | √ | | √ |
| 2. Decrease the prevalence of cigarette smoking among adults from 18% to 16% (Baseline: Oregon BRFSS, 2010-13; QIM Cigarette Smoking Prevalence). | √ | | √ |
| 3. Decrease the prevalence of smoking among 11 th and 8 th graders from 12% and 6%, respectively to 9% and 3%, respectively (Baseline: Oregon Healthy Teens Survey, 2013). | | | √ |
| 4. Decrease the prevalence of adults who report no leisure time physical activity from 16% in Crook County, 14% in Deschutes County and 17% in Jefferson County to 14%, 12%, and 15 % respectively (Baseline: Oregon BRFSS, 2010-13). | | | |
| 5. Decrease the prevalence of 11 th graders and 8 th graders who 0 days of physical activity from 11% and 6% to 10% and 5%, respectively (Baseline: Oregon Healthy Teens, 2013). | | | |

1. **4:00** **Introductions—All**
2. **4:00-4:10** **Baseline Data for Youth Tobacco Use Sharing—Shiela Stewart & Megan Bielemeier**
3. **4:10-4:30** **Finalize A3 in Preparation for January Operations Council Meeting—All**
4. **4:30-4:55** **Group Review of Top 3 Tobacco Resources—All**
5. **4:55-5:00** **Cessation Benefits Summary for All Lines PacificSource—Stevi Bratschie**
6. **5:00** **Action Items & Announcements—All**
 - Next steps
 - **NOTE JANUARY MEETING LOCATION CHANGE**

Next Meeting: 1.23.18 from 4-5pm (Deschutes County Bldg. (Lyon Room) 1300 NW Wall St., Bend)



| Cardiovascular Disease - Clinical (11) | Organization |
|---|---|
| Mark Backus, MD, FACP | Cascade Internal Medicine Specialists |
| Megan Bielemeier, MSN, BSN, RN, CCM | St. Charles Medical Group |
| Stevi Bratschie, MPH | PacificSource |
| Maria Hatcliffe, RN, MPH | Mosaic |
| David Huntley, MPH | Epidemiologist - Community Member |
| Alison Little, MD, MPH | PacificSource |
| Penny Pritchard, MPH | Deschutes County Health Services |
| Robert Ross, MD, MScED, FAAFP | St. Charles Health System/St. Charles Medical Group |
| Divya Sharma, MD, MS | Central Oregon IPA & Mosaic Medical |
| Shiela Stewart, RN, BSN | Central Oregon IPA |
| Kris Williams | Crook County Health Department |

RHIP Workgroup Updates: November 2017

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Nikki Lemmon)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 16 members.
- In November, the group continued their A3 process with the aim of identifying and engaging 100% of individuals in Central Oregon that have a behavioral health need, and ensuring an effective and timely response. The group is finalizing their baseline survey which will be sent out to primary care, women's health, school based health centers, and Indian Health Services, and is intended to help prioritize their experiments. The group hopes to send this survey out just after the holiday season.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleven)

- This group meets the third Wednesday of every month from 4-5pm and currently has 22 members.
- In November, the group continued their A3 process with the aim of all Central Oregonians with a substance use disorder that enter the hospital setting, including the ED, will receive engagement, treatment, or harm reductions services. The group is finalizing their baseline survey for the hospital setting which will be sent out to hospital providers the beginning of December.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 11 members.
- In November, this group completed their first A3 around asking, engaging, and providing services/support to decrease youth tobacco use in Central Oregon. In December the group will review the final version of their A3 before it is presented to Operations Council on January 5, 2018.

Diabetes—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the second Thursday of every month from 9-10:30am and currently has 12 members.
- In November, the group began the development of their second algorithm that focuses on supporting primary care in the management of patients with A1Cs >9. The group is also anxiously awaiting word from PacificSource on whether or not their Point of Care A1C proposal was approved in order to move forward with on-boarding and training the first round of clinics in the region.

CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 13 members.
- In November, the workgroup launched a pilot to prescribe and connect children to organized physical activities. They have now turned their focus and brainstormed strategies to promote active transportation. They have formed a subcommittee to develop an RFP to do pilots throughout the region.

RHIP Workgroup Updates: November 2017

Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- This workgroup did not meet in November.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- In November, work continued on the A3 surrounding Unintended Pregnancies. Box 6 work, which includes experiments, is progressing. Next steps are due diligence around campaigns nationwide that are showing positive results. The group decided NOT to meet in December. January will be an educational session from our local stakeholders and feedback from the research done.

Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 27 members in Kindergarten Readiness and 24 members in Housing.

Milestones to Health & Education (Support: Donna Mills & Desiree Margo)

- This workgroup did not meet in November.

Housing (Support: Bruce Abernethy, Elaine Knobbs-Seasholtz & MaCayla Arsenault)

- In November, the Housing workgroup discussed capacity building proposals for their Box 6 experiments intending to help meet the aims of their data & chronic homelessness stabilization A3s