



RHIP Clinical Diabetes Workgroup
Deschutes County Health Services—Stan Owen Room
2577 NE Courtney Drive, Bend

Agenda: January 11, 2018 from 9:00am-10:30am

Goals

Clinical Goal: Improve control of type 2 diabetes.

Prevention Goal: Decrease the proportion of adults and children at risk for developing type 2 diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13).			√
2. Decrease the prevalence of 11 th graders and 8 th graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013).			√
3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014).	√		√
4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014).	√	√	√
5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014).		√	√

1. **9:00-9:05** **Introductions—All**
2. **9:05-9:20** **Step Therapy Coverage Outline from PacificSource—Ginger Walcutt**
3. **9:20-10:15** **Continued Algorithm Development of A1C of > 9—All**
4. **10:15-10:30** **Updates—All**
 - HDFFA Next Steps from Assessment—Marielle Slater
 - POC QIM Project Update—Shiela Stewart
 - RHIP Monthly Updates—Rebeckah Berry
5. **10:30** **Action Items—All**
 - Next steps

Next Meeting: February 8, 2018 from 9-10:30am

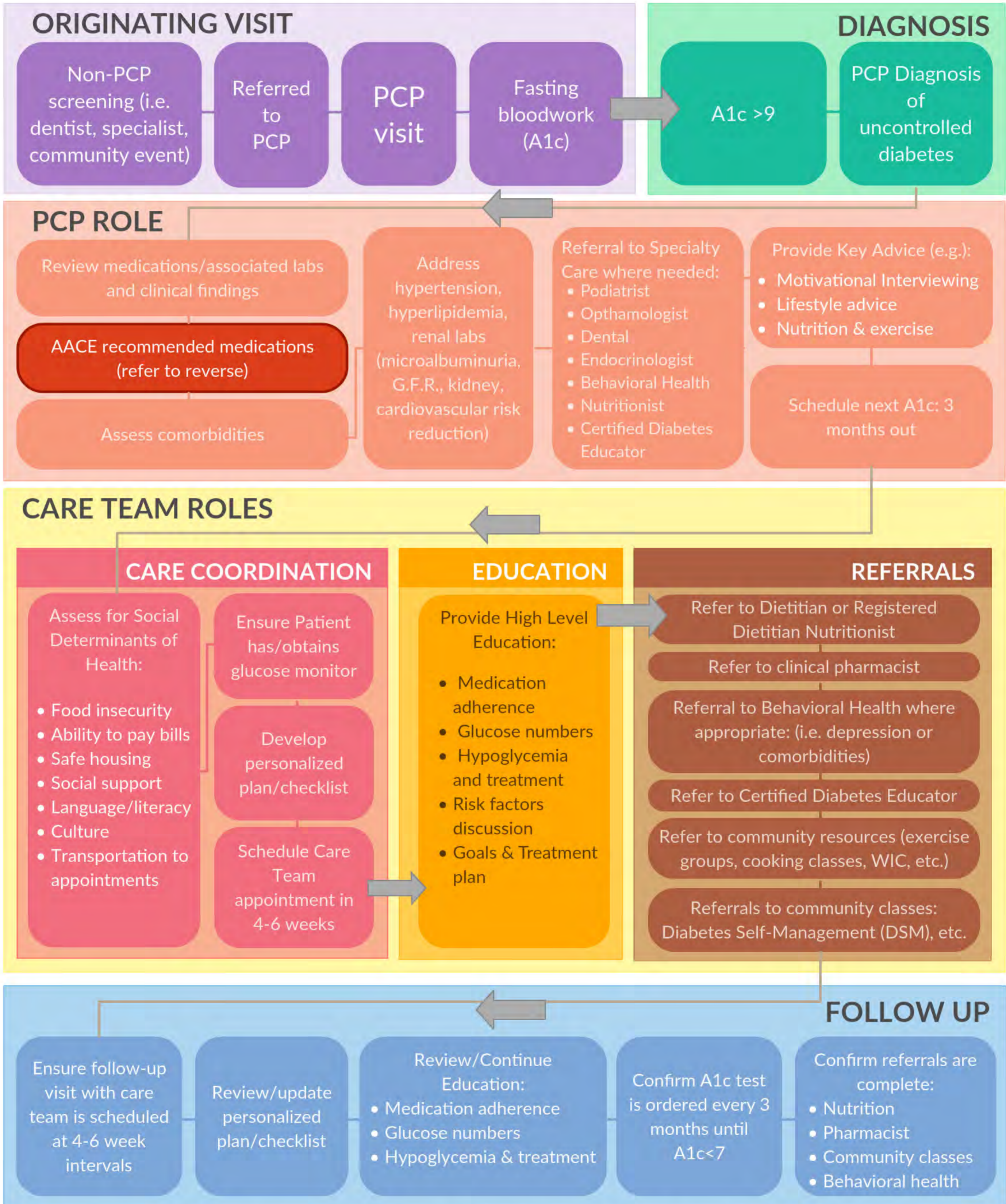


Diabetes - Clinical (12)

Organization

Megan Bielemeier, MSN, BSN, RN, CCM	St. Charles Medical Group
Erin Fitzpatrick, PA-C	PacificSource
Patty Kuratek, RN, MSN, CDE	La Pine Community Health Center
Therese McIntyre	Mosaic Medical
Eden Miller, DO	High Lakes Healthcare - Sisters
Kevin Miller, DO	High Lakes Healthcare - Sisters
Albert Noyes, PharmD, CDE, BC-ADM	Mosaic Medical
Kelly Ornberg, RD, LD	St. Charles Health Systems
Marielle Slater, PhD	High Desert Food & Farm Alliance
Shiela Stewart, RN, BSN	Central Oregon IPA
Crystal Sully, BSN, RN	Deschutes County Health Services
Sarah Worthington, MPH, RD	Deschutes County Health Services

TYPE 2 DIABETES A1C > 9 ALGORITHM: CENTRAL OREGON

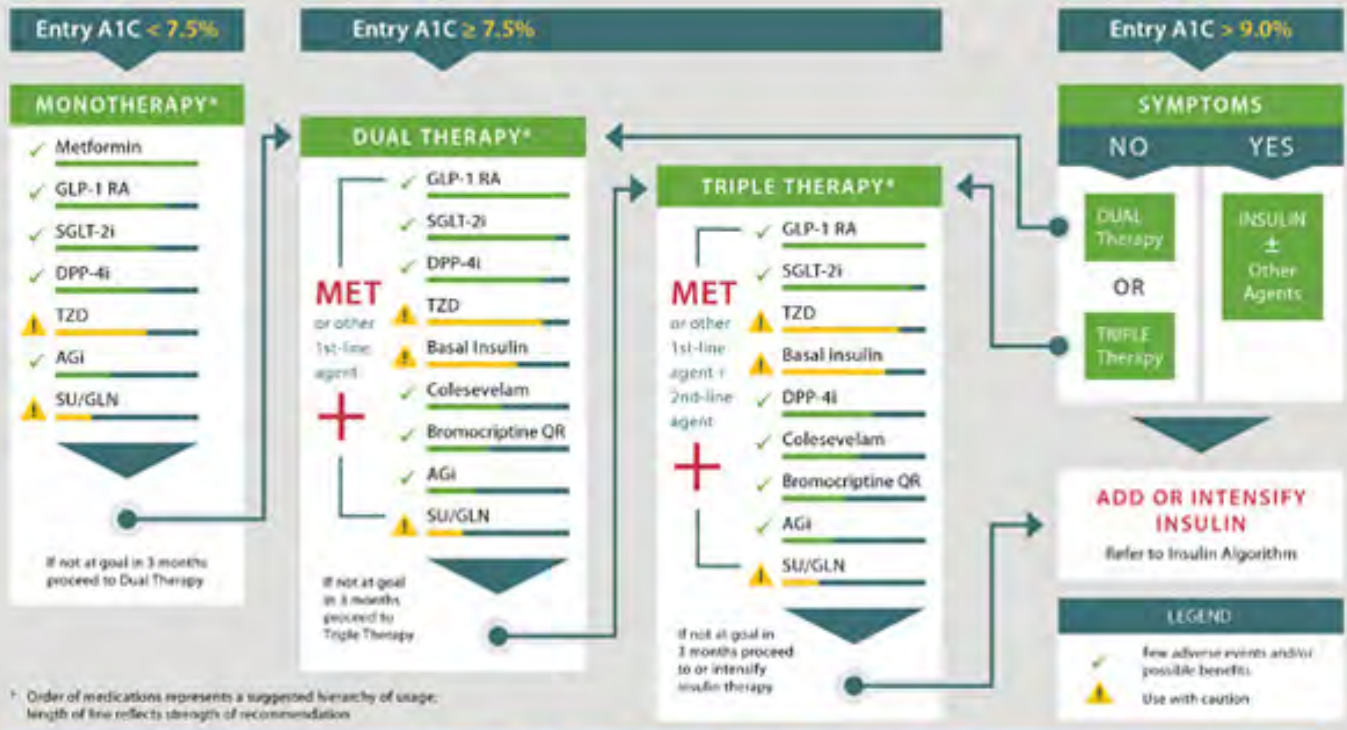




GLYCEMIC CONTROL ALGORITHM



LIFESTYLE THERAPY (Including Medically Assisted Weight Loss)



* Order of medications represents a suggested hierarchy of usage; length of line reflects strength of recommendation

PROGRESSION OF DISEASE

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Step Therapy
(coming soon)

RHIP Workgroup Updates: December 2017

Behavioral Health: Identification & Awareness (Support: Rebeckah Berry & Nikki Lemmon)

- This group meets the fourth Tuesday of every month from 8:15-9:15am and currently has 16 members.
- In December, the group continued their A3 process with the aim of identifying and engaging 100% of individuals in Central Oregon that have a behavioral health need, and ensuring an effective and timely response. The group finalized their baseline survey which has been sent out to primary care and is intended to help prioritize experiments within their A3. The results of this survey will be reviewed at January's meeting.

Behavioral Health: Substance Use and Chronic Pain (Support: Rebeckah Berry & Rick Treleven)

- This group meets the third Wednesday of every month from 4-5pm and currently has 22 members.
- In December, the group continued their A3 process with the aim of all Central Oregonians with a substance use disorder that enter the hospital setting, including the ED, will receive engagement, treatment, or harm reduction services. The group also finalized their baseline survey for the hospital setting which has been sent out. The group will review the results of this survey in January.

Cardiovascular Disease—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the fourth Tuesday of every month from 4-5pm and currently has 11 members.
- In December, this group put final edits on their first A3 around asking, engaging, and providing services/support to decrease youth tobacco use in Central Oregon. Their A3 will be presented to Operations Council on January 5, 2018 to accompany their first selected experiment on clinical outreach and engagement to promote youth/family tobacco cessation.

Diabetes—Clinical (Support: Rebeckah Berry & Shiela Stewart)

- This group meets the second Thursday of every month from 9-10:30am and currently has 12 members.
- In December, the group continued the development of their second algorithm that focuses on supporting primary care in the management of patients with A1Cs >9. The group also received word from PacificSource that their Point of Care (POC) A1C proposal was approved, and has defined next steps to on-board and train the first round of clinics in the region on POC testing and follow-up.

CVD & Diabetes: Prevention (Support: MaCayla Arsenault, Sarah Worthington, & Steve Strang)

- This group meets the fourth Tuesday of every month from 3:30-5pm and currently has 13 members.
- In December, the group developed an RFP to increase active modes of transportation among school-aged children in Central Oregon. They plan to release their RFP in mid-January.

RHIP Workgroup Updates: December 2017

Oral Health (Support: Donna Mills & Mary Ann Wren)

- This group meets the third Tuesday of every month from 11-12pm and currently has 24 members.
- In December, the oral health workgroup heard a presentation given by Abe Moland from Gridworks reviewing the NEMT benefit as provided by CERC (Cascades East Ride Center). Abe fielded a handful of questions. The group then turned to the A3 and new ideas around convening a regional summit for the dental community in early Spring. A smaller subgroup of volunteers will head that up.

Reproductive Health/Maternal Child Health (Support: Donna Mills & Muriel DeLaVergne-Brown)

- This group meets the second Tuesday of every month from 4-5pm and currently has 22 members.
- This workgroup did not meet in December.

Social Determinants of Health

- This group meets the third Friday of every month from 10:30-11:30am and currently has 27 members in Kindergarten Readiness and 24 members in Housing.

Milestones to Health & Education (Support: Donna Mills & Desiree Margo)

- In December, each of the subgroups reported out; Literacy, Social and Emotional Supports, Access/integration, and TRACEs. The team decided to move the main meeting to every other month, leaving the “off month” devoted to A3/Subgroup work sessions.

Housing (Support: Bruce Abernethy, Elaine Knobbs-Seasholtz & MaCayla Arsenault)

- In December, the workgroup discussed a proposal to develop a comprehensive housing plan on the Warm Springs Reservation.