



Description: CVD Diabetes Prevention	Value Stream ID:	Site / Location:	Event Number:	Revision:
Sponsor: COHC	Process Owner/Team Lead:	Facilitator: MaCayla Arsenault	Sensei:	

Current Date: Event Date: Team Members:	1: REASONS FOR ACTION <input type="checkbox"/> Go <input type="checkbox"/> No Go <p>Problem: Cost prevents Central Oregon youth from participating in physical activities resulting in skyrocketing obesity rates and an epidemic of chronic conditions.</p> <p>Aim: Cost will never be a barrier to participate in a variety of physical activities for students.</p> <p>Boundaries: Middle and High School youth in Central Oregon</p>	4: GAP ANALYSIS <input type="checkbox"/> Go <input type="checkbox"/> No Go <p>See attached Fishbone Diagram</p>	7: COMPLETION PLAN <input type="checkbox"/> Go <input type="checkbox"/> No Go <p>See attached Completion Plan</p>
	2: INITIAL STATE <input type="checkbox"/> Go <input type="checkbox"/> No Go <ul style="list-style-type: none"> • 16%* of 8th graders are overweight • 14% of 11th graders are overweight • 6% of 8th graders report 0 days of physical activity • 11% of 11th graders report 0 days of physical activity 	5: SOLUTION APPROACH <input type="checkbox"/> Go <input type="checkbox"/> No Go <ul style="list-style-type: none"> • If we establish and implement a system for provider referrals to physical activity and scholarships, then we expect to see more youth who are not currently active and high risk for being obese to become active and have a lower risk for obesity. • If we increase youth using active modes of transportation, then we expect to see more youth who are not currently active and high risk for being obese to become active and have a lower risk for obesity. 	8: CONFIRMED STATE <input type="checkbox"/> Go <input type="checkbox"/> No Go <ul style="list-style-type: none"> • 16%* of 8th graders are overweight • 14% of 11th graders are overweight • 6% of 8th graders report 0 days of physical activity • 11% of 11th graders report 0 days of physical activity <p>Provider Referral Pilot will run November 1, 2017 to April 30, 2018, check-in on January 31, 2018</p> <p>Active Modes of Transportation will run May 2018 to November 2019</p>
	3: TARGET STATE: <input type="checkbox"/> Go <input type="checkbox"/> No Go <p>Metric: Increase the number of students who were not previously active due to cost barriers who currently are active by 15%.</p> <ul style="list-style-type: none"> • 14%* of 8th graders are overweight • 13% of 11th graders are overweight • 5% of 8th graders report 0 days of physical activity • 10% of 11th graders report 0 days of physical activity 	6: RAPID EXPERIMENTS <input type="checkbox"/> Go <input type="checkbox"/> No Go <ol style="list-style-type: none"> 1. Select a pilot site to establish and implement a referral system for providers to prescribe physical activity to youth who are currently inactive. The referral system would include scholarships for participation and a central staff person to coordinate referrals and recommend programs and activities. 2. Select an organization to promote and implement programs to increase active modes of transportation. 	9: INSIGHTS <input type="checkbox"/> Go <input type="checkbox"/> No Go

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