



RHIP Clinical Diabetes Workgroup
Deschutes County Health Services—Stan Owen Room
2577 NE Courtney Drive, Bend

Agenda: May 31, 2018 from 9:00am-10:30am

Goals

Clinical Goal: Improve control of type 2 diabetes.

Prevention Goal: Decrease the proportion of adults and children at risk for developing type 2 diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13).			√
2. Decrease the prevalence of 11 th graders and 8 th graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013).			√
3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014).	√		√
4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014).	√	√	√
5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014).		√	√

1. **9:00-9:05** **Introductions—All**
2. **9:05-9:20** **TRACES Initiative—Katie McClure**
3. **9:20-10:20** **Discuss/Vote on Presenter for September Rollout—All**
4. **10:20-10:30** **PacificSource Diabetes Document Update—Ginger Walcutt**
5. **10:30** **Action Items/Next Steps—All**

Next Meeting: **June 7, 2018 from 9-10:30am (PacificSource Bldg: Moraine Lake)**



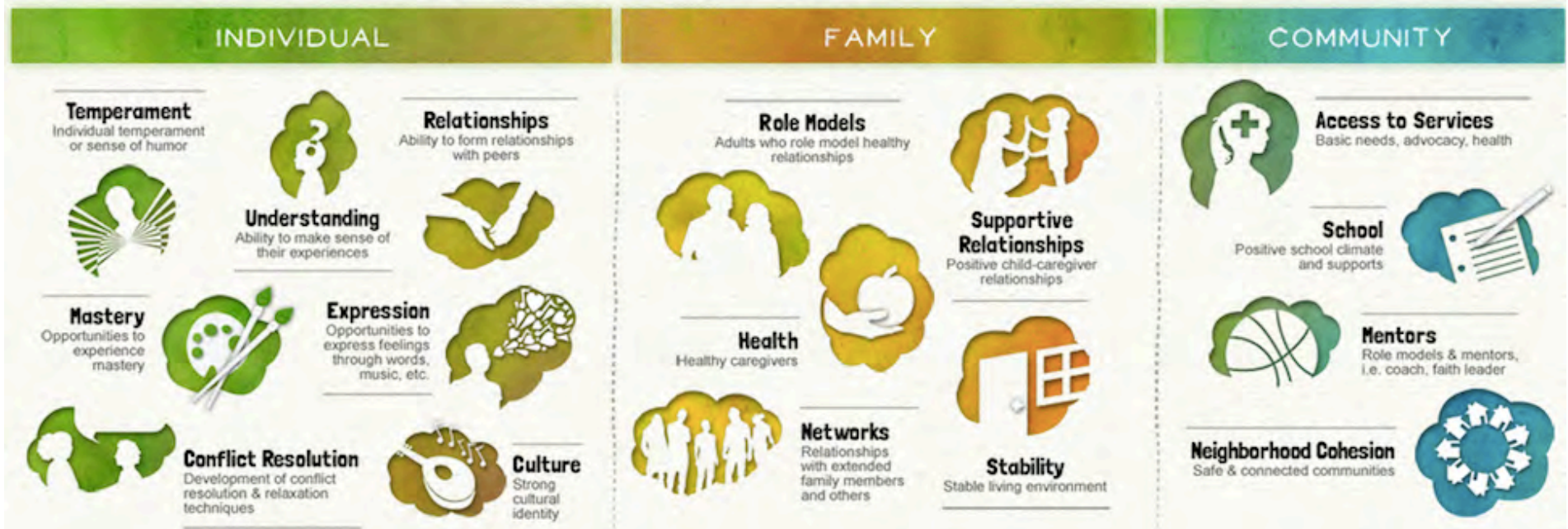
Diabetes: Clinical (13)	Organization
Megan Bielemeier, MSN, BSN, RN, CCM	Caravan Health
Patty Kuratek, RN, MSN, CDE	La Pine Community Health Center
Sharity Ludwig, EPDH, MS	Advantage Dental
Therese McIntyre, MPH, CPH	Mosaic Medical
Kevin Miller, DO	High Lakes Healthcare - Sisters
Sara Mosher, RN, BSN, MHA	St. Charles Medical Group
Albert Noyes, PharmD, CDE, BC-ADM	Mosaic Medical
Kelly Ornberg, RD, LD	St. Charles Health Systems
Marielle Slater, PhD	High Desert Food & Farm Alliance
Shiela Stewart, RN, BSN	Central Oregon IPA
Crystal Sully, BSN, RN	Deschutes County Health Services
Ginger Walcutt, MPH	PacificSource
Sarah Worthington, MPH, RD	Deschutes County Health Services

CENTRAL OREGON

Trauma, Resiliency, and Adverse Childhood Experiences.

We envision a region where every individual has the strengths, social supports and community resources they need to thrive.

PROTECTIVE FACTORS THAT PROMOTE RESILIENCY



Adapted from www.futureswithoutviolence.org

THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs are
ADVERSE
CHILDHOOD
EXPERIENCES

The three types of ACEs include

ABUSE



Physical

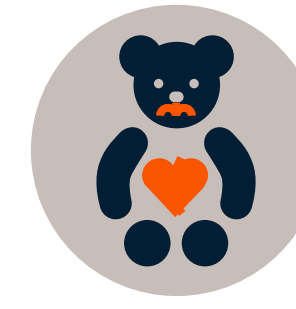


Emotional



Sexual

NEGLECT



Physical



Emotional

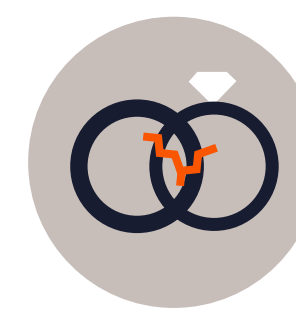
HOUSEHOLD DYSFUNCTION



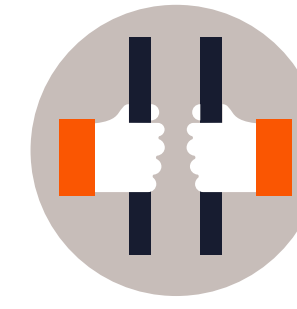
Mental Illness



Mother treated violently



Divorce



Incarcerated Relative

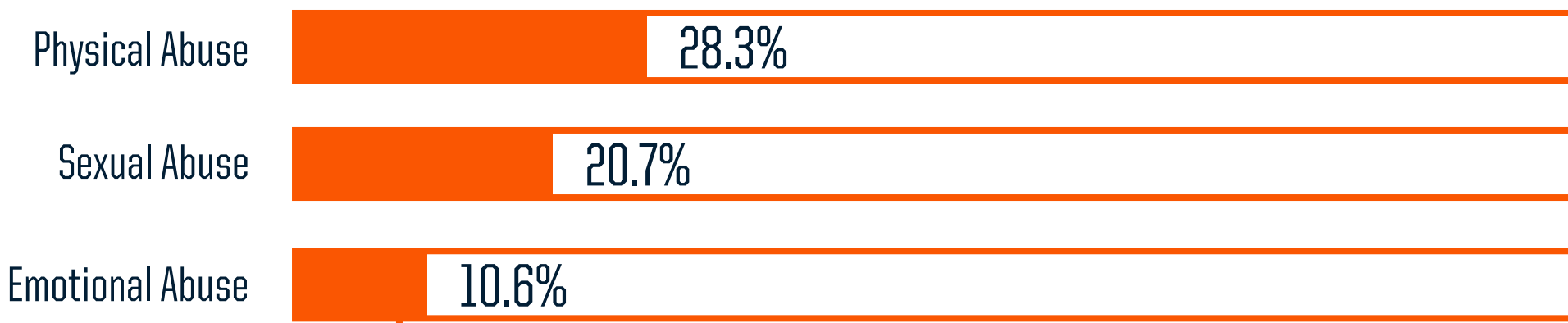


Substance Abuse

HOW PREVALENT ARE ACEs?

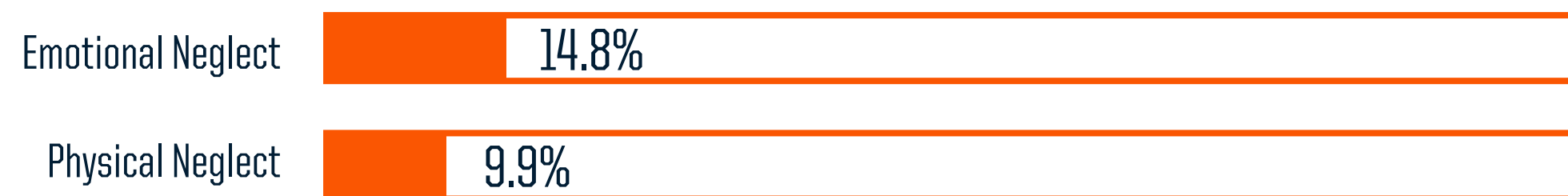
The ACE study* revealed the following estimates:

ABUSE

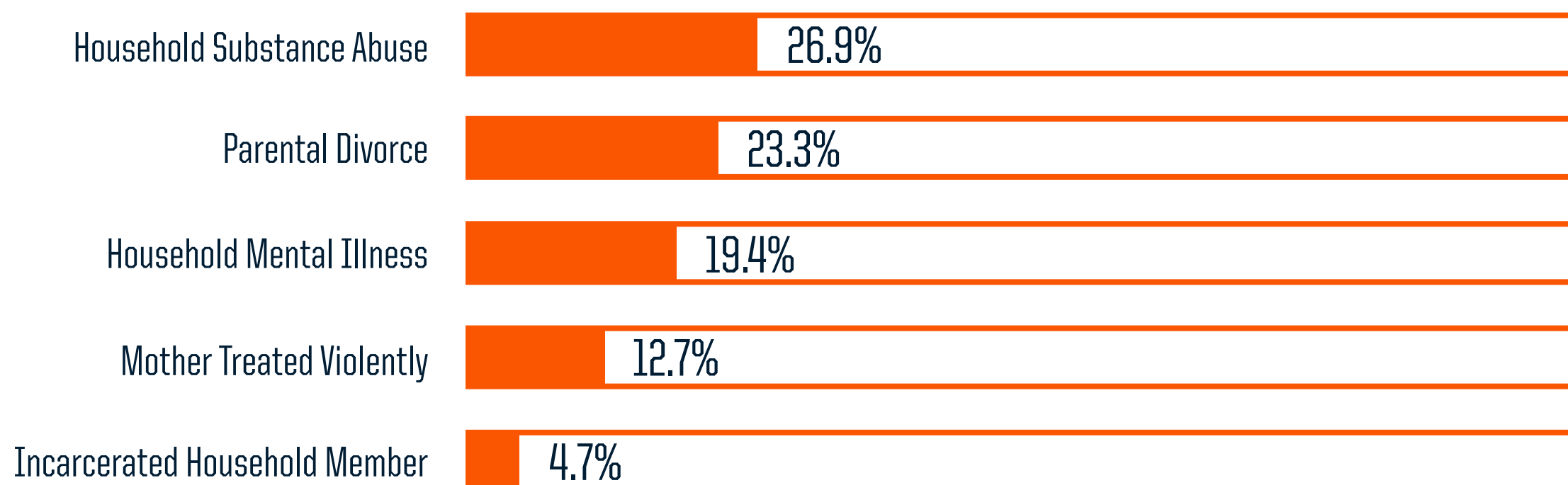


percentage of study participants that experienced a specific ACE

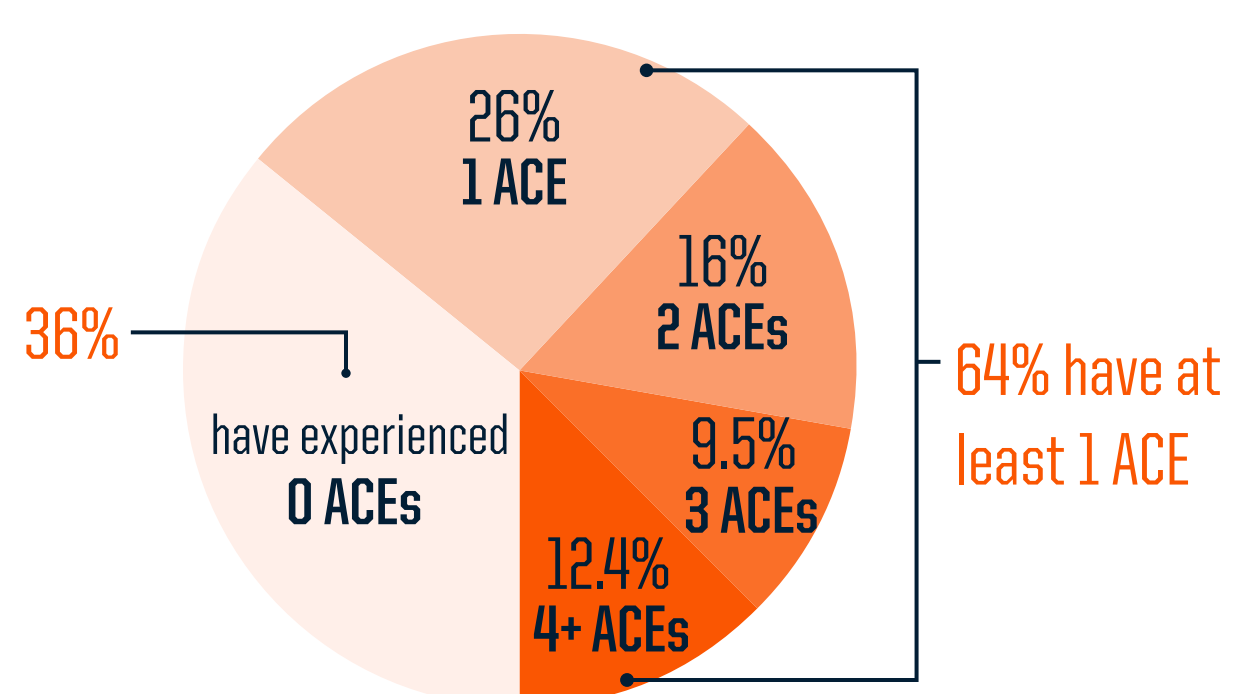
NEGLECT



HOUSEHOLD DYSFUNCTION

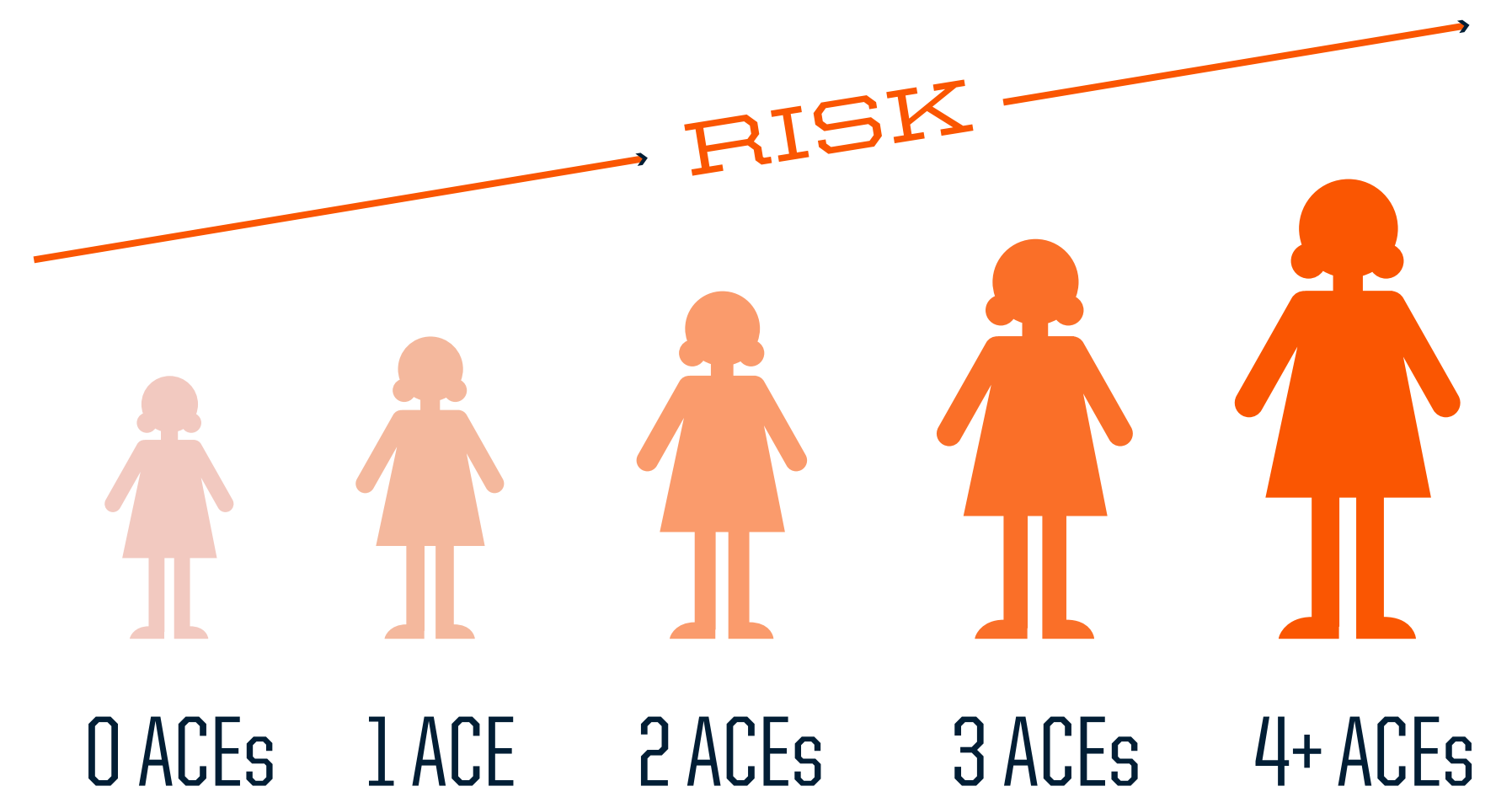


Of 17,000 ACE study participants:



WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes

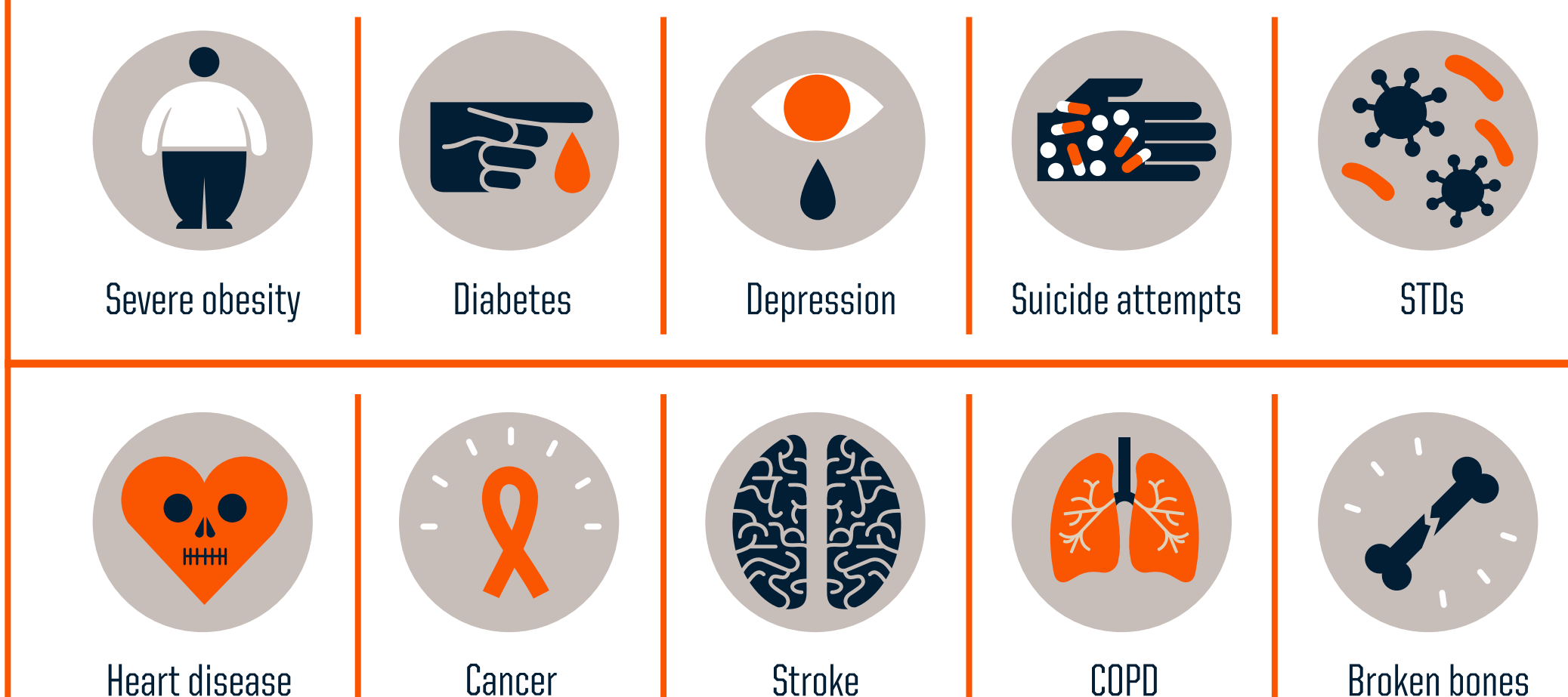


Possible Risk Outcomes:

BEHAVIOR



PHYSICAL & MENTAL HEALTH



MEASURING STRENGTHS TO NURTURE RESILIENCE IN CENTRAL OREGON

TRACES
CENTRAL OREGON



Oregon State University
College of Public Health
and Human Sciences

➔ WHY?

Great data inform great decision-making! Using the same measures across the entire Central Oregon region is a powerful way to understand our communities, track progress, and celebrate successes - together! We will identify strengths we have in common and also those that are unique in particular communities. Data will shed light on how we can best support one another.

By using the same measures we can share lessons learned and increase our impact!

➔ WHY THESE MEASURES?

They are trustworthy measures of positive factors that help people overcome stress and challenges, thus promoting resilience. This aligns with the TRACES vision to make sure everyone has what they need to thrive. In contrast to other measures of protective factors or resilience, they look beyond the individual - with a **focus on relational, community, and cultural factors**. They were developed with a culturally responsive approach in diverse communities.

➔ HOW?

Organizations engaged in the TRACES movement are using **The Children and Youth Resilience Measure (CYRM)** and **Adult Resilience Measure (ARM)** with:

Staff, Children, Youth, Parents/Caregivers, and Adults

Measures are free, available in multiple languages, and with a low literacy level.

<http://cyrm.resilienceresearch.org/how-to-use/>

Strengths of the CYRM & ARM:

Free
Short
Trustworthy
Measures strengths
Culturally responsive
Versions for various ages and languages

TRACES is a project of the United Way and partners throughout the region of Central Oregon. TRACES stands for Trauma, Resilience, and Adverse Childhood Experiences. It is a movement that envisions a region where every individual has the strengths, relationships, and community connections needed to thrive.

For more information, go to www.tracesco.org or contact katiehmccclure@gmail.com.

TRACES

Trauma Resilience and Adverse Childhood Experiences

Cross-sector, community-wide efforts to create a region where every individual has the strength, connections and support needed to thrive ... even in the face of adversity.

The Spectrum of Prevention (Prevention Institute)

The Spectrum of Prevention is a model that promotes a range of activities for effective prevention. It has been used nationally in prevention initiatives for traffic safety, violence prevention, injury prevention, and more. **The Spectrum** identifies six levels of intervention. All six levels are complementary and synergistic: when used together, they have a greater effect than would be possible from a single activity or initiative.

Below are just a few current examples of TRACES activities at each level:

<p><u>Levels One & Two: Promoting Community Awareness & Strengthening Individual Knowledge</u></p> <ul style="list-style-type: none">• Dozens of 1:1 meetings.• TRACES 101: Community Conversations (over a dozen; all three counties)• The Neuroscience of Relationships speaker
<p><u>Level Three: Changing Organizational Practice</u></p> <ul style="list-style-type: none">• Working with organizations to map practices to measures of resilience: CASA, Friends of the Children, Boys & Girls Club, Inspire Early Learning Centers, Healthy Beginnings, Best Care Jefferson County, Child Care Resource & Referral, NeighborImpact, OSU-Cascades, Family Resource Center, Blue Fish Dental, and others.• Crook County School District: Recently awarded a Robert Wood Johnson Foundation grant of \$150k/year for 2 years—<i>one of only a few grants awarded nationwide!</i> This grant includes a resilience metric as primary measure of success.
<p><u>Level Four: Educating Providers</u></p> <ul style="list-style-type: none">• 19+ trainings (737 participants)• 20 new Trauma Informed Trainers (via train the trainer)• Bend LaPine School District Trauma Informed Summits & Culture of Care
<p><u>Level Five: Fostering Coalitions and Networks</u></p> <ul style="list-style-type: none">• Identified and supporting adoption of a shared measure of resilience• Learning Communities: All Partner, Outcomes & Impacts, Sector Specific• Special Projects:<ul style="list-style-type: none">○ Youth and Children in Foster Care○ All Babies (Regional Early Childhood Resilience 10 hr ‘for credit’ class; Bend Chamber Child-care, Measurement, “Connect better with others who serve my clients”)• Attending local community coalition meetings to learn and share: Crook County on the Move, Warm Springs Native Aspirations Coalition, Jefferson County CHIP, Latino Community Emotional Health Workgroup.
<p><u>Level Six: Influencing Policy & Legislation:</u></p> <ul style="list-style-type: none">• Nothing active yet!