



**RHIP Clinical Diabetes Workgroup**  
**Deschutes County Health Services—Stan Owen Room**  
**2577 NE Courtney Drive, Bend**

**Agenda: June 14, 2018 from 9:00am-10:30am**

**Goals**

**Clinical Goal:** Improve control of type 2 diabetes.

**Prevention Goal:** Decrease the proportion of adults and children at risk for developing type 2 diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13).			√
2. Decrease the prevalence of 11 <sup>th</sup> graders and 8 <sup>th</sup> graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013).			√
3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014).	√		√
4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014).	√	√	√
5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014).		√	√

1. **9:00-9:05**      **Introductions—All**
2. **9:05-10:00**    **September Roll-Out Updates/Action Items—All**
  - Updates on Potential Speaker
  - Draft Learning Objectives
  - CEU's
  - Magnet Order Amounts (English & Spanish)
3. **10:00-10:10**    **PacificSource Diabetes Document Update—Ginger Walcutt**
4. **10:10-10:30**    **Cross-Pollination/Ideas with other RHIP Workgroups—All**
  - Behavioral Health: Identification & Awareness
  - Behavioral Health: Substance Use & Chronic Pain
  - Housing
5. **10:30**            **Action Items/Next Steps—All**  
**Next Meeting: July 12, 2018 from 9-10:30am (Deschutes County Health: Stan Owen)**



<b>Diabetes: Clinical (13)</b>	<b>Organization</b>
Megan Bielemeier, MSN, BSN, RN, CCM	Caravan Health
Patty Kuratek, RN, MSN, CDE	La Pine Community Health Center
Sharity Ludwig, EPDH, MS	Advantage Dental
Therese McIntyre, MPH, CPH	Mosaic Medical
Kevin Miller, DO	High Lakes Healthcare - Sisters
Sara Mosher, RN, BSN, MHA	St. Charles Medical Group
Albert Noyes, PharmD, CDE, BC-ADM	Mosaic Medical
Kelly Ornberg, RD, LD	St. Charles Health Systems
Marielle Slater, PhD	High Desert Food & Farm Alliance
Shiela Stewart, RN, BSN	Central Oregon IPA
Crystal Sully, BSN, RN	Deschutes County Health Services
Ginger Walcutt, MPH	PacificSource
Sarah Worthington, MPH, RD	Deschutes County Health Services

**Commonly Prescribed Nonpreferred Drugs and the Preferred Formulary Alternatives**

Questions? PacificSource Pharmacy Department: [pharmacy@pacificsource.com](mailto:pharmacy@pacificsource.com)

*\*Please note that this is accurate as of April 2018. Please refer to the PacificSource Community Solutions website for up-to-date coverage\**

Commonly Requested Nonformulary Drug	Formulary Alternatives
<b>Respiratory Drugs</b>	
Advair, Breo Ellipta	Symbicort, Dulera, Trelegy Ellipta, fluticasone-salmeterol aerosol powder breath activated
Flovent	Pulmicort, Qvar
Proair	Ventolin HFA
Incruse Ellipta	Spiriva, Tudorza, Trelegy Ellipta
<b>Topical Drugs</b>	
Topical testosterone	testosterone cypionate injection, testosterone enanthate injection
Lidocaine patch Only covered for post-herpetic neuralgia and diabetic neuropathy	gabapentin, duloxetine, venlafaxine, desvenlafaxine, tricyclic antidepressants (TCAs)
<b>Diabetic Drugs</b>	
Humalog products	Novolog products
test strips	Free-Style Products
Tanzeum	Victoza PA, Bydureon PA, Byetta PA, Trulicity PA
Farxiga	Jardiance ST, invokana, ST
<b>Miscellaneous</b>	
First-Omeprazole Suspension, First-Lansoprazole suspension	Omeprazole DR CAP, lansoprazole DR CAP, cimetidine HCl SOLN, or ranitidine HCl syrup
Hyoscyamine	Dicyclomine
Pradaxa	Eliquis, Xarelto
Rapaflo	Tamsulosin, Alfluzosin, Finasteride
Epipen	Epinephrine auto injector
Uceris	Budesonide 3mg capsule, Hydrocortisone enema, Uceris rectal foam, Apriso, sulfasalazine tablet
Vesicare	Oxybutynin IR, Oxybutynin ER, Tolteridine, Trospium IR, Trospium ER
Lyrica – not covered for fibromyalgia	Gabapentin
[Vyvanse]	amphetamine-dextroamphetamine ER, Dexmethylphenidate HCl ER, Dextroamphetamine Sulfate ER, Methylphenidate ER
<b>Excluded Diagnoses</b>	
Xiidra	No alternative available. Dry eye syndrome is not a covered diagnosis.
Montelukast	No alternative available. Allergies are not a covered diagnosis. *** If used for Asthma this is a covered drug ***
Temazepam, zolpidem	No alternative available. Insomnia is not a covered diagnosis.

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Commonly Requested Nonformulary Drug	Formulary Alternatives
<b>Respiratory Drugs</b>	
Advair, breo Ellipta	Symbicort, Dulera
Anoro Ellipta, Bevespi HFA	Stiolto
Asmanex Aerosol HFA	Pulmicort Flexhaler, Qvar Aerosol
Flovent HFA Diskus	Pulmicort, Qvar
Incruse Ellipta	Spiriva, Tudorza
<b>Diabetic Drugs</b>	
Basaglar	Lantus, levemir, Toujeo Solostar, or TresibaFlexTouch
Humalog Products	Novolog Products
Trulicity, Byetta	Victoza, Bydureon
Farxiga	Jardiance, Invokana, glimepiride, glipizide, Januvia, metformin, pioglitazone
<b>Topical Drugs</b>	
Topical steroids high potency	Betamethasone dipropionate augmented lotion 0.05%, Betamethasone dipropionate augmented ointment 0.05%, Betamethasone dipropionate augmented gel 0.05% Halobetasol propionate cream 0.05%
Xiidra 5% OPHTH Drop	Restasis
DentaGel, Prevident, SF 500 Plus	Sodium Fluoride Tablets
Lidocaine topical patch	gabapentin, duloxetine, venlafaxine, desvenlafaxine
<b>Hypertension Drugs</b>	
Benicar	Candesartan, eprosartan, irbesartan, losartan, telmisartan, valsartan, olmesartan
<b>High-risk Drugs</b>	
Armour Thyroid	Levothyroxine, Levoxyl, Liothyronine, Synthroid, Unithroid
Belsomra	Rozerem, trazodone
Carisoprodol, Methocarbamol	baclofen, tizanidine tablets
Indomethacin Capsule, Ketorolac tablets	Diclofenac tablet, Etodolac, Flurbiprofen, Ibuprofen /naproxen prescription strength, Ketoprofen, Meloxicam, Nabumetone
Monurol, Nitrofurantoin	sulfamethoxazole-trimethoprim, cefdinir, ciprofloxacin

## Commonly Prescribed Nonpreferred Drugs and the Preferred Formulary Alternatives

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Commonly Requested Nonformulary Drug	Formulary Alternatives
<b>Respiratory Drugs</b>	
Dulera	Breo Ellipta, Advair, Symbicort, fluticasone-salmeterol
Incruse Ellipta	Spiriva, Trelegy Ellipta
Alvesco	Flovent, Arnuity Ellipta, Asmanex, Qvar, Pulmicort
<b>Diabetic Drugs</b>	
Basaglar	Lantus, levemir, Toujeo Solostar, or TresibaFlexTouch
Humalog Products	Novolog Products
Bydureon, Byetta	Victoza, Trulicity
<b>Topical Drugs</b>	
Topical steroids high potency	Betamethasone dipropionate augmented lotion 0.05%, Betamethasone dipropionate augmented ointment 0.05%, Betamethasone dipropionate augmented gel 0.05% Halobetasol propionate cream 0.05%
topical steroids low potency	Alclometasone crm/oint, hydrocortisone butyrate 0.1% crm/oint/soln, triamcinolone 0.025% crm/lot/oint
Xiidra 5% OPHTH Drop	Restasis
<b>Miscellaneous Drugs</b>	
Belsomra	Trazodone, eszopiclone, zolpidem, zalepon, temazepam, triazolam
Benicar	Candesartan, eprosartan, irbesartan, losartan, telmisartan, valsartan
Savaysa, Pradaxa	Eliquis, Xarelto
Androgel, Testosterone Gel, Testopel	testosterone cypionate injection, testosterone enanthate injection
celecoxib	meloxicam, diclofenac sodium, diclofenac potassium, etodolac, ibuprofen, indomethacin, flurbiprofen, fenoprofen calcium, ketoprofen, nabumetone, naproxen, naproxen sodium, piroxicam, tolmetin sodium, or sulindac
Compound Products	FDA-approved *** Products that are not FDA approved are not covered benefits ***
Metaxalone	baclofen, cyclobenzaprine

Long-acting Insulin	Lantus (glargine)	Levemir (determir)	Toujeo (glargine)	Tresiba (degludec)
Community Solution – Medicaid	Covered	Covered	Not Covered	Not Covered
Commercial			Covered	
Medicare			Covered	

Intermediate-acting Insulin	Humulin (isophane)	Novolin (isophane)
Community Solution – Medicaid	Not Covered	Covered
Commercial		
Medicare		

Rapid-acting Insulin	Novolog (aspart)	Humalog (lispro)	Apidra (glulisine)	Afrezza (inhaled insulin)
Community Solution – Medicaid	Covered	Not Covered	Not Covered	Not Covered
Commercial				
Medicare				

# COHC Spring 2018 RHIP Updates

## Behavioral Health Identification & Awareness

AIM: Identify and engage 100% of individuals in Central Oregon that have a behavioral health need and ensure an effective and timely response.

### Recent Activities

- Voted to request PacificSource house a regional behavioral health support person.
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## Behavioral Health Substance Use & Chronic Pain

AIM: All Central Oregonians with a SUD that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

### Recent Activities

- Collected LOIs from organizations to employ two individuals embedded in St. Charles Bend who will support and make referrals for SUD patients.
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## Cardiovascular Disease & Diabetes Prevention

AIM: Cost will never be a barrier to participate in a variety of physical activities for students.

### Recent Activities

- Released RFP and awarded funds for region-wide project to increase Active Modes of Transportation for youth
- Drafting RFP for region-wide project for provider-based referrals to physical activity for youth



- Began A3 to increase healthy diets in Central Oregon

## Cardiovascular Disease Clinical

AIM: Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

### Recent Activities

- Discovered few resources exist for helping teens quit tobacco. Held focus groups and determined those resources were not well-received.
  - Pursuing more information regarding the work of school-based health centers in reference to tobacco.
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## Diabetes Clinical

AIM: 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

### Recent Activities

- All A1c algorithms completed
- Preparing comprehensive diabetes materials roll-out events in three locations (Bend, Madras, Prineville) in September for all healthcare providers.
- QIM grant clinics are being trained and processes are being put in place for Point of Care A1c testing.
- **Funded Initiative:** High Desert Food & Farm Alliance Veggie Rx Pilot

## Oral Health

AIM: Improve Oral Health and keep children cavity free.

### Recent Activities

- Cross proposal with Diabetes Workgroup
- Launch New A3 – Oral Health for the older adult
- Launch New A3 – Integration with Primary Care initiative



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## Reproductive Maternal Child Health

AIM: Prevent Unintended Pregnancies

### Recent Activities

- Released RFP for Unintended Pregnancies media campaign
- Partnered with Power to Decide to bring a One Key Question training to Central Oregon
- Partnering with Milestones workgroup on Early Learning pathways

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## SDOH: Housing

AIM 1: Central Oregon communities have sufficient, actionable data to guide direction, establish priorities, support regional solutions and bring a call to action to mobilize citizens to create a healthier Central Oregon.

AIM 2: The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve well-being.

### Recent Activities

- Began work on homelessness prevention A3.
- **Funded Initiatives:** Sisters Habitat for Humanity, Sisters Cold Weather Shelter, Redemption House, Jericho Road, Thrive

## SDOH: Milestones to Health & Education

AIM 1: Central Oregon children become more resilient

AIM 2: Every Central Oregonian thriving in the face of diversity

AIM 3: Children in Central Oregon have lifelong health and learning challenges due to lack of early identification and access to services

AIM 4: Every child in kindergarten has the early literacy skills to be ready to learn

### Recent Activities

- Nurturing 3 subgroups; Literacy, Social and Emotional, Access to Integrated Services (TRACEs part of Social and Emotional subgroup)
- Literacy team partnering with Equity Team around reading program proposal
- TRACEs awarded \$2m by COHC Board of Directors
- Partnering with Reproductive Maternal Child Health on Early Learning Pathways