

Possible    Implement  
Challenge    Kill

# CVD CLINICAL: BOX 4 FISHBONE DIAGRAM

Promote Prevention

- I Grand Rounds
- P Provider Newsletters
- C Incentivizing / Contracting
- I Engaging CCO to be a champion- youth focus 2018?
- C Help providers understand the problem
- C Utilize the resources in clinics (develop guidance/workflows)
- P SmokeFree Oregon resources
- C MI skills aimed at youth
- P Laws around youth tobacco and confidentiality

Promote Cessation

- C Behavioral Health
- I Yearly events
- I Clinic outreach/education (whole team)
- I Quit Line
- C EHR pilot project
- I Resources for cessation
- C Pharmacology
- C Benefits from Health Insurances
- C MI skills aimed at youth
- I 2A's & R or 5A's

Universally Engage Youth in Tobacco Discussions in Clinical Settings

- C Behavioral Health
- C MI Skills aimed at youth
- I Confidentiality
- I Youth-specific phone apps

Raise Protective Factors

- C School Involvement
- K Eliminate in-home tobacco use
- I Encourage family communication
- K Strong social ties
- K Stress reduction
- I Healthy alternatives

Eliminate Disparities

- I Tailoring messages (languages, culturally appropriate)

Tobacco-Free Policies for Properties

- I Signage
- C Promote implementation of tobacco-free campuses/property/parks
- I Promote cessation along with policies

**AIM**  
 Reduce the rates of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders%

WHAT could help us reach our aim?  
 —HOW do we solve it?