



**RHIP Clinical Diabetes Workgroup**  
**Deschutes County Health Services—Stan Owen Room**  
**2577 NE Courtney Drive, Bend**

**Agenda: September 13, 2018 from 9:00am-10:30am**

**Goals**

**Clinical Goal:** Improve control of type 2 diabetes.

**Prevention Goal:** Decrease the proportion of adults and children at risk for developing type 2 diabetes.

Health Indicators by 2019	QIM Measure	State Measure	Healthy People 2020
1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13).			√
2. Decrease the prevalence of 11 <sup>th</sup> graders and 8 <sup>th</sup> graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013).			√
3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014).	√		√
4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014).	√	√	√
5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014).		√	√

1. **9:00**      **Introductions—All**
2. **9:00-10:20**      **September Roll-Out Updates/Action Items—All**
  - **Event Packet Stuffing!**
  - **Who is Presenting & Attending Each Event?**
  - **Are We Missing Anything?**
  - **Walk With A Doc Brainstorm—Shiela Stewart**
3. **10:20-10:30**      **Cross-Pollination/Ideas with other RHIP Workgroups—All**
  - **BH: Substance Use & Chronic Pain**
  - **BH: Identification & Awareness**
  - **Housing**

**Next Meeting:** **October 11, 2018 from 9-10:30am (Deschutes County Health: Stan Owen)**



<b>Diabetes: Clinical (11)</b>	<b>Organization</b>
Chelsea Hammers	PacificSource
Patty Kuratek, RN, MSN, CDE	La Pine Community Health Center
Sharity Ludwig, EPDH, MS	Advantage Dental
Therese McIntyre, MPH, CPH	Mosaic Medical
Kevin Miller, DO	High Lakes Healthcare - Sisters
Albert Noyes, PharmD, CDE, BC-ADM	Mosaic Medical
Kelly Ornberg, RD, LD	St. Charles Health Systems
Marielle Slater, PhD	High Desert Food & Farm Alliance
Shiela Stewart, RN, BSN	Central Oregon IPA
Crystal Sully, BSN, RN	Deschutes County Health Services
Sarah Worthington, MPH, RD	Deschutes County Health Services

# COHC Summer 2018 RHIP Updates

## Behavioral Health Identification & Awareness

AIM: Identify and engage 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response.

### Recent Activities

- Implemented a two-year project: a behavioral health (BH) integration specialist has been hired to collaborate with all primary care (PC) clinics region-wide to support universal screening for BH as well as guidance for PC clinics to address BH screens based on clinic capacity.

## Behavioral Health Substance Use & Chronic Pain

AIM: All Central Oregonians with an SUD that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

### Recent Activities

- Initiated a two-year pilot in the Bend St. Charles Hospital and ED to house a substance use disorder (SUD) coordinator and a recovery mentor to support screening and follow-up for patients with moderate-to-severe SUD.

## Cardiovascular Disease & Diabetes Prevention

AIM 1: Cost will never be a barrier to participate in a variety of physical activities for students.

AIM 2: By 2019 0% of adults in Central Oregon will have a diet modifiable



disease, specifically CVD and/or type 2 diabetes.

### Recent Activities

- Opened RFP to develop a regional model for provider-based referrals for physical activity for youth through Rx to Move.
- Finalized their Box 6 experiments for their new Nutrition A3.

## Cardiovascular Disease Clinical

AIM: Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

### Recent Activities

- Started a new A3 focused on community-wide education for blood pressure awareness and control.
- Completed a document outlining tobacco cessation insurance coverages currently being shared with provider groups regionally.

## Diabetes Clinical

AIM: 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

### Recent Activities

- Prepared for algorithm of care events with national speakers on the gut microbiome with diabetes, and team-based care models. Events will be held in Madras, Prineville and Bend.

## Oral Health

AIM: Improve Oral Health and keep children cavity free.

### Recent Activities

- Brainstorming Box 6 experiments in two new A3s – one on integration and another on geriatric care.
- Released RFP for MORE Care model from Dentaquest, which integrates oral health into PC.



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## Reproductive Maternal Child Health

AIM: Prevent Unintended Pregnancies

### Recent Activities

- Reviewed the BOOST Oregon initiative, a parent-led group promoting child immunizations.

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## SDOH: Housing

AIM 1: Central Oregon communities have sufficient, actionable data to guide direction, establish priorities, support regional solutions, and bring a call to action to mobilize citizens to create a healthier Central Oregon.

AIM 2: The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve well being.

### Recent Activities

**Funding:** \$60,000 for Pfeifer & Associates for their “House the Children” initiative which provides a safe, supervised home for children to share with their parents who are in treatment and maintaining sobriety.

## SDOH: Milestones to Health & Education

AIM 1: Central Oregon children become more resilient

AIM 2: Every Central Oregonian thriving in the face of diversity

AIM 3: Children in Central Oregon have lifelong health and learning challenges due to lack of early identification and access to services

AIM 4: Every child in kindergarten has the early literacy skills to be ready to learn

### Recent Activities

- Nurturing 3 subgroups: Literacy, Social and Emotional, Access to Integrated Services (TRACEs part of Social and Emotional subgroup)
- Literacy team partnering with Equity Team around reading program ask.