

# COHC Summer 2018 RHIP Updates

## Behavioral Health Identification & Awareness

AIM: Identify and engage 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response.

### Recent Activities

- Implemented a two-year project: a behavioral health (BH) integration specialist has been hired to collaborate with all primary care (PC) clinics region-wide to support universal screening for BH as well as guidance for PC clinics to address BH screens based on clinic capacity.

## Behavioral Health Substance Use & Chronic Pain

AIM: All Central Oregonians with an SUD that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

### Recent Activities

- Initiated a two-year pilot in the Bend St. Charles Hospital and ED to house a substance use disorder (SUD) coordinator and a recovery mentor to support screening and follow-up for patients with moderate-to-severe SUD.

## Cardiovascular Disease & Diabetes Prevention

AIM 1: Cost will never be a barrier to participate in a variety of physical activities for students.

AIM 2: By 2019 0% of adults in Central Oregon will have a diet modifiable



disease, specifically CVD and/or type 2 diabetes.

### Recent Activities

- Opened RFP to develop a regional model for provider-based referrals for physical activity for youth through Rx to Move.
- Finalized their Box 6 experiments for their new Nutrition A3.

## Cardiovascular Disease Clinical

AIM: Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

### Recent Activities

- Started a new A3 focused on community-wide education for blood pressure awareness and control.
- Completed a document outlining tobacco cessation insurance coverages currently being shared with provider groups regionally.

## Diabetes Clinical

AIM: 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

### Recent Activities

- Prepared for algorithm of care events with national speakers on the gut microbiome with diabetes, and team-based care models. Events will be held in Madras, Prineville and Bend.

## Oral Health

AIM: Improve Oral Health and keep children cavity free.

### Recent Activities

- Brainstorming Box 6 experiments in two new A3s – one on integration and another on geriatric care.
- Released RFP for MORE Care model from Dentaquest, which integrates oral health into PC.



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## Reproductive Maternal Child Health

AIM: Prevent Unintended Pregnancies

### Recent Activities

- Reviewed the BOOST Oregon initiative, a parent-led group promoting child immunizations.

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## SDOH: Housing

AIM 1: Central Oregon communities have sufficient, actionable data to guide direction, establish priorities, support regional solutions, and bring a call to action to mobilize citizens to create a healthier Central Oregon.

AIM 2: The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve well being.

### Recent Activities

**Funding:** \$60,000 for Pfeifer & Associates for their “House the Children” initiative which provides a safe, supervised home for children to share with their parents who are in treatment and maintaining sobriety.

## SDOH: Milestones to Health & Education

AIM 1: Central Oregon children become more resilient

AIM 2: Every Central Oregonian thriving in the face of diversity

AIM 3: Children in Central Oregon have lifelong health and learning challenges due to lack of early identification and access to services

AIM 4: Every child in kindergarten has the early literacy skills to be ready to learn

### Recent Activities

- Nurturing 3 subgroups: Literacy, Social and Emotional, Access to Integrated Services (TRACEs part of Social and Emotional subgroup)
- Literacy team partnering with Equity Team around reading program ask.