



RHIP Clinical Diabetes Workgroup
Deschutes County Health Services—Stan Owen Room
2577 NE Courtney Drive, Bend

Agenda: November 8, 2018 from 9:00am-10:30am

Goals

Clinical Goal: Improve control of type 2 diabetes.

Prevention Goal: Decrease the proportion of adults and children at risk for developing type 2 diabetes.

| Health Indicators by 2019 | QIM Measure | State Measure | Healthy People 2020 |
|--|-------------|---------------|---------------------|
| 1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13). | | | √ |
| 2. Decrease the prevalence of 11 th graders and 8 th graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013). | | | √ |
| 3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014). | √ | | √ |
| 4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014). | √ | √ | √ |
| 5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014). | | √ | √ |

1. **9:00** **Introductions—All**
2. **9:00-9:55** **T2 Diabetes Insurance Benefits Access (Coding, Referrals & Patient Advocacy)—All**
3. **9:55-10:05** **Walk With A Doc Next Steps—Shiela Stewart**
 - Shiela—COIPA interest
 - Kelly—SCHS interest
 - Albert—Mosaic interest
 - Kelsey via Rebeckah—HLHC/LPCHC interest
4. **10:05-10:25** **Diabetes Clinical Champion Presentation Draft Update—Albert Noyes**
5. **10:25-10:30** **Cross-Pollination/Ideas with other RHIP Workgroups—All**
 - Clinical Cardiovascular Disease (CVD)—Shiela Stewart
 - CVD/Diabetes Prevention—Sarah Worthington

Next Meeting: **December 13, 2018 from 9-10:30am (Deschutes County Health: Stan Owen)**



| Diabetes: Clinical (11) | Organization |
|-----------------------------------|----------------------------------|
| Chelsea Hammers | PacificSource |
| Patty Kuratek, RN, MSN, CDE | La Pine Community Health Center |
| Sharity Ludwig, EPDH, MS | Advantage Dental |
| Therese McIntyre, MPH, CPH | Mosaic Medical |
| Kevin Miller, DO | High Lakes Healthcare - Sisters |
| Albert Noyes, PharmD, CDE, BC-ADM | Mosaic Medical |
| Kelly Ornberg, RD, LD | St. Charles Health Systems |
| Marielle Slater, PhD | High Desert Food & Farm Alliance |
| Shiela Stewart, RN, BSN | Central Oregon IPA |
| Crystal Sully, BSN, RN | Deschutes County Health Services |
| Sarah Worthington, MPH, RD | Deschutes County Health Services |

COHC Fall 2018 RHIP Updates

Behavioral Health Identification & Awareness

AIM: Identify and engage 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response.

Recent Activities

- Preparing to launch “Mind Your Mind” campaign in Primary Care Clinics
 - Supporting Advancing Integrated Care
-

Behavioral Health Substance Use & Chronic Pain

AIM 1: All Central Oregonians with an SUD that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

AIM 2: Every Central Oregonian with chronic pain will have access to comprehensive, evidence-informed pain management.

Recent Activities

- Anticipating data from SUD Coordinator and Recovery Mentor on the hospital floor in March 2019
 - Building new A3 (Aim 2)
-

Cardiovascular Disease & Diabetes Prevention

AIM 1: Cost will never be a barrier to participate in a variety of physical activities for students.

AIM 2: By 2019 0% of adults in Central Oregon will have a diet modifiable disease, specifically CVD and/or type 2 diabetes.

Recent Activities

- **FUNDING** Rx to Move
 - **FUNDING** Kids in Parks
 - Exploring options for healthy food distribution to individuals experiencing medical and socioeconomic risk
-

Cardiovascular Disease Clinical

AIM 1: Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

AIM 2: Every Central Oregonian with chronic pain will have access to comprehensive, evidence-informed pain management.

Recent Activities

- **FUNDING** Dr. Backus presentations (expanded to public audiences), COIPA
 - Developing an RFP for public media campaign on hypertension
 - Launched youth-led Photo-voice tobacco cessation project
-

Diabetes Clinical

AIM: 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

Recent Activities

- **FUNDING** Veggie Rx, HDEFA
- **FUNDING** Eat for Life, Mosaic Medical
- **FUNDING** Mobile Diabetes Unit in Prineville, St. Charles
- Disseminated algorithms of care & local diabetes resources regionally
- Assessing patient comprehension of diabetes diagnoses and benefit coverage



Oral Health

AIM 1: Improve Oral Health and keep children cavity free.

AIM 2: Improve oral health during the perinatal period and keep children cavity free

AIM 3: Decrease the number of seniors at-risk of dental disease by __% (data pending) in Central Oregon

Recent Activities

- **FUNDING** MoreCare pilot sites for oral health integration in primary care, Mosaic Medical, St. Charles Women's Health & Weeks Family Medicine

Reproductive Maternal Child Health

AIM: Prevent Unintended Pregnancies

Recent Activities

- **FUNDING** A Smile for Kids, in combination with Milestones workgroup
- Vetting media RFPs for unintended pregnancies campaign
- Building new A3 on vaccinations

SDOH: Housing

AIM 1: Central Oregon communities have sufficient, actionable data to guide direction, establish priorities, support regional solutions, and bring a call to action to mobilize citizens to create a healthier Central Oregon.

AIM 2: The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve well being.

Recent Activities

- **FUNDING** Dawn's House
- Working to more closely link health to housing in meeting format

- Researching ways to support and encourage the use of HMIS licenses

SDOH: Milestones to Health & Education

AIM 1: Central Oregon children become more resilient

AIM 2: Every Central Oregonian thriving in the face of diversity

AIM 3: Children in Central Oregon have lifelong health and learning challenges due to lack of early identification and access to services

AIM 4: Every child in kindergarten has the early literacy skills to be ready to learn

Recent Activities

- **FUNDING** A Smile for Kids, in combination with Oral Health workgroup
- **FUNDING** Juntos Aprendemos (translated: Together We Learn)