



## Pain Standards Task Force / OPAT Planning Meeting

Wednesday, February 06, 2019

7:00 AM-9:00 AM

PacificSource Boardroom  
2965 NE Conners Ave, Bend OR 97701

### Participation Options:

Toll Free: 855-684-5272 Conference ID: 3524350

[Join Skype Meeting](#)

## Agenda

- 7:00 – 7:10AM **Introductions** - Kimberly Swanson Ph.D., Mosaic Medical
- 7:10 – 7:20AM **OPAT Planning Process Overview** – Elizabeth White, Lines for Life  
Theme: *From Crisis to Recovery*
- Planning Committee
  - Timeline & Milestones
  - Draft Agenda
  - Keynote Update
- 7:20 - 7:25AM **Review Meeting Goals** – Elizabeth White
- Discuss OPAT Submissions Received through Call for Proposals
  - Identify Outreach Approaches that Build Awareness & Strategic Partnerships
  - Receive Stakeholder Input on Opportunities for Community Engagement
- 7:25 – 8:00AM **Discussion: OPAT Submissions** – Elizabeth White
- We Can Do This!
  - Sustaining Communities
  - Promoting Prevention
- Identify Outreach Strategies** - MaCayla Arsenault, Erin Solomon, COHC
- 8:00 – 9:00AM **Discussion: Opportunities for Community Engagement** – Kim Swanson, Ph.D.
- Community Event Discussion:**
- Education Objectives
    - Opioid Overdose Prevention
    - Pain Awareness
    - Other
  - Target Audience
  - Venue Ideas
  - Audience Size (< 50, less/more?)
  - Time (2 hours, less/more?)
  - Cost
- Other Opportunities?

## Overview: Call for Proposals Summary

The following document summarizes submissions received through the Call for Proposals process. Kindly review before the February 6<sup>th</sup> OPAT Planning Committee Meeting and be prepared to provide input and feedback.

### Please note:

- The abstract number corresponds with the number listed on the master Excel spreadsheet. **It is not a ranking number.**
- The agenda includes 3 sets of 3, 90-minute breakout sessions (9 sessions total). We have received **40** submissions through the Call for Proposals process.
- Abstracts are divided into 2 categories: tier 1 and tier 2.
  - Tier 1 abstracts were highly rated by planning committee members.
    - The number of abstracts does not correspond to the capacity of the conference venue.
    - Presentation length has not yet been determined, i.e. 45 or 90 minutes.
  - Tier 2 abstracts were received favorably by most committee members
    - Abstracts were rated lower because content appeared redundant, applicability for wider use was not apparent, and/or content was presented at the 2018 OPAT conference.
  - Abstracts within each category are listed in the order received, not ranking order.
- Poster presentations did not meet inclusion criteria.
- The presentation submitted by Dr. Suchocki and Dr. Shames will be held during the Preconference and potentially included in other parts of the agenda.

**We Can Do This! – Tier 1**

	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>3</b>	Mike Marshall Rayleen McMillan	<i>Systems Transformation: Advocating for Change at the Local &amp; State Level</i>  Organization: Oregon Recovers	Oregon Recovers is leading the state in mobilizing the "recovery community" to advocate at the local and state level for a new, recovery-based, continuum of care. Join us for a discussion of local and state advocacy tactics that you and your community can be a part of.	Healthcare workers Treatment providers
<b>6</b>	Chelsea Keating, MPH	<i>From Data Overload to Actionable Insights: How EOCCO adopted data analytics to drive change.</i>  Organizations: Moda Health and EOCCO	This presentation is focused on the learned lessons around data presented by Eastern Oregon Coordinated Care Organization. They will demonstrate how having the right data can change the story.	Health systems (health plans, CCOs, hospitals) Any members of the clinical community.
<b>31</b>	Nora Stern, PT, MSPT Catriona Buist, PsyD Kevin Novak, MS Sara Love, ND	<i>Making your job easier: New pain education tools for Oregon providers and patients</i>  Organization: Providence	A 90 minute presentation of two "sister" toolkits. Nora and Cat will present the Pain Toolkit for Patients and Families. Kevin and Sara will present the RELIEF+ toolkit for primary care providers.	Primary care providers Clinic staff Specialists Patients
<b>32</b>	Pam Pierce	<i>Oregon's First Recovery High School and Alternative Peer Group</i>  Organization: Oregon Recovery High School Initiative & Alternative Peer Group	The ORHSI will bring together the best minds in Oregon across education, healthcare and youth treatment and recovery support to build Oregon's first high school exclusively for students impacted by substance use disorders. While the objectives of academic competency and progress towards high school graduation are a primary focus, there is an equal commitment to a comprehensive recovery program.	Tri-county adults High school students
<b>19</b>	Kristen Lacijan-Drew Amit Shah Andrew Mendenhall	<i>Data-Informed Expansion of MAT Services: Analytical Models and Clinical Transformation</i>  Organization: Health Share of Oregon	Proposing two related 45 minute panels- they could be split up. Part One: Analytical Models - Health Share formed a data workgroup to inform its expansion of MAT services. Part Two: Clinical Transformation - with the goal of reducing health disparities in SUD treatment.	CCOs Health plans Providers Anyone interested in how data can be used to inform expansion of MAT services
<b>22</b>	Danielle Walter Marian Hammond	<i>What You Need to Know about the Latest Research on Pain Messaging—And How to Apply it to Your Work</i> - Organization: Brink Communications	In this 90-minute session, get a look at the groundbreaking research conducted across Oregon and the key insights that helped shape this new campaign regarding opioids and health disparities. Learn how to apply a new narrative to successfully drive change in your own work.	Communicators Health providers Policymakers Public health officials.

**We Can Do This! – Tier 2**

	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>12</b>	Sheriff Mike Reese Craig Prins Another jail outside of metro area National speaker from NYC, Rhode Island, or Massachusetts	<i>ODU and the Justice System</i>  Organization: Multnomah County	This 90-minute presentation aims to demonstrate the magnitude of OUD in the justice involved population and the opportunities and challenges of continuing and initiating OUD treatment in the justice system. Local and state level initiatives in Oregon to provide OUD treatment across the sequential intercepts of the justice system will be presented.	State and local policy makers Justice system participants OUD treatment agencies
<b>28</b>	Melissa Brewster, PharmD, BCPS Safina Koreishi, MD Stacie Andoniadis	<i>How CCOs Can Develop and Support MAT and Addiction Services in Primary Care</i>  Organization: CareOregon	This presentation will cover how Coordinated Care Organizations can support the development and implementation of sustainable systems and payment models for Primary Care clinics to deliver addiction services and MAT	Primary care staff CCOs Health plans
<b>34</b>	Rick Treleaven, LCSW Billie Cartwright, PA, PhD	<i>Creating an Integrated System of Care for Opioid Use Disorder from Hospital to Detox to Residential to Intensive Outpatient to Primary Care</i>  Organization: BestCare Treatment Services, Inc.	The focus of this 90 minute presentation will be on how to develop a system of care that bridges hospital medical floors, EDs, and various levels of community based treatment.	Medical staff and administrators Behavioral health staff and administrators CCO staff and administrators

**Sustaining Communities – Tier 1**

	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>7</b>	Kate Frame Sloan Storie, MS	<i>From barriers to opportunities: How a rural community is creating population-level change</i>  Organization: Advanced Health	In this 90-minute lecture, learn how collaborative opioid harm reduction work taking place in Coos County, Oregon has fostered social change as interdisciplinary partners begin to engage in planning processes using the SAMHSA Strategic Prevention Framework	Health officials Healthcare and behavioral Community members Law enforcement Social workers Peer supports
<b>9</b>	Lydia Bartholow Rachel Heesch Justine Pope	<i>Building Trauma-Informed Medication Supported Recovery Services</i>  Organization: Central City Concern	This 90 minute workshop reviews practices that help build concrete, operational and actionable items that Medication-supported Recovery (MSR) programs and providers can implement to create trauma-informed services. It will emphasize both harm reduction and collaborative problem solving while centralizing the voice of a person in long term recovery.	Addiction treatment administrators Addiction treatment providers Harm reduction service administrations Harm reduction providers
<b>17</b>	Amy Jo Cook Dan Hall Apryl Herron	<i>Where There's Breath, There's Hope: Navigating a Successful Road to Recovery Through Collaboration and Compassion.</i>  Organization: Clackamas Fire District #1	This presentation will take you through the steps to bring agencies together, ways to identify those in need who are suffering from addiction, the assistance and barriers that are most common, and finally how the program is replicable and possible funding sources.	Clinicians Case managers Care givers Recovery specialists Peer mentors.
<b>23</b>	Andrew Swanson Haven Wheelock	<i>Harm Reduction to Abstinence: An Inclusive Approach to the Recovery Continuum</i>  Organization: Oregon Recovers	Andrew Swanson will speak on his personal experience with addiction and recovery. Haven Wheelock will speak on how harm reduction is integral for the continuum of care for people using drugs and how she applies the tools of recovery to improve health outcomes.	Primary care providers General healthcare community People impacted by the disease of addiction
<b>24</b>	Alice Mollo-Christensen, CADCI Bryan Schwartz, MD	<i>I Have My Suboxone Data Waiver, Now What?</i>  Organization: Recovery Works NW	This 90-minute session will contain a discussion to create space for vulnerability and honesty around misconceptions and anxieties for x-waivered providers. A compilation of short lectures will follow. By empowering providers and creating space for open dialogue, we can make progress towards increasing the number of active MAT prescribers in Oregon.	Data waived providers All other staff currently working or wishing to work in MAT/MSR programs
<b>27</b>	Gillian Leichtling P. Todd Korthuis Ann Thomas Jude Leahy	<i>Rural Community Responses to Address the Intertwined Epidemics of Opioid Use Disorder, Infectious Diseases, and Overdose</i>  Organization: HealthInsight Oregon	This 90 minute presentation will describe OR HOPE, participant views on access and barriers to care, polydrug use, criminal justice involvement, and harm reduction needs followed by a lead discussion based on the experiences of the study's participants.	Community members Healthcare providers Substance use treatment providers
<b>35</b>	Jessica Gregg, M.D., Ph.D Honora Englander, M.D.	<i>Sharing Knowledge and Building Capacity: Oregon ECHO Network's Addiction Medicine Programs</i>  Organization: OHSU	This presentation focuses on how our Addiction Medicine programs have evolved from offering a single ECHO clinic in 2017 to now offering four separate but related ECHO clinics tailored to the needs of Oregonians. The presentation will also describe results of our recent survey of barriers and facilitators to prescribing buprenorphine among past ECHO participants.	Clinicians Clinical staff Patients Researchers

**Sustaining Communities – Tier 2**

	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>20</b>	Renee Boak Jeffrey Eisen, MD, MBA, Chief Medical Officer Dave Kohler, LCSW, Clinical Officer, Cascadia	<i>Medication Supported Recovery in an Integrated Healthcare Environment</i>  Organization: Cascadia BHC	This presentation focuses on implementation of an MSR program into a specialty behavioral health provider and the role that both mental health and primary care play in supporting an individual who is dependent upon opioids.	Organizations that: Provide medication recovery services Are interested in providing medication recovery service Integrated healthcare providers Provide specialty behavioral healthcare services
<b>33</b>	Andrew Suchocki, MD, MPH Capt. Jenna Morrison, Chief Deputy	<i>Assisting Recovery, Reducing Recidivism: Extended Release Naltrexone in a Collaborative</i>  Organizations: Clackamas Health Centers & Clackamas County Community Corrections	This presentation will review XR-NT basics, program design, billing and administration challenges, and lessons to demonstrate how a medical home can be included in a care plan for community corrections clients.	Not Provided
<b>39</b>	Sara Smith, RN	The Opportunities Are Staggering: expanding naloxone distribution in your community Organizations: Oregon Pain Guidance, La Clinica	The goal of this session is to help participants understand the personal and the strategic need to expand naloxone distribution in our communities. This includes how to identify the individuals and circumstances which put people at risk for overdose death, people whose lives can be saved when naloxone is available on scene. Presenters will describe how to have productive conversations when offering naloxone and how to utilize opportunities created by pharmacy prescribing.	Medical providers Behavioral health providers Community members

<b>Promoting Prevention – Tier 1</b>				
	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>4</b>	Bill Walter, ND Zachary Corbett, Lac	<i>Integrative Approaches in Pain Management</i> Organization: Community Health Centers of Lane County	This 90 minute lecture will review the evidence base and physiologic plausibility for non-pharmaceutical approaches in pain management. Additional attention will be paid to the ways in which insurers offer coverage for these therapies and the issues relating to evaluation and documentation.	Primary care clinicians Other providers Healthcare policy makers Patient advocacy groups
<b>8</b>	David Eisen, L.Ac., MSW, OMD (am) Lydia Cortez, CRM	<i>W.I.S.H.- Non-opioid integrative pain management that works</i> Organization: Quest Center for Integrative Health	Learn how to work with communities and CCO's to develop innovative programs and funding mechanisms that the ACA allows to reduce barriers to treatment with cooccurring pain and SUD diagnosis.	Clinicians Administrators Funders Potential patients
<b>11</b>	Sharna Prasad Patients	<i>We chose to get off our opioids once we understood pain!</i> Organization: Samaritan Health	This presentation will have an introduction to the basic objectives of the MMAPS program (Movement, mindfulness and pain science), followed by 2-3 patients with lived experiences who will share their journey recovering from SUD.	All Clinicians Psychologists Pharmacists Patients
<b>15</b>	Kevin Cuccaro, D.O.,	<i>Pain, Trauma, &amp; The Brain</i> Organization: Kevin Cuccaro, DO	The goals of this talk are to address common misconceptions about pain, describe the effects of trauma on the brain, and discuss how safe opioid prescribing and good pain care can work together.	Primary care physicians Social workers Rehabilitation specialists
<b>21</b>	Lydia Bartholow	<i>Trauma and Addiction: Understanding the Connections</i>  Organization: Central City Concern	This 90-minute workshop focuses on exploring the neurobiological adaptations that arise in response to trauma and using scientific advancements to better understand recovery-promoting versus recovery-inhibiting systems, interventions, and clinical practices. This workshop is for participants who want to understand the interconnection of trauma, neurobiological vulnerability, and substance use disorders.	SUD service providers Useful information for all
<b>29</b>	Lianne Dyché One pain peer	<i>AACT Beyond Pain: Aligning Acceptance &amp; Commitment Therapy with Modern Pain Science</i> - Organization: Linn County Mental Health	In this 90 minute presentation, an experienced ACT clinician will demonstrate how she adapted principles of ACT to modern pain science and then applied them to a pain population with significant trauma histories.	Mental Health Professionals Physical Therapists
<b>30</b>	Joletta Belton	<i>A Lived Experience Perspective on Pain and Patient Empowerment</i> Organization: Endless Possibilities Initiative	This 90 minute presentation is about lived experience of chronic pain, from early years of confusion and failed treatments to learning about pain science and finding a more empowered path forward to recovery (healed, if not cured) without opioids.	Clinicians Administrators Public health Law enforcement Community members
<b>38</b>	Babette Reeves, MA, MSW, CSWA	<i>It's a Brain Thing: Trauma, Central Sensitization, and Persistent Pain</i> Organization: South River Community Health Center	The content and means of presentation of this information on the relationship between pain, trauma, and central sensitization has been geared for our many rural patients with lower levels of education who still need to understand the bigger picture of their pain experience, treatment, and prevention	Medical providers Behavioral Medicine providers Physical therapists
<b>40</b>	Audra Stauffer, BSN, RNC, IBCLC; Dr Jill Pearson, MD,FAAP	<i>TBN Title; Organization Salem Health</i>	This presentation will show how Salem Hospital started a quality improvement project to improve care of babies with Neonatal Opiate Withdrawal Syndrome a expanded to a successful coalition that includes MAT treatment centers, previous clients in recovery, RNs, Neonatologists, Pediatricians, Family Building blocks, Social workers, Opioid prevention case workers, and MANY other specialties that meet these families both up and downstream.	All providers of care of women of child bearing age who take opiates

**Promoting Prevention – Tier 2**

	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>1</b>	Scott Pengelly, PhD Kern Olson, PhD	<i>If I Didn't Have a Brain, I Wouldn't Have Pain</i> Organization: La Clinica Del Valle	This 90 minute workshop provides tools to help resolve the central nervous system disease of chronic pain, with special emphasis on “how to.”	People with chronic pain; Physicians Psychologists Psychiatrists Social workers Physical therapists Nurses Addiction treatment specialists
<b>13</b>	Travis Runnels	<i>Simulation for difficult conversations around pain and opioid use</i> Organization: Veterans Health Administration	This presentation will discuss the options and benefits of simulation as a method for enhancing provider communication techniques for difficult conversations around pain and opioid use.	Providers Training and development personnel
<b>14</b>	Heather Purdin, PT Chie Tadaki PT Staff	<i>Hypermobility Spectrum Disorders and Ehlers-Danlos - Effective Management of Complex Medical Causes for Pain</i> Organization: Good Health Physical Therapy & Wellness	This presentation includes specific content related to adult and adolescent patients, with numerous case examples for participants to practice with. Our medical communities need more knowledgeable healthcare providers prescribing appropriate and non-opioid related pharmacological and therapy interventions.	Healthcare providers especially those working with patients needing guidance in pain management
<b>36</b>	Michelle Marikos Laura Heeasacker Nadaja Razi Roberts Rachelle Roulier	<i>Tough Talk – The continued art of difficult conversations</i> Organizations: Oregon Pain Guidance, Synergy Health Consultants and Moving Though Chronic Pain	Using video, discussion, and case presentation we will be focusing on communication breakdowns, stalemates and the hard topics that face primary care providers and their chronic pain patients.	Medical providers working with patients living with Chronic pain

**Workshop**

<b>16</b>	Andrew Suchocki, MD, MPH Jim Shames, MD, Medical Director <u>Potential Panel:</u> Jane Ballentyne Anna Lembke Roger Chou	<i>Embracing our Prescribing Legacy with Compassion: Chronic Persistent Opioid Dependence</i> Organization: Clackamas Health Centers	This presentation will begin with an overview of CPOD, with an emphasis on the diagnostic pathway and reviewing clinical decision-making tools. Several thought leaders and a peer support specialist will then be engaged in a facilitated discussion exploring the evolution of CPOD, areas of alignment and disagreement, and the impact it has on patients.	Behavioral health Primary care Policy makers
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<b>Posters</b>				
	<b>Presenter(s)</b>	<b>Presentation Title / Organization(s)</b>	<b>Brief Abstract</b>	<b>Target Audience(s)</b>
<b>2</b>	Stephanie Lyon, PharmD, L.Ac.	<i>Integrative Pain Management: An Experience</i> Organization: Acupuncture on the Bay	Learn hands-on integrative techniques for patients for self-awareness and healing.	Health Care Practitioners Patients in community
<b>5</b>	Joshua Graner MS, LAc.	<i>Reinventing the Wheel - Reviving Multidisciplinary Pain Treatment In the US</i> Organization: La Clinica Del Valle	This two part, 90-minute presentation will review the history of multidisciplinary pain care in the US and review a practical, functional model based on current relevant research and models of care. The second part of the presentation will be a practical training to create a Comprehensive Pain Strategy for the patient.	Medical providers Community Health Workers CCO representatives Traditional Health Workers FQHC representatives
<b>10</b>	Cindy Hahn, Multnomah County, Sr. Asst. County Attorney and Chief Privacy Officer; Monica D. Martinez, CareOregon, Director of Legal Affairs	<i>Disclosing Information in Response to the Opioid Crisis: Provider and Plan Perspectives</i>  Organization: Multnomah County	This presentation will cover how HIPAA and 42 CFR Part 2 may permit the use and disclosure of data relevant to the opioid crisis, efforts at the federal level to address current 42 CFR Part 2 restrictions, and what State laws and programs allow for a provider or health plan to obtain and assess data.	Clinicians Administrators Public health Tribal health practitioners Community members Others
<b>18</b>	Jessica Brooks	<i>Likelihood of Depressive Symptoms in U.S. Aging Adults by Prescribed Opioid Potency: National Health and Nutrition Examination Survey 2005-2013</i> Organization: Institute on Aging, Portland State University	This presentation will review a study which investigated the associations between depressive symptoms and prescribed opioid potency among adults aged 50 years and older.	Clinicians Researchers Policy-makers
<b>25</b>	Sloan Storie Dr. Chris Knowles Dr. James Sinclair Sondra Stegenga	<i>Substance abuse and mental health in higher education: Lived experiences from Oregon</i> Organization: University of Oregon	This presentation reports on findings from a state-wide needs assessment regarding substance abuse disorder and mental health of students enrolled in Oregon public university or community colleges.	Nurse practitioners Mental health providers SUD treatment providers Administrators Community members
<b>26</b>	Barry Taylor, DMD	<i>What is the Role of Legal Cannabis in Opioid Use Disorder?</i> Organization: OHSU School of Dentistry	This 90 minute program will review recent literature regarding opioids and legalized marijuana. Initial research shows promise that legalization of marijuana at the state level decreases the prescription rate and dosages of schedule III drugs, opioid related overdose mortality, and decreased opiate medication use.	Anyone who is curious if legalization of cannabis for recreation has changed the use of opioids.
<b>37</b>	Laura Pennavaria	<i>Addressing Firearm Safety with Rural Primary Care Patients at Risk of Suicide</i> Organization: St. Charles Health System	This primary goal of this session is to help practitioners develop specific communication skills to use when interacting with persons at risk of suicide who own firearms.	Health care providers