



2019 Regional Health Assessment (RHA) Steering Committee Meeting
Deschutes County Health Services (Stan Owen Room)
2977 NE Courtney Drive, Bend OR 97701

Agenda: March 1, 2019 from 10:15am-11:30am

Remote Zoom Video-In Option

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/361125968>

Or iPhone one-tap :

US: +16465588656,,361125968# or +16699006833,,361125968#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 646 558 8656 or +1 669 900 6833

Meeting ID: 361 125 968

International numbers available: <https://zoom.us/u/d5oeDuCA7>

1. **10:15-10:20** Introductions—All

2. **10:20-10:55** 2019 RHA Update
 - Qualitative Update—Channa Lindsay & Rebeckah Berry (10 minutes)
 - Quantitative Update—Jenny Faith (15 minutes)
 - First Draft 2019 RHA Timeline—Rebeckah Berry (10 minutes)

3. **10:55-11:25** 2019 RHA to 2020-2023 RHIP Process—Rebeckah Berry & Channa Lindsay

4. **11:25-11:30** Next Steps/Action Items—All

Next Meeting: 4.5.19 from 10:15-11:30am (Review Initial Edits to 2019 RHA Draft)



RHA 2019 Steering Committee

Organization

Michael Baker	Jefferson County Health Department
Rebeckah Berry	Central Oregon Health Council
George Conway	Deschutes County Health Services
Nansalmaa Conway	Jefferson County Health Department
Muriel DeLaVergne-Brown	Crook County Health Department
Lisa Dobey	St. Charles Health System
Jennifer Faith	Deschutes County Health Services
Janice Garceau	Deschutes County Behavioral Health
Elaine Knobbs-Seasholtz	Mosaic Medical
Larry Kogovsek	COHC Community Advisory Council Member
Channa Lindsay	Deschutes County Health Services
Nicole Middaugh	Deschutes County Health Services
Donna Mills	Central Oregon Health Council
Katie Russell	Confederated Tribes of Warm Springs
Hillary Saraceno	Deschutes County Health Services
Kelsey Seymour	Central Oregon Health Council
Whitney Swander	Better Together Central Oregon
Molly Taroli	PacificSource
Rick Treleven	BestCare Treatment Services (Jefferson County CMHP)
Mary Ann Wren	Advantage Dental by DentaQuest

Community Themes and Strengths

Group	Point of Contact for each meeting	Lead	Meeting Date	Progress update
1. Latino Community Association (Redmond)	Oscar & Joanne	Rebeckah	2.21.2019	COMPLETE
2. Latino Community Association (Bend)	Oscar & Brad	Rebeckah	11.8.2018	COMPLETE
3. Madras- Spanish	Denise Piza (Let's Talk Diversity)	Rebeckah	1.24.2019	COMPLETE
4. Madras- English	Denise Piza (Let's Talk Diversity)	Rebeckah	1.24.2019	COMPLETE
5. Homeless population	Larry Kogovsek	Rebeckah	10.16.2018 & 1.14.2019	COMPLETE
6. Deschutes County Health Department clients- English	Pamela (DCPH)	Channa	2.11.2019	COMPLETE
7. Deschutes County Health Department clients- Spanish	Pamela (DCPH)	Channa	2.11.2019	COMPLETE
8. Crook County Health Department clients	Emma/Muriel (CCHD)	Channa	2.26.2019	SCHEDULED
9. Jefferson County Health Department Clients	Michael (JCPH)	Channa	2.26.2019	SCHEDULED
10. Community Advisory Council (CAC)	MaCayla (COHC)	Rebeckah	11.11.2018	COMPLETE
11. Deschutes YAC	Kelby (DCHS)	Channa	1.23.2019	COMPLETE
12. Crook County YAC	Katie Plumb (CCHD)	Channa	1.29.2019	COMPLETE
13. Jefferson YAC	Kimberlee Jones (BestCare)	Channa	1.28.2019	COMPLETE
14. Head start parent focus group	Whitney (Better Together)/ Kimberly (Head Start)	Channa	12.20.2018	COMPLETE

15. Warm Springs Native Aspirations	Denise Clements & Caroline Cruz	Rebeckah		Seeking Approval from Tribal Council. Letter Sent 12.7.18. No reply with follow-ups.
16. Employer groups/ Economic Development of Central Oregon (EDCO)	Heidi Hausner	Rebeckah	1.10.2019	COMPLETE
17. La Pine	Teresa (La Pine Community Health Center)	Channa	2.22.2019	COMPLETE
18. Sisters	Sisters representatives selected by the City Council	Channa	2.25.2019	SCHEDULED
19. Culver/Metolius	Candy Canga (Metolius City Council)	Rebeckah	2.11.2019	COMPLETE
20. LGBTQ Youth	Jessica Terpstra	Channa	2.13.2019	COMPLETE
21. Older Adults	COACO (Emily Burnham)	Rebeckah	2.6.2019	COMPLETE
22. Veterans	Central Oregon Veterans Outreach (COVO) Alison McKinney	Channa	2.12.2019	COMPLETE
23. Differently-Abled	Abilitree: Brooke Eldridge	Rebeckah	2.28.2019	SCHEDULED
24. Young Adults & Faith-based Community	Ben Fleming (Westside Church)	Rebeckah	2.12.2019	COMPLETE

Forces of Change

Group	Point of Contact for each meeting	Lead	Meeting Date	Progress update
1. PEP	Rebeckah	Rebeckah	10.10.2018	COMPLETE
2. OPs	Rebeckah	Rebeckah	10.5.2018	COMPLETE
3. Regional Prevention Workgroup	Julie Spackman	Channa	12.3.2018	COMPLETE
4. COHC Board	Rebeckah	Rebeckah	12.13.2018	COMPLETE

2019 Central Oregon Regional Health Assessment Headers

<p>Introduction, Process, and Methods – Channa Lindsay, Rebeckah Berry, Jenny Faith</p>
<p>Demographics of Central Oregon – Jenny Faith</p> <ul style="list-style-type: none">- Population (county- and community-level)- Race and ethnicity- Socioeconomic Status- Disability- Food Insecurity- Safety and Violence- Homelessness- Language spoken
<p>Causes of Death and Quality of Life – Jenny Faith</p> <ul style="list-style-type: none">- Leading causes of death- Mortality- Life expectancy- Years of potential life lost- Quality of life, general health status, and physical, mental, or emotional limitations
<p>Chronic Conditions – Jenny Faith</p> <ul style="list-style-type: none">- Asthma- Cancer- Cardiovascular Disease- Diabetes- Chronic Disease Risk Factors- Chronic Disease Screenings- Mental Health/Chronic Condition comorbidity
<p>Communicable Diseases – Jenny Faith</p> <ul style="list-style-type: none">- Immunizations- Vaccine-preventable Diseases- Hepatitis- Sexually Transmitted Infections- Vector Borne Diseases- Diarrheal Diseases- Healthcare-Associated Infections- Outbreaks
<p>Maternal Health and Pregnancy – Nansaa Conway</p> <ul style="list-style-type: none">- Prenatal Care- Births- Pregnancy Risk Factors (e.g., maternal education, smoking, etc)- Teen Pregnancy- Unintended Pregnancy- Substance/alcohol use during pregnancy
<p>Infant, Early Childhood, and Adolescent Health – Nansaa Conway</p> <ul style="list-style-type: none">- Breastfeeding

- Child and Family Support
- Childhood Health and Education
- Child and Adolescent Health Risk Factors
- Adverse Childhood Experiences (ACEs)
- Children in DHS custody
- Developmental screenings (CCO-level)
- Education: ECE, kindergarten readiness, 3rd grade English Language Arts, attendance, absenteeism, graduation

Mental Health – Nicole Middaugh

- Youth Mental Health
- Adult Mental Health
- Suicide
- Mental Health-related hospitalizations and ER visits

Alcohol, Tobacco, and Other Drug Use – Nicole Middaugh

- Mortality from drugs
- Alcohol
- Tobacco
- Opioid mortality
- Prescription opioid prescribing

Unintentional Injuries – Nicole Middaugh

- Poisoning
- Falls
- Risk Factors for Injury
- Firearm-related deaths
- Drowning-related deaths
- Bicycle and pedestrian accidents
- Motor vehicle crashes: overall and contributing factors

Oral Health – Jenny Faith

- Children
- Adults/Older adults

Healthy Environment – Nicole Middaugh / Jenny Faith

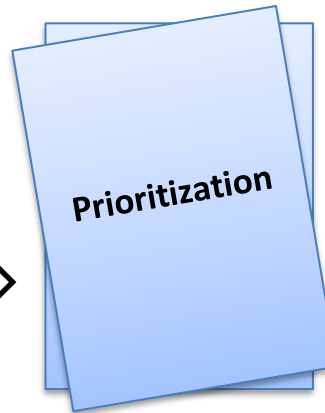
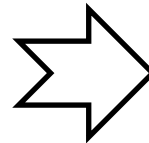
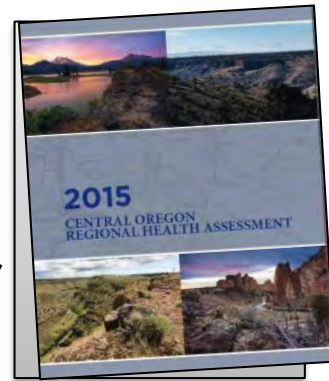
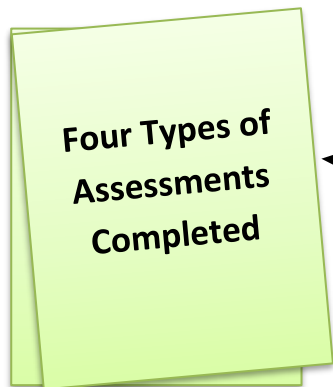
- Transportation
- Air Quality
- Water Quality
- Lead
- Climate
- Built environment

Access to Healthcare – Jenny Faith

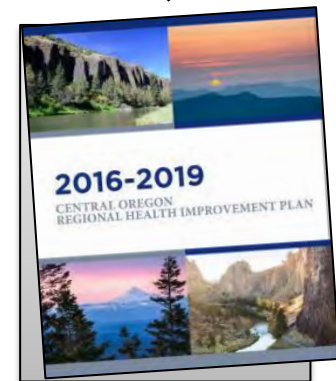
- Insurance Status
- Healthcare Provider Workforce and shortages
- Areas of Unmet Healthcare Need
- ED utilization rates for mental health/substance use, non-traumatic dental
- Availability/number of mental health and SUD services available
- Geographic areas >30 minute drive time to mental health services

From the Regional Health Assessment to the Regional Health Improvement Plan

- The draft RHA is reviewed by partners, community members, and stakeholders. It is modified and ultimately adopted.



- Goals and strategies are developed for each priority



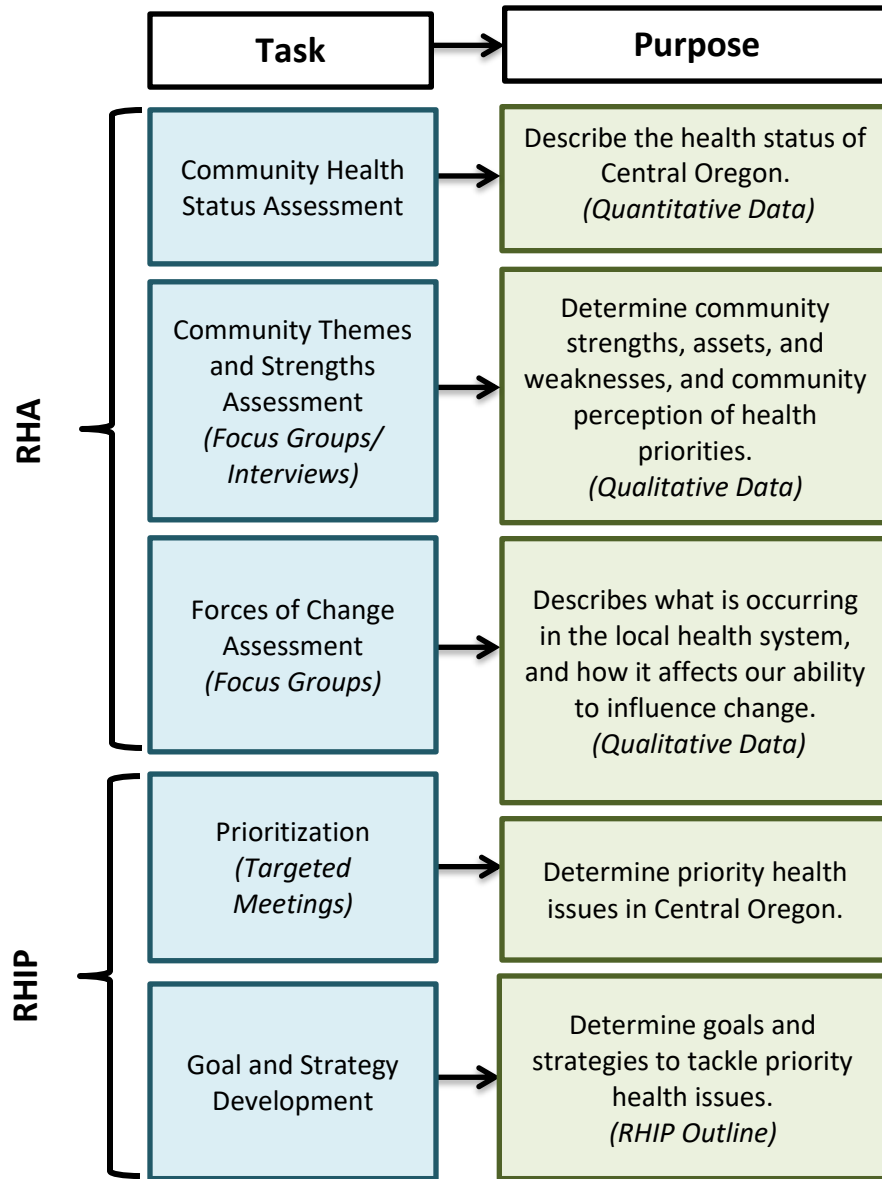
- Draft Regional Health Improvement Plan (RHIP) is reviewed by partners and stakeholders.
- RHIP modified accordingly and ultimately adopted.

- The Regional Health Assessment (RHA) is created using a collaborative Community Process called MAPP (Mobilizing for Action through Planning & Partnerships).
- Region-wide Focus Groups and interviews are conducted to gain community insight and collect qualitative data.
- Epidemiologists analyze quantitative data to identify regional health trends.



- Themes from the RHA are prioritized by impact, preventability/controllability, and feasibility.

RHA to RHIP Road Map



Connection to the Regional Health Improvement Plan

The Themes and Strengths Assessment sheds light on community issues and concerns, assets and resources, and quality of life. The Forces of Change Assessment aims to determine the current state of the health system and how it influences our ability to affect change.

Results from the Community Themes and Strengths assessment and the Forces of Change Assessment parallel the quantitative data in the Regional Health Assessment (RHA), and demonstrate the need to focus on the social determinants of health, such as socioeconomic status, housing, and transportation. The findings reemphasize the need for prevention and preventive services, and the need for improved coordination and integration of care. Information from all of these assessments guides prioritization.

Next Steps

- March: Finish compiling data, and send first version of RHA for review.
- April: Draft of RHA completed and send for second review.
- May: Final RHA completed, and ready for formatting.
- June: Begin Regional Health Improvement Plan (RHIP) Prioritization.
- July: Publish RHA and share it with results from initial prioritizations.
- September: Final Prioritization (COHC Board of Directors, Community Advisory Council and Operations Council).
- October/ November: Determine topical leadership/expertise, recruit subject matter experts, and create strategies and goals.
- December: Finalize RHIP.
- January: Publish and share RHIP.