



Pain Standards Task Force  
Summit BMC – Physician’s Lounge  
1501 NE Medical Center Drive  
Bend, OR

Agenda: April 3, 2019 from 7:00am-8:00am

Call-In Number: 669-900-6833  
Conference ID: 5413063523#

1. **7:00-7:05** Introductions—All
2. **7:05-7:15** Acute Pain Guidelines Stakeholder Meeting Follow Up—Dr. Kim Swanson
3. **7:15-7:20** Prescriber Report Card Update—Dr. Alison Little
4. **7:20-7:45** PDMP Dashboard—Dr. Kim Swanson
  - Q4 2018 Review
  - Acute Pain Discussion
4. **7:45-8:00** Monthly Updates—Dr. Swanson
  - Chronic Pain Task Force Update—Kim Swanson
  - OPAT Community Event Update—Erin Solomon
  - CMS Guidelines Event Update—MaCayla Arsenault

**Consent Agenda:**

- Approval of the draft minutes dated March 6, 2019 subject to corrections/legal review



**Pain Standards Task Force**  
**PacificSource Boardroom**  
**Bend, Oregon**  
**March 6, 2019**

**Present:**

Kim Swanson, Mosaic Medical, Chair  
Gary Allen, Advantage Dental (call-in)  
Michael Allen, La Pine Community Health Center (call-in)  
Matthew Cook, St. Charles Health System  
Alison Little, PacificSource (call-in)  
Robert Ross, St. Charles Medical Group  
Kerie Raymond, Hawthorne Healing Arts Center (call-in)  
Scott Safford, St. Charles Family Care  
Divya Sharma, Mosaic Medical (call-in)  
Julie Spackman, Deschutes County Health Services  
Heather Stuart, Crook County Health Department  
Tom Watson, Rebound Physical Therapy

**Absent:**

Misoo Abele, Veterans Administration  
Wil Berry, Deschutes County Behavioral Health  
Muriel DeLaVergne-Brown, Crook County Health Department  
Mike Franz, PacificSource  
Chuck Frazier, Retired Pharmacist  
Laurie Hubbard, Deschutes County Health Services  
Sharity Ludwig, Advantage Dental  
Michael Powell, St. Charles Health System  
Rick Treleaven, BestCare Treatment Services

**Others Present:**

MaCayla Arsenault, Central Oregon Health Council  
Jovanna Casas, PacificSource  
Bruce McElroy, Veteran's Administration  
Donna Mills, Central Oregon Health Council (call-in)  
Kelsey Seymour, Central Oregon Health Council  
Erin Solomon, PDO Coordinator

Heather Stuart, Crook County Health Department

### **Introductions**

- Introductions were made on the phone and around the room.

### **Acute Pain Prescribing Data**

- Dr. Alison Little and Dr. Casas shared the acute opioid prescribing data collected by PacificSource. They clarified that this data represents individuals across all lines of business with no prescriptions of opioids 90 days prior. Dr. Swanson shared that this data may be used to create a report card, demonstrating providers' prescribing habits side by side to affect awareness and change. Dr. Gary Allen volunteered Advantage Dental to distribute report card and data to dental care providers. Dr. Little agreed to meet with him offline regarding that.
  - **ACTION**: Dr. Little and Dr. Gary Allen will meet offline regarding dental opioid prescribing data.
- The group recommended that materials supporting less prescribing for both the patient and the provider be included with the guidelines.

### **Acute Pain Guidelines Strategy for Endorsement**

- Dr. Swanson shared that she is drafting a press release that the PSTF is accepting acute pain guidelines and offered to distribute talking points to members.
- Dr. Swanson asked for a motion to endorse the acute pain guidelines. Tom Watson motioned to endorse; Dr. Scott Safford seconded. All were in favor. The motion passed unanimously.

### **Central Oregon Medical Society Data**

- Dr. Swanson shared that her presentation to the COHC Board was well-received. She noted that last year's budget was over \$250,000, a long way from the initial \$30,000 of funding in the first year. She shared that the Central Oregon Medical Society Data shows that Deschutes County is lowest in the nation for drug overdose deaths and thanked members for their dedication on this topic.

### **Monthly Updates**

- Local Prescription Drug Overdose Assessment
  - Julie Spackman shared that the work plan this year includes an assessment, and community partners such as law enforcement, social services, and treatment centers have given input. She shared that with the grant a subcontractor has been hired to conduct key informant interviews, and the report should be available in June.
- Samepage Collaborative Care Model
  - Dr. Swanson shared that the Integrated Care Collaborative training was well attended last month and received positive reviews.

- Acute Pain Guidelines Stakeholder Meeting Update
  - Dr. Swanson shared that the organizations whose specialties are affected have almost all agreed to attend. Dr. Rob Ross requested to be invited.
    - **ACTION:** MaCayla Arsenault will invite Dr. Ross to the Stakeholder meeting.
- OPAT Community Event Update
  - Erin Solomon shared that the first planning meeting for the community event is this Friday. She noted that an event planner has been hired and Dr. Launette Rieb has agreed to be our keynote speaker. She clarified that health fair vendors will be limited to only providing education and will not be permitted to advertise.
- CMS Guidelines Event Update
  - Dr. Swanson shared that new patients to the health plan who do not have a prescription history are being captured manually for the 7-day hard stop for opioid-naïve patients.
  - Heather Stuart shared that the Lines for Life scholarships have been announced. Dr. Swanson asked MaCayla and Erin to announce the PSTF scholarships for the event.
    - **ACTION:** MaCayla and Erin will announce the PSTF scholarships for the OPAT conference.