



RHIP Clinical Diabetes Workgroup
Deschutes County Health Services—Stan Owen Room
2577 NE Courtney Drive, Bend

Agenda: May 9, 2019 from 9am-10:30am

Goals

Clinical Goal: Improve control of type 2 diabetes.

Prevention Goal: Decrease the proportion of adults and children at risk for developing type 2 diabetes.

| Health Indicators by 2019 | QIM Measure | State Measure | Healthy People 2020 |
|--|-------------|---------------|---------------------|
| 1. Decrease the prevalence of adults who are overweight (BMI 25 to 29.9) from 33% to 31% (Baseline: Oregon BRFSS 2010-13). | | | √ |
| 2. Decrease the prevalence of 11 th graders and 8 th graders who are overweight from 14% and 16%, respectively, to 13% and 14%, respectively (Baseline: Oregon Healthy Teens, 2013). | | | √ |
| 3. Decrease the percentage of OHP participants 18-75 years of age with diabetes who had HbA1c >9.0% from a baseline of 14.7% to 11% (Baseline: QIM NQF 0059 - Diabetes: HbA1c Poor Control, 2014). | √ | | √ |
| 4. Increase the percentage of OHP participants 18-75 years of age with diabetes who received an annual HbA1c test from a baseline of 77% to 87% (Baseline: NQF 0057 - Oregon State Performance Measure, 2014). | √ | √ | √ |
| 5. Decrease the percentage of OHP participants with BMI greater than 30 from 31.5% to 30.9% (Baseline: Oregon State Core Performance Measure, MBRFSS 2014). | | √ | √ |

1. **9:00-9:05** **Introductions - All**
2. **9:05-9:35** **Living Well - Crystal Sully**
3. **9:35-10:05** **Tips for Managing Diabetes - Sharity Ludwig**
4. **10:05-10:15** **Clinical-Community Connections for Diet-Modifiable Diseases - Kelly Ormberg**
5. **10:15** **Action Items**

Next Meeting: June 13, 2019 from 9-10:30am (Deschutes County Health: Stan Owen)

Sneak peak: structured thinking focusing on goals, where we've been, and identifying where we need to go by Dec. 31.

**Diabetes: Clinical (11)**

Patty Kuratek, RN, MSN, CDE
Alison Little, MD, MPH
Sharity Ludwig, EPDH, MS
Therese McIntyre, MPH, CPH
Albert Noyes, PharmD, CDE, BC-ADM
Kelly Ornberg, RD, LD
Trisha Stephens, MPH, RDN, CDE
Shiela Stewart, RN, BSN
Sherri Sturko
Crystal Sully, BSN, RN
Sarah Worthington, MPH, RD

Organization

La Pine Community Health Center
PacificSource
Advantage Dental
Mosaic Medical
Mosaic Medical
St. Charles Health Systems
Central Oregon Pediatric Associates
Central Oregon IPA
PacificSource
Deschutes County Health Services
Deschutes County Health Services

COHC Spring 2019 RHIP Updates

Behavioral Health Identification & Awareness

AIM: Identify and engage 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response.

Recent Activities

- Reviewing summary outcomes from “Advancing Integrated Care” project. “Building Bridges between Behavioral Health and Primary Care” had over 100 engaged participants.

Behavioral Health Substance Use & Chronic Pain

AIM 1: All Central Oregonians with an SUD that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

AIM 2: Every Central Oregonian with chronic pain will have access to comprehensive, evidence-informed pain management.

Recent Activities

- **INITIAL REPORT** received from embedded SUD coordinator and Recovery Mentor in Bend hospital
- Exploring tertiary pain clinic programs

Cardiovascular Disease & Diabetes Prevention

AIM 1: Cost will never be a barrier to participate in a variety of physical activities for students.

AIM 2: By 2019 0% of adults in Central Oregon will have a diet-modifiable disease, specifically CVD and/or type 2 diabetes.

Recent Activities

- **FUNDING** Prevent Diabetes Central Oregon (formerly the Diabetes Prevention Program)
- **FUNDING** Nutrition Education Program Volunteer Coordinator
- **FUNDING** Jefferson County Public Health & Warm Springs partnership for culturally appropriate strategies to increase nutrition and physical activity efforts (partnered with HVT)

Cardiovascular Disease Clinical

AIM 1: Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

AIM 2: 80% of Central Oregon adults will have their blood pressure in control (<140/40mmHg)

Recent Activities

- **FUNDING** Dr. Mark Backus in a blood pressure presentation for the general public to compliment previous presentations made to Primary Care Practitioners
- **ENGAGED** Eclipse Marketing for 18-month Hypertension public awareness campaign

Diabetes Clinical

AIM: 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

Recent Activities

- **FINAL REPORT** received from Veggie Rx, High Desert Food & Farm Alliance
- Strategic planning coming up for investing remaining funding before year's end

Oral Health

AIM 1: Improve oral health and keep children cavity free.

AIM 2: Improve oral health during the perinatal period and keep children cavity free

AIM 3: Decrease the number of seniors at-risk of dental disease by ___% (data pending) in Central Oregon

Recent Activities

- **SUPPORT MORECare** Program participants for integration Oral Health into Primary Care

Reproductive Maternal Child Health

AIM: Prevent Unintended Pregnancies

Recent Activities

- **FUNDING** AFIX for continued immunization education
- **FUNDING** Developmental Pathways (Phase II) (partnered with Milestones and HVT)
- **FUNDING** Perinatal Care Continuum (Phase II) (partner request out to Board)

SDOH: Housing

AIM 1: Central Oregon communities have sufficient, actionable data to guide direction, establish priorities, support regional solutions, and bring a call to



action to mobilize citizens to create a healthier Central Oregon.

AIM 2: The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve well being.

Recent Activities

- **FUNDING** Sagewood Sanctuary (Phase II) (warming shelter in Bend)
- **FUNDING** Habitat for Humanity La Pine & Sunriver survey for critical home repairs

SDOH: Milestones to Health & Education

AIM 1: Central Oregon children become more resilient

AIM 2: Every Central Oregonian thriving in the face of diversity

AIM 3: Children in Central Oregon have lifelong health and learning challenges due to lack of early identification and access to services

AIM 4: Every child in kindergarten has the early literacy skills to be ready to learn

Recent Activities

- **FUNDING** Developmental Pathways (Phase II) (partnered with RMCH and HVT)
- **FUNDING** Friends of the Children