2019 Regional Health Assessment (RHA) Steering Committee Meeting  
Deschutes County Health Services (Stan Owen Room)  
2977 NE Courtney Drive, Bend OR 97701

Agenda: December 7, 2018 from 10:15am-11:30am

Remote Zoom Video-In Option
Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/361125968

Or iPhone one-tap:
US: +16465588656,,361125968#  or +16699006833,,361125968#
Or Telephone:
Dial (for higher quality, dial a number based on your current location):
US: +1 646 558 8656 or +1 669 900 6833
Meeting ID: 361 125 968
International numbers available: https://zoom.us/u/d5oeDuCA7

1. 10:15-10:20  Introductions—All

2. 10:20-10:55  Quantitative Update—Jenny Faith

3. 10:55-11:25  Qualitative Update—Channa Lindsay & Rebeckah Berry
   • Groups Scheduled or Completed
   • Any Final Groups to Add?

4. 11:25-11:30  Next Steps/Action Items—All

Next Meeting: 1.4.19 from 10:15-11:30am
<table>
<thead>
<tr>
<th><strong>RHA 2019 Steering Committee</strong></th>
<th><strong>Organization</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael Baker</td>
<td>Jefferson County Health Department</td>
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<tr>
<td>Rebeckah Berry</td>
<td>Central Oregon Health Council</td>
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<tr>
<td>George Conway</td>
<td>Deschutes County Health Services</td>
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<td>Nansalmaa Conway</td>
<td>Jefferson County Health Department</td>
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<tr>
<td>Muriel DeLaVergne-Brown</td>
<td>Crook County Health Department</td>
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<tr>
<td>Lisa Dobey</td>
<td>St. Charles Health System</td>
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<tr>
<td>Jennifer Faith</td>
<td>Deschutes County Health Services</td>
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<tr>
<td>Elaine Knobbs-Seasholtz</td>
<td>Mosaic Medical &amp; Community Advisory Council Member</td>
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<tr>
<td>Nikki Lemmon</td>
<td>Central Oregon Health Council</td>
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<tr>
<td>Channa Lindsay</td>
<td>Deschutes County Health Services</td>
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<td>Donna Mills</td>
<td>Central Oregon Health Council</td>
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<td>Katie Russell</td>
<td>Warm Springs Tribes</td>
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<tr>
<td>Hillary Saraceno</td>
<td>Deschutes County Health Services</td>
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<tr>
<td>Kelsey Seymour</td>
<td>Central Oregon Health Council</td>
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<tr>
<td>Whitney Swander</td>
<td>Better Together Central Oregon</td>
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<tr>
<td>Molly Taroli</td>
<td>PacificSource</td>
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<tr>
<td>Rick Treleaven</td>
<td>COHC Board Member &amp; Operations Council Co-Chair Jefferson County Mental Health Provider</td>
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<tr>
<td>Jeff White</td>
<td>Community Advisory Council Member</td>
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<td>Mary Ann Wren</td>
<td>Advantage Dental</td>
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</tbody>
</table>
2019 RHA headers

Demographics of Central Oregon
- Population (county- and community-level)
- Race and ethnicity
- Socioeconomic Status
- Disability
- Food Insecurity
- Safety and Violence
- Homelessness
- Language spoken

Causes of Death and Quality of Life
- Leading causes of death
- Mortality
- Life expectancy
- Years of potential life lost
- Quality of life, general health status, and physical, mental, or emotional limitations

Chronic Diseases
- Asthma
- Cancer
- Cardiovascular Disease
- Diabetes
- Chronic Disease Risk Factors
- Chronic Disease Screenings

Communicable Diseases
- Immunizations
- Vaccine-preventable Diseases
- Hepatitis
- Sexually Transmitted Infections
- Vector Borne Diseases
- Diarrheal Diseases
- Healthcare-Associated Infections
- Outbreaks

Maternal Health and Pregnancy
- Prenatal Care
- Births
- Pregnancy Risk Factors (e.g., maternal education, smoking, etc)
- Teen Pregnancy
- Unintended Pregnancy
- Substance/alcohol use during pregnancy

Infant, Early Childhood, and Adolescent Health
- Breastfeeding
- Child and Family Support
- Childhood Health and Education
- Child and Adolescent Health Risk Factors
- Adverse Childhood Experiences (ACEs)
- Children in DHS custody
- Developmental screenings (CCO-level)
- Education: ECE, kindergarten readiness, 3rd grade English Language Arts, attendance, absenteeism, graduation

**Mental Health**
- Youth Mental Health
- Adult Mental Health
- Suicide
- SPMI and chronic disease comorbidities
- Mental Health-related hospitalizations and ER visits

**Alcohol, Tobacco, and Other Drug Use**
- Mortality from drugs
- Alcohol
- Tobacco
- Opioid mortality
- Prescription opioid prescribing

**Unintentional Injuries**
- Poisoning
- Falls
- Risk Factors for Injury
- Firearm-related deaths
- Drowning-related deaths
- Bicycle and pedestrian accidents
- Motor vehicle crashes: overall and contributing factors

**Oral Health**
- Children
- Adults/Older adults

**Environmental Health**
- Transportation
- Air Quality
- Water Quality
- Lead
- Climate
- Built environment

**Access to Healthcare**
- Insurance Status
- Healthcare Provider Workforce and shortages
- Areas of Unmet Healthcare Need
- ED utilization rates for mental health/substance use, non-traumatic dental
- Availability/number of mental health and SUD services available
- Geographic areas >30 minute drive time to mental health services
Updates on New Additions to 2019 Quantitative RHA

Demographics of Central Oregon – Jenny Faith
- Adding community (Bend, La Pine, Madras, Prineville, Redmond, Sisters, Warm Springs) level data for:
  - Population estimates
  - Age group characteristics
  - Race and ethnicity
  - Socioeconomic factors (e.g., income distribution, poverty, housing, education)
  - Homeless population
  - Disability status
  - Language spoken
- Adding detailed youth population size breakdowns for counties and communities (Age <3, 3-4, 5, 6-8, 9-11, 12-14, and 15-17)
- Adding poverty information for those aged <18 and aged 65+ for counties and communities
- Adding more detailed information from point-in-time homeless count, including age group, sex, race, ethnicity breakdowns
- Unable to add urban/rural designation data. Urban/rural designations are updated at the time of the census (e.g., 2000, 2010, 2020) so will need to be included in next iteration of the RHA.

Chronic Diseases – Jenny Faith
- Unable to add population-level prevalence data for dementia. No population-level data source exists for prevalence. We could potentially add dementia mortality information if that would be useful.

Communicable diseases – Jenny Faith
- Adding data related to communicable disease outbreaks
- Adding community-level data for selected communicable diseases

Maternal Health and Pregnancy – Nansaa Conway
- Adding alcohol use during pregnancy from PRAMS (only regional data available)

Infant, Early Childhood, Adolescent Health – Nansaa Conway
- Adding children in DHS custody
- Adding educational data (e.g., graduation rates)

Mental Health – Nicole Middaugh
- Adding chronic disease comorbidities among PacificSource members with SPMI. Comorbidities added include CHF, diabetes, COPD, hypertension, asthma, CAD, and depression
- Finalizing data request for St. Charles involving ER visits and hospitalizations for mental health conditions

Alcohol, tobacco, and other drug use – Nicole Middaugh
- So far, unable to find population-level data on IV drug use. We will include mortality from heroin.
- Reached out to Bend PD to determine if we can access information related to drug arrests
Unintentional injuries – Nicole Middaugh
- Adding firearm-related deaths
- Adding drowning-related deaths
- Traffic crashes: Adding bicycle and pedestrian-related accidents, contributing factors (e.g., alcohol
- Mortality information will include age breakdowns if cell sizes are large enough

Oral Health – Jenny Faith
- I haven’t started this section yet. Will attempt to access any available information on older adults and/or on periodontal disease and comorbidities.
- Adding dental professional shortages data to “access to healthcare” section
- Adding ED visit rates for non-traumatic dental care to “access to healthcare” section

Environmental Health and Built Environment – George Conway (with support from Nicole Middaugh)
- Will add additional data related to built environment, like green spaces and proximity/average walking distance to grocery stores

Access to Healthcare – Jenny Faith
- Adding information about healthcare professional shortages: primary care, mental health, and dental
- Adding information about availability of healthcare professionals (e.g., providers per 1,000 population) for primary care, mental health, and dental
- Adding utilization information: ED visits for mental health/substance use per 1,000 population, ED visits for non-traumatic dental per 1,000 population
- Adding maps/data from OHA showing mental health and SUD services available, as well as geographic areas that are within a 30 minute drive to mental health and SUD services

Contact us!
Jenny Faith: Jennifer.Faith@deschutes.org
Nansaa Conway: Nansalmaa.Conway@co.jefferson.or.us
Nicole Middaugh: Nicole.Middaugh@deschutes.org
Community Themes and Strengths and Forces of Change

✓ Confirm meetings with Steering committee (done: 9.7.2018)
✓ Finalize Themes and Strengths questions in collaboration with Elaine Knobs and the Mosaic Patient engagement panel (Done 9.27.2018)
• Set up focus groups (Channa and Rebeckah)
  o Group size 7-12 people
  o We will ask each organization to provide a Spanish interpreter, food, and childcare. If they cannot, we can look into options to help them provide these things. Organization chooses location.
  o Ask for information about the group (charter/ purpose/ etc.) to review and learn about the group prior to facilitation
  o Meeting time: 1 hour
  o Note: $4000 from COHC for assistance. Also some potential support from DCHS.
• Need completed by 3.1.2019. (At the latest: 4.1.2018)
• Implement focus groups (Channa Facilitate, Rebeckah take notes)
• Analyze data (Channa and Drew)
• Take findings to Steering committee

Community Themes and Strengths

<table>
<thead>
<tr>
<th>Group</th>
<th>Point of Contact for each meeting</th>
<th>Lead</th>
<th>Meeting Date</th>
<th>Progress update</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Latino Community Association (Redmond)</td>
<td></td>
<td>Rebeckah</td>
<td></td>
<td>TBD Jan/Feb 2019</td>
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<tr>
<td>2. Latino Community Association (Bend)</td>
<td></td>
<td>Rebeckah</td>
<td>11.8.2018</td>
<td>COMPLETE</td>
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<td>4. Homeless population</td>
<td>Larry (CAC)</td>
<td>Rebeckah</td>
<td>10.16.2018</td>
<td>COMPLETE</td>
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<td>5. Deschutes County Health Department clients</td>
<td>Pamela (DCPH)</td>
<td>Channa</td>
<td>1.9.2019</td>
<td>SCHEDULED. Still planning details</td>
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<td></td>
<td>Crook County Health Department clients</td>
<td>Emma/Muriel (CCHD)</td>
<td>Channa</td>
<td>1.29.2019</td>
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<td>8.</td>
<td>Community Advisory Council (CAC)</td>
<td>Donna (COHC)</td>
<td>Rebeckah</td>
<td>11.11.2018</td>
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<td>9.</td>
<td>Deschutes YAC</td>
<td>Kelby (DCHS)</td>
<td>Channa</td>
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<td>10.</td>
<td>Crook YAC</td>
<td>Katie (CCHD)</td>
<td>Channa</td>
<td>1.29.2019</td>
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<td>13.</td>
<td>Warm Springs Native Aspirations</td>
<td>My’kee Martinez</td>
<td>Rebeckah</td>
<td>1</td>
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<tr>
<td>14.</td>
<td>Employer groups/ EDCO</td>
<td>Heidi Hausner</td>
<td>Rebeckah</td>
<td>1.10.2019 or 3.14.2019</td>
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<tr>
<td>15.</td>
<td>La Pine?</td>
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<td>16.</td>
<td>Sisters?</td>
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<td>17.</td>
<td>Culver?</td>
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<td>18.</td>
<td>OHP Assistors?</td>
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<td>19.</td>
<td>Older Adults?</td>
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<td>20.</td>
<td>Veterans?</td>
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Forces of Change

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<thead>
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<th>Progress update</th>
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<tbody>
<tr>
<td>1. PEP</td>
<td>Rebeckah</td>
<td>Rebeckah</td>
<td>10.10.2018</td>
<td>COMPLETE</td>
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<tr>
<td>2. OPs</td>
<td>Rebeckah</td>
<td>Rebeckah</td>
<td>10.5.2018</td>
<td>COMPLETE</td>
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<tr>
<td>3. Regional Prevention Workgroup</td>
<td>Julie Spackman</td>
<td>Channa</td>
<td>12.3.2018</td>
<td>SCHEDULED</td>
</tr>
<tr>
<td>4. COHC Board</td>
<td>Rebeckah</td>
<td>Rebeckah</td>
<td>12.132018</td>
<td>SCHEDULED</td>
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Draft RHIP Timeline

Timeline

**May:** ‘Final’ Draft RHA complete. It will be circulated to others before that time. It needs to go to CAC, OPs, and steering committee, HD’s & others with contacts.

**June:** Rebeckah and Channa create Prioritization plan and materials. Run by steering committee

**July/Aug:** Hanlon-esque prioritization with steering & ops, and CAC facilitated session

**September:** Combined board CAC meeting (final prioritization)

**Oct/Nov:** Strategy and metric development

**Dec:** Finalize & send for review & proof

**Jan:** Publish