



2019 Regional Health Assessment (RHA) Steering Committee Meeting
Deschutes County Health Services (Stan Owen Room)
2977 NE Courtney Drive, Bend OR 97701

Agenda: December 7, 2018 from 10:15am-11:30am

Remote Zoom Video-In Option

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/361125968>

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Meeting ID: 361 125 968

International numbers available: <https://zoom.us/u/d5oeDuCA7>

1. **10:15-10:20** **Introductions—All**

2. **10:20-10:55** **Quantitative Update—Jenny Faith**

3. **10:55-11:25** **Qualitative Update—Channa Lindsay & Rebeckah Berry**
 - **Groups Scheduled or Completed**
 - **Any Final Groups to Add?**

4. **11:25-11:30** **Next Steps/Action Items—All**

Next Meeting: **1.4.19 from 10:15-11:30am**



<u>RHA 2019 Steering Committee</u>	<u>Organization</u>
Michael Baker	Jefferson County Health Department
Rebeckah Berry	Central Oregon Health Council
George Conway	Deschutes County Health Services
Nansalmaa Conway	Jefferson County Health Department
Muriel DeLaVergne-Brown	Crook County Health Department
Lisa Dobey	St. Charles Health System
Jennifer Faith	Deschutes County Health Services
	Mosaic Medical & Community Advisory Council Member
Elaine Knobbs-Seasholtz	Central Oregon Health Council
Nikki Lemmon	Deschutes County Health Services
Channa Lindsay	Central Oregon Health Council
Donna Mills	Warm Springs Tribes
Katie Russell	Deschutes County Health Services
Hillary Saraceno	Central Oregon Health Council
Kelsey Seymour	Better Together Central Oregon
Whitney Swander	PacificSource
Molly Taroli	COHC Board Member & Operations Council Co-Chair
	Jefferson County Mental Health Provider
Rick Treleaven	Community Advisory Council Member
Jeff White	Advantage Dental
Mary Ann Wren	

2019 RHA headers

Demographics of Central Oregon

- Population (county- and community-level)
- Race and ethnicity
- Socioeconomic Status
- Disability
- Food Insecurity
- Safety and Violence
- Homelessness
- Language spoken

Causes of Death and Quality of Life

- Leading causes of death
- Mortality
- Life expectancy
- Years of potential life lost
- Quality of life, general health status, and physical, mental, or emotional limitations

Chronic Diseases

- Asthma
- Cancer
- Cardiovascular Disease
- Diabetes
- Chronic Disease Risk Factors
- Chronic Disease Screenings

Communicable Diseases

- Immunizations
- Vaccine-preventable Diseases
- Hepatitis
- Sexually Transmitted Infections
- Vector Borne Diseases
- Diarrheal Diseases
- Healthcare-Associated Infections
- Outbreaks

Maternal Health and Pregnancy

- Prenatal Care
- Births
- Pregnancy Risk Factors (e.g., maternal education, smoking, etc)
- Teen Pregnancy
- Unintended Pregnancy
- Substance/alcohol use during pregnancy

Infant, Early Childhood, and Adolescent Health

- Breastfeeding
- Child and Family Support
- Childhood Health and Education
- Child and Adolescent Health Risk Factors
- Adverse Childhood Experiences (ACEs)

- Children in DHS custody
- Developmental screenings (CCO-level)
- Education: ECE, kindergarten readiness, 3rd grade English Language Arts, attendance, absenteeism, graduation

Mental Health

- Youth Mental Health
- Adult Mental Health
- Suicide
- SPMI and chronic disease comorbidities
- Mental Health-related hospitalizations and ER visits

Alcohol, Tobacco, and Other Drug Use

- Mortality from drugs
- Alcohol
- Tobacco
- Opioid mortality
- Prescription opioid prescribing

Unintentional Injuries

- Poisoning
- Falls
- Risk Factors for Injury
- Firearm-related deaths
- Drowning-related deaths
- Bicycle and pedestrian accidents
- Motor vehicle crashes: overall and contributing factors

Oral Health

- Children
- Adults/Older adults

Environmental Health

- Transportation
- Air Quality
- Water Quality
- Lead
- Climate
- Built environment

Access to Healthcare

- Insurance Status
- Healthcare Provider Workforce and shortages
- Areas of Unmet Healthcare Need
- ED utilization rates for mental health/substance use, non-traumatic dental
- Availability/number of mental health and SUD services available
- Geographic areas >30 minute drive time to mental health services

Updates on New Additions to 2019 Quantitative RHA

Demographics of Central Oregon – Jenny Faith

- Adding community (Bend, La Pine, Madras, Prineville, Redmond, Sisters, Warm Springs) level data for:
 - o Population estimates
 - o Age group characteristics
 - o Race and ethnicity
 - o Socioeconomic factors (e.g., income distribution, poverty, housing, education)
 - o Homeless population
 - o Disability status
 - o Language spoken
- Adding detailed youth population size breakdowns for counties and communities (Age <3, 3-4, 5, 6-8, 9-11, 12-14, and 15-17)
- Adding poverty information for those aged <18 and aged 65+ for counties and communities
- Adding more detailed information from point-in-time homeless count, including age group, sex, race, ethnicity breakdowns
- Unable to add urban/rural designation data. Urban/rural designations are updated at the time of the census (e.g., 2000, 2010, 2020) so will need to be included in next iteration of the RHA.

Chronic Diseases – Jenny Faith

- Unable to add population-level prevalence data for dementia. No population-level data source exists for prevalence. We could potentially add dementia mortality information if that would be useful.

Communicable diseases – Jenny Faith

- Adding data related to communicable disease outbreaks
- Adding community-level data for selected communicable diseases

Maternal Health and Pregnancy – Nansaa Conway

- Adding alcohol use during pregnancy from PRAMS (only regional data available)

Infant, Early Childhood, Adolescent Health – Nansaa Conway

- Adding children in DHS custody
- Adding educational data (e.g., graduation rates)

Mental Health – Nicole Middaugh

- Adding chronic disease comorbidities among PacificSource members with SPMI. Comorbidities added include CHF, diabetes, COPD, hypertension, asthma, CAD, and depression
- Finalizing data request for St. Charles involving ER visits and hospitalizations for mental health conditions

Alcohol, tobacco, and other drug use – Nicole Middaugh

- So far, unable to find population-level data on IV drug use. We will include mortality from heroin.
- Reached out to Bend PD to determine if we can access information related to drug arrests

Unintentional injuries – Nicole Middaugh

- Adding firearm-related deaths
- Adding drowning-related deaths
- Traffic crashes: Adding bicycle and pedestrian-related accidents, contributing factors (e.g., alcohol)
- Mortality information will include age breakdowns if cell sizes are large enough

Oral Health – Jenny Faith

- I haven't started this section yet. Will attempt to access any available information on older adults and/or on periodontal disease and comorbidities.
- Adding dental professional shortages data to "access to healthcare" section
- Adding ED visit rates for non-traumatic dental care to "access to healthcare" section

Environmental Health and Built Environment – George Conway (with support from Nicole Middaugh)

- Will add additional data related to built environment, like green spaces and proximity/average walking distance to grocery stores

Access to Healthcare – Jenny Faith

- Adding information about healthcare professional shortages: primary care, mental health, and dental
- Adding information about availability of healthcare professionals (e.g., providers per 1,000 population) for primary care, mental health, and dental
- Adding utilization information: ED visits for mental health/substance use per 1,000 population, ED visits for non-traumatic dental per 1,000 population
- Adding maps/data from OHA showing mental health and SUD services available, as well as geographic areas that are within a 30 minute drive to mental health and SUD services

Contact us!

Jenny Faith: Jennifer.Faith@deschutes.org

Nansaa Conway: Nansalmaa.Conway@co.jefferson.or.us

Nicole Middaugh: Nicole.Middaugh@deschutes.org

Community Themes and Strengths and Forces of Change

- ✓ Confirm meetings with Steering committee (done: 9.7.2018)
- ✓ Finalize Themes and Strengths questions in collaboration with Elaine Knobs and the Mosaic Patient engagement panel (Done 9.27.2018)
- Set up focus groups (Channa and Rebeckah)
 - Group size 7-12 people
 - We will ask each organization to provide a Spanish interpreter, food, and childcare. If they cannot, we can look into options to help them provide these things. Organization chooses location.
 - Ask for information about the group (charter/ purpose/ etc.) to review and learn about the group prior to facilitation
 - Meeting time: 1 hour
 - Note: \$4000 from COHC for assistance. Also some potential support from DCHS.
- Need completed by 3.1.2019. (At the latest: 4.1.2018)
- Implement focus groups (Channa Facilitate, Rebeckah take notes)
- Analyze data (Channa and Drew)
- Take findings to Steering committee

Community Themes and Strengths

Group	Point of Contact for each meeting	Lead	Meeting Date	Progress update
1. Latino Community Association (Redmond)		Rebeckah		TBD Jan/Feb 2019
2. Latino Community Association (Bend)		Rebeckah	11.8.2018	COMPLETE
3. Let’s talk Diversity (Madras)		Rebeckah	12.13.2018	SCHEDULED
4. Homeless population	Larry (CAC)	Rebeckah	10.16.2018	COMPLETE
5. Deschutes County Health Department clients	Pamela (DCPH)	Channa	1.9.2019	SCHEDULED. Still planning details

6. Crook County Health Department clients	Emma/Muriel (CCHD)	Channa	1.29.2019	SCHEDULED. Emma is planning details
7. Jefferson County Health Department Clients	Michael (JCPH)	Channa	12.11.2018	SCHEDULED. Working out details.
8. Community Advisory Council (CAC)	Donna (COHC)	Rebeckah	11.11.2018	COMPLETE
9. Deschutes YAC	Kelby (DCHS)	Channa		Will touch base in mid/late November
10. Crook YAC	Katie (CCHD)	Channa	1.29.2019	SCHEDULED
11. Jefferson YAC	Jefferson (TBD)	Channa		Sent email to Kimberlee 11.5.2018. She should follow-up 11.6.2018.
12. Head start parent focus group	Whitney (Better Together)/ Kimberly (Head Start)	Channa	12.21.2018	SCHEDULED
13. Warm Springs Native Aspirations	My'kee Martinez	Rebeckah		Seeking Approval from Tribal Health & Wellness Committee on 12.3.2018
14. Employer groups/ EDCO	Heidi Hausner	Rebeckah	1.10.2019 or 3.14.2019	Finalizing Date
15. La Pine?				
16. Sisters?				
17. Culver?				
18. OHP Assistors?				
19. Older Adults?				
20. Veterans?				

Forces of Change

Group	Point of Contact for each meeting	Lead	Meeting Date	Progress update
1. PEP	Rebeckah	Rebeckah	10.10.2018	COMPLETE
2. OPs	Rebeckah	Rebeckah	10.5.2018	COMPLETE
3. Regional Prevention Workgroup	Julie Spackman	Channa	12.3.2018	SCHEDULED
4. COHC Board	Rebeckah	Rebeckah	12.13.2018	SCHEDULED

Draft RHIP Timeline

Timeline

May: 'Final' Draft RHA complete. It will be circulated to others before that time. It needs to go to CAC, OPs, and steering committee, HD's & others with contacts.

June: Rebeckah and Channa create Prioritization plan and materials. Run by steering committee

July/ Aug: Hanlon-esque prioritization with steering & ops, and CAC facilitated session

September: Combined board CAC meeting (final prioritization)

Oct/ Nov: Strategy and metric development

Dec: Finalize & send for review & proof

Jan: Publish