



2020-2023 Regional Health Improvement Plan (RHIP) Steering Committee Meeting  
Deschutes County Health Services (Stan Owen Room)  
2977 NE Courtney Drive, Bend OR 97701

Agenda: November 1, 2019 from 10:15am-12:00pm

Remote Zoom Video-In Option

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/361125968>

Or Telephone:

Dial: 1.669.900.6833

Meeting ID: 361 125 968

1. **10:15**      **Introductions—All**
2. **10:15-11:45**      **Review Second Drafts of Chapters—All**
  - Final Metrics—Chapter Leads & Writers
  - Draft of Problem & Action Areas—Chapter Leads & Writers
3. **11:45-12:00**      **Items for Final Drafts Due 12.2.19—All**
  - Final Submission of Entire Chapter
  - Reviewed by two additional content experts & one health equity expert (Please email Rebeckah names & titles)
  - References Required for Appendix
4. **12:00**      **Timeline for 2020-2023 RHIP—Rebeckah Berry**
  - December 2<sup>nd</sup>: Final Drafts of Chapters Due
  - December 6<sup>th</sup>: Final Document Submission Due by 5pm
  - December 9<sup>th</sup>: Submit 2020-2023 RHIP to Designer (No More Edits Possible After Submission to Designer)
  - December 23<sup>rd</sup>: RHIP Designed & Due to Printer
  - January 9<sup>th</sup>: 2020-2023 RHIP Released at COHC Board Meeting (Bend)
  - January 2020: Launch Priority Area Workgroups
5. **12:00**      **Next Steps/Action Items—All**
  - **Email Rebeckah Final Drafts by 12pm on 12.2.19**
  - Final Meeting: 12.06.19 from 10:15-12:00pm



## 2020-2023 RHIP Steering Committee

<u>Name</u>	<u>Organization</u>	<u>Priority Area</u>
Bruce Abernethy	COHC Community Advisory Council Member & Bend/La Pine Schools	Addressing Poverty & Self Sufficiency
Scott Aycock	Central Oregon Intergovernmental Council	Stable Housing & Supports
Michael Baker	Jefferson County Public Health	All Areas
Rebeckah Berry	Central Oregon Health Council	All Areas
Brenda Comini	Early Learning Hub & Better Together	Upstream Prevention: Promotion of Individual Well-Being
George Conway	Deschutes County Health Services	Promoting Enhanced Physical Health Across Communities
Muriel DeLaVergne-Brown	Crook County Health Department	Upstream Prevention: Promotion of Individual Well-Being
Lisa Dobey	St. Charles Health System	-
Jennifer Faith	Deschutes County Health Services (Epidemiologist)	All Areas
Pamela Ferguson	Deschutes County Health Services	Upstream Prevention: Promotion of Individual Well-Being
Janet Foliano	St. Charles Health System	Behavioral Heath: Increase Access & Integration
Mike Franz	PacificSource	Behavioral Heath: Increase Access & Integration
Janice Garceau	Deschutes County Behavioral Health	Behavioral Heath: Increase Access & Integration
Elaine Knobbs-Seasholtz	Mosaic Medical	Stable Housing & Supports
Larry Kogovsek	COHC Community Advisory Council Member	Stable Housing & Supports
Tom Kuhn	Deschutes County Health Services	Substance & Alcohol Use Prevention & Treatment
Sharity Ludwig	Advantage Dental by DentaQuest	Promoting Enhanced Physical Health Across Communities
Katie McClure	TRACES	Upstream Prevention: Promotion of Individual Well-Being
Donna Mills	Central Oregon Health Council	All Areas
Rodger Moore	Epic Property Management	Stable Housing & Supports
Leslie Neugebauer	PacificSource	-
Katie Plumb	Crook County Health Department	Promoting Enhanced Physical Health Across Communities
Katie Russell	Confederated Tribes of Warm Springs	All Areas
Carlos Salcedo	St. Charles Health System	Substance & Alcohol Use Prevention & Treatment
Emily Salmon	COHC Operations Council Co-Chair	Upstream Prevention: Promotion of Individual Well-Being
Hillary Saraceno	Deschutes County Health Services	Upstream Prevention: Promotion of Individual Well-Being
Kelsey Seymour	Central Oregon Health Council	All Areas
Julie Spackman	Deschutes County Health Services	Substance & Alcohol Use Prevention & Treatment
Lindsey Stailing	Mosaic Medical	Addressing Poverty & Self Sufficiency
Shiela Stewart	COHC Operations Council Co-Chair	Promoting Enhanced Physical Health Across Communities
Crystal Sully	Deschutes County Health Services	Promoting Enhanced Physical Health Across Communities
Whitney Swander	Early Learning Hub & Better Together	Upstream Prevention: Promotion of Individual Well-Being
Kim Swanson	Mosaic Medical	Behavioral Heath: Increase Access & Integration; Substance & Alcohol Use Prevention & Treatment
Rick Treleaven	BestCare Treatment Services (Crook & Jefferson County CMHP)	Behavioral Heath: Increase Access & Integration; Substance & Alcohol Use Prevention & Treatment
Sarah Worthington	Deschutes County Health Services	Promoting Enhanced Physical Health Across Communities
Mary Ann Wren	Advantage Dental by DentaQuest	Upstream Prevention: Promotion of Individual Well-Being
Gwenn Wysling	Bethlehem Inn	Addressing Poverty & Self Sufficiency

## 2020-2023 RHIP Priority Areas Developers

### **1. Address Poverty & Enhance Self-Sufficiency**

Priority Project Managers:

Lindsey Stailing & Gwenn Wysling

Content Developers:

Colleen Thomas

Bruce Abernethy (CAC Member)

Jen Rusk

Carly Sanders

### **2. Behavioral Health: Increase Access & Integration**

Priority Project Manager:

Jessica Jacks

Content Developers:

Rick Treleaven (Board Member)

Kim Swanson

Janet Foliano

Mike Franz

Janice Garceau

### **3. Promote Enhanced Physical Health Across Communities**

Priority Project Manager:

George Conway

Content Developers:

Crystal Sully

Shiela Stewart (OPs Co-Chair)

Katie Plumb

Michael Baker

Sarah Worthington

Sharity Ludwig

### **4. Stable Housing & Supports**

Priority Project Manager:

Elaine Knobbs-Seasholtz (CAC Member)

Content Developers:

Larry Kogovsek (CAC Member)

Rodger Moore

Scott Aycock

Morgan Greenwood

**5. Substance & Alcohol Misuse Prevention & Treatment**

Priority Project Manager:

Tom Kuhn (CAC Member)

Content Developers:

Rick Treleaven (Board Member)

Kim Swanson

Julie Spackman

Carlos Salcedo

**6. Upstream Prevention: Promotion of Individual Well-Being**

Priority Project Manager:

Muriel DeLaVergne-Brown

Content Developers:

Brenda Comini

Whitney Swander

Katie McClure

Pamela Ferguson

Hillary Saraceno

Emily Salmon

## **2020-2023 RHIP Priorities & Aims**

### **1. Address Poverty & Enhance Self Sufficiency**

Aim: Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health challenges.

### **2. Behavioral Health: Increase Access and Integration**

Aim: Increase equitable access to skilled and coordinated care between outpatient specialty behavioral health\* and the larger health system, including primary care, while decreasing barriers (e.g. stigma, availability of appropriate mental health providers etc.) to ensure an effective and timely response.

\*Specialty Behavioral Health includes mental health, substance abuse, and developmental services that are delivered in specialty settings (outside of primary care).

### **3. Promote Enhanced Physical Health Across Communities**

Aim: Equitably and measurably ensure all Central Oregonians improve health behaviors and reduce risk factors that contribute to premature death and diminished quality of life related to preventable disease.

### **4. Stable Housing & Supports**

Aim: Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports to provide them with opportunities for housing stability and individual well-being.

### **5. Substance & Alcohol Misuse Prevention & Treatment**

Aim: Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence based substance (licit and illicit) and alcohol misuse prevention, as well as evidenced based intervention, treatment, and recovery services that are culturally responsive and trauma-informed.

### **6. Upstream Prevention: Promotion of Individual Well-Being**

Aim: All communities in Central Oregon have equitable access and opportunities to health, education, healthy relationships, community support, and experiences necessary to thrive at every stage of life from prenatal to adulthood.

## **2020-2023 RHIP Priorities**

1. Upstream Prevention: Promotion of Individual Well-Being
  - a. Early Childhood Education & Development
  - b. Maternal Health & Reproductive Health
  - c. Immunizations
  - d. ACEs (across the lifespan)
2. Promote Enhanced Physical Health Across Communities
  - a. CVD
  - b. Diabetes
  - c. Obesity
  - d. Preventable Diseases (Oral Health & STIs?)
3. Behavioral Health: Increase Access and Integration
  - a. Mental Health
  - b. Behavioral Health
  - c. Suicide
  - d. Emotional Health
4. Substance & Alcohol Misuse Prevention & Treatment
  - a. Alcohol
  - b. Tobacco
  - c. Other Drugs
5. Stable Housing & Supports
  - a. Housing
  - b. Housing Supports for High Utilizers
6. Address Poverty & Enhance Self Sufficiency
  - a. Poverty
  - b. High School Graduation
  - c. Living Wage Jobs
  - d. Homelessness
  - e. Cost of Healthy Foods/Food Security

## **2020-2023 RHIP Action Area Descriptions**

### **Health Promotion & Education (Messaging)**

Any combination of learning experiences designed to help individuals and communities improve their health, by increasing their knowledge or influencing their attitudes.

### **Access to Preventative Health Services**

When considering access to preventative health services, it is important to also include all types of coverage, primary care/prevention services, services addressing social determinants of health, timeliness of service, oral, and behavioral health services. Access strategies may look different based on the Central Oregon community and geographic need.

### **Policy**

Organizational, local/community, county, or state-level policy and/or other decision-making opportunities, focusing on the priority area.

### **Redesigning Models of Services**

Making systemic changes to health-related service delivery to improve the quality, equity, efficiency, and effectiveness of services and interventions for end-users.

### **Collaboration Across Systems**

Organizations from different and varying parts of the community aligning forces to decrease costs, provide equitable services in the right setting, generate value, and break down barriers to comprehensive and individualized health. Types of organizations to be considered, but not limited to include: health care, hospital, education, public health, businesses, non-profits, community-based, etc.

### **Equitable Access to Services**

Equity access to services means all individuals are able to access high quality, timely, cultural and linguistically personalized resources and supports needed for optimal health. This is achieved when every person has the opportunity to attain their full health potential and no one is deprived from achieving this potential because of social position or other socially determined circumstances. Equitable access strategies may look different based on the Central Oregon community and geographic need.

## Priority Area: XXX

### The Problem

(insert paragraph on why this is a priority)

(Insert Data from 2019 RHA: Quantitative & Qualitative)

**Aim/Goal (What are we trying to accomplish in this topic/where do we want to be by December 31, 2023?)**

One to two sentences max.

### Current State

*(Baseline must come from 2019 RHA, QIMs, Public Health Accountability Metrics, or be a process or outcome measure that can be tracked yearly at minimum. Must be easily tracked for progress. (Must include Baseline #, Source, Year) (Required: At least one outcome metric. No more than three total metrics!)*

### Future State

*(insert health improvement target in same format as current state)  
Ex: By December 2023, improve X from XX% to XX%. (Same Source as Current state: Source, Year)*



Action Area	Potential Strategies to Address Priority Area
Health Promotion & Education (Messaging)	(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)
Access to Preventative Health Services	(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)
Policy	(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)
Redesigning Models of Services	(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)
Collaboration Across Systems	(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)
Equitable Access to Services	(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)

**Key Regional Partnerships:** (insert key partner organizations that are essential to the success of this priority)

Please Incorporate the following:

- ⇒ Strategies and/or partnerships that include SBHCs
- ⇒ Include the entire geographic region, including Warm Springs & Northern Klamath
- ⇒ ALL residents, not just Medicaid
- ⇒ Strategies that include Traditional Health Workers
- ⇒ Strategies that address transportation
- ⇒ Please remember the connectivity/continuity between the “action areas” to ensure a comprehensive approach
- ⇒ Incorporate health equity throughout all “action areas”