2020-2023 Regional Health Improvement Plan (RHIP) Steering Committee Meeting
Deschutes County Health Services (Stan Owen Room)
2977 NE Courtney Drive, Bend OR 97701

Agenda: November 1, 2019 from 10:15am-12:00pm

Remote Zoom Video-In Option
Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/361125968
Or Telephone:
Dial: 1.669.900.6833
Meeting ID: 361 125 968

1. 10:15 Introductions—All

2. 10:15-11:45 Review Second Drafts of Chapters—All
   - Final Metrics—Chapter Leads & Writers
   - Draft of Problem & Action Areas—Chapter Leads & Writers

3. 11:45-12:00 Items for Final Drafts Due 12.2.19—All
   - Final Submission of Entire Chapter
   - Reviewed by two additional content experts & one health equity expert
     (Please email Rebeckah names & titles)
   - References Required for Appendix

4. 12:00 Timeline for 2020-2023 RHIP—Rebeckah Berry
   - December 2nd: Final Drafts of Chapters Due
   - December 6th: Final Document Submission Due by 5pm
   - December 9th: Submit 2020-2023 RHIP to Designer (No More Edits Possible After Submission to Designer)
   - December 23rd: RHIP Designed & Due to Printer
   - January 9th: 2020-2023 RHIP Released at COHC Board Meeting (Bend)
   - January 2020: Launch Priority Area Workgroups

5. 12:00 Next Steps/Action Items—All
   - Email Rebeckah Final Drafts by 12pm on 12.2.19
   - Final Meeting: 12.06.19 from 10:15-12:00pm
<table>
<thead>
<tr>
<th>Name</th>
<th>Organization</th>
<th>Priority Area</th>
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</thead>
<tbody>
<tr>
<td>Bruce Abernethy</td>
<td>COHC Community Advisory Council Member &amp; Bend/La Pine Schools</td>
<td>Addressing Poverty &amp; Self Sufficiency</td>
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<tr>
<td>Scott Aycock</td>
<td>Central Oregon Intergovernmental Council</td>
<td>Stable Housing &amp; Supports</td>
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<td>Michael Baker</td>
<td>Jefferson County Public Health</td>
<td>All Areas</td>
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<tr>
<td>Rebeckah Berry</td>
<td>Central Oregon Health Council</td>
<td>All Areas</td>
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<tr>
<td>Brenda Comini</td>
<td>Early Learning Hub &amp; Better Together</td>
<td>Upstream Prevention: Promotion of Individual Well-Being</td>
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<tr>
<td>George Conway</td>
<td>Deschutes County Health Services</td>
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<td>Muriel DeLaVergne-Brown</td>
<td>Crook County Health Department</td>
<td>Upstream Prevention: Promotion of Individual Well-Being</td>
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<td>Lisa Dobey</td>
<td>St. Charles Health System</td>
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<td>Jennifer Faith</td>
<td>Deschutes County Health Services (Epidemiologist)</td>
<td>Upstream Prevention: Promotion of Individual Well-Being</td>
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<td>Pamela Ferguson</td>
<td>Deschutes County Health Services</td>
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<td>Janet Foliano</td>
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<td>Mike Franz</td>
<td>PacificSource</td>
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<td>Janice Garceau</td>
<td>Deschutes County Behavioral Health</td>
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<td>Elaine Knobbs-Seasholtz</td>
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<td>Larry Kogovsek</td>
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<td>Deschutes County Health Services</td>
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<td>Charity Ludwig</td>
<td>Advantage Dental by DentaQuest</td>
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<td>Katie McClure</td>
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<td>Upstream Prevention: Promotion of Individual Well-Being</td>
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<td>Donna Mills</td>
<td>Central Oregon Health Council</td>
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<td>Rodger Moore</td>
<td>Epic Property Management</td>
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<td>Leslie Neugebauer</td>
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<td>Katie Plumb</td>
<td>Crook County Health Department</td>
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<td>Katie Russell</td>
<td>Confederated Tribes of Warm Springs</td>
<td>All Areas</td>
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<tr>
<td>Carlos Salcedo</td>
<td>St. Charles Health System</td>
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<td>Emily Salmon</td>
<td>COHC Operations Council Co-Chair</td>
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<td>Hilary Saraceno</td>
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<td>Kelsey Seymour</td>
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<td>Julie Stackman</td>
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<td>Lindsey Stailing</td>
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<td>Sheila Stewart</td>
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<td>Crystal Sully</td>
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<td>Rick Treleaven</td>
<td>BestCare Treatment Services (Crook &amp; Jefferson County CMHP)</td>
<td>Behavioral Heath: Increase Access &amp; Integration; Substance &amp; Alcohol Use Prevention &amp; Treatment</td>
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<tr>
<td>Sarah Worthington</td>
<td>Deschutes County Health Services</td>
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<td>Mary Ann Wren</td>
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<tr>
<td>Gwenn Wysling</td>
<td>Bethlehem Inn</td>
<td>Addressing Poverty &amp; Self Sufficiency</td>
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2020-2023 RHIP Priority Areas Developers

1. **Address Poverty & Enhance Self-Sufficiency**
   Priority Project Managers:
   Lindsey Stailing & Gwenn Wysling
   Content Developers:
   Colleen Thomas
   Bruce Abernethy (CAC Member)
   Jen Rusk
   Carly Sanders

2. **Behavioral Health: Increase Access & Integration**
   Priority Project Manager:
   Jessica Jacks
   Content Developers:
   Rick Treleaven (Board Member)
   Kim Swanson
   Janet Foliano
   Mike Franz
   Janice Garceau

3. **Promote Enhanced Physical Health Across Communities**
   Priority Project Manager:
   George Conway
   Content Developers:
   Crystal Sully
   Shiel Stewart (OPs Co-Chair)
   Katie Plumb
   Michael Baker
   Sarah Worthington
   Sharity Ludwig

4. **Stable Housing & Supports**
   Priority Project Manager:
   Elaine Knobbs-Seasholtz (CAC Member)
   Content Developers:
   Larry Kogovsek (CAC Member)
   Rodger Moore
   Scott Aycock
   Morgan Greenwood
5. **Substance & Alcohol Misuse Prevention & Treatment**
   Priority Project Manager:
   Tom Kuhn (CAC Member)
   Content Developers:
   Rick Treleaven (Board Member)
   Kim Swanson
   Julie Spackman
   Carlos Salcedo

6. **Upstream Prevention: Promotion of Individual Well-Being**
   Priority Project Manager:
   Muriel DeLaVergne-Brown
   Content Developers:
   Brenda Comini
   Whitney Swander
   Katie McClure
   Pamela Ferguson
   Hillary Saraceno
   Emily Salmon
2020-2023 RHIP Priorities & Aims

1. Address Poverty & Enhance Self Sufficiency

Aim: Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health challenges.

2. Behavioral Health: Increase Access and Integration

Aim: Increase equitable access to skilled and coordinated care between outpatient specialty behavioral health* and the larger health system, including primary care, while decreasing barriers (e.g. stigma, availability of appropriate mental health providers etc.) to ensure an effective and timely response.

*Specialty Behavioral Health includes mental health, substance abuse, and developmental services that are delivered in specialty settings (outside of primary care).

3. Promote Enhanced Physical Health Across Communities

Aim: Equitably and measurably ensure all Central Oregonians improve health behaviors and reduce risk factors that contribute to premature death and diminished quality of life related to preventable disease.

4. Stable Housing & Supports

Aim: Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports to provide them with opportunities for housing stability and individual well-being.

5. Substance & Alcohol Misuse Prevention & Treatment

Aim: Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence based substance (licit and illicit) and alcohol misuse prevention, as well as evidenced based intervention, treatment, and recovery services that are culturally responsive and trauma-informed.

6. Upstream Prevention: Promotion of Individual Well-Being

Aim: All communities in Central Oregon have equitable access and opportunities to health, education, healthy relationships, community support, and experiences necessary to thrive at every stage of life from prenatal to adulthood.
2020-2023 RHIP Priorities

1. Upstream Prevention: Promotion of Individual Well-Being
   a. Early Childhood Education & Development
   b. Maternal Health & Reproductive Health
   c. Immunizations
   d. ACEs (across the lifespan)

2. Promote Enhanced Physical Health Across Communities
   a. CVD
   b. Diabetes
   c. Obesity
   d. Preventable Diseases (Oral Health & STIs?)

3. Behavioral Health: Increase Access and Integration
   a. Mental Health
   b. Behavioral Health
   c. Suicide
   d. Emotional Health

4. Substance & Alcohol Misuse Prevention & Treatment
   a. Alcohol
   b. Tobacco
   c. Other Drugs

5. Stable Housing & Supports
   a. Housing
   b. Housing Supports for High Utilizers

6. Address Poverty & Enhance Self Sufficiency
   a. Poverty
   b. High School Graduation
   c. Living Wage Jobs
   d. Homelessness
   e. Cost of Healthy Foods/Food Security
2020-2023 RHIP Action Area Descriptions

Health Promotion & Education (Messaging)
Any combination of learning experiences designed to help individuals and communities improve their health, by increasing their knowledge or influencing their attitudes.

Access to Preventative Health Services
When considering access to preventative health services, it is important to also include all types of coverage, primary care/prevention services, services addressing social determinants of health, timeliness of service, oral, and behavioral health services. Access strategies may look different based on the Central Oregon community and geographic need.

Policy
Organizational, local/community, county, or state-level policy and/or other decision-making opportunities, focusing on the priority area.

Redesigning Models of Services
Making systemic changes to health-related service delivery to improve the quality, equity, efficiency, and effectiveness of services and interventions for end-users.

Collaboration Across Systems
Organizations from different and varying parts of the community aligning forces to decrease costs, provide equitable services in the right setting, generate value, and break down barriers to comprehensive and individualized health. Types of organizations to be considered, but not limited to include: health care, hospital, education, public health, businesses, non-profits, community-based, etc.

Equitable Access to Services
Equity access to services means all individuals are able to access high quality, timely, cultural and linguistically personalized resources and supports needed for optimal health. This is achieved when every person has the opportunity to attain their full health potential and no one is deprived from achieving this potential because of social position or other socially determined circumstances. Equitable access strategies may look different based on the Central Oregon community and geographic need.
Priority Area: XXX

The Problem
(insert paragraph on why this is a priority)
(Insert Data from 2019 RHA: Quantitative & Qualitative)

<table>
<thead>
<tr>
<th>Aim/Goal (What are we trying to accomplish in this topic/where do we want to be by December 31, 2023?)</th>
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<td>One to two sentences max.</td>
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<tr>
<th>Current State</th>
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<tbody>
<tr>
<td>*(Baseline must come from 2019 RHA, QIMs, Public Health Accountability Metrics, or be a process or outcome measure that can be tracked yearly at minimum. Must be easily tracked for progress. <em>(Must include Baseline #, Source, Year) (Required: At least one outcome metric. No more than three total metrics!)</em></td>
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<tr>
<th>Future State</th>
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| *(insert health improvement target in same format as current state)*
Ex: By December 2023, improve X from XX% to XX%. *(Same Source as Current state: Source, Year)* |
<table>
<thead>
<tr>
<th>Action Area</th>
<th>Potential Strategies to Address Priority Area</th>
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<tbody>
<tr>
<td>Health Promotion &amp; Education</td>
<td>(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)</td>
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<td>(Messaging)</td>
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<tr>
<td>Equitable Access to Services</td>
<td>(Insert at least one evidence-based or best practice strategy. No more than five total strategies.)</td>
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</tbody>
</table>
Key Regional Partnerships: (insert key partner organizations that are essential to the success of this priority)

Please Incorporate the following:

⇒ Strategies and/or partnerships that include SBHCs
⇒ Include the entire geographic region, including Warm Springs & Northern Klamath
⇒ ALL residents, not just Medicaid
⇒ Strategies that include Traditional Health Workers
⇒ Strategies that address transportation
⇒ Please remember the connectivity/continuity between the “action areas” to ensure a comprehensive approach
⇒ Incorporate health equity throughout all “action areas”