How Projects are Funded

The work of the Central Oregon Health Council (COHC) is guided by a Regional Health Assessment (RHA) and Regional Health Improvement Plan (RHIP). During development of the RHIP, a number of health topics are prioritized based on feedback from the community.

To carry out the actual regional health improvement work, COHC designed RHIP workgroups, composed of subject matter experts from the community who work through a LEAN quality improvement process referred to as the A3 process. Through the process of developing an A3, workgroup members are able to narrow the scope of very large ‘problems’ into realistic project plans, which includes selection of projects to fund that will positively impact the health topics in the RHIP.

Each workgroup is allocated $250,000 annually that they may grant to projects that align with the scope of their A3. Since 2017, COHC’s workgroups have funded over $2.5 million dollars across 50 projects that aligned with their A3s. The COHC Board of Directors has funded over $6 million across four large scale projects in addition to the nearly $6 million in funding that COHC has provided to the community across 16 projects prior to the implementation of the A3 process.

The diagram below demonstrates the overall flow of how projects are currently funded.
Workgroups

The focus of Central Oregon Health Council's 2016-2019 RHIP workgroups are as follows:

- Behavioral Health: Identification & Awareness
- Behavioral Health: Substance Use & Chronic Pain
- Milestones to Health & Education
- Oral Health
- Cardiovascular Disease: Clinical
- Diabetes: Clinical
- Cardiovascular Disease & Diabetes: Prevention
- Housing
- Reproductive & Maternal Child Health
- Pillar 10/Health Value Team
Workgroup A3s and Funded Projects

Each workgroup follows a structured Lean, quality improvement process referred to as the ‘A3’ process, that narrows the scope of large ‘problems’ into realistic project plans. All funded grants align with the A3 of at least one workgroup, and are selected due to their impact on the Aim of an A3. The following pages illustrate the grants that have been funded since the implementation of the A3 process, with the corresponding workgroup that approved the project.

Behavioral Health: Identification & Awareness

A3

Aim
- Identify and engage 100% of individuals in Central Oregon that have a behavioral health need, and ensure an effective and timely response.

Metrics
- Increase appropriate behavioral health screenings and populations screened within all primary care, to 100% universal screening in Central Oregon.
- Increase internal behavioral health responses based on positive screening to 100%.
- Increase completed external/outside referrals from inside primary care to specialty BH based on risk to 100% from baseline.
- Identify at least two separate primary care provider organizations where Peer Support Specialists (PSS)/Recovery Mentors (RM) could be used to engage patients.

Funded Grant(s)

- PacificSource: Regional Behavioral Health Integration into Primary Care ($457,294)
- Rimrock Trails Treatment Services: Bridging the Gap between Specialty Behavioral Health and Primary Care ($141,915)
- Cascade Peer and Self Help Center: Expansion and Outreach ($69,360)
- Deschutes County Health Services: Crisis Stabilization Center ($81,431)

Behavioral Health: Substance Use & Chronic Pain

A3

Aim
- Comprehensive, evidence-informed pain management will be available an accessible to every Central Oregonian with chronic pain.

Metrics
- Increase the number of comprehensive, multi-disciplinary pain care options in Central Oregon to one.
- Increase the number of monthly referrals from medical settings to tertiary pain care to 28.
- Increase the percentage of referrals that start the program per year to 35%.
- 60% of engaged patients will complete the program.
- By year two, tertiary pain clinic will be 100% financially self-sustainable.
- By year two, 85% of patients self-report improved quality of life.
- By year two, 20% of patients will see a reduction in use of opioids and benzos.

Funded Grant(s)

- Pain Advisors: Regional Tertiary Pain Program ($300,000)

Current as of 2.1.2020
Workgroup A3s and Funded Projects (con't)

Behavioral Health: Substance Use & Chronic Pain (con't)

**Aim**
- All Central Oregonians with a substance use disorder need that enter the hospital system including the ED will receive engagement, treatment, or harm reduction services.

**Metrics**
- Implement universal screening for SUD identification at 2 hospital departments.
- Implement a clear pathway for Central Oregon hospitals from point of SUD identification to specialty SUD treatment.
- Develop relationships between 2 hospital departments and at least 3 specialty SUD providers.

**Funded Grant(s)**
- St. Charles (Bend): Embedded Substance Use Disorders Positions Pilot ($371,000)
- DAWNS House: Resident Assistant Program ($25,000)
- Addiction Referral Cards ($991)
- DAWNS House: Sustainability Support ($52,945)

Milestones to Health & Education

**Aim**
- Central Oregon children become more resilient. (topic: Social/Emotional Learning)

**Metrics**
- Double school attendance rates
- Double number of parenting classes offered
- Open kindergarten registration
- Double early kindergarten registration

**Funded Grant(s)**
- Friends of the Children: Launch of a Mentor/Friend ($75,000)
- United Way: TRACES ($18,000)
- The Giving Plate: Food Relief - Backpacks for Bend ($30,000)
- A Smile for Kids: Providing Life Changing Orthodontics for Kids ($25,000)
- Friends of the Children: Fund a Mentor/Friend ($150,000)
Workgroup A3s and Funded Projects (con't)

Milestones to Health & Education (con't)

### A3 #2

**Aim**
- Central Oregon children become more resilient. (topic: Access)

**Metrics**
- Developmental Screening rates
- Primary Care knowledge of available resources
- Tracking service referrals
- Follow-up services

**Funded Grant(s)**
- Early Learning Hub: Pathways ($50,000)
- Healthy Beginnings: Multi-Generational Access to Health ($102,611)
- BendNEXT Foundation: Child Care Accelerator ($389)

### A3 #3

**Aim**
- All Latino children meet or exceed literacy standards in 3rd grade.

**Metrics**
- Letter sounds scores
- Literacy standards (3rd grade)
- Economically disadvantaged students
- HUB report rankings for literacy

**Funded Grant(s)**
- Better Together: Juntos Aprendemos ($113,000)

Current as of 2.1.2020
Workgroup A3s and Funded Projects (con't)

Oral Health

### A3 #1

**Aim**
- Improve Oral Health and keep children cavity free

**Metrics**
- Increase the percent of children 6-14 years who received a dental sealant to 32%
- Decrease the percent of 1st and 2nd graders with untreated dental decay in schools that participate in the School Dental Sealant Program by 5%
- Decrease the percent of 8th graders who missed one or more hours of school due to going to the dentist because of tooth or mouth pain by 0.5%
- Jefferson & Crook County schools continue to be fully served

**Funded Grant(s)**
- Kemple: Oral Health Services: Access to Preventative Care & Follow-up ($50,000)
- Toothbrushes ($968)
- A Smile for Kids: Providing Life Changing Orthodontics for Kids ($25,000)

### A3 #2

**Aim**
- Improve Oral Health during the perinatal period and keep children cavity free

**Metrics**
- Increased # of medical clinics providing OH assessments and fluoride application
- Decrease % of children with untreated decay, urgent care needs, and previous decay
- Increase % pregnant women receiving dental care during pregnancy

**Funded Grant(s)**
- Advantage Dental: Diabetes Monitoring ($5,100)
- Weeks Family Medicine; Mosaic Medical; St. Charles Women's Health: MORE Care Initiative ($275,000)

Colors:
- Red: Not started
- Orange: In Progress
- Green: Complete

Current as of 2.1.2020
Workgroup A3s and Funded Projects (con't)

Cardiovascular Disease: Clinical

A3 #1

**Aim**
- Reduce the rate of youth tobacco use in Central Oregon from 17.3% to 15% in 8th graders, and 23.2% to 20% in 11th graders.

**Metrics**
Percent of 8th or 11th graders reporting current use of any tobacco product in Central Oregon:
- 5% - 8th grade
- 20% - 11th grade

**Funded Grant(s)**
- Crook County Health Department: Photovoice ($14,037)
- Crook County Health Department: Tobacco Youth Initiatives ($4,999)
- Deschutes County Health Services: Teen Community Health Advocates ($4,331)

A3 #2

**Aim**
- 80% of Central Oregon adults will have their blood pressure in control (<140/90 mmHg)

**Metrics**
80% of adult Medicaid patients have high blood pressure in control.

**Funded Grant(s)**
- Clinical Champion: Community and Clinical Hypertension Control Presentations ($67,736)
- Eclipse Marketing: Regional Blood Pressure Awareness Campaign ($494,000)
- HealthInsight: Recognizing Undiagnosed Hypertension Train The Trainer ($217,50)
- "Eat Drink Move" magnets for Warm Springs K-8 Academy ($245)
- Blood pressure machines in La Pine, Gilchrist, Warm Springs, Prineville, and Crescent Lake ($25,000)
Workgroup A3s and Funded Projects (con't)

Cardiovascular Disease & Diabetes: Prevention

**A3 #1**

**Aim**

- Cost will never be a barrier to participate in a variety of physical activities for students.

**Metrics**

- 14% of 8th graders are overweight
- 13% of 11th graders are overweight
- 5% of 8th graders report 0 days of physical activity
- 10% of 11th graders report 0 days of physical activity

**Funded Grant(s)**

- Mosaic Medical: Rx to Move ($125,000)
- Children’s Forest of Central Oregon: Kids in Parks ($20,000)
- Commute Options: Walking School Bus ($123,640)

**A3 #2**

**Aim**

By 2019 0% of adults in Central Oregon will have a diet-modifiable disease, specifically CVD/type 2 diabetes

**Metrics**

- Current CVD Prevalence: Oregon (7%), Deschutes (4.9%), Jefferson (4.8%), Crook (6.3%)
- Current Diabetes Prevalence: Oregon (8.6%), Crook (13.3%* unreliable), Deschutes (4.8%), Jefferson (16%).

**Funded Grant(s)**

- High Desert Food and Farm Alliance: Addressing Diet Modifiable Diseases Through Food Access ($217,432)
- Deschutes County: Prevent Diabetes Central Oregon ($135,000)
- OSU Extension: Volunteer Nutrition Coordinator ($30,000)
- Jefferson County Public Health: Promoting a Healthy Environment among American Indians and Hispanic Americans in Jefferson County ($100,000)
Workgroup A3s and Funded Projects (con't)

Housing

A3 #1

Aim

- The approximately 200 chronically homeless and/or high utilizers in Central Oregon will be stabilized and supported to achieve wellbeing.

Metrics

- Stabilize and support 200 chronically homeless individuals
- Have sufficient resources and programs utilizing best practice models to meet the needs of this population
- People in a housing and health crisis achieve stability and wellbeing
- Reduce the cost of high utilizers on the respective systems

Funded Grant(s)

- Jericho Road: Homelessness Prevention ($20,700)
- THRIVE: Central Oregon Expansion ($72,777)
- NeighborImpact: Coordinated Entry System ($90,000)
- Fuse: Housing First for Central Oregon ($30,000)
- Sisters Habitat for Humanity: Land Use Consultant ($6,000)
- Redemption House Ministries: Regeneration House ($23,000)
- Pfeifer & Associates: House the Children ($60,000)
- DAWNS House: Resident Assistant Program ($25,000)
- Sagewood Sanctuary: Warming Shelter ($23,550)
- Kor Community Land Trust: Home Ownership Database ($13,500)
- Warm Springs: Hamlets Meth Remediation ($18,510)
- Fuse: Permanent Supportive Housing ($80,000)
- Jefferson County Faith Based Network: Executive Director Position ($45,861)
- Shepherd’s House: Winter Redmond Shelter ($12,861)
- COIC: Compassionate Conversations ($3,500)
- DAWNS House: Sustainability and Support ($60,000)
- COIC: Building Regional Engagement and Capacity to Address Priority Housing Issues ($37,864)
- THRIVE Central Oregon: Expansion ($17,500)
- Jericho Road ($25,000)
- Habitat for Humanity Bend Redmond: Housing Nutrition Workshops ($5,000)
- Confederated Tribes of Warm Springs: Emergency Shelter Cots ($5,348)

A3 #2

Aim

- Central Oregon communities have sufficient, action-able data to guide direction, establish priorities, support regional solutions, and bring a call to action to mobilize citizens to create a healthier Central Oregon.

Metrics

- A new and current Housing Needs Assessment is completed
- HMIS fully utilized by all agencies and organizations that serve the homeless
- Z code fully utilized by stakeholders

Funded Grant(s)

- Central Oregon Intergovernmental Council: Housing For All ($50,000)
- Habitat for Humanity La Pine/Sunriver: Critical Home Repairs Survey ($12,000)
- Jericho Road: Redmond Shelter Feasibility Study ($25,000)

[Status Indicators: Not started, In Progress, Complete]
Workgroup A3s and Funded Projects (con't)

Diabetes: Clinical

Aim
- 95% of Central Oregonians with Type 2 Diabetes will have an HbA1c of < 9%

Metrics
- On average, 95% of Central Oregonians with Type 2 diabetes have an HbA1c of <9%

Funded Grant(s)
- High Desert Food & Farm Alliance: Veggie Rx ($38,410)
- St. Charles: Mobile Care Clinic ($95,000)
- Mosaic Medical, St. Charles, La Pine CHC: Eat for Life Regional Collaboration ($121,760)
- Regional Diabetes Materials Rollout Events ($15,136)
- Deschutes County: Prevent Diabetes ($57,961)
- Living Well Central Oregon ($148,973)
- St. Charles Health System: Community Resource Referral Platform ($255,554)
- NeighborImpact: Mobile Food Pantry Expansion to Madras, La Pine and Sisters ($15,000)

Reproductive & Maternal Child Health

Aim
- Prevent Unintended Pregnancies

Metrics
- By 2019, increase contraceptive use among women of childbearing age in Central Oregon from 31.4% to 50%.
- By 2019, decrease teen pregnancy rates in each of Crook, Deschutes, and Jefferson counties by 2%-5%.

Funded Grant(s)
- Early Learning Hub: Pathways ($25,000)
- Community Baby Shower 2018 ($10,000)
- BOOST Oregon ($77,275)
- St. Charles: MOMS Program ($140,000)
- AFIX ($75,000)
- Brink Communications: Regional Unintended Pregnancy Campaign ($90,000)
- Community Baby Shower 2019 ($12,500)
- Lactation Education ($3,530)
- Crook County Public Health: Youth Summit for Health Teen Pregnancy Prevention ($15,000)
- Regional Community Baby Showers ($14,000)
- Jefferson County Public Health: Maternal Health Initiatives ($8,557)
- Mosaic Medical: Lactation Certification ($4,999)
- Healthy Families Oregon - High Desert: Infant Family Specialists ($4,800)
Workgroup A3s and Funded Projects (con't)

Pillar 10 / Health Value Team

Vital Conditions

- Stable Housing
- Safe Neighborhoods
- Preventive Services & Policies
- Physical Activity
- Nutritious Food
- Jobs & Wealth
- Healthy Environment
- Equity, Social Connection, & Civic Muscle
- Education
- Child Abuse Prevention
- Arts & Recreation

Funded Grant(s)

- COCC: Addiction Studies Student Scholarships ($4,400)
- East Cascades Works: Health Careers Outreach ($90,000)
- OHSU Novel Interventions in Child Health (NICH) ($350,000)
- Jefferson County Public Health: Promoting a Healthy Environment among American Indians and Hispanic Americans in Jefferson County ($50,000)
- Early Learning Hub: Developmental Pathways Phase II ($56,646)
- The Center Foundation: Ok to Play ($100,000)
- School Supplies for Warm Springs K-8 Academy ($2,174)
- THRIVE Central Oregon Expansion ($50,000)
- BendNEXT Foundation: Child Care Accelerator ($9,611)
- COCC: Evolve, a Production on Non-violence ($1,000)