



Behavioral Health: Increase Access and Coordination
Regional Health Improvement Plan Workgroup

Join Zoom Meeting
<https://zoom.us/j/200458328>

Join by phone:
+1 669 900 6833
Meeting ID: 200 458 328

May 20, 2020
1:00-2:30pm

Aim/Goal
Increase equitable access to skilled and coordinated care between specialty behavioral health* and the larger health system, including primary care, while decreasing barriers to ensure an effective and timely response. *Specialty behavioral health: behavioral health, substance abuse, and developmental services that are delivered outside of primary care.
Future State Metrics
<ol style="list-style-type: none">1. Increase availability of behavioral health providers in marginalized areas of the region.2. Increase timeliness and engagement when referred from primary care to specialty behavioral health.3. Standardize screening processes for appropriate levels of follow-up care across services.

AGENDA

- | | |
|-----------|--|
| 1:00-1:10 | Welcome, Land Acknowledgement & Guiding Principles - All |
| 1:10-1:20 | COVID-19 Updates - All |
| 1:20-2:20 | Root Cause Analysis - All |
| 2:20-2:30 | Closing - Facilitator |



Behavioral Health: Increase Access and Coordination

Regional Health Improvement Plan Workgroup

Future State Metrics – Full Detail

1. By December 2023, improve the availability of behavioral health providers in the marginalized areas of the region (La Pine, Madras, Redmond) to exceed the Oregon average for rural areas of 0.62 in 2019 as measured by 'mental health providers per 1,000 population
2. By December 2023, a method is developed to measure timeliness and engagement with specialty behavioral health referred from primary care.
3. By December 2023, a method is developed to standardize screening processes to assure clients receive the appropriate level of care and follow-up across various services in Central Oregon.



**Central Oregon
Health
Council**

Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

What is a Root Cause?

Availability of behavioral health providers in marginalized areas of the region



Timeliness and engagement when referred from primary care to specialty behavioral health.

Screening processes for appropriate levels of follow-up care across services.



Policies and Practices

How Resources Flow

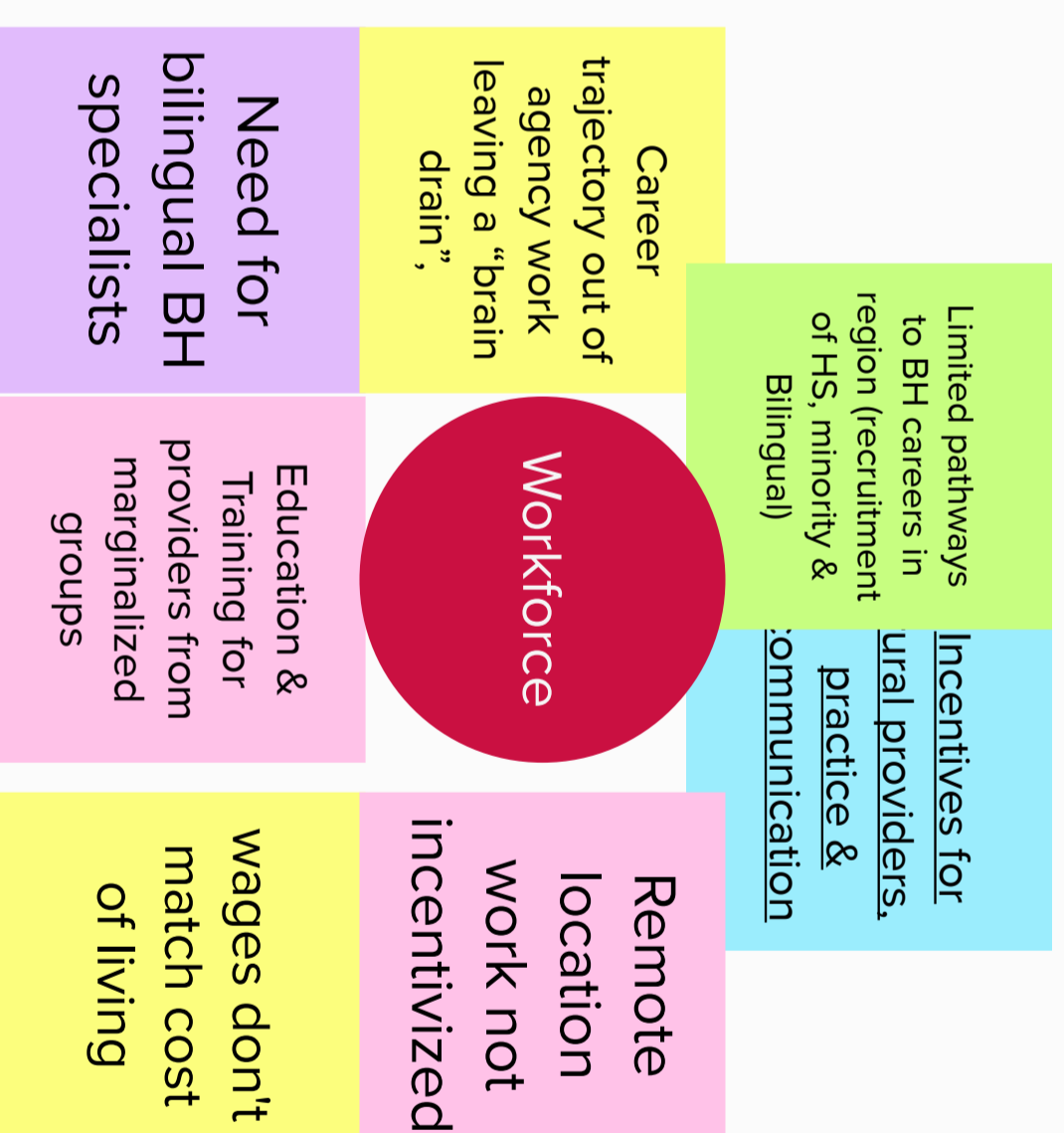
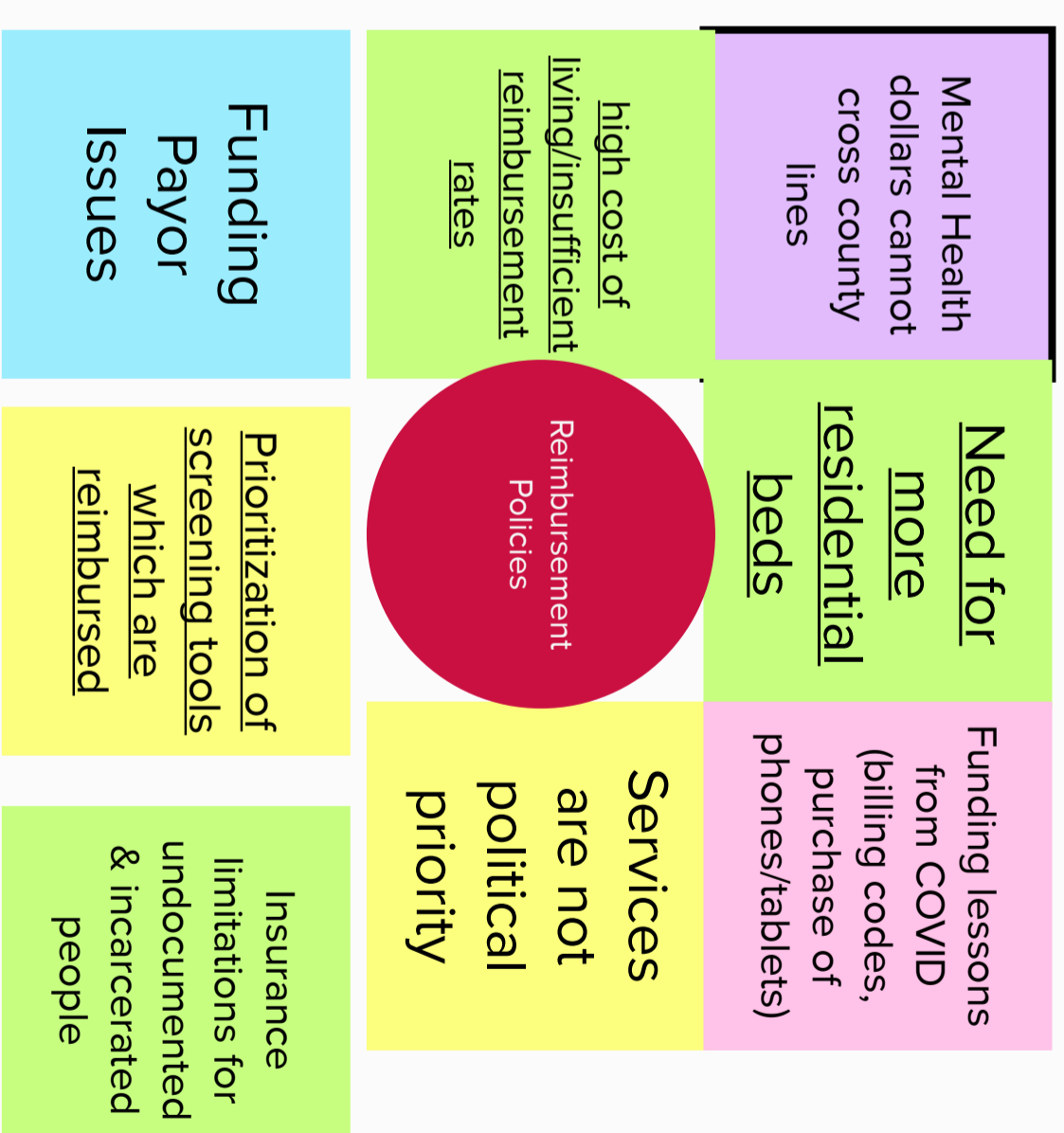
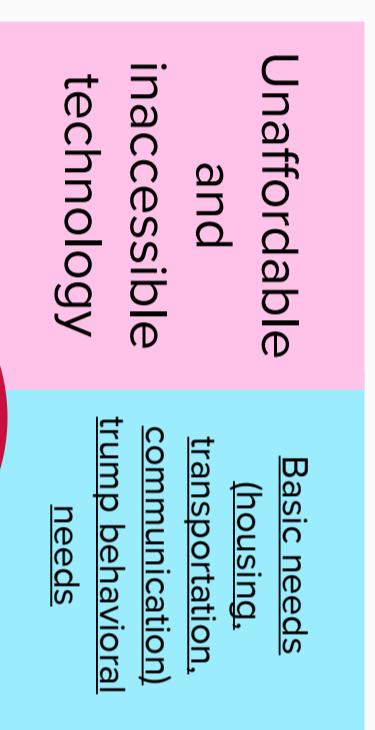
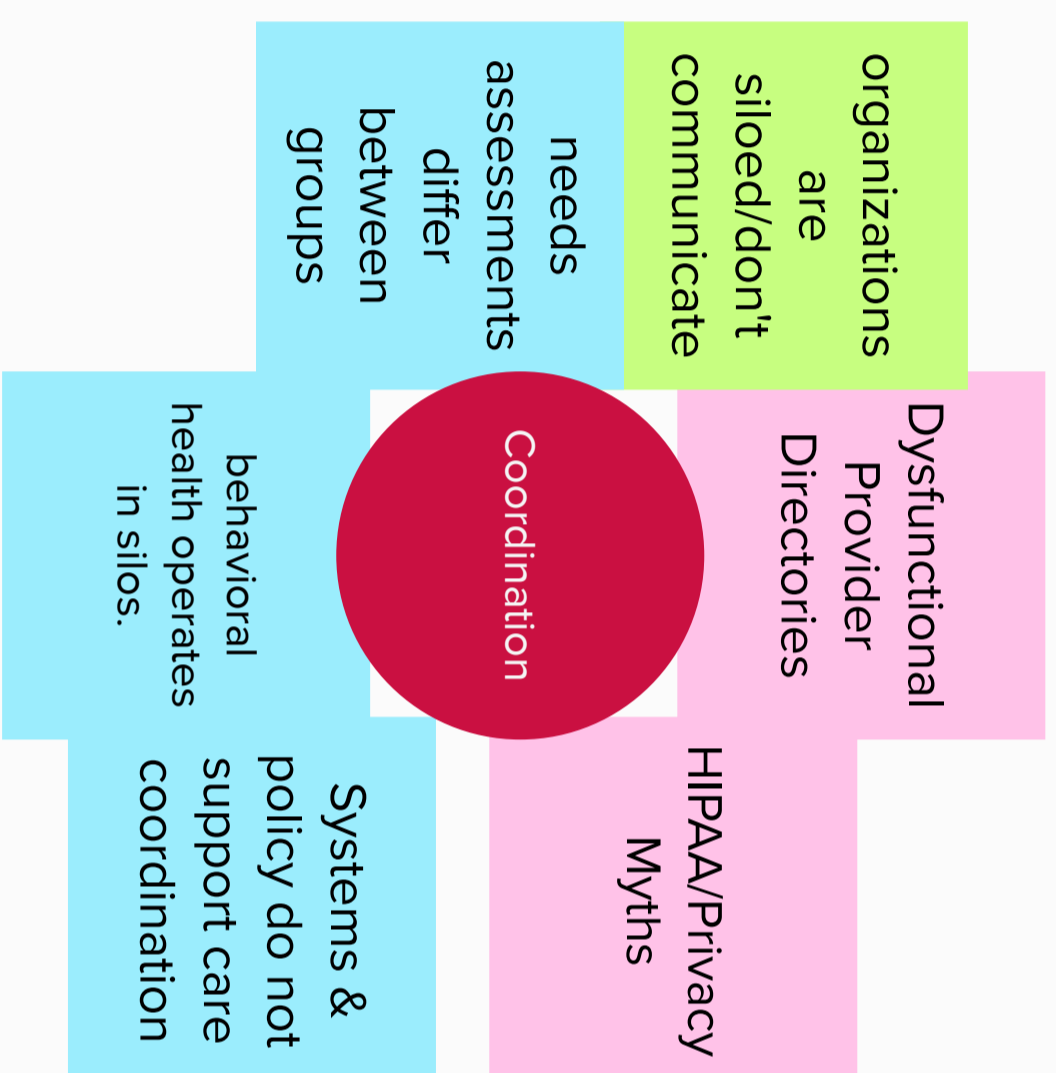
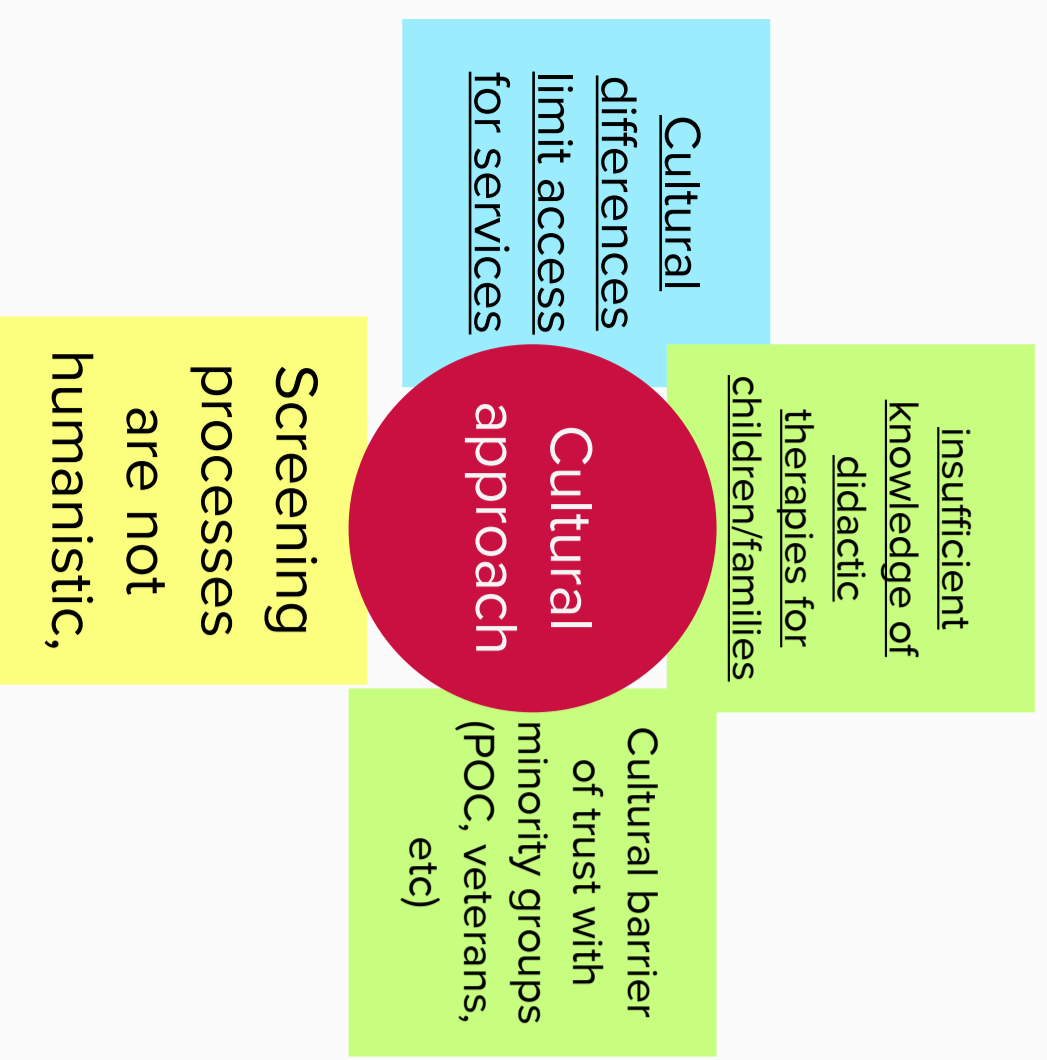
Relationships and Connections

Unquestioned Assumptions, Mindsets and Beliefs

Power Dynamics

 Specific and Describable

Behavioral Health: Increase Access and Coordination



Directions for Root Cause Titles:

Summarize what is blocking progress toward our metrics

3 - 7 Words

Adjective + Noun

No Solutions

Prompting Questions:

1.)What are the key words in this cluster?

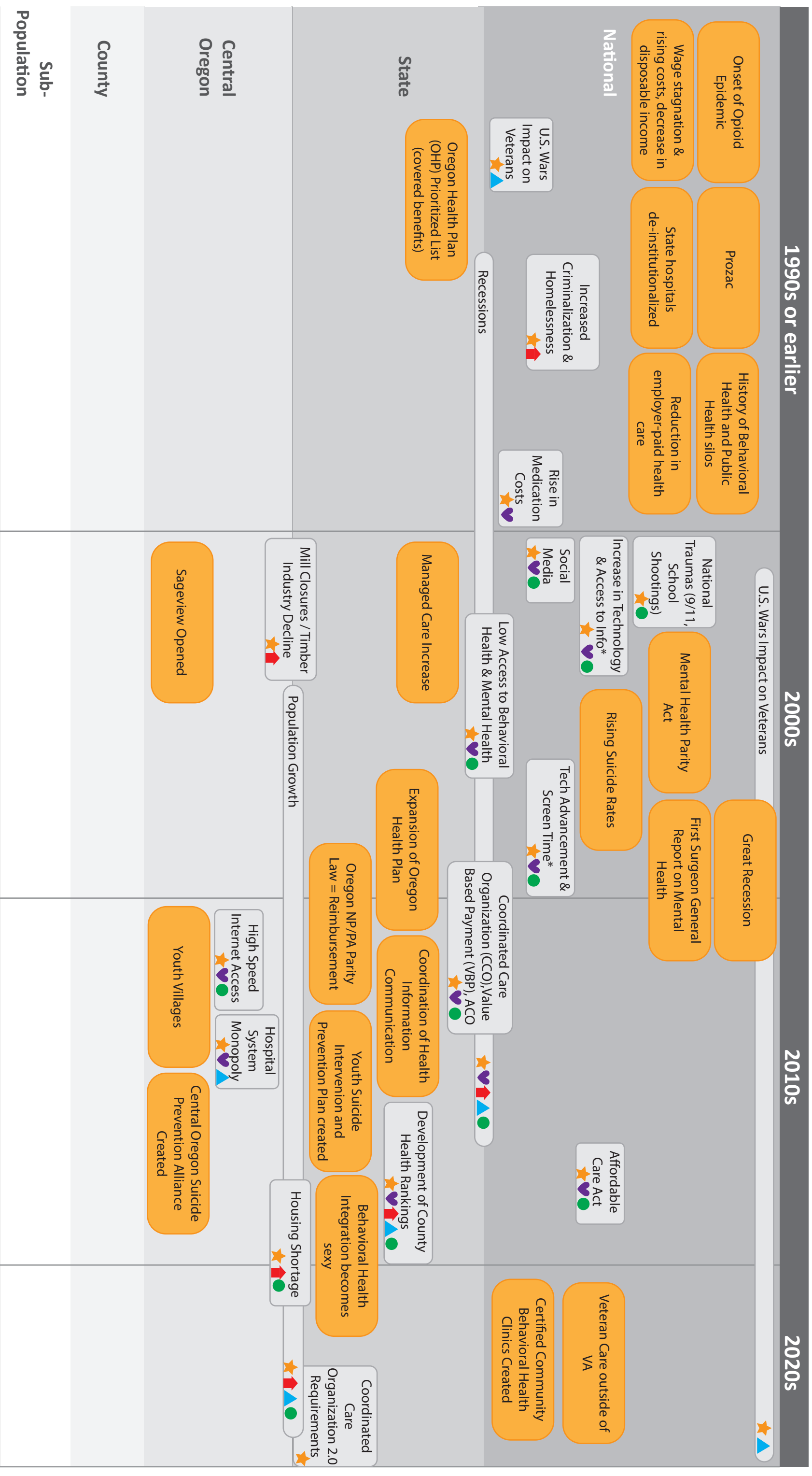
2.)How have you experienced this?

3.)How does this block? What is it blocking?

4.)What 3-7 word title best describes the root cause blocking our progress?

Behavioral Health: Increase Access and Coordination

Background Timeline



*Traumatic events across the country were able to be viewed and visually experienced by people with the increase of media access and screen time, enabling civilians to absorb trauma from wars and other tragedies around the globe.

- Address Poverty & Enhance Self-Sufficiency
- Promote Enhanced Physical Health Across Communities
- Behavioral Health: Increase Access and Coordination
- Stable Housing & Supports
- Substance & Alcohol Misuse Prevention & Treatment
- Upstream Prevention: Promotion of Individual Well-Being