Stable Housing and Supports
Regional Health Improvement Plan Workgroup

Join Zoom Meeting
https://zoom.us/j/264340446

Join by phone:
+1 669 900 6833
Meeting ID: 264 340 446

May 15, 2020
10:30am-12:00pm

Aim/Goal

Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports that offer opportunities for housing stability and increased individual well-being.

Future State Metrics

1. Decrease severely rent and mortgage-burdened households
2. Increase Housing Choice Voucher holders able to find and lease a unit
3. Accurately count Central Oregonians experiencing homelessness

AGENDA

10:30-10:35 Welcome, Land Acknowledgement & Guiding Principles - Facilitator
10:35-10:45 COVID-19 Updates – All
10:45-10:50 Small Group Introductions - All
10:50-12:00 Root Cause Analysis - All
1. By December 2023, decrease the combined severely rent and mortgage burdened households in Central Oregon by 2 percentage points to 16%.

2. By December 2023, 50% of Housing Choice Vouchers (HCV) holders will be able to find and lease a housing unit.

3. By December 2023, a comprehensive system for accurately capturing the extent of Central Oregonians experiencing homelessness will be in place and utilized.
Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus
We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region’s shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics
We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population
The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues
Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts
We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together
We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.
Stable Housing and Supports

**Living Wage**
- Rent/mortgage burden
- Wealth/income gap

**Data & Access**
- Homeless Count
  - Definition of Homelessness
- Service provider access to system to document/count
- Functional Definition of Homelessness

**Housing Supply**
- Housing
  - Density allows more multifamily
  - Landlord perceptions of Housing Choice Vouchers Program
  - Decrease housing stock/increase population
  - Construction labor shortages
  - Planning and use UGB limitations

**Housing Qualification**
- High application fees
- Skills on how to interview for housing
- Security deposit up front
- Qualifying factors creating barriers for rentals/HCVs
- Eviction and Credit Barriers
- Income/background requirements

**Discrimination**
- Community of not welcoming low income housing
- Community Education/awareness of population is lacking
- Negative assumptions of voucher holders
- Systemic Racism

**OBSTACLES**
- Continue to support, learn and adjust.
- Identify our regional and community aim
- Understand why this issue is important.

**Future State Metrics:**
- Decrease binge drinking in adults 18-34yo.
- Increase proportion of pregnancies that are intended
- Decrease asthma, cancer, cardiovascular disease and activity in youth.
- Decrease percent of individuals living near poverty level
- Increase high school graduation rates among economically

**Directions for Root Cause Titles:**
- Summarize what is blocking progress toward our metrics
- 3 - 7 Words
- Adjective + Noun
- No Solutions

**Prompting Questions:**
1. What are the key words in this cluster?
2. How have you experienced this?
3. How does this block? What is it blocking?
4. What 3-7 word title best describes the root cause blocking our progress?
### Stable Housing and Supports

#### Background: Why are we talking about this?

<table>
<thead>
<tr>
<th>1990s</th>
<th>Mill Closures / Timber Industry Decline Federal Housing Policy</th>
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<tbody>
<tr>
<td>2000s</td>
<td>Population Growth in Central Oregon Housing shortage The Great Recession Wage Vs. Housing Costs Single Income Households</td>
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Stable, healthy housing is a basic need. Insecure housing and an unhealthy living environment impact both physical and behavioral health conditions. By spending much of their income on housing, individuals and families must cut corners on other living expenses such as food, transportation, and medications, which can also significantly influence their health outcomes and overall well-being.

#### Current Condition: What’s happening right now?

- In 2017, 18% of Central Oregonians paid more than half of their income for rent and mortgage
- In Central Oregon, minority households experience more housing challenges than their white counterparts
- Central Oregon has a critical shortage of supportive housing units to meet the needs of people with disabilities, with co-occurring mental health or substance use disorders, and/or extended history of homelessness

**Current State Metrics:**
1. In 2017, 18% of Central Oregon households were severely rent or mortgage burdened
2. In 2018, only 30% of Housing Choice Voucher holders were able to find and lease a housing unit
3. No system to determine an accurate number of those experiencing homelessness exists in Central Oregon

#### Goal Statement: Where do we want to be in 4 years?

**Aim/Goal**
Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports that offer opportunities for stability and increased individual well-being.

**Future State Metrics** - By December 2023:
1. Decrease severely rent and mortgage-burdened households
2. Increase Housing Choice Voucher holders able to find and lease a unit
3. Accurately capture Central Oregonians experiencing homelessness

#### Analysis: What’s keeping us from getting there?

- {insert}

#### Strategic Direction: What are we going to try?

- {insert}

#### Focused Implementation: What are our specific actions? (who, what, when, where?)

- {insert}

#### Follow-Up: What’s working? What have we learned?

- {insert}
### Stable Housing and Supports

**Background Timeline**

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<tr>
<th>1990s or earlier</th>
<th>2000s</th>
<th>2010s</th>
<th>2020s</th>
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<td><strong>National</strong></td>
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<td>$ Slash for Mental Health Support</td>
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<td>Federal Housing Policy</td>
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<td>Federal Minimum Wage Increase to $7.50</td>
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<td>Increased Criminalization &amp; Homelessness</td>
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<td>Childcare Costs and Availability</td>
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<td><strong>State</strong></td>
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<td>Equity/Racism</td>
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<td>State $ Land Lease</td>
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<td><strong>Central Oregon</strong></td>
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<td>Mill Closures / Timber Industry Decline</td>
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<td>Time to build affordable housing</td>
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<td>Population Growth</td>
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<td><strong>County</strong></td>
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<td><strong>Sub-Population</strong></td>
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- **$** Address Poverty & Enhance Self-Sufficiency
- ** Behavior Health: Increase Access and Coordination
- **Promote Enhanced Physical Health Across Communities
- **Stable Housing & Supports
- **Substance & Alcohol Misuse Prevention & Treatment
- **Upstream Prevention: Promotion of Individual Well-Being