

Regional Health Improvement Plan Workgroup

Join Zoom Meeting https://zoom.us/j/264340446

Join by phone: +1 669 900 6833 Meeting ID: 264 340 446

Friday, June 19, 2020 10:30am-12:00pm

Aim/Goal

Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports that offer opportunities for housing stability and increased individual well-being.

Future State Metrics

- 1. Decrease severely rent and mortgage-burdened households
- 2. Increase Housing Choice Voucher holders able to find and lease a unit
- 3. Accurately count Central Oregonians experiencing homelessness

AGENDA		
10:30-10:35	Welcome, Land Acknowledgement & Guiding Principles - Facilitator	
10:35-10:45	Community Sharing – All	
10:45-10:50	Small Group Introductions - All	
10:50-12:00	Finish Root Cause / Begin Strategic Direction- All	



Regional Health Improvement Plan Workgroup

Future State Metrics – Full Detail

- 1. By December 2023, decrease the combined severely rent and mortgage burdened households in Central Oregon by 2 percentage points to 16%.
- 2. By December 2023, 50% of Housing Choice Vouchers (HCV) holders will be able to find and lease a housing unit.
- 3. By December 2023, a comprehensive system for accurately capturing the extent of Central Oregonians experiencing homelessness will be in place and utilized.



Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.



Directions for Root Cause Titles:

Summarize what is blocking progress toward our metrics

3 - 7 Words

Adjective + Noun

No Solutions

Prompting Questions:

1.)What are the key words in this cluster?

2.)How have you experienced this?

3.)How does this block? What is it blocking?

4.)What 3-7 word title best describes the root cause blocking our progress?

Background: Why are we talking about this?

1990s Mill Closures / Timber Industry Decline Federal Housing Policy

2000s Population Growth in Central Oregon

Housing shortage
The Great Recession
Wage Vs. Housing Costs
Single Income Households

Stable, healthy housing is a basic need. Insecure housing and an unhealthy living environment impact both physical and behavioral health conditions. By spending much of their income on housing, individuals and families must cut corners on other living expenses such as food, transportation, and medications, which can also significantly influence their health outcomes and overall well-being.

Current Condition: What's happening right now?

- In 2017, 18% of Central Oregonians paid more than half of their income for rent and mortgage
- In Central Oregon, minority households experience more housing challenges than their white counterparts
- Central Oregon has a critical shortage of supportive housing units to meet the needs of people with disabilities, with co-occurring mental health or substance use disorders, and/or extended history of homelessness

Current State Metrics:

- 1. In 2017, 18% of Central Oregon households were severely rent or mortgage burdened
- 2. In 2018, only 30% of Housing Choice Voucher holders were able to find and lease a housing unit
- 3. No system to determine an accurate number of those experiencing homelessness exists in Central Oregon

Goal Statement: Where do we want to be in 4 years?

Aim/Goa

Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports that offer opportunities for stability and increased individual well-being. **Future State Metrics -** By December 2023:

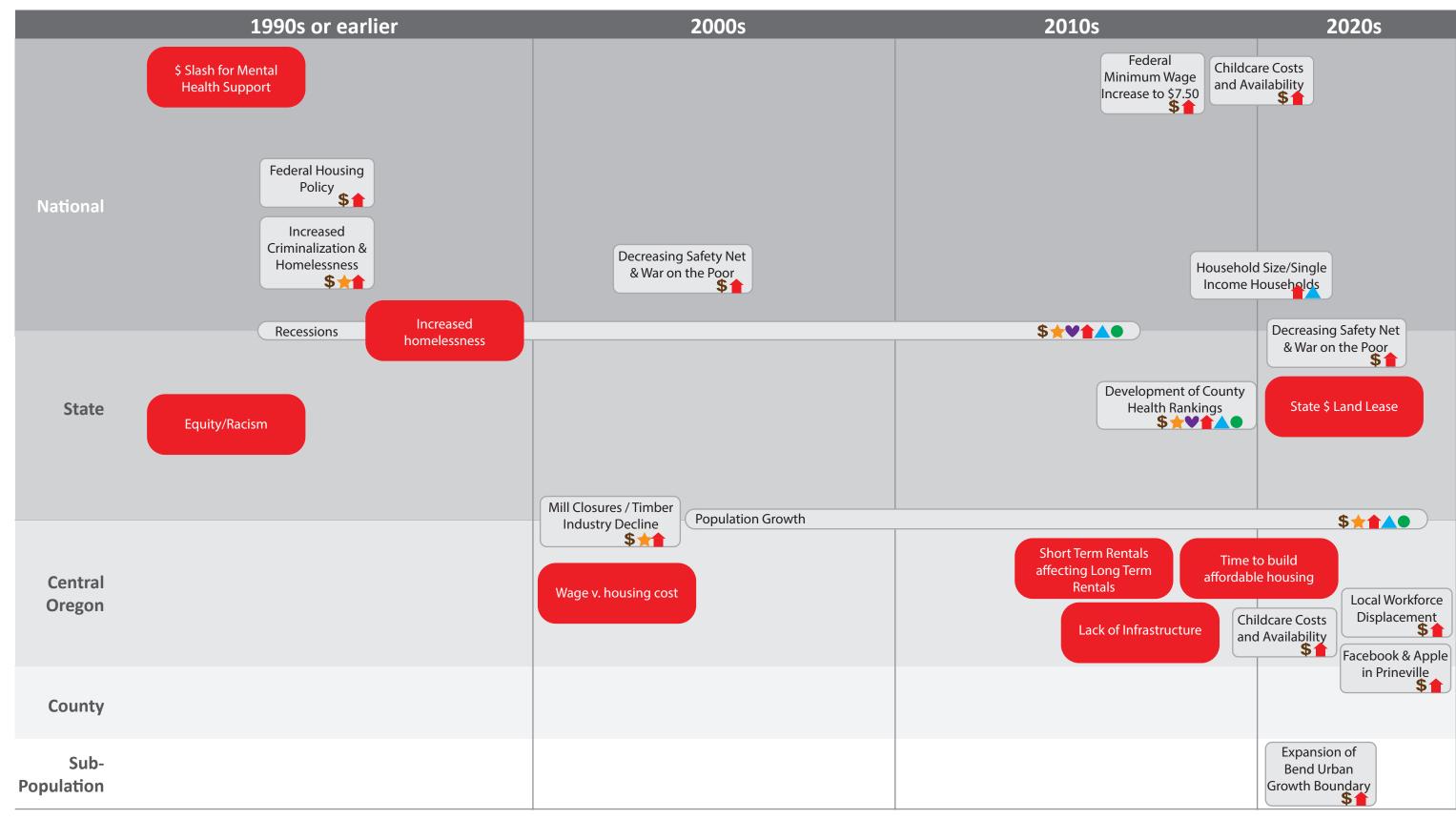
- 1. Decrease severely rent and mortgage-burdened households
- 2. Increase Housing Choice Voucher holders able to find and lease a unit
- 3. Accurately capture Central Oregonians experiencing homelessness

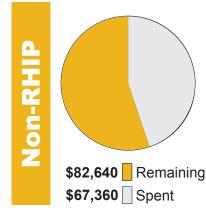
Date updated:	Workgroup:		Version:
Strategic Dir	ection: What are	we going to	try?
{insert}			
		_	

Focused Implementation: What are our specific actions? (who, what, when, where?)	
{insert}	

F	Follow-Up: What's working? What have we learned?		
{i	insert}		

Background Timeline





\$38,130 Remaining \$111,870 Spent

Central Oregon Health Council COVID-19 Mini-Grant Report

This report gives an overview of the status of all COVID-19 mini-grants funded by the Central Oregon Health Council (COHC).

There are two funding streams available for COVID-19 mini-grants. One is from the **RHIP Workgroups**, who elected to pool their money. Each workgroup contributed \$25,000, for a total of \$150,000. Grant applications for this funding stream directly impact a RHIP metric. See pages two and beyond for information on which metrics have been impacted through COVID-19 mini-grants.

The second funding stream is provided from **the COHC reserves** in a matching amount of \$150,000. This funding pool is drawn from when a COVID-19 mini-grant is submitted due to an emergent need, but does not align with a RHIP metric. See a complete list of these mini-grants on the bottom half of page one.

Non-RHIP COVID-19 Mini-Grants

Creach Consulting, LLC COVID-19 Virtual Community Supports

Jefferson County Public Health Department Stay Home, Save Lives Outreach Campaign

Jefferson County Public Health Department Prevent COVID-19 for At-Risk Populations

Mosaic Medical COVID-19 Care Kits for the Homeless

Central Oregon Pediatric Associates PPE Sterilization

Crook County Health Department COVID-19 Outreach Campaign
Family Access Network FAN COVID-19 Response

NeighborImpact Homeless Services

REACH COVID-19 Services for Homeless

Ronald McDonald House Charities COVID-19 Virtual Family Supports

Rugged Thread Outerwear Repair Inc. Manufacturing Surgical Masks Sparrow Clubs U.S.A. Virtual Sparrow Clubs for 2020-21 School Year

The Latino Community Association COVID-19 Emergency Funds for Families

REACH

REACH Solar Chargers for Homeless



RHIP COVID-19 Mini-Grants

Decrease food insecurity

Decrease percent of individuals living at poverty level and income constrained

Decrease housing and transportation costs as a percent of income

Increase availability of behavioral health providers in marginalized areas of the region

Increase timeliness and engagement when referred from primary care to specialty BH

Standardize screening processes for appropriate levels of follow-up care

Decrease asthma, cancer, cardiovascular disease, and diabetes rates

Increase fruit/vegetable consumption and physical activity in youth

Decrease risk factors for cardio-pulmonary and/or preventable disease

Accurately measure Central Oregonians experiencing homelessness

Decrease binge drinking among adults

Increase additional services for alcohol or drug dependence for individuals newly diagnosed

Reduce mental health/substance abuse emergency department visits in Madras, Prineville and Warm Springs

Increase letter name recognition at kindergarten

	Bend Farmers Market Fresh Veggies for SNAP Participants		•			•
	BestCare Treatment Services Expanding Telehealth Capacity for					
	COVID-19 Needs					
	Brightways Counseling Group Access to Care - Telehealth			•		
	Cascade Peer and Self Help Center COVID-19 Supports for Clients			•		
	Central Oregon Veteran Outreach COVO COVID-19 Crisis					
	Homeless Outreach					
	Council on Aging of Central Oregon Addressing Urgent Food Needs					
	for Seniors					
	DAWNS House COVID-19 Basic Needs Relief				•	
	Deschutes County Health Services Expansion of Telehealth					
	Services					
	Friends of the Children COVID-19 Support for Youth and Family				•	•
	Healthy Beginnings Continuity of Care During Covid-19			•		
_	High Desert Food and Farm Alliance Food Security for Vulnerable					
7	Residents and Farmers					
APRIL	Jericho Road COVID-19 Food Services					•
₹	La Pine Community Health Center The Behavioral Health COVID-19			•		
	Telehealth Project					
	Mountain Star Family Relief Nursery Providing Basic Necessities to					•
	At-Risk Families					
	NeighborImpact Social Distancing Shelter Alternatives		•			
	Redmond Senior Center Home Meal Services - Ensuring Food					•
	Security Diverse la Traile Talabasette Course lieur Arrivate the COVID 40 Original					
	Rimrock Trails Telehealth Counseling Amidst the COVID-19 Crisis			•		
- - -	St. Charles Health System Purchase Frio Insulin Cooling Cases		•	_	•	
	Still Serving Counseling Services COVID-19 Veteran Mental Health			•		
	Telehealth	• •				
	Sunstone Recovery, LLC Telehealth The Civing Plote, Inc. COVID 10 Food Police					
	The Giving Plate, Inc. COVID-19 Food Relief Theire Control Organ Rasic Needs Support to Low Income					
	Thrive Central Oregon Basic Needs Support to Low-Income Households				•	
	Treehouse Therapies Associates Telehealth Program					
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RHIP COVID-19 Mini-Grants (cont'd)

Decrease food insecurity Decrease percent of individuals living at poverty level and income constrained Decrease housing and transportation costs as a percent of income Increase availability of behavioral health providers in marginalized areas of the region Increase timeliness and engagement when referred from primary care to specialty BH Standardize screening processes for appropriate levels of follow-up care Decrease asthma, cancer, cardiovascular disease, and diabetes rates Increase fruit/vegetable consumption and physical activity in youth Decrease risk factors for cardio-pulmonary and/or preventable disease Accurately measure Central Oregonians experiencing homelessness Decrease binge drinking among adults Increase additional services for alcohol or drug dependence for individuals newly diagnosed Reduce mental health/substance abuse emergency department visits in Madras, Prineville and Warm Springs Increase letter name recognition at kindergarten Healthy Families Oregon - High Desert Basic Needs for Families **Stroke Awareness Oregon** Stroke Education & Prevention