Address Poverty and Enhance Self-Sufficiency
Regional Health Improvement Plan Workgroup

Join Zoom Meeting
https://us02web.zoom.us/j/264340446?pwd=SFWZpGYTBqclYzMLMzczAxeTFJUT09

Join by phone:
+1 669 900 6833
Meeting ID: 728 200 141
Passcode: 105890

October 20, 2020
11:00am – 12:30pm

Aim/Goal

Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.

Future State Metrics

1. Increase high school graduation rates among economically disadvantaged students
2. Decrease food insecurity
3. Decrease percent of income constrained households
4. Decrease housing and transportation costs as a percent of income

AGENDA

11:00-11:15 Welcome & Land Acknowledgement
11:15-11:35 Resolve Strategic Directions
11:35-12:25 Prioritize Strategic Directions / Implementation
12:25-12:30 Wrap Up & Next Steps
# Address Poverty and Enhance Self-Sufficiency

Regional Health Improvement Plan Workgroup

## Future State Metrics – Full Detail

1. **By December 2023, Central Oregon graduations rate among economically disadvantaged students will improve by 3 percentage points to:**

<table>
<thead>
<tr>
<th>County</th>
<th>2023 Central Oregon Graduations Rate for Economically Disadvantaged</th>
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</thead>
<tbody>
<tr>
<td>Crook</td>
<td>76.60%</td>
</tr>
<tr>
<td>Deschutes</td>
<td>77.30%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>83.40%</td>
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</tbody>
</table>

2a. **By December 2023, decrease the % of total population reported as food insecure by 2 percentage points to:**

<table>
<thead>
<tr>
<th>County</th>
<th>% of (total) Population Food Insecure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crook</td>
<td>13%</td>
</tr>
<tr>
<td>Deschutes</td>
<td>11%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>11.3%</td>
</tr>
</tbody>
</table>

2b. **By December 2023, develop a regional metric to evaluate food insecurity among seniors in our community (ages 65+).**

3. **By December 2023, decrease the population of households living at the poverty level and income constrained by 2 percentage points to:**

   - Crook: 27%
   - Deschutes: 24%
   - Jefferson: 32%

4. **By December 2023, reduce combined housing and transportation cost for residents as a percent of income in their respective counties to no more than:**

   - Crook County: 64%
   - Deschutes: 55%
   - Jefferson: 55%
Regional Health Improvement Plan (RHIP) Workgroup

**Guiding Principles**

**Shared Focus**
We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region’s shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

**Shared Metrics**
We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

**Involve Targeted Population**
The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

**Collaborate to Solve Complex Issues**
Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

**Coordinate Collective Efforts**
We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

**Learn and Adapt Together**
We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.
Address Poverty and Enhance Self-Sufficiency

**Background: Why are we talking about this?**

1990s Mill Closures / Timber Industry Decline
The Great Recession
Decreasing safety net – "War on Poor"
Local workforce displacement
Widening Opportunity Gap

Central Oregon has grown rapidly over the past two decades. Individual communities face different economic and social challenges associated with this development, including increased unemployment, lack of affordable housing, and income inequality. There is significant evidence linking poverty to health disparities and poor outcomes.

**Current Condition: What’s happening right now?**

- 9-17% of residents in Central Oregon lived in poverty between 2013 and 2017
- Almost 50% of the region’s renters are considered to be cost burdened
- Almost 25% of the civilian labor force in Warm Springs is experiencing unemployment

**Current State Metrics:**
1. 2018 Central Oregon graduation rates were significantly lower among economically disadvantaged students
2. Food insecurity by County: Crook 15%, Deschutes 13%, Jefferson 13.3%
3. Income constrained households: Crook 29%, Deschutes 26%, Jefferson 34%
4. Housing and transportation costs combined as a percent of income: Crook 67%, Deschutes 58%, Jefferson 58%

**Goal Statement: Where do we want to be in 4 years?**

**Aim/Goal**
Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.

**Future State Metrics - By December 2023:**
1. Increase high school graduation rates among economically disadvantaged students
2. Decrease food insecurity
3. Decrease percent of income constrained households
4. Decrease housing and transportation costs as a percent of income

**Analysis: What’s keeping us from getting there?**

- Demand exceeds supply for range of housing needs required
- Disjointed Systems
- Funding/Educational system is designed not to meet the needs of historically marginalized students
- Inactive response to Awareness, Barriers and Cultural Sensitivity
- Transportation can be inaccessible due to distance/economic
- Inequity of resources for income constrained families
- Scarcity culture promotes exclusionary programming
- Historical classism and racist structures undervalue and constrain people
- Complex & excessive restrictions to access safety nets

**Strategic Direction: What are we going to try?**

**Focused Implementation: What are our specific actions? (who, what, when, where?)**

**Follow-Up: What’s working? What have we learned?**
### Root Cause Barriers: What is blocking us from moving toward our future state measures?

<table>
<thead>
<tr>
<th>Demand exceeds supply for range of housing needs required</th>
<th>Disjointed Systems</th>
<th>Funding/ Educational system is designed not to meet the needs of historically marginalized students</th>
<th>Transportation can be inaccessible due to distance/ economic</th>
<th>Inequity of resources for income constrained families</th>
<th>Complex &amp; excessive restrictions to access safety nets</th>
<th>Historical classism and racist structures undervalue and constrain people</th>
<th>Scarcity culture promotes exclusionary programming</th>
<th>Inactive response to awareness, barriers and cultural sensitivity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neglected continuum of affordable housing options from shelter to home ownership</td>
<td>Job skills/ accommodations, child care, logistics of jobs, social help, mental health, scheduling, flexibility</td>
<td>Need paths in high schools that lead to good jobs making a living wage after graduation</td>
<td>Rural/ Smaller communities have smaller economic base to support trans.</td>
<td>Physical limitations for resource searches</td>
<td>Reduces of tax benefits for charitable donations</td>
<td>Lower wage job growth outpace family wage job growth</td>
<td>Older adult food insecurity: inadequate benefits outweigh energy expenditures to apply</td>
<td>Individualism vs. Socialism (ex. Some folks would not want bike path along canal) (some people reluctant to ask for help)</td>
</tr>
<tr>
<td>Pervasive mental health and addiction prohibit access to food and housing</td>
<td>Unstable family situations contribute to other issues - graduation rates, food instability, stable housing</td>
<td>Educational systems are built in 9-5 work school which aren’t address student’s needs</td>
<td>Smaller communities have greater distance to travel</td>
<td>Fragmented investment in prevention and early intervention</td>
<td>Federal changes to SNAP benefits</td>
<td>Policies and practices prohibit living wage jobs</td>
<td>Unbalanced funding for elderly and support for transportation, housing and food costs</td>
<td>Disparities of addressing Diversity, Equity, and Inclusion</td>
</tr>
<tr>
<td>Limiting policy for building new housing</td>
<td>Infrastructure: water, power, garbage, internet, bus routes</td>
<td>Fragmented student support systems</td>
<td>Investment priorities in public transportation</td>
<td>Resources for food storage are disconnected</td>
<td>Individuals living near poverty level</td>
<td>Access to services aren’t personalized based on their needs</td>
<td>Stigma to food assistance and transportation</td>
<td></td>
</tr>
<tr>
<td>Safe and adequate Housing</td>
<td>One income due to need for childcare</td>
<td></td>
<td>Grocery stores more efficient, so fewer donations</td>
<td>One income due to need for childcare</td>
<td></td>
<td></td>
<td>Poor experiences erode trust</td>
<td></td>
</tr>
<tr>
<td>Individuals accessing the system are in survival mode</td>
<td>ALICE households face barriers due to undocumentation</td>
<td></td>
<td></td>
<td>Pace of technology can overwhelm seniors</td>
<td></td>
<td></td>
<td>Fear of Public Charge</td>
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</tbody>
</table>

### Address Poverty and Enhance Self-Sufficiency

#### Root Cause Barriers

- **Demand exceeds supply for range of housing needs required**
  - Job skills/accommodations, child care, logistics of jobs, social help, mental health, scheduling, flexibility
  - Need paths in high schools that lead to good jobs making a living wage after graduation
- **Disjointed Systems**
  - Rural/Smaller communities have smaller economic base to support trans.
  - Physical limitations for resource searches
- **Funding/ Educational system is designed not to meet the needs of historically marginalized students**
  - Reduction of tax benefits for charitable donations
- **Transportation can be inaccessible due to distance/economic**
  - Lower wage job growth outpace family wage job growth
- **Inequity of resources for income constrained families**
  - Older adult food insecurity: inadequate benefits outweigh energy expenditures to apply
- **Complex & excessive restrictions to access safety nets**
  - Individualism vs. Socialism (ex. Some folks would not want bike path along canal) (some people reluctant to ask for help)
- **Historical classism and racist structures undervalue and constrain people**
  - Disparities of addressing Diversity, Equity, and Inclusion
- **Scarcity culture promotes exclusionary programming**
  - |
- **Inactive response to awareness, barriers and cultural sensitivity**
  - |
**STRATEGIC DIRECTIONS: What Moves Us Toward Our 2023 Practical Visions**

<table>
<thead>
<tr>
<th>Address Housing Crisis</th>
<th>Improve social determinants of health</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Create shared community housing options</td>
<td>• Free Public Transportation</td>
</tr>
<tr>
<td>• Research other successful housing (global models) for marginalized populations (Graduation Rates)</td>
<td>• Increase accessibility to childcare by providing subsidies</td>
</tr>
<tr>
<td>• Incentive landlords and property managers to house the houseless or unhouseable</td>
<td>• Develop dropout prevention programs</td>
</tr>
<tr>
<td>• A centralized clearing house for renters and to avoid all the costs associated with applying each time</td>
<td>• Lobby for zone &amp; code changes to decrease minimum lot size, increase density, allow for tiny homes/single dwelling units</td>
</tr>
<tr>
<td>• Subsidize or advocate for single dwelling units</td>
<td>• Look at using colleges to assist with childcare from students who are enrolled, credits, children constantly learning</td>
</tr>
<tr>
<td>• Develop a housing barrier removal fund (rental assistance, utility, and property debt forgiveness)</td>
<td>• Invest in communities to design their own communities = less travel, telemedicine, shopping, sustainability</td>
</tr>
<tr>
<td>• Create shared living programming = matchmaking services and screening for those with needs (income/ADLs) with those who need to rent a room</td>
<td>• More support and connection for government provided jobs such as WPA, CCC, Americorp, Peace corp</td>
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<td></td>
<td>• Explore how access to technology can improve access to transportation</td>
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<thead>
<tr>
<th>Convene Diverse Partnerships around Specific Issues</th>
<th>Partner Better with Marginalized</th>
<th>Increase Cultural Competence</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Resiliency is key and needs to be front of mind individually, communities, systems-wide</td>
<td>• Have accountability: distribute/share power</td>
<td>• Incentivize recruitment of BIPOC into leadership positions</td>
</tr>
<tr>
<td>• Convene workgroup to address solutions to the lack of affordable childcare</td>
<td>• We need to be working “with” not “for” Native Americans</td>
<td>• Increase culturally competent training opportunities for health care providers</td>
</tr>
<tr>
<td>• Create a workgroup of community members who can provide information about their lived experiences, needs, barriers, concerns, etc.</td>
<td>• Build trust with families from communities of color</td>
<td>• Get updated census data about intersectional identities, people with disabilities in Central Oregon</td>
</tr>
<tr>
<td>• Meet with income constrained families to unpack barriers</td>
<td>• Work directly with communities to create policies, programs and strategies to ensure that health interventions are equitable and culturally responsive</td>
<td></td>
</tr>
<tr>
<td>• Create workgroups of multiple organizations that address specific social determinants of health</td>
<td>• Coaches or mentors of color for kids of color</td>
<td>• Fund BIPOC-led Cultural Humility Trainings</td>
</tr>
<tr>
<td>• Assure incorporation of equity goals and metrics in partner organizations’ strategic plans</td>
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<tr>
<td>• Build community coalition capacity to address health inequities related to substance use and mental health</td>
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<tr>
<td>• Identify and implement strategies to assure more diverse representation on local communities</td>
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**Strengthening Foundation of Individual and Community Health**

**Empowering all people and community through inclusive and collaborative partnerships**
<table>
<thead>
<tr>
<th>Develop Workforce</th>
<th>Improve Access to Health Care</th>
<th>Connect Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• School to career connections that encourage trade schools, entrepreneurship, etc.</td>
<td>• Educate medical providers about the value of Community Health Workers so they are more likely to hire them</td>
<td>• Outsource personnel to community</td>
</tr>
<tr>
<td>• Construct a school-to-career pipeline</td>
<td>• More community navigators not only for health but also for those who are renting</td>
<td>• Connect local farmers to EBT &amp; food stamps</td>
</tr>
<tr>
<td>• Develop after school program for career pathways, not just college</td>
<td>• COCC Community Health Worker (CHW) Trainings</td>
<td>• Launch UniteUs platform (referrals)/Community portal for those who need help</td>
</tr>
<tr>
<td>• Implement onboarding and annual health equity training for staff</td>
<td>• Funding for schools to increase hiring mental health counselors</td>
<td>• Find local experts in categories to connect to resources (SNAP)*</td>
</tr>
<tr>
<td>• Reach out to partners to assess, identify and implement strategies to better communicate information that meets the language, literacy and cultural needs of the community</td>
<td>• Invest in Integrative Health Infrastructure</td>
<td>• Lean on libraries, meals on wheels, collaborative partners/ resource centers to connect them to resources</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• CO-OP, income constrained, use of FS and all those low income</td>
</tr>
</tbody>
</table>

### Advocate for Local Policy and Legislation
- Advocate for policies addressing social determinants of health
- Increase “clean slate” opportunities (expungement clinics, limits on date of how far background checks can go for criminal offenses, alternatives to incarceration for offenses)
- Guaranteed minimum wage
- Increased charitable deductions

### Boosting Advocacy to Address Systemic Factors Contributing to Poverty
- Advocate for policies addressing social determinants of health
- Increase “clean slate” opportunities (expungement clinics, limits on date of how far background checks can go for criminal offenses, alternatives to incarceration for offenses)
- Guaranteed minimum wage
- Increased charitable deductions