Stable Housing and Supports
Regional Health Improvement Plan Workgroup

Join Zoom Meeting
https://us02web.zoom.us/j/264340446?pwd=SFJWZXpGYTBqclYzMIIMzczAxeTFJUT09

Join by phone:
+1 669 900 6833
Meeting ID: 264 340 446
Passcode: 105890

Friday, September 17, 2021
10:30am-12:00pm

Future State Metrics

1. By December 2023, decrease the combined severely rent and mortgage burdened households in Central Oregon by 2 percentage points to 16%.

2. By December 2023, 50% of Housing Choice Vouchers (HCV) holders will be able to find and lease a housing unit.

3. By December 2023, a comprehensive system for accurately capturing the extent of Central Oregonians experiencing homelessness will be in place and utilized.

AGENDA

10:30-10:50 Welcome & Announcements - Staff
10:50-11:20 Introductions - All
11:20-11:50 Implementation Plan Development
11:50-12:00 Wrap Up & Next Steps
Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This land of the Mololla, Paiute, Klamath, Modoc, Yahooskin Band of Snake Indians, Confederated Tribes of Middle Oregon, and Confederated Tribes of Warm Springs. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”
Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus
We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region’s shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics
We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population
The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues
Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts
We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together
We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.
Stable Housing and Supports

Background: Why are we talking about this?

1990s Mill Closures / Timber Industry Decline
Federal Housing Policy

2000s Population Growth in Central Oregon
Housing shortage
The Great Recession
Wage Vs. Housing Costs
Single Income Households

Stable, healthy housing is a basic need. Insecure housing and an unhealthy living environment impact both physical and behavioral health conditions. By spending much of their income on housing, individuals and families must cut corners on other living expenses such as food, transportation, and medications, which can also significantly influence their health outcomes and overall well-being.

Current Condition: What’s happening right now?

- In 2017, 18% of Central Oregonians paid more than half of their income for rent and mortgage
- In Central Oregon, minority households experience more housing challenges than their white counterparts
- Central Oregon has a critical shortage of supportive housing units to meet the needs of people with disabilities, with co-occurring mental health or substance use disorders, and/or extended history of homelessness

Current State Metrics:
1. In 2017, 18% of Central Oregon households were severely rent or mortgage burdened
2. In 2018, only 30% of Housing Choice Voucher holders were able to find and lease a housing unit
3. No system to determine an accurate number of those experiencing homelessness exists in Central Oregon

Goal Statement: Where do we want to be in 4 years?

Aim/Goal
Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports that offer opportunities for stability and increased individual well-being.

Future State Metrics - By December 2023:
1. Decrease severely rent and mortgage-burdened households
2. Increase Housing Choice Voucher holders able to find and lease a unit
3. Accurately capture Central Oregonians experiencing homelessness

Analysis: What’s keeping us from getting there?

- Inaccurate and accurate assumptions reduce acceptance of diverse housing
- Housing cost & supply outweigh wealth & income
- Uncoordinated common advocacy goals, problems & efforts
- Inconsistent disjointed & inaccurate systems of data collection
- Housing is considered a commodity not a human necessity
- Prohibitive income & background requirements

Strategic Direction: What are we going to try?

Creating and increasing housing resources and opportunities
Developing and implementing advocacy strategies for housing policies and zoning
Aligning efforts across systems to address the housing crisis and homelessness
Educating the public to increase understanding and de-stigmatize housing needs

Focused Implementation: What are our specific actions? (who, what, when, where?)

<table>
<thead>
<tr>
<th>Region</th>
<th>Task</th>
<th>Duration</th>
<th>Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>COIC</td>
<td>Regional Housing Council (Pilot)</td>
<td>2021-2023</td>
<td>Region</td>
</tr>
<tr>
<td>FUSE</td>
<td>Permanent Supportive Housing</td>
<td>2021-2024</td>
<td>Region</td>
</tr>
<tr>
<td>HLC</td>
<td>Housing Case Management Infrastructure</td>
<td>2021-2024</td>
<td>Region</td>
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</tbody>
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Follow-Up: What’s working? What have we learned?

(insert)
2020-2024 RHIP Workgroups
5 Year Budget

Updated August 30, 2021

Funds Available $10,437,563
Initial Funds (spread over 5 years) $12,000,000
Funds Spent $1,562,437

Amount Invested by Workgroup

<table>
<thead>
<tr>
<th>Workgroup</th>
<th>Amount Invested</th>
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<tbody>
<tr>
<td>Address Poverty</td>
<td>$579,506.79</td>
</tr>
<tr>
<td>Behavioral Health</td>
<td>$54,275.00</td>
</tr>
<tr>
<td>Physical Health</td>
<td>$109,494.06</td>
</tr>
<tr>
<td>Stable Housing</td>
<td>$505,000.00</td>
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<tr>
<td>Substance &amp; Alcohol Misuse</td>
<td>$35,000.00</td>
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<tr>
<td>Upstream Prevention</td>
<td>$279,161.00</td>
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</table>

Poverty workgroup is still in the process of awarding these funds for their Graduation Rates RFP

Allocation of Spent Funds

Allocation of All Funds ($12M)
2020-2024 RHIP Workgroups

2021 Budget

Invested in 2021: $1,307,486
Invested in 2020: $254,951
To be invested: $10,437,563

For the 2021-2024 funding years, each workgroup's annual investment goal is a minimum of $500,000. The Central Oregon Health Council is required by law to invest a total of at least $2.5M each year through the workgroups. Each workgroup is expected to do their part in helping to reach this $2.5M annual commitment.
Stable Housing
2020-2024 RHIP Workgroup Budget

Updated August 30, 2021

Funds Available $1,495,000
Initial Funds (spread over 5 years) $2,000,000
Funds Spent $505,000

Amount Invested by Future State Measure

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Decrease severely rent and mortgage burdened households</td>
<td>$107,500.00</td>
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<tr>
<td>Increase Housing Choice Voucher holders able to find and lease a housing unit</td>
<td>$267,500.00</td>
</tr>
<tr>
<td>Create a system and accurately capture individuals experiencing homelessness</td>
<td>$105,000.00</td>
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</table>

Allocation of Funds by Measure

- Decrease severely rent and mortgage burdened households
- Increase Housing Choice Voucher holders able to find and lease a housing unit
- Create a system and accurately capture individuals experiencing homelessness

Allocation of All Funds ($2M)

- Decrease severely rent and mortgage burdened households
- Increase Housing Choice Voucher holders able to find and lease a housing unit
- Create a system and accurately capture individuals experiencing homelessness
- Unallocated
- COVID-19 ($25k pooled funds)
### Stable Housing
#### 2021 RHIP Workgroup Budget

<table>
<thead>
<tr>
<th>2021 investment goal</th>
<th>$500,000</th>
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</thead>
<tbody>
<tr>
<td>Amount remaining to invest toward 2021 goal</td>
<td>$35,000</td>
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<tr>
<td>Invested in 2021</td>
<td>$465,000</td>
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<tr>
<td>Invested in 2020</td>
<td>$40,000</td>
</tr>
</tbody>
</table>

#### Breakdown of Investments by Year ($2M)

- **Invested in 2021**: [Diagram showing investment amount]
- **Invested in 2020**: [Small portion of pie chart]
- **To be invested**: [Remaining portion of the pie chart]

#### Annual Goal Progress ($500k)

- **$0**
- **$100,000**
- **$200,000**
- **$300,000**
- **$400,000**
- **$500,000**

For the 2021-2024 funding years, each workgroup’s annual investment goal is a minimum of $500,000. The Central Oregon Health Council is required by law to invest a total of at least $2.5M each year through the workgroups. Each workgroup is expected to do their part in helping to reach this $2.5M annual commitment.
The Community Partner Satisfaction Survey conducted in February, 2021 solicited feedback on the relationships of the Central Oregon Health Council. The survey did not inquire specifically about Regional Health Improvement Plan Workgroups, but nearly half of all open-ended responses pertained to it.

**Regional Health Improvement Plan**

You are all doing an incredible job. The processes are extremely equitable and based on research and evaluation.

Continue to strive for equal voice for entities, especially amongst those who may be competitors in the same field.

Continue to reach out to organizations not represented on the committees.

**Top 3 Themes**

**Inclusion** Desire to bring in new organizations, new sectors and more voices from priority populations.

**Investments** Concern about how quickly decisions are made, by whom, and bias.

**Networking** Desire to know how other workgroups, organizations and sectors are contributing to efforts.

**Our Next Steps**

**Engage New Voices** Staff and workgroup partners will develop a plan to engage new sectors and community members.

**Accountability** Staff will continue to add transparency to workgroup communication efforts.

**Build Connections** Staff will implement new ways for workgroups to interact and hear about one another’s work.
Racism is a public health crisis. Every human being has a basic right to health.

As an organization created to improve the well-being of all residents across Central Oregon, the Central Oregon Health Council (COHC) has a responsibility to promote and protect that right to health. We know that health equity will never be achieved unless we address the racism and inequality resulting from biased policies, practices, and ideologies that helped shape Oregon and continue today.

People of color and tribal nations experience pervasive and deep health disparities. By focusing on race, we create a framework to address the impacts of inequality experienced by people who are also marginalized by ability, sexual orientation and gender, and people who live at the intersection of these and other identities. These persisting health inequities threaten the principles and priorities that the COHC was formed to address.

The Central Oregon Health Council is committed to diversity, equity, inclusion and justice in our work culture, grant making, and community partnerships. This is essential to achieving our purpose to build an equitable and integrated health ecosystem that improves the well-being of all Central Oregonians. As a community-led organization, we pledge to work with our partners to address the racial inequities within our communities and organizations.

The COHC commits to:

- engaging and learning with our diverse Central Oregon communities, especially populations who have been excluded, underrepresented, and underserved;

- listening and elevating the voices of communities who are most impacted by our work;

- co-creating with communities throughout our region to achieve more inclusive thinking, values and practices to meet their diverse needs for partnership;

- applying a health equity analysis to all of our programs, policies, practices, and grants;

- striving to provide regional leadership on health equity through shared governance and accountability with our Coordinated Care Organization and implementation of the Regional Health Assessment and Regional Health Improvement Plan;

- publicizing and referencing this commitment in all appropriate communications;
● evaluating how we follow through on this Commitment to Diversity, Equity, Inclusion, and Justice, and publicly sharing both our successes and failures.

We recognize we have a lot to learn and much work to do. We ask our partners, members, and staff to support and hold us accountable to this commitment.

Call to Action
The COHC calls on all its members, partners and leaders to develop, adopt, and implement similar commitments to diversity, equity, inclusion and justice. Together, we must identify meaningful solutions to dismantle structural racism. We must ensure every person has the freedom to be healthy, to be safe, and to thrive.
**Background**

*Health equity* means that everyone has a fair and just opportunity to be as healthy as possible. *Social determinants of health* contribute to health disparities and inequities. These conditions affect a wide range of health, functioning, and quality-of-life outcomes and risks. Racism, discrimination, violence, and wealth inequities are examples.

*Structural racism* is a fundamental social determinant that has been woven tightly into the fabric of American society. Structural racism establishes and reinforces a legacy of racial oppression and differential distribution of goods, services, opportunities, and protections by race. These include safe and affordable housing, quality education, adequate income and wealth building capacity, accessible quality health care, access to healthy food, safe and healthy neighborhoods, social connectedness and belonging.

Since 2020, the Centers for Disease Control, American Medical Association, and American Public Health Association have declared racism a serious public health emergency and threat. More agencies and states continue to join this *declaration*.

The Oregon Health Authority and the Governor have prioritized health equity. The *State of Oregon Diversity, equity and Inclusion Action Plan* aims to guide the still early efforts of the state enterprise to dismantle racism and establish a shared understanding. The purpose of *Healthier Together Oregon: 2020-2024 State Health Improvement Plan* is to advance health equity. Coordinated Care Organizations and Public Health Departments are implementing comprehensive health equity plans. Health equity is not just a strategic priority, but essential to the organizational mission and values of the Central Oregon Health Council.

Health equity is a cornerstone of the *2020-2024 Central Oregon Regional Health Improvement Plan (RHIP)*. Central Oregon strives toward an equitable health system where all people can reach their full health potential and well-being. Achieving health equity requires ongoing collaboration of all Central Oregon communities to address the inequitable distribution of resources, wealth and power; and to recognize, reconcile and rectify historical and contemporary injustices (2020-2024 RHIP).

**Our Journey To Date Towards Health Equity**

The COHC was founded in 2009 by medical and government leaders within our Central Oregon communities with the vision of improving health for every individual living in our region. Since then, the COHC has grown and the regional understanding of health, social determinants of health and health equity has evolved and developed. Out of our desire to better engage our communities, our partnerships have expanded outside the medical community to non-profit social services and education. Partnership remains an integral part of who the COHC is.

The Central Oregon Diversity, Equity, and Inclusion (CODEI) Committee was formed in 2019 to provide actionable strategies to advance *diversity, equity and inclusion* in support of the goals of the Central Oregon Health Council (COHC) as articulated in the Regional Health Improvement Plan (RHIP). Since the inception of CODEI, the COHC has accomplished the following:
• Creation and implementation of CODEI Action Plan, and development of resources to support progress in advancing health equity
• Supported the COHC Board of Directors prioritization of health equity in the current strategic plan
• Highlighting opportunities to advance health equity in RHIP workgroups
• Inclusion of health equity priority in community grant programs
• Beginning to identify and share data to support health equity