Address Poverty and Enhance Self-Sufficiency
Regional Health Improvement Plan Workgroup

Join Zoom Meeting
https://us02web.zoom.us/j/728200141?pwd=dFM0UEhVUTZ6K1pHUkpFWXVBQkJYdz09

Join by phone:
+1 669 900 6833
Meeting ID: 728 200 141
Passcode: 105890

October 19, 2021
11:00am – 12:30pm

Aim/Goal

Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.

Future State Metrics - Condensed

1. Increase high school graduation rates among economically disadvantaged students
2. Decrease food insecurity
3. Decrease percent of income constrained households
4. Decrease housing and transportation costs as a percent of income

AGENDA

11:00-11:15 AM Welcome, Land Acknowledgement, Guiding Principles, Announcements

11:15-11:45 PM Mini Grant Process Review

11:20-12:20 PM Implementation Plan Development
   • Small group work

12:20-12:30 PM Wrap Up & Next Steps

Working Document: https://docs.google.com/presentation/d/1jYwyGwMlUj2QtW2INBIRF9cijI_4HaSIYqw_28uLg/edit?usp=sharing
1. By December 2023, Central Oregon graduations rate among economically disadvantaged students will improve by 3 percentage points to:

<table>
<thead>
<tr>
<th>County</th>
<th>2023 Central Oregon Graduations Rate for Economically Disadvantaged</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crook</td>
<td>76.60%</td>
</tr>
<tr>
<td>Deschutes</td>
<td>77.30%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>83.40%</td>
</tr>
</tbody>
</table>

2a. By December 2023, decrease the % of total population reported as food insecure by 2 percentage points to:

<table>
<thead>
<tr>
<th>County</th>
<th>% of (total) Population Food Insecure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crook</td>
<td>13%</td>
</tr>
<tr>
<td>Deschutes</td>
<td>11%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>11.3%</td>
</tr>
</tbody>
</table>

2b. By December 2023, develop a regional metric to evaluate food insecurity among seniors in our community (ages 65+).

3. By December 2023, decrease the population of households living at the poverty level and income constrained by 2 percentage points to:

- Crook: 27%
- Deschutes: 24%
- Jefferson: 32%

4. By December 2023, reduce combined housing and transportation cost for residents as a percent of income in their respective counties to no more than:

- Crook County: 64%
- Deschutes: 55%
- Jefferson: 55%
Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”
Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus
We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region’s shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics
We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population
The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues
Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts
We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together
We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.
Regional Health Improvement Plan (RHIP) Workgroup

Voting Practices

Our work as partners within the Central Oregon Health Council’s (COHC) Regional Health Improvement Plan (RHIP) workgroups often benefits many organizations. If we were to ask Voting Partners not to vote because they have submitted an application for funding, many people in the RHIP workgroup might not be able to participate. We all stand to gain from the shared wisdom of our many RHIP workgroup partners.

- It is our practice that you, the Voting Partner, announce a conflict of interest when it occurs during a discussion and vote. Then you can continue to vote in spite of that conflict.
- If you feel your conflict of interest unfairly affects your vote, you may choose not to vote.

It is common for organizations to have more than one person on a RHIP workgroup.

- When it is time to vote, people from the same organization will share a single vote.
- If you are not associated with an organization (i.e. community member) you will have a single vote.

We approach decisions using the Focused Conversation method.

- This technique encourages everyone to participate and brings the group closer to consensus.

The Focused Conversation is followed by a vote.

- A decision is made when 75% of the Voting Partners are in agreement.

Sometimes you might part of a subgroup working on a project.

- Everyone on the subgroup must agree unanimously to take the project to the larger workgroup for additional support.

Consensus is defined as:

- Finding and creating areas of shared understanding.
- A coming together of the common sense of the total group.
- An agreement that everyone can live with.
### 2020-2024 RHIP Workgroups

**5 Year Budget**

<table>
<thead>
<tr>
<th>Workgroup</th>
<th>Amount Invested</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address Poverty</td>
<td>$621,001.79</td>
</tr>
<tr>
<td>Behavioral Health</td>
<td>$54,275.00</td>
</tr>
<tr>
<td>Physical Health</td>
<td>$109,494.06</td>
</tr>
<tr>
<td>Stable Housing</td>
<td>$1,109,654.00</td>
</tr>
<tr>
<td>Substance &amp; Alcohol Misuse</td>
<td>$35,000.00</td>
</tr>
<tr>
<td>Upstream Prevention</td>
<td>$284,698.00</td>
</tr>
</tbody>
</table>

- **Funds Available:** $9,785,877
- **Initial Funds (spread over 5 years):** $12,000,000
- **Funds Spent:** $2,214,123

### Allocation of Spent Funds

- Address Poverty
- Behavioral Health
- Physical Health
- Stable Housing
- Substance & Alcohol Misuse
- Upstream Prevention

### Allocation of All Funds ($12M)

- Address Poverty
- Behavioral Health
- Physical Health
- Stable Housing
- Substance & Alcohol Misuse
- Upstream Prevention
- Unallocated
2020-2024 RHIP Workgroups
2021 Budget

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>2021 investment goal</td>
<td>$2,500,000</td>
</tr>
<tr>
<td>Amount remaining to invest toward 2021 goal</td>
<td>$540,828</td>
</tr>
<tr>
<td>Invested in 2021</td>
<td>$1,959,172</td>
</tr>
<tr>
<td>Invested in 2020</td>
<td>$254,951</td>
</tr>
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</table>

For the 2021-2024 funding years, each workgroup's annual investment goal is a minimum of $500,000. The Central Oregon Health Council is required by law to invest a total of at least $2.5M each year through the workgroups. Each workgroup is expected to do their part in helping to reach this $2.5M annual commitment.
# Address Poverty & Enhance Self-Sufficiency

**2020-2024 RHIP Workgroup Budget**

Updated September 30, 2021

Funds Available $1,378,998  
Initial Funds (spread over 5 years) $2,000,000  
Funds Spent $621,002

<table>
<thead>
<tr>
<th>Amount Invested by Future State Measure</th>
<th>Amount Invested</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decrease the number of households living at poverty level and income constrained</td>
<td>$12,500.00</td>
</tr>
<tr>
<td>Decrease the percentage of the total population reported as food insecure</td>
<td></td>
</tr>
<tr>
<td>Develop a regional metric to evaluate food insecurity among seniors</td>
<td>$60,000.00</td>
</tr>
<tr>
<td>Reduce the total percentage of income being spent combined housing and transportation costs</td>
<td>$5,000.00</td>
</tr>
<tr>
<td>Increase high school graduation rates among economically disadvantaged students</td>
<td>$518,501.79</td>
</tr>
</tbody>
</table>

## Allocation of Funds by Measure

- Decrease the number of households living at poverty level and income constrained
- Decrease the percentage of the total population reported as food insecure
  - Develop a regional metric to evaluate food insecurity among seniors
- Reduce the total percentage of income being spent combined housing and transportation costs
- Increase high school graduation rates among economically disadvantaged students

## Allocation of All Funds ($2M)

- Decrease the number of households living at poverty level and income constrained
- Decrease the percentage of the total population reported as food insecure
- Reduce the total percentage of income being spent combined housing and transportation costs
- Increase high school graduation rates among economically disadvantaged students
- Unallocated
- COVID-19 ($25k pooled funds)
Address Poverty & Enhance Self-Sufficiency
2021 RHIP Workgroup Budget

<table>
<thead>
<tr>
<th>2021 investment goal</th>
<th>$500,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount remaining to invest toward 2021 goal</td>
<td>$66,002</td>
</tr>
<tr>
<td>Invested in 2021</td>
<td>$566,002</td>
</tr>
<tr>
<td>Invested in 2020</td>
<td>$55,000</td>
</tr>
</tbody>
</table>

Breakdown of Investments by Year ($2M)

Annual Goal Progress ($500k)

For the 2021-2024 funding years, each workgroup's annual investment goal is a minimum of $500,000. The Central Oregon Health Council is required by law to invest a total of at least $2.5M each year through the workgroups. Each workgroup is expected to do their part in helping to reach this $2.5M annual commitment.