

Council Members

- Brad Porterfield, Chair,
Consumer Representative
Latino Community
Association
- Mayra Benitez
Consumer Representative
- Conor Carlsen
Consumer Representative
- Natalie Chavez
Jefferson County Health
Department
- Linda Johnson
Community
Representative
- Elaine Knobbs-Seasholtz
Mosaic Medical
- Larry Kogovsek
Community
Representative
- Tom Kuhn
Deschutes County Health
Services
- Lauren Kustudick
Consumer Representative
- Jennifer Little
Klamath County
Representative
- Theresa Olander
Consumer Representative
- Regina Sanchez
Crook County Health
Department
- Elizabeth Schmitt
Consumer Representative
- Mande Seeley
Consumer Representative
- Ken Wilhelm
United Way of Deschutes
Co.



COMMUNITY ADVISORY COUNCIL

November 18, 2021

VIRTUAL

Video Conference Link In Calendar Invite

Conference Line: 1.669.900.6833

Meeting ID: 861.0355.0703#

Passcode: 492445#

- 12:00-12:20 Welcome – Brad Porterfield (CAC)**
- Land Acknowledgement
 - Introductions
 - Public Comment & Patient Story
 - Vice-Chair Nomination
 - Update of Board of Directors / CAC Actions from the Combined Meeting
 - Approval of Meeting Notes
- 12:20-12:30 CAC Members Small Group Breakout Session**
- 12:30-1:20 Community Health Projects Final Decision – MaCayla Arsenault (COHC)**
- 1:20-1:30 Emerging Issues Follow Up – Gwen Jones (COHC)**

Five Finger Voting:

0: No go! Serious concerns

1: Serious reservations, prefer to resolve concerns before supporting it

2: Some concerns but will go along with it

3: Support the idea

4: Strong support but will not champion it

5: Absolutely! Best idea ever, willing to champion it

“The overarching purpose of the CAC is to ensure the COHC remains responsive to consumer and community health needs.”—COHC CAC Charter

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”

Central Oregon Health Council

Community Advisory Council (CAC)

Chairperson and Vice-Chairperson Shared Roles and Responsibilities

The Chairperson and Vice-Chairperson share many responsibilities. See the Chairperson and Vice-Chairperson sections for responsibilities unique to each role.

Shared Job Description:

- Neutrally facilitate the identification, discussion, and ranking of issues of concern to members.
- Plan the meetings of the CAC to meet the minimum requirements of the most current CCO contract.
- Facilitate follow up discussions and votes held by email.

Shared Requirements of Prior and Current Service:

- Must be receiving benefits from PacificSource Community Solutions Oregon Health Plan or be a guardian of a dependent currently receiving benefits.
- Must have six months to one year of experience serving on the CAC before serving as a Chairperson or Vice-Chairperson.
- One term of service is two years. Can serve for up to two consecutive terms for a total of four years.

Shared Expectations of Personal and Professional Characteristics:

- Ability to listen, analyze, think strategically and creatively, and work well with people both one on one and in a group.
- Ability to consider multiple viewpoints on sensitive issues and communicate the Community Advisory Council's perspective effectively with members and stakeholders.
- Ability to prepare for, attend, and participate in meetings and meeting agenda planning (including conference calls).
- Willingness to ask questions when you need more information, to take responsibility, to follow through on given assignments, and to evaluate oneself.
- Willingness to develop certain skills needed for the role if you do not already possess them.
- Commitment to honesty, sensitivity, and tolerance of differing views; a friendly, responsive, and patient approach; personal integrity; a developed sense of values; and concern for the CAC's development.
- Ability to facilitate discussions face-to-face and through electronic means among diverse partners.

Shared Primary Responsibilities:

- Attend and participate in all meetings of the Community Advisory Council (except during vacations and emergencies).
- Be informed about the CCO and COHC's mission, vision, policies.
- Work together with the Board of Directors Chairperson to create yearly CAC workplan.
- Get familiar with and review CAC agendas and supporting materials prior to meetings.
- Prepare and present information at other meetings on behalf of the CAC as needed.
- Support the development of processes for meaningful partnership between the CAC and Board of Directors.
- Support the coordination of the yearly joint meeting between CAC and the Board of Directors.
- Initiate and facilitate communications among the members of the Community Advisory Council.
- Work with staff and current CAC members to develop a new CAC member recruitment plan and assist with recruiting activities.

Shared Resources and Support:

- A stipend and internet (or mileage reimbursement) is offered for meetings.
- COHC staff support is available for work related to the CAC.
- Opportunity to participate in yearly Oregon CCO conference.
- Oregon Health Authority CAC Support:
 - <https://www.oregon.gov/oha/OEI/Pages/cac.aspx>
 - <https://www.oregon.gov/oha/HSD/OHP/Pages/CCO-Community-Advisory-Councils.aspx>

Chairperson Roles & Responsibilities

Beyond the shared responsibilities above, the CAC Chairperson has individual responsibilities they must fulfill.

Chairperson Additional Job Requirements

- Serve on the COHC Board of Directors as a full member (see Board Policy Book for complete description).
- Inform the Board of Directors about any recommendations from the CAC.

Chairperson Additional Responsibilities

- Attend and participate in all meetings of the Board of Directors (except during vacations and emergencies).
- Draw attention to priorities in the Board of Directors' Strategic Plan to the CAC.

- Serve as the liaison between the Community Advisory Council and the Board of Directors. Prepare and present information at both meetings on behalf of each group, including feedback about performance of the Oregon Health Plan (OHP) and how the CAC is addressing CCO contract requirements.

Chairperson Time Commitment:

- Anticipate a minimum of 5 hours a month for meetings plus emails, work outside of meetings, and additional time for initial learning and orientation.

Vice-Chairperson Roles and Responsibilities

Beyond the shared responsibilities above, the CAC Vice-Chairperson has individual responsibilities they must fulfill.

Vice-Chairperson Roles & Responsibilities

The CAC Vice-Chairperson will not be called upon to stand in for the CAC Chairperson at the COHC Board of Directors. They may attend as a guest but will not be asked to join the Board of Directors in the absence of the CAC Chairperson.

Vice-Chairperson Additional Job Requirements

- Step in to fill the CAC Chairperson role when the Chairperson is absent.

Vice-Chairperson Time Commitment:

- Anticipate a minimum of 3 hours a month for meetings plus emails, work outside of meetings and additional time for initial learning and orientation.

COHC Community Advisory Council 2021 CBI Summaries:

Organization	Project Title	Brief Description
The Confederated Tribes of Warm Springs	From Shelter to Independent Living	Funding for this project would help relocate 10 mini-huts (which can accommodate up to a family of 4, but most huts will house 2 unrelated people), a 2-bedroom trailer used to house staff, and a portable kitchen to the permanent shelter site. Funds would also be used to pay for 5 restrooms, 5 showers, 2 commercial washers and dryers, a storage unit, a fence around the property, and will help connect electricity to all of the buildings on site. The permanent shelter will serve approx. 20 individuals each day.
REACH	Safe Haven Parking Project	Funding would be used to expand The Safe Haven parking program in Deschutes County to include 20-25 additional spaces in each of 3-5 additional locations. REACH would hire an additional staff person (20 hours/wk) and provide sanitation facilities and case management to its Safe Haven guests. Safe Haven provides a safe and secure place for people living in their vehicles to park so they can rest and receive case management with the goal of finding safe, permanent housing.
MountainStar Relief Nursery	MountainStar's Early Childhood Literacy Project	Funding would be used to support Program Managers in Bend, Redmond, Madras, and Prineville who provide crisis intervention, safety-net services, parent education, home visits, group activities, connections to mental health resources, transportation services and respite care for the children, and referrals to other programs and services as needed. This project will serve approx. 260 children ages 0-5 and their families.
Darlene Urbach Memorial Youth Fund	Culver Pickleball Courts	Funding would be used to expand the park in Culver by adding 2 pickleball courts, which will provide fun, low-impact,

		easy-to-learn activity that is inclusive for all ages, community members, and ability levels and will increase fitness levels in the community. Funds will also be used to purchase pickleball equipment that will be available for all community members to borrow. Eventually pickleball lessons in English and Spanish will also be provided to all community members.
Saving Grace	Saving Grace System Navigation for Survivors	Funding would be used to maintain the number and capacity of system navigators, who help survivors by creating safety plans to leave, find stable employment, connect children with childcare and/or schooling, and finding, applying for, and maintaining safe, stable housing. Saving Grace will provide services to approx. 1,000 clients in Central Oregon by Dec. 2022.
Bethlehem Inn	Transforming Lives Together	Funding would be used to support Case Managers provide support and help to Bethlehem Inn's estimated 1,200 residents annually. Case management staff ensures that all residents have access to resources, such as healthcare (physical, dental, and behavioral health), identification (driver's license, birth certificate), food stamps, disability services, etc. Case Managers ultimate goal is to help residents transition to safe, permanent housing.
Warm Springs Community Action Team	Strong, Heathy Futures in Warm Springs	This program would provide training, credit coaching, and counseling to 200+ tribal and community members, including 50-75 young adults (through Papalaximitia Youth Program). These skills lead to financial stability and future access to education and financial empowerment, supporting basic needs, such as rent, utilities, food and childcare.
PAWsitive Choices LLC.	Social-Emotional and Trauma-Responsive Community Behavioral Health Project	This project would support the improvement of education, specifically letter name recognition and third-grade reading skills by working with SMART Reading (a non-profit program for at-risk K-3 readers). PAWsitive choices trauma-responsive

		<p>approach will serve children and families who are experiencing; foster care, disabilities, poverty, marginalization, and other forms of stress and hardship. This project would also provide trauma-responsive training in English and Spanish for foster families, teachers, and school staff.</p>
<p>Lines for Life</p>	<p>YouthLine Satellite Program in Warm Springs</p>	<p>The YouthLine would partner with the Confederated Tribes of Warm Springs to apply culturally appropriate programming and services to improve mental health and wellness for Native youth in Warm Springs and Jefferson County. They will work with Warm Springs staff to recruit, train, and mentor at least one cohort of youth that participate in the YouthLine development-coaching program located within the Warm Springs community. Funding for this project would be used to pay for support staff, training, equipment, technology, furniture, educational and social media materials, and travel.</p>
<p>The Child Center</p>	<p>School-Based Mental and Behavioral Health</p>	<p>Funding for this project would pay for one full-time school based therapist to provide services to schools in LaPine. By providing services within elementary and middle schools, the therapist can bring support and resources to students earlier, while reducing the need for transportation that many families living in rural areas may struggle to access. They hope to increase services to students in LaPine by 150%.</p>

2021 COMMUNITY HEALTH PROJECTS APPLICATION REVIEWS RESULTS

Bethlehem Inn: Transforming Lives Together

What did you like about this project?

- They have a proven track record and seem to be excellent partners.
- Provides a safe place for adults and children facing homelessness
- They support people how are close to or currently experiencing homelessness.
- Direct ties to health outcomes. Formal established relationship with Warm Springs. 60% of clients are rural. Evolution/expansion of a successful program. Use of established evaluation tools.
- Like the use of apricot and case management

Was there anything that you did not like or had concerns about with this project?

- The only concern I have is that the shelter isn't low barrier so it doesn't work for everyone.
- n/a
- I don't know if they serve large enough rural or Tribal Nation populations that best meet our criteria for this project.
- Didn't fully understand how the Apricot evaluation system works. Redmond is still a log way from Warm Springs.
- n/a

Darlene Urbach Memorial Youth Fund: Culver Park Pickleball Courts

What did you like about this project?

- It would be a great service for this community.
- More outdoor activities for adults and children
- According to Cindy, Jefferson county has the highest level of obesity. They are looking to provide a low cost healthy activity.
- Meets an unmet need in an underserved area.
- Use for all ages, physical ed., and connectedness

Was there anything that you did not like or had concerns about with this project?

- It doesn't help tribal communities.
- Will there be a cost?
- It seems a bit limited in population size and doesn't easily reach a Tribal Nation.
- Doesn't serve a tribal nation. No funding partners noted. Steering committee diversity yet to be created. Unproven, I can envision an outcome wherein the courts are built but then people of one race dominate use and others will not feel welcome and thus not participate.
- n/a

Lines for Life: YouthLine Satellite Program in Warm Springs

What did you like about this project?

- It will save lives for those most at risk of suicide in our state, and it will focus on Warm Springs.
- Addresses mental health for teens
- They have been working with the Warm Springs Tribe for a few years and are planning to increase programs that build understanding around mental wellness, while also providing access to workforce development, training, and technology to youth in Warm Springs.
- Direct focus on high-need, at-risk youth. Existing relationship with Warm Springs. Directly addresses barriers to accessing mental health services. Works on sense of belonging and feeling connected.
- Good program for the youth. Liked that it's in WS.

Was there anything that you did not like or had concerns about with this project?

- NA
- Will it be available for younger children such as elementary age children?
- Internet is critical to life today, especially in education, it is either non-existent or bad
- They are based in Portland and will have to travel and only spend 1-2 days per week. Will the targeted population be welcome to people/help from Portland and only on certain days?
- Didn't understand the statement about youth suicide rate declining as part of making the case for the program.
- N/A

Mountain Star Family Relief Nursery: Mountain Star's Early Childhood Literacy Project

What did you like about this project?

- I support anything that helps kids succeed.
- Literacy readiness for when transferring to grade school
- It focuses on literacy for those under 5 years old.
- Expansion of a successful program. 2-Gen tools and approaches. Addresses removal of barriers. Inclusion team. Us of evidence based and best practices.
- Tremendous help for abused children's and causes slow to recognize alphabet letters.

Was there anything that you did not like or had concerns about with this project?

- It doesn't support tribal communities.
- n/a
- Whole child educational foundation incorporating entire family
- Not sure if Redmond should be considered rural and it doesn't support a tribal nation.

PAWsitve Choices LLC: Social-Emotional and Trauma-Responsive Community Behavioral Health Project

What did you like about this project?

- Again, it's helping kids.
- Supporting child in foster care
- They are collaborating with local partners and have a pretty good grasp as to the number of people they are targeting and will be impacting.
- Integration of multi-disciplinary upstream prevention strategies. Working with Foster Care families in Warm Springs. Partnerships. Use of CYRM resilience assessment tool. Research-based and best practice curriculum.
- Like school based early education in WS and Central Oregon. Liked that it has mental health

Was there anything that you did not like or had concerns about with this project?

- With every other community in Deschutes county covered, I'd like to know why Sisters and Tumalo aren't included.
- n/a
- They have 4 big objectives, over 2 years. Is this enough money to sufficiently support all these objectives in order to ensure each is successful?

REACH: Safe Haven Parking Project

What did you like about this project?

- It is one of many necessary programs to serve people experiencing houselessness.
- Allows families who live in their vehicles a safe parking space
- It is focusing on those who are houseless, and projected for 3 years.
- Addresses super high need. Expands on a promising program. Pragmatic approach; 1st provide a safe place, 2nd provide case management.
- Much needed program and a hand up program.

Was there anything that you did not like or had concerns about with this project?

- Same answer, not serving tribal communities.
- Will it expand to other local cities?
- Does not directly support a tribal nation or rural populations. I do worry about the fast changing views and directions of ODOT, the county, and city. I hope that REACH is flexible and forward-thinking.
- Homeless issue is volatile and dynamic right now. Is the City of Redmond bought into this? Three year commitment seems a bit premature. Doesn't serve a tribal nation. No other co-funders identified.
- Concern for handling any violence for participants and security.

Saving Grace: Saving Grace System Navigation for Survivors

What did you like about this project?

- It saves lives and covers all areas, including Sisters and Warm Springs.
- Supports DV survivors and their families with self sufficiency
- Helps to enhance the self sufficiency of survivors throughout C.O.
- Serves a high need, vulnerable population. Navigators. Works with Warm Springs.
- Like navigation services and a way out of abuse.

Was there anything that you did not like or had concerns about with this project?

- NA
- n/a
- Looks like general operations budget backfill, all personnel. No mention of matching support.

The Child Center: School-Based Mental and Behavioral Health

What did you like about this project?

- It's a necessary service and again, can help save lives.
- Students are able to access behavioral and mental health during school
- Looking to expand into La Pine elementary and middle schools (why not high school?) and they serve primarily low income families.
- Expansion of a successful program. Serves the high need community of La Pine area. School-based services normalizes, reduces stigma and bypasses transportation barrier. Provides services to elementary age students...early intervention pays bigger dividends.
- Like school based program and hands up program

Was there anything that you did not like or had concerns about with this project?

- Not serving tribal communities.
- n/a
- Does not directly support a tribal nation. Under the Project Description/Overview on page 7, 3rd paragraph, why not La Pine high school as well?
- Didn't see evidence of co-funding.
- Concern for lack of privacy for students.

The Confederated Tribes of Warm Springs: From Shelter to Independent Living

What did you like about this project?

- It's a necessary project serving the most vulnerable tribal members.
- Moving homeless to permanent housing
- They've identified a more permanent shelter location for those experiencing houselessness, which has been increasing the past several years.
- Directly targets a marginalized, high need population. Applicant is tribal. Much is in-place and there's money to maintain the services. Site near IHS/BH. Matching funds and in-kind.
- Much needed shelter program.

Was there anything that you did not like or had concerns about with this project?

- NA
- n/a
- The shelter focuses mainly on adults, and individuals not families (what's the breakdown of adult vs. youth houselessness?). Is it high-barrier or low-barrier (does it matter)?

Warm Springs Community Action Team: Strong, Healthy Futures in Warm Springs

What did you like about this project?

- It serves to help tribal members succeed.
- Culturally attuned programs
- Serves 5,000 tribal members and will target 200 members for this program next year
- Super needy, marginalized population. Addresses specific barriers. Drenched in tribal development and participation. Partnerships and partner funding.
- Like helping WS youth and given financial help, hope, and responsibility

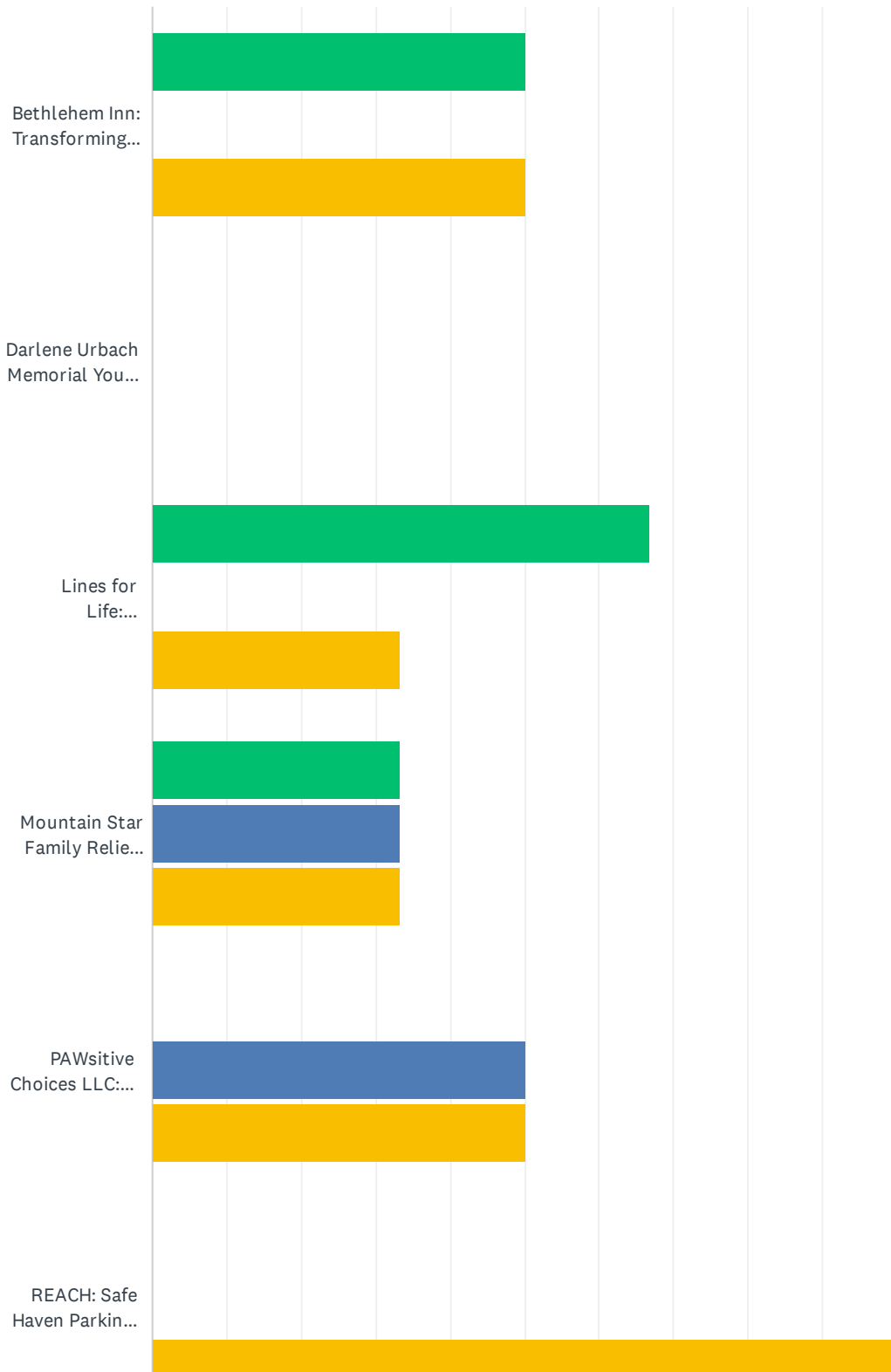
Was there anything that you did not like or had concerns about with this project?

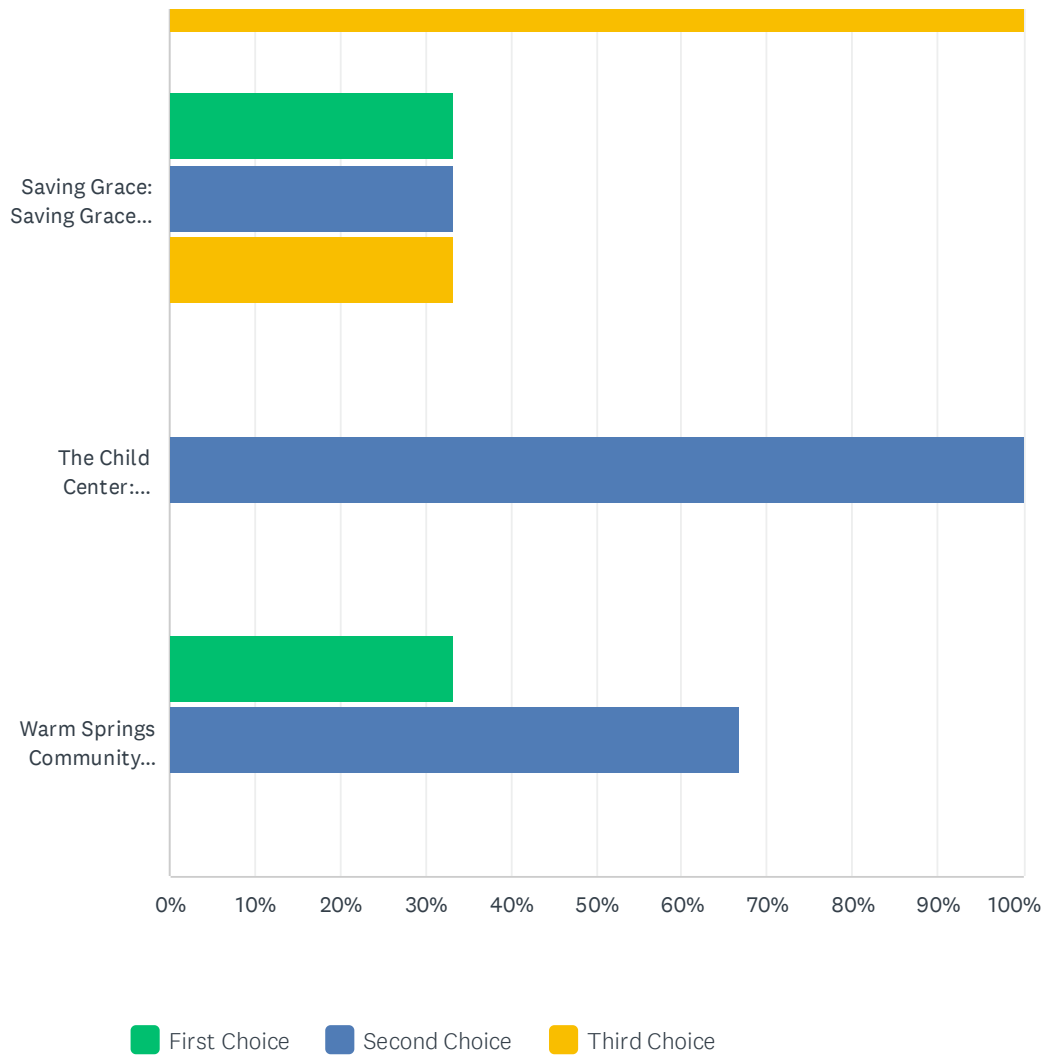
- NA
- n/a
- Teaches financial strength, how to acquire & maintain.
- Noted the comment that "evidence-based" is a dominant culture construct.

Q11 Please choose your Top 3 Community Health Projects. Note: The Confederated Tribes of Warm Springs is not included in this list as it will be handled separately.

Answered: 6 Skipped: 0

First Choice Second Choice Third Choice





	FIRST CHOICE	SECOND CHOICE	THIRD CHOICE	TOTAL	
Bethlehem Inn: Transforming Lives Together	50.00% 1	0.00% 0	50.00% 1	2	
Darlene Urbach Memorial Youth Fund: Culver Park Pickleball Courts	0.00% 0	0.00% 0	0.00% 0	0	
Lines for Life: YouthLine Satellite Program in Warm Springs	66.67% 2	0.00% 0	33.33% 1	3	☆ 1st
Mountain Star Family Relief Nursery: Mountain Star's Early Childhood Literacy Project	33.33% 1	33.33% 1	33.33% 1	3	☆ tied 3rd
PAWsitive Choices LLC: Social-Emotional and Trauma-Responsive Community Behavioral Health Project	0.00% 0	50.00% 1	50.00% 1	2	
REACH: Safe Haven Parking Project	0.00% 0	0.00% 0	100.00% 1	1	
Saving Grace: Saving Grace System Navigation for Survivors	33.33% 1	33.33% 1	33.33% 1	3	☆ tied 3rd
The Child Center: School-Based Mental and Behavioral Health	0.00% 0	100.00% 1	0.00% 0	1	
Warm Springs Community Action Team: Strong, Healthy Futures in Warm Springs	33.33% 1	66.67% 2	0.00% 0	3	☆ 2nd