



Upstream Prevention: Promotion of Individual Well-Being
Regional Health Improvement Plan Workgroup

Join Zoom Meeting

<https://us02web.zoom.us/j/602446710?pwd=ZDBnV04zeGFGUFlpVkV5SERaNUZHQT09>

Join by phone:

+1 669 900 6833

Meeting ID: 602 446 710

Passcode: 114110

November 16, 2021

3:30-5:00pm

| Aim/Goal |
|---|
| All communities in Central Oregon have equitable access and opportunities to health, education, healthy relationships, community support, and experiences necessary to thrive at every stage of life from prenatal to adulthood. |
| Future State Metrics |
| <ol style="list-style-type: none">1. Increase letter name recognition at kindergarten2. Increase third grade reading proficiency3. Increase proportion of pregnancies that are planned4. Increase two-year-old immunization rates5. Establish a regional measure for belonging and measure yearly |

| AGENDA |
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|--------|

- | | |
|----------------|--|
| 3:30 - 3:45 PM | Welcome, Land Acknowledgement & Guiding Principles, Introductions |
| 3:45 - 4:50 PM | Request for Application: Proposal Presentation and Discussion <ul style="list-style-type: none">• Resilience and Belonging Measure |
| 4:50 - 5:00 PM | Wrap Up and Next Steps |

Working Document:

https://docs.google.com/presentation/d/1SR6ThnxkiYDpcT2LHHw_beu4ldsDkAWdd1fhHSNAneo/edit?usp=sharing



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| Future State Metrics – Full Detail | | | |
|--|------------------|----------------------------|-------------------|
| 1. By December 2023, letter name recognition at kindergarten readiness will be the following by county: | | | |
| Average Number of Upper Case Letters Recognized (scale 0-26) | | | |
| | Total Population | Economically Disadvantaged | Underserved Races |
| Crook County | 15.8 | 14.3 | 12.8 |
| Deschutes County | 17.5 | 14.6 | 16.6 |
| Jefferson County | 13.2 | 11.3 | 11.1 |
| Overall increase of at least 10% for all students, a 20% increase for students from economically disadvantaged (ED) and underserved races (UR). | | | |
| 2. By December 2023, increase third-grade reading proficiency to the following by county: | | | |
| 3rd Grade English Language Arts Proficiency by County (weighted) | | | |
| | All Students | Economically Disadvantaged | Underserved Races |
| Crook County | 54.5% | 51% | 33.5% |
| Deschutes County | 67.5% | 52% | 47% |
| Jefferson County | 47.5% | 49.5% | 40.5% |
| Increase of 10% overall, and 15% for economically disadvantaged students (ED) and students from underserved races (UR). | | | |
| 3. By December 2023, increase the proportion of pregnancies that are planned in Central Oregon to 56%. | | | |
| 4. By December 2023, increase the Central Oregon two-year-old up-to-date immunization rates to 80%. | | | |
| 5. By December 2023, a Resilience Measure, such as the Child/Youth/Adult (CYARM) will be established, and the number of people who feel like they belong in their community (by gender, race, and ability) will increase by 10% from the baseline. | | | |

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”

Upstream Prevention: Promotion of Individual Well-Being



| Background: Why are we talking about this? | |
|---|---|
| 1973 Roe v. Wade 1990s ACEs Study Evolving birth control options 2000s Tech Advancement and Screen Time No Child Left Behind National Traumas (9/11, school shootings) Anti-Vax (Vaccine) Movement | Upstream strategies improve fundamental social and economic structures that allow people to achieve their full health potential. Discrimination and racism impact all aspects of a person's well-being and intersect with all major systems of society. Educational status provides a significant predictor of health outcomes. Third-grade disparities exist for marginalized populations by race and economic status. |

| Current Condition: What's happening right now? |
|---|
| <ul style="list-style-type: none"> In Central Oregon, early literacy had a decreasing trend from 2016 to 2018 Current State Metrics: <ol style="list-style-type: none"> Letter recognition at kindergarten for economically disadvantaged: Crook 11.9, Deschutes 12.1, Jefferson 9.4 Third grade reading for underserved races: Crook 29%, Deschutes 41%, Jefferson 35.4% 44.8% of pregnancies were intended in Central Oregon Two-year-old up-to-date immunization rates: Crook 70%, Deschutes 69%, Jefferson 71% No established baseline for a metric such as the Child/Youth/Adult Resilience Measure |

| Goal Statement: Where do we want to be in 4 years? |
|--|
| Aim/Goal All communities in Central Oregon have equitable access and opportunities to health, education, healthy relationships, community support, and experiences necessary to thrive at every stage of life. |
| Future State Metrics - By December 2023: <ol style="list-style-type: none"> Increase letter name recognition at kindergarten for economically disadvantaged and/or underserved races Increase third grade reading proficiency for economically disadvantaged and/or underserved races Increase proportion of pregnancies that are intended Increase two-year-old immunization rates Establish a resiliency measure, measure yearly and increase the number of people who feel they belong in their community |

| Analysis: What's keeping us from getting there? |
|--|
| <ul style="list-style-type: none"> Unbalanced distribution of resources across the region Decision-making based on misinformation and personal belief Systemic inequity prevents access to usable information Unbalanced bias creating isolation (connection vs alienation) Generational impact of foundational instability |

Date updated: 9.2021

| Strategic Direction: What are we going to try? |
|--|
| <ul style="list-style-type: none"> Transforming care coordination across health systems Cultivating equity and inclusion in our communities Operationalizing DEI practices Broadening education to improve health outcomes Advocating for policies that improve health outcomes |

Focused Implementation: What are our specific actions? (who, what, when, where?)

| Future State Measures | What | When | Where |
|--|---|-----------------------------------|--|
| Improving Kinder Readiness and 3 rd Grade Reading | Community Grant Opportunity | Awarded 7.2021 | Full region. Focus on priority populations |
| Increase proportion of pregnancies that are intended | Media Campaign Promoting Intended Pregnancies | RFP released 8.23.21 | Full region. Focus on 18-24yo, under resourced, specific identities and their partners |
| Increase two-year-old immunization rates | Central Oregon Immunization Quality Improvement Coordinator | RFP released 8.4.21 | Full region. Clinics and public health |
| Create a regional measure for Resilience and Belonging | Create a regional measure for Resilience and Belonging | Request for Application Fall 2021 | Full region. Representative sampling. |

Follow-Up: What's working? What have we learned?

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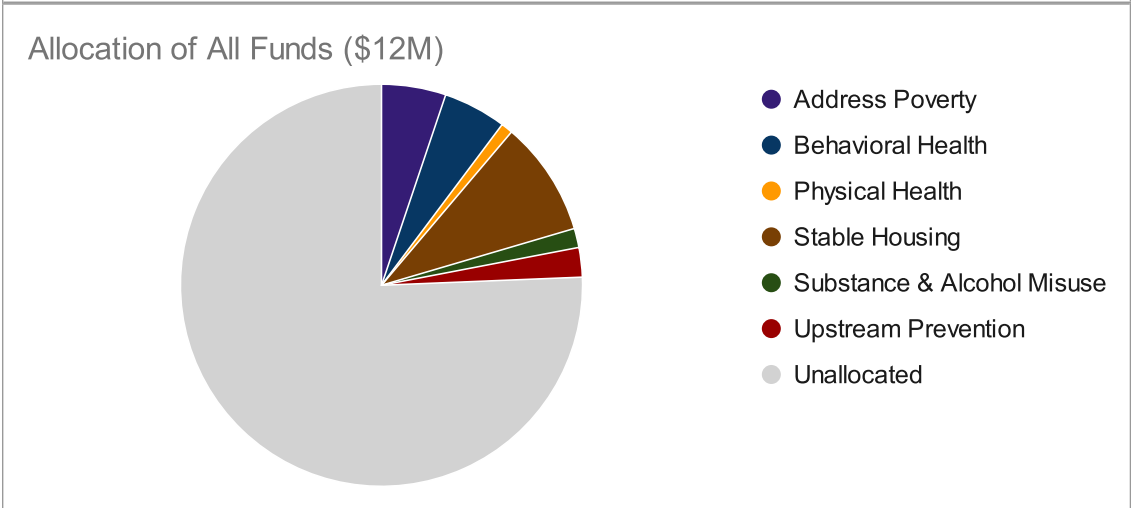
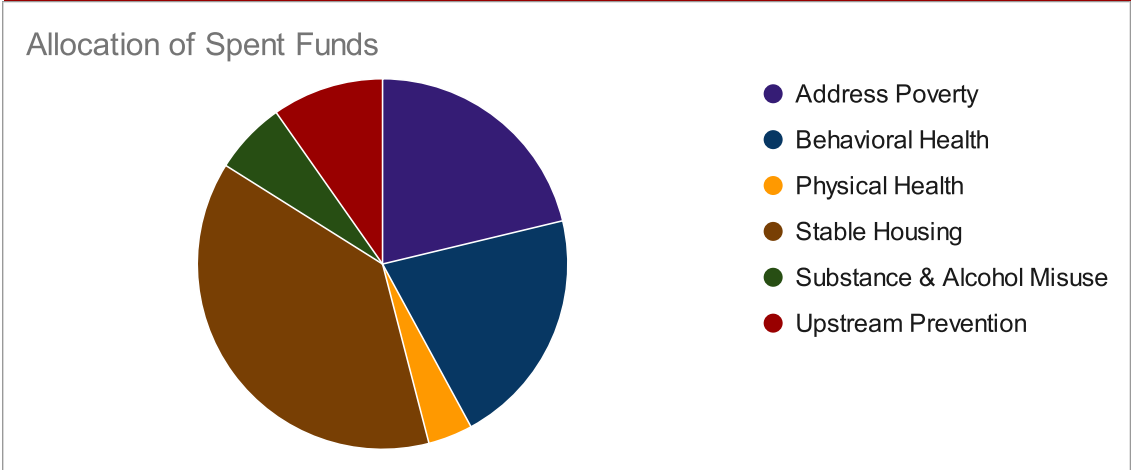
2020-2024 RHIP Workgroups

5 Year Budget

Updated October 25, 2021

| | |
|-------------------------------------|--------------------|
| Funds Available | \$9,077,340 |
| Initial Funds (spread over 5 years) | \$12,000,000 |
| Funds Spent | \$2,922,660 |

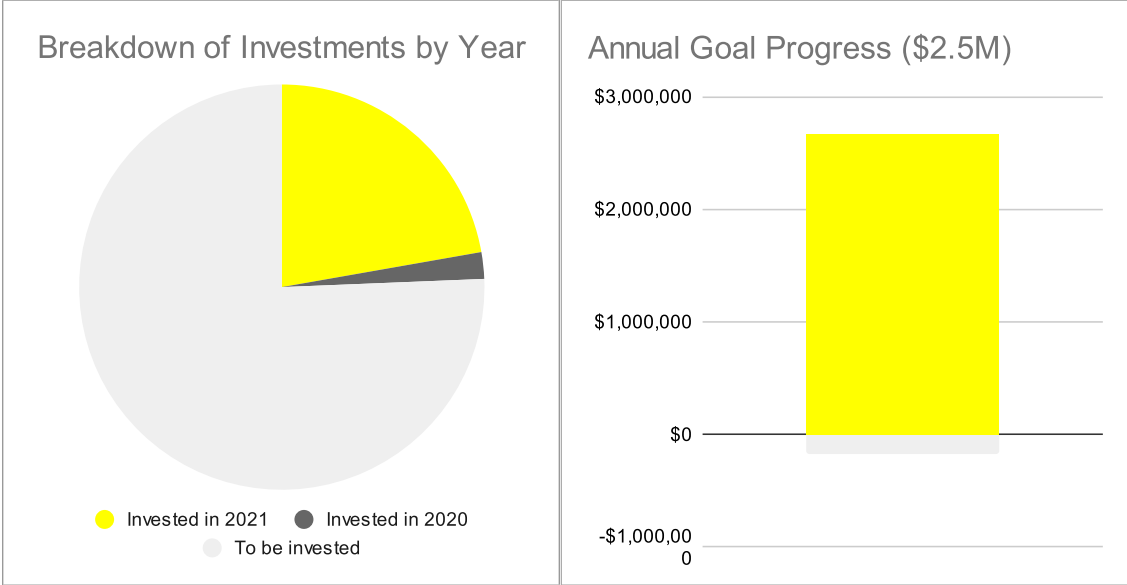
| Amount Invested by Workgroup | |
|------------------------------|----------------|
| Address Poverty | \$621,001.79 |
| Behavioral Health | \$608,725.00 |
| Physical Health | \$113,661.56 |
| Stable Housing | \$1,109,654.00 |
| Substance & Alcohol Misuse | \$184,920.00 |
| Upstream Prevention | \$284,698.00 |



2020-2024 RHIP Workgroups

2021 Budget

| | |
|---|-------------|
| 2021 investment goal | \$2,500,000 |
| Amount remaining to invest toward 2021 goal | -\$167,710 |
| Invested in 2021 | \$2,667,710 |
| Invested in 2020 | \$254,951 |



For the 2021-2024 funding years, each workgroup's annual investment goal is a minimum of \$500,000. The Central Oregon Health Council is required by law to invest a total of at least \$2.5M each year through the workgroups. Each workgroup is expected to do their part in helping to reach this \$2.5M annual commitment.

Upstream Prevention: Promotion of Individual Well-Being

2020-2024 RHIP Workgroup Budget

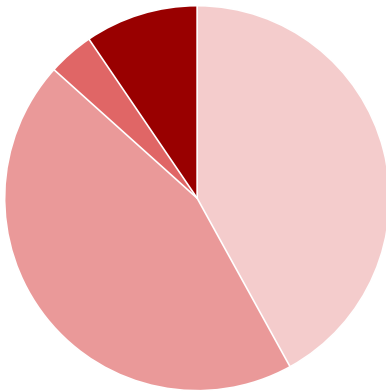
Updated October 25, 2021

| | |
|-------------------------------------|--------------------|
| Funds Available | \$1,715,302 |
| Initial Funds (spread over 5 years) | \$2,000,000 |
| Funds Spent | \$284,698 |

Amount Invested by Future State Measure

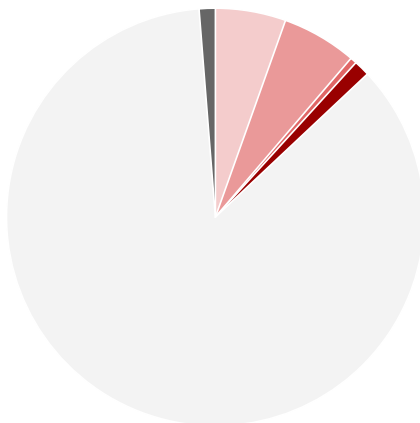
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|--|--------------|
| Increase third-grade reading proficiency | \$109,018.50 |
| Increase letter name recognition at kindergarten readiness assessment | \$115,993.50 |
| Increase two-year-old immunization rate | \$10,000.00 |
| Increase the proportion of pregnancies that are intended | \$0.00 |
| Establish a resilience measure and increase the number of people who feel they belong by community | \$24,686.00 |

Allocation of Funds by Measure



- Increase third-grade reading proficiency
- Increase letter name recognition at kindergarten readiness assessment
- Increase two-year-old immunization rate
- Establish a resilience measure and increase the number of people who feel they belong by community

Allocation of All Funds (\$2M)



- Increase third-grade reading proficiency
- Increase letter name recognition at kindergarten readiness assessment
- Increase two-year-old immunization rate
- Establish a resilience measure and increase the number of people who feel they belong by community
- Unallocated
- COVID-19 (\$25k pooled funds)

Upstream Prevention: Promotion of Individual Well-Being

2020-2024 RHIP Workgroup Budget

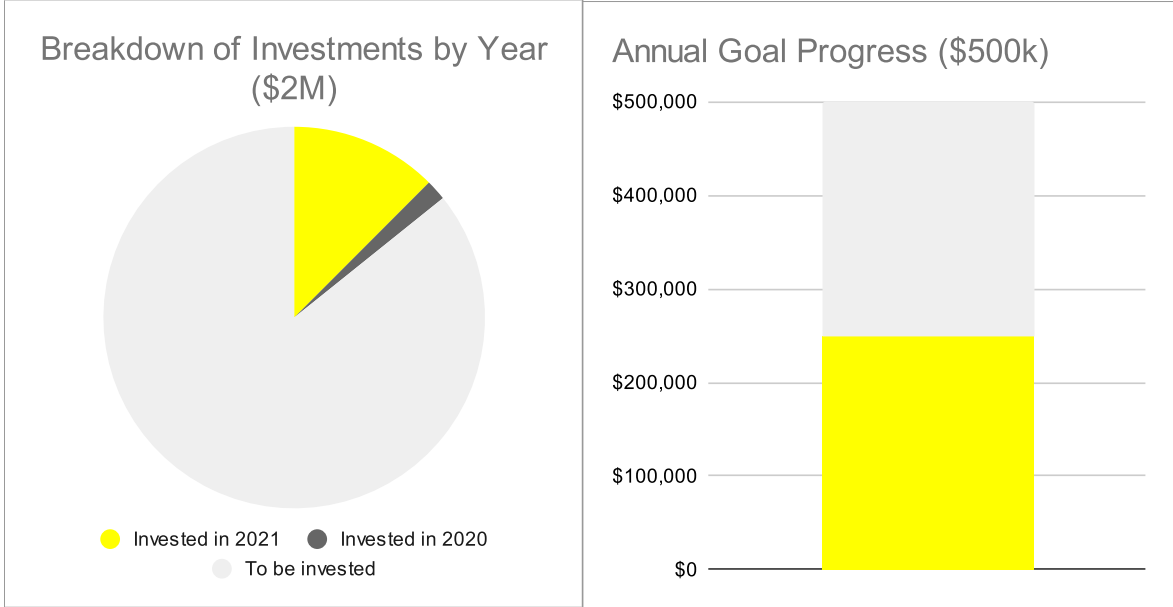
Large Investments

| Organization | Project Name | Start | End | 3rd grade reading | Kinder. Letter Rec. | 2-yr Imms | Intended Preg. | Resil. Meas. |
|-------------------------------------|---|--------|--------|-------------------|---------------------|-----------|----------------|--------------|
| Central Oregon Community College | Adv. Literacy Acquisition in the Early Years through Evidence-Based Practices | Sep-21 | Dec-22 | X | X | | | |
| High Desert ESD | Creciendo Girasoles (Growing Sunflowers) | Sep-21 | Jun-23 | X | X | | | |
| Central Oregon Pediatric Associates | COPA Reach Out and Read | Jan-22 | Dec-23 | X | X | | | |
| Better Together | Juntos Aprendemos (Expansion) | Sep-21 | Jun-24 | X | X | | | |

Upstream Prevention: Promotion of Individual Well-Being

2021 RHIP Workgroup Budget

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|---|------------------|
| 2021 investment goal | \$500,000 |
| Amount remaining to invest toward 2021 goal | \$250,302 |
| Invested in 2021 | \$249,698 |
| Invested in 2020 | \$35,000 |



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