



Stable Housing and Supports
Regional Health Improvement Plan Workgroup

Join Zoom Meeting

<https://us02web.zoom.us/j/88373502126?pwd=OFIOa3RVVmdGdjNJSXNWeUhZdjhYQT09>

Join by phone:

+1 669 900 6833

Meeting ID: 264 340 446

Passcode: 105890

Friday, March 18, 2022

10:30am-12:00pm

Future State Metrics

1. By December 2023, decrease the combined severely rent and mortgage burdened households in Central Oregon by 2 percentage points to 16%.
2. By December 2023, 50% of Housing Choice Vouchers (HCV) holders will be able to find and lease a housing unit.
3. By December 2023, a comprehensive system for accurately capturing the extent of Central Oregonians experiencing homelessness will be in place and utilized.

AGENDA

- | | |
|-------------|-----------------------------------|
| 10:30-10:50 | Welcome & Announcements |
| 10:50-11:20 | Mini Grants & Budget Conversation |
| 11:20-11:50 | Implementation Planning |
| 11:50-12:00 | Wrap Up & Next Steps |

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”



**Central Oregon
Health
Council**

Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

Mini Grant Process Recommendations

Intention of Mini Grants:

Low Barrier, quick funding with a focus on providing up to \$5,000 to support work in Central Oregon that improves equity and builds capacity to address the [Future State measures in the Regional Health Improvement Plan](#). Examples of potential Mini Grant projects include:

- Partnerships that build trust, shared values and understanding
- Cross-sector collaborations to mobilize around a certain issue
- Expansion of services to marginalized populations (ex. translation, travel, outreach)
- Seed money for planning joint project
- Organization or community assessments
- Technical assistance or support (ex. consulting, software platform)
- Convening opportunities (ex. summit)
- Organizational development (ex. training programs, leadership development)
- Advocacy, outreach and marketing
- Public health crises

How Mini Grants have been working:

Since fall of 2020, the mini grants have been available any time, with applications due the 25th each month for review by workgroup voting partners the following month. Voting Partners received the mini grants on the 1st of the month and were given 7 business days to review the mini grants. Applicants were notified by the 15th of the review month.

What will stay the same:

- Application, criteria, scorecard and instructions will stay the same.
- Communication will be through email instead of Google Forum (not blind copy).
- All future state measures will be funded by mini grants.
- Mini grants will be available all the time, and reviewed monthly.
- Mini grant applications will be reviewed by all workgroup voting partners.
- Mini grant applications will be reviewed by their corresponding workgroup.
- Applications due the 25th of the month for review the following month.
- Mini grants will be emailed to workgroups on the 1st of the month or the following Monday if the 1st falls on a weekend.

Recommended changes:

- Each workgroup budgets how much, if any, of their funds to contribute to mini grants. (All or none of the Future State Measures will be included).
- Mini grant funds are available on a first-come first served basis.
- Organizations can only be awarded a set amount of mini grant funds starting March 2022 until December 2024.
- Applicants will be notified by the 20th of the month (instead of the 15th).
- Voting Partners will have until the 15th of the month to review and vote on mini grants.
- Project Managers will create a method of tracking mini grants and the workgroup budget
- Project Managers will add the due date in the subject line of the email.
- Project Managers will state in the email how many votes are needed.

**HOUSING
2022 Budget**

Overview

		Budget	Spent	Available	
	5-Year	\$2,000,000	\$1,109,654	\$890,346	
	Cycle to Date	\$1,000,000	\$1,109,654	-\$109,654	
	Yearly	\$500,000	\$0	-\$109,654	
	Yearly Mini-Grant		\$0	\$0	
	Yearly Standard Grant	\$500,000	\$0	\$500,000	

By Future State Measure (5 year)

	Budget*	Spent	Available	Currently Allocated	Projected Available	Notes
Rent Mortgage Burden	\$658,333.33	\$107,500.00	\$550,833.33		\$550,833.33	
Housing Choice Vouchers	\$658,333.33	\$574,827.00	\$83,506.33		\$83,506.33	
System for Counting Houselessness	\$658,333.33	\$407,327.00	\$251,006.33		\$251,006.33	

*Budget for each FSM reflects the agreed upon 5 year 'soft budget' minus the portion contributed to shared minigrant budget.

Investments

Organization	Process	Project	Award	Decision Date	Future State Measure

Five-Year Investment Overview
All Workgroups
 January 2020–December 2024

	Budget	Spent	Available
	\$12,000,000	\$4,822,568	\$7,177,432
	\$2,000,000	budget per workgroup	\$500,000 per year
	Workgroup	Spent	Available
	Address Poverty	\$941,994	\$1,058,006
	Behavioral Health	\$600,742	\$1,399,258
	Physical Health	\$616,132	\$1,383,868
	Stable Housing	\$1,109,654	\$890,346
	Substance and Alcohol Misuse	\$184,920	\$1,815,080
	Upstream Prevention	\$1,369,126	\$630,874



RHIP and COVID-19 MINI-GRANT PROJECT SUMMARIES

**COVID-19 Final Report for High Desert Food & Farm Alliance (RHIP)
“Improving Food Access & Sovereignty in Central Oregon”
Reviewed by the Address Poverty & Enhance Self-Sufficiency Workgroup**

Summary of Results:

- As part of Improving Food Access and Food Sovereignty in Central Oregon, The Warm Springs Community Action Team (WSCAT) and HDFFA collaborated to improve food security and sovereignty in the tribal community of Warm Springs.
- The WSCAT team identified gaps/barriers for residents and organizations to accessing culturally appropriate food.
- This approach was part of a larger and regional, rural food system assessment conducted by HDFFA in the areas of La Pine, Madras, and Prineville.
- We accomplished the following:
 - WSCAT conducted a food sovereignty assessment with the assistance of HDFFA.
 - WSCAT, HDFFA and Oregon Agricultural Trust (OAT) identified food production opportunities in Warm Springs and presented information about the outcomes and next steps to the tribal council.
 - HDFFA and WSCAT and other tribal members delivered Fresh Harvest Kits.
 - HDFFA conducted surveys of over 100 food pantry clients in Prineville, La Pine and Sunriver.

Quote:

“Given that this project is with Warm Springs members, we are hesitant to share their stories. From HDFFA's perspective, we are excited to partner/work in the rural communities to daylight food access issues and bring more resources.”

RHIP and COVID-19 MINI-GRANT PROJECT SUMMARIES

COVID-19 Final Report for Boys & Girls Club of Bend (RHIP)

“Triple Play: Promoting Physical and Mental Health for Youth in Poverty”

Reviewed by the Address Poverty and Promote Physical Health Workgroups

Summary of Results:

- Through fun and engaging curricula, our Triple Play program delivered health education and programming to promote physical activity and proper nutrition.
- Triple Play: Promoting Physical and Mental Health for Youth in Poverty, focused on healthy habits for the mind, body & soul and provided holistic development for our Club members living in low-income households. A dynamic wellness program to help youth create opportunities to take charge of their personal health and wellness by providing healthy tools to apply to their everyday lives.
- While targeting youth specifically at our East Bend Clubhouse, program staff were able to teach healthy habits to youth who lack support in other areas outside of Club.
- 100% of our members at our East Bend Clubhouse live in low-income housing, often surrounded by negative environmental factors and social/economic barriers, correlating to a higher risk for negative health outcomes in adulthood.
- With the structure of our programming, youth were able to gain confidence despite their socioeconomic backgrounds, by practicing healthy habits of the mind, body and soul.



Quote:

“Triple Play is my favorite program at Club! I wish we could do this program every single day.” -4th grade Club member.

This student often has a difficult time engaging in activities with other children, but Triple Play has given him a healthy outlet to develop skills for the mind, body and soul.

RHIP and COVID-19 MINI-GRANT PROJECT SUMMARIES

COVID-19 Final Report for BendNEXT

“COVID-19 Education and Mask Wearing Campaign”

Reviewed by the Promote Enhanced Physical Health Workgroup

Summary of Results:

- We launched and completed the "Welcome Back" campaign, as described in our grant application, to educate the community on how to follow OHA safety guidelines and promote mask wearing.
- For this campaign, we worked with Central Oregon Daily to produce PSAs, we created social media posts, produced collateral for businesses to educate customers and sent nine different email communications to a list of approximately 4700 unique area users.
- We also produced and distributed 4000 branded masks.
- With the support of the Redmond Chamber, we were able to reach a significant number of individuals, helping them understand how best to safely engage with "reopened" businesses, and provided businesses with valuable resources and collateral.
- Below are details and links to some of the videos and materials we produced:
 - PSA Videos:
 - <https://www.youtube.com/watch?v=nTn9ORMqaAs>
 - <https://www.youtube.com/watch?v=h07HbzkN-mE>
 - <https://www.youtube.com/watch?v=BhFDP5SS6as>
- Social Media: 22 social media posts created, some featured the on-air talent from CO Daily News, county commissioners, and CEOs of the region's chambers of commerce.
- The Welcome Back Toolkit, including display materials and health guidance: https://docs.google.com/spreadsheets/d/16_7EIHmiNjzxxuKHriVLIPadXDaqMMqb3G2UJ0zSNE8/edit#gid=0

Quote:

“We received a number of thanks and comments from business owners, medical professionals and others. A nurse thanked us for encouraging proper hand washing. Other businesses thanked us for supplying masks.”

COVID-19 Final Report for Central Oregon Pediatric Associates (COPA)**“PPE Respirators for COVID clinics”****Summary of Results:**

- COPA secured reusable and disposable PPE to stay open and see children with respiratory symptoms rather than diverting these visits to the Emergency Department.
- From July 1, 2020, through December 31, 2021, COPA provided >14,900 respiratory visits to children and families across Central Oregon.
- COPA secured enough reusable and disposable PPE to remain open to serve sick children throughout the entire timeframe of the grant.

RHIP and COVID-19 MINI-GRANT PROJECT SUMMARIES

COVID-19 Final Report for Central Oregon Veterans Ranch (RHIP) “Veteran Outreach and Community Engagement Project”

Reviewed by the Substance Misuse and Upstream Prevention Workgroups

Summary of Results:

- With support from COHC, we engaged consultants to conduct an organizational assessment, build infrastructure, increase staff capacity, strengthen partnerships, increase veteran engagement, and prepare for hiring of a veteran peer coordinator.
- From April-July 2021, COVR worked with consultants to conduct an organizational assessment and develop a capacity building plan.
- The plan calls for an increase from 5 staff (3.12 FTE) in March of 2021, to 7 staff (6.7 FTE) by the end of 2022.
- New positions hired, thanks in part to this grant, include an Operations & Program Manager and Outreach & Education Coordinator; both are making a huge impact on our services.
- An adjustment was made to our original hiring plan due to our relationship with OHA and the opportunity to secure a contract to hire a Peer Support Specialist in early 2022 (which will be matched by COHC).
- The Outreach & Education Coordinator position (now on staff) meets the original objectives of the Veteran Peer Coordinator.



Story:

A Marine Iraq combat veteran came to COVR for the first time in the Fall of 2020. He had dropped out of college and VA care and was "drifting." He was in a tenuous relationship and his future was uncertain. His first experience was volunteering to help with a seasonal clear out of our Victory Gardens: "I had no idea you guys existed. Now that I do, I'm going to be here every week." He began coming out weekly to volunteer and get training in the COVR hydroponics greenhouse, on the farm property, and soon after joined the Iraq and Afghanistan Veteran Peer Support Group. During the past year, this veteran has gotten certified and hired by Deschutes. Co. as a veteran peer support specialist, got engaged, and is expecting a child.