

Council Members

- Brad Porterfield, Chair,
Consumer Representative
Latino Community
Association
- Elizabeth Schmitt, Vice-Chair
Consumer Representative
- Mayra Benitez
Consumer Representative
- Conor Carlsen
Consumer Representative
- Natalie Chavez
Jefferson County Health
Department
- Miranda Hill
Klamath County
Representative
- Linda Johnson
Community Representative
- Elaine Knobbs-Seasholtz
Mosaic Medical
- Tom Kuhn
Deschutes County Health
Services
- Theresa Olander
Consumer Representative
- Mande Seeley
Consumer Representative
- Stacy Shaw
Consumer Representative,
Crook County Health
Strategist



COMMUNITY ADVISORY COUNCIL

October 20, 2022

VIRTUAL

Video Conference Link In Calendar Invite

Conference Line: 1.669.900.6833

Meeting ID: 852 966 546#

Passcode: 400494#

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|--------------------|---|
| 12:00-12:20 | Welcome – Brad Porterfield (CAC) <ul style="list-style-type: none">• Land Acknowledgement• Meeting Practices• Introductions• Public Comment• Approval of Meeting Notes – September |
| 12:20-12:30 | CAC Members Small Group Breakout Session |
| 12:30-1:30 | Community Health Projects – MaCayla Arsenault (COHC) |

Five Finger Voting:

0: No go! Serious concerns

1: Serious reservations, prefer to resolve concerns before supporting it

2: Some concerns but will go along with it

3: Support the idea

4: Strong support but will not champion it

5: Absolutely! Best idea ever, willing to champion it

“The overarching purpose of the CAC is to ensure the COHC remains responsive to consumer and community health needs.”—COHC CAC Charter

Land Acknowledgement

We recognize and acknowledge the indigenous land on which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: "This land is for you to know and live upon and pass on to the children."



Community Advisory Council (CAC) Meeting Changes: What to Expect

We want the CAC to be a warm and welcoming place for all. We want to ensure all CAC members feel comfortable to fully participate and contribute. To do this we are making some adjustments to how our CAC meetings are run. These changes are:

- Making the meetings less institutional and formal to create a warmer and more welcoming atmosphere. Examples are using more plain language, having more conversations and less presentations, and simpler voting instead of motioning.
- Renaming each attendee in Zoom with their role; either a CAC Member, Support Staff, or Guest. This will help easily identify who's who in the virtual space especially for guests and those members who are new.
- Asking all supporting staff from COHC, PacificSource, and the OHA to share why they are attending and what their role is in supporting the Community Advisory Council.
- Inviting all CAC members in attendance to share input during discussions and before decisions are made. We want to prioritizing Consumer Representatives and make sure all voices are heard. Guests in attendance are invited to contribute to the conversation when requested by the CAC Chair or Vice Chair.
- Building relationships between CAC members. We will be setting aside time at each meeting for CAC members to go into a virtual break out room, answer icebreaker questions or chat about anything they'd like.



COHC Community Advisory Council

Held virtually via Zoom

September 15, 2022

CAC Members Present:

Brad Porterfield, Chair, Consumer Representative
Elizabeth Schmitt, Vice Chair, Consumer Representative
Conor Carlsen, Consumer Representative
Elaine Knobbs-Seasholtz, Mosaic Medical
Linda Johnson, Community Representative
Mandee Seeley, Consumer Representative
Miranda Hill, Klamath County Public Health
Stacy Shaw, Consumer Representative, Crook County Health Strategist
Theresa Olander, Consumer Representative
Tom Kuhn, Deschutes County Health Services

CAC Members Absent:

Mayra Benitez, Consumer Representative
Natalie Chavez, Jefferson County Health

COHC Staff Present:

MaCayla Arsenault, Central Oregon Health Council
Gwen Jones, Central Oregon Health Council
Kelley Adams, Central Oregon Health Council
Camille Smith, Central Oregon Health Council
Renee Wirth, Central Oregon Health Council
Rebeckah Berry, Central Oregon Health Council

Support & Guests Present:

Kristen Tobias, PacificSource
Dustin Zimmerman, Oregon Health Authority
Tania Curiel, Oregon Health Authority
Carolyn Black, Oregon Health Insurance Marketplace
Danny Stribling, Connect Oregon

Introductions

- Brad Porterfield welcomed all attendees. In order to save time at the meetings, only CAC members and those people in attendance who are new, changed roles, or guests will verbally introduce themselves. Everyone else will use the Chat to enter their name and role.
- Danny Stribling from Connect Oregon introduced himself to the group.

Land Acknowledgement

- Stacy Shaw read the Land Acknowledgement (see September packet for statement).

Meeting Practices

- Brad Porterfield reviewed the Meeting Practices and how the CAC meetings are meant to be welcoming for all (see September packet).

Public Comment/Patient Story

- Brad welcomed public comment.
- Theresa Olander shared her learning experience about the appeals process when services are denied. If you go through the appeals process, you tend to receive more personal service. Elaine Knobbs-Seasholtz, Mosaic Medical suggested that you should also engage your provider to partner with you during the process.

Group Discussion – Meeting In-Person / Hybrid

- Brad Porterfield revisited the discussion about having these meetings in person. It was agreed to continue to have the meetings on Zoom with a once a quarter in-person/hybrid option. Public Health and Mosaic would be willing to have it at their locations.

Approval of August Meeting Notes

- Brad Porterfield asked the CAC members in attendance to vote on approving the notes from August. There were no objections to the meeting notes, so they are approved.

CAC Member Small Group Breakout Session

- The topic for the September meeting was: What do you do to support your mental health?

2022 Community Health Projects

- MaCayla Arsenault explained the adjusted review process and updated timeline.
 - **Updated timeline:** due to the amount of pre-applications the review process has been adjusted giving the CAC more time with the reviews now being due on October 17th. At the October 20th meeting the CAC will be making final decisions on which pre-applications will be funded. The applicants will be notified then still need to fill out the full application by end of November.
 - **Incentive:** For every 10 pre-application reviews Consumer Reps will receive a stipend or gift card of \$45 plus there is a bonus of \$200 for reviewing all 73. Community Members and County Reps also can receive an incentive of \$10 gift

card for every 10 pre-applications and be eligible for the bonus. The incentive is optional or can be adjusted if there is a cap on the amount you can receive. *Please note that each member is responsible for (1) the tax implications and/or consequences arising out of or relating to receipt of the stipends; and (2) whether receipt of the stipends will cause you to be ineligible for the Oregon Health Plan.*

- **Review Scores & Notes:** Once the reviews have been submitted by October 17th the scores and notes will be compiled and shared with the members before the October 20th meeting.
- **Conflict of Interest:** If you have a conflict of interest with any of the applicants please use the comments/note section of the reviews to self declare and be totally transparent.
- **Future discussion of the Review Process:** Linda Johnson brought forward the suggestion of having a discussion of the review process because, especially this year, it is a heavy lift for the CAC members to take the time to review all pre-applications. MaCayla suggested having this discussion in November or December this year.

Emerging Issues: Advocacy Opportunities

- Gwen Jones compiled a list of different advocacy opportunities at different levels of organizations. The shared Google Doc link to view is:
https://docs.google.com/document/d/1E4Vc9tzyKEUntbWWYjb_c2YDwf6gLTtZm6IM2xx0G-o/edit?usp=sharing
- Gwen also drafted template letters that can be personalized and/or modified to submit as public comment or a letter. You can copy, paste, and edit these letters by going to the link:
<https://docs.google.com/document/d/19oDnLu7pEhbCgrq0uwWG27r3Mj4yOe9zDAZM08qyDrU/edit?usp=sharing>

CAC/Board Combined Meeting Topics

- Gwen Jones asked the CAC members to share what is important to the CAC to work with the Board on and how would you like the meeting to look. Ideas from the group are:
 - Relationship Building – personal interaction with the CAC and Board members. Having personal conversations sometimes lead to bigger discussions and networking.
 - Working with the Board more clearly, focusing on patient care, advocating for patient care, and sharing real member experience to guide policy. Also, reducing Community Health Projects as the CAC's responsibility to free up time to focus on patient care and advocacy.
 - Training on how to get out into the community to get OHP member stories outside of the CAC members.
 - Continue to work on dental and periodontal care with the Board.
- Central Oregon Health Council staff will work on a draft agenda with Carmen and the Board of Directors to share with the CAC.