

Address Poverty and Enhance Self-Sufficiency

Regional Health Improvement Plan Workgroup

Join Zoom Meeting

https://us02web.zoom.us/j/87556511472?pwd=TlYrWjJ6TVhIUVdIVVVHQXJ4TnFHUT09

Join by phone: +1 669 900 6833 Meeting ID: 875 5651 1472 Passcode: 761406

> October 18, 2022 11:00am – 12:30pm

Aim/Goal

Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.

Future State Metrics - Condensed

- 1. Increase high school graduation rates among economically disadvantaged students
- 2. Decrease food insecurity
- 3. Decrease percent of income constrained households
- 4. Decrease housing and transportation costs as a percent of income

AGENDA

11:00-11:15 AM Welcome, Land Acknowledgement, Guiding Principles, Announcements

11:15-12:20 PM Implementation Plan Development

Accelerator Plan to address food insecurity—Emily Ralston

ALICE Listening Sessions Update—Linda & Mark Quon

12:20-12:30 PM Report Out & Wrap Up

Working Document: https://docs.google.com/presentation/d/1jYwyGwMt-Uj2QtW2INBIRF9cij1 4HaSIYggw 28uLg/edit?usp=sharing

Workgroup Budget: https://docs.google.com/spreadsheets/d/1Gw9dL6ilRe1olGhJRMIoxg9pEUofJ-

KzU5WnscBbEX8/edit?usp=sharing



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Future State Metrics – Full Detail

1. By December 2023, Central Oregon graduations rate among economically disadvantaged students will improve by 3 percentage points to:

2023 Central Oregon Graduations Rate for Economically Disadvantaged				
Crook	76.60%			
Deschutes	77.30%			
Jefferson	83.40%			

2a. By December 2023, decrease the % of total population reported as food insecure by 2 percentage points to:

County	% of (total) Population Food Insecure
Crook	13%
Deschutes	11%
Jefferson	11.3%

- 2b. By December 2023, develop a regional metric to evaluate food insecurity among seniors in our community (ages 65+).
- 3. By December 2023, decrease the population of households living at the poverty level and income constrained by 2 percentage points to:

Crook: 27% Deschutes: 24% Jefferson: 32%

4. By December 2023, reduce combined housing and transportation cost for residents as a percent of income in their respective counties to no more than:

Crook County: 64% Deschutes: 55% Jefferson: 55%

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: "This land is for you to know and live upon and pass on to the children."



Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second chances, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

Address Poverty and Enhance Self-Sufficiency

Background: Why are we talking about this?

1990s Mill Closures / Timber Industry Decline **2000s** Population Growth in Central Oregon

The Great Recession

Decreasing safety net – "War on Poor"

Local workforce displacement

Widening Opportunity Gap

Central Oregon has grown rapidly over the past two decades. Individual communities face different economic and social challenges associated with this development, including increased unemployment, lack of affordable housing, and income inequality. There is significant evidence linking poverty to health disparities and poor outcomes.

Current Condition: What's happening right now?

- 9-17% of residents in Central Oregon lived in poverty between 2013 and 2017
- Almost 50% of the region's renters are considered to be cost burdened
- Almost 25% of the civilian labor force in Warm Springs is experiencing unemployment

Current State Metrics:

- 1. 2018 Central Oregon graduation rates were significantly lower among economically disadvantaged students
- 2. Food Insecurity by County: Crook 15%, Deschutes 13%, Jefferson 13.3%
- 3. Income constrained households: Crook 29%, Deschutes 26%, Jefferson 34%
- 4. Housing and transportation costs combined as a percent of income: Crook 67%, Deschutes 58%, Jefferson 58%

Goal Statement: Where do we want to be in 4 years?

Aim/Goal

Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges. **Future State Metrics** - By December 2023:

- 1. Increase high school graduation rates among economically disadvantaged students
- 2. Decrease food insecurity
- 3. Decrease percent of income constrained households
- 4. Decrease housing and transportation costs as a percent of income

Analysis: What's keeping us from getting there?

- Demand exceeds supply for range of housing needs required
- Disjointed Systems
- Funding/Educational system is designed not to meet the needs of historically marginalized students
- Inactive response to Awareness, Barriers and Cultural Sensitivity
- Transportation can be inaccessible due to distance/economic
- Inequity of resources for income constrained families
- Scarcity culture promotes exclusionary programming
- Historical classism and racist structures undervalue and constrain people
- Complex & excessive restrictions to access safety nets



Date updated: 5.2022

Strategic Direction: What are we going to try?

- Strengthening Foundation of Individual and Community Health
- Empowering All People and Communities Through Inclusive and Collaborative Partnership
- Connecting People and Establishing Pathways to Enhance Community Resources
- Boosting Advocacy to Address Systemic Factors Contributing to Poverty

Focused Implementation: What are our specific actions? (who, what, when, where?)

When	What	
02/21	Invest in programs to increase HS graduation rates	Funded
02/22	Invest in regional ALICE listening sessions	Funded
02/22	Invest in programs to decrease food insecurity	Funded

Follow-Up: What's working? What have we learned?

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Five-Year Investment Overview All Workgroups January 2020–December 2024

Budget \$12,000,000	Spent \$7,046,943	Available \$4,953,057
Workgroup	Spent	Available
Address Poverty	\$941,994	\$1,058,006
Behavioral Health	\$1,879,623	\$120,377
Physical Health	\$1,116,132	\$883,868
Stable Housing	\$1,119,654	\$880,346
Substance and Alcohol Misuse	\$581,214	\$1,418,786
Upstream Prevention	\$1,408,326	\$591,674.00

		ERTY Budget			
Overview					
	Budget	Spent	Available		
5-Year	\$2,000,000	\$941,994	\$1,058,006		
Cycle to Date [1]	\$1,000,000	\$941,994	\$58,006		
Yearly	\$500,000	\$323,492	\$58,006		
Yearly Mini- Grant	\$0	\$0	\$0		

	Grant	\$0	\$0	\$0				
By Future State Measure (5 year)								
	Budget* [2]	Spent	Available [3]	Currently Allocated [4]	Projected Available [5]	Notes [6]		
ALICE	\$485,499.40	\$45,700.00 [7]	\$439,799.40		\$439,799.40			
Food Insecurity	\$485,499.40	\$309,592.00 [8]	\$175,907.40		\$175,907.40			
Housing/Transp ortation	\$485,499.40	\$43,200.00 [9]	\$442,299.40		\$442,299.40			
High School Graduation	\$518,501.79	\$518,501.79	\$0.00		\$0.00	Measure budget adjusted due to HS Grad overspending		
*Budget for each	ECM reflects the a	arood upon E voor	'noft budget' of £40	02 7E0 minus the	portion contributed to	abarad miniarant		

^{*}Budget for each FSM reflects the agreed upon 5 year 'soft budget' of \$493,750 minus the portion contributed to shared minigrant budget.

			Investments			
Organization	Process	Project	Award	Decision Date	Future State Measure	Latest Report
Quon Design and Communication Inc.	Standard Grant ALICE Consultant Application (2020-2024 RHIP)	Asset Limited Income Constrained Employed Lived Experience Listening Session	\$38,200.00	2.2022	Decrease the number of households living at poverty level and income constrained	Progress Report
Quon Design and Communication Inc.	Standard Grant ALICE Consultant Application (2020-2024 RHIP)	Asset Limited Income Constrained Employed Lived Experience Listening Session	\$38,200.00	2.2022	Reduce combined housing and transportation costs level and income constrained	
The 1017 Project	Standard Grant Food Insecurity (2020-2024 RHIP)	Beef for food Banks and Community Kitchens	\$25,000.00	2.2022	Decrease the total population reported as food insecure	Progress Report
Seed to Table	Standard Grant Food Insecurity (2020-2024 RHIP)	Feeding Families: Community Table Project	\$50,000.00	2.2022	Decrease the total population reported as food insecure	
High Desert Food and Farm Alliance	Standard Grant Food Insecurity (2020-2024 RHIP)	Improving Access to Fresh Local Foods	\$44,528.00	2.2022	Decrease the total population reported as food insecure	

Redemption House Ministeries	Food Insecurity (2020-2024 RHIP) Standard Grant Food Insecurity	Craigs Compassionate Cafe	\$49,264.00	2.2022	Decrease the total population reported as food insecure	Year 1 Report
Community Kitchen	(2020-2024 RHIP)	Satellite Food Pantry	\$30,000.00	2.2022	population reported as food insecure	
La Pine Community Health Center	Standard Grant Food Insecurity (2020-2024 RHIP)	The Healthy Eating and Food Insecurity Produce Voucher Program	\$48,300.00	2.2022	Decrease the total population reported as food insecure	