**Oral Health**
Regional Health Improvement Plan Physical Health Small Group

Join Zoom Meeting
[https://us02web.zoom.us/j/83624425879?pwd=RlNTdDliT0k0N1dRc1BFS1Rja0tkUT09](https://us02web.zoom.us/j/83624425879?pwd=RlNTdDliT0k0N1dRc1BFS1Rja0tkUT09)

Join by phone:
+1 669 900 6833
Meeting ID: 836 2442 5879
Passcode: 097810

March 1, 2023
3:00-4:30pm

<table>
<thead>
<tr>
<th>Physical Health Aim/Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equitably and measurably support all Central Oregonians to prevent disease by improving health behaviors and reducing risk factors that contribute to premature death and diminish quality of life.</td>
</tr>
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<table>
<thead>
<tr>
<th>Oral Health Future State Metric</th>
</tr>
</thead>
<tbody>
<tr>
<td>By December 2023, increase the percentage of PacificSource (Central Oregon CCO) Medicaid members, at any age, who received both an annual wellness visit by a Primary Care Provider and a preventive dental visit by a member of the Oral Health Care Team by 10 percentage points to:</td>
</tr>
<tr>
<td>Crook County</td>
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<tr>
<td>----------------</td>
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<tr>
<td>29.8%</td>
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</tbody>
</table>

**AGENDA**

3:00-3:10 Welcome, Introductions, Announcements

3:10-4:30 Structured Problem Solving
- Metric Clarification - Karly Hendrick, PacificSource
- Current Conditions
- Goal Conditions

Working Document:
[https://docs.google.com/presentation/d/1ITGCLD_HOFtNoM0p7rxSxlsvRm0nrGw5tRZkub0hU/edit#slide=id.g1c715e7931f_0_11](https://docs.google.com/presentation/d/1ITGCLD_HOFtNoM0p7rxSxlsvRm0nrGw5tRZkub0hU/edit#slide=id.g1c715e7931f_0_11)
Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus
We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region’s shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics
We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Partner with Priority Populations
The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues
Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts
We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together
We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second changes, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.
# Five-Year Investment Overview
## All Workgroups
### January 2020–December 2024

<table>
<thead>
<tr>
<th>Budget</th>
<th>Spent</th>
<th>Available</th>
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</thead>
<tbody>
<tr>
<td>$12,000,000</td>
<td>$7,139,584.04</td>
<td>$4,860,416</td>
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<table>
<thead>
<tr>
<th>Workgroup</th>
<th>Spent</th>
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<tbody>
<tr>
<td>Address Poverty</td>
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<td>$1,058,006.21</td>
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<tr>
<td>Behavioral Health</td>
<td>$1,914,157.00</td>
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<tr>
<td>Physical Health</td>
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<td>$882,841.44</td>
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<tr>
<td>Stable Housing</td>
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<td>Substance and Alcohol Misuse</td>
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<td>Upstream Prevention</td>
<td>$1,424,126.00</td>
<td>$575,874.00</td>
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### PHYSICAL HEALTH
#### 2023 Budget

<table>
<thead>
<tr>
<th>Overview</th>
<th>Budget</th>
<th>Spent</th>
<th>Available</th>
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<tr>
<td>5-Year</td>
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<td>$1,117,158.56</td>
<td>$882,841.44</td>
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<tbody>
<tr>
<td>Chronic Disease (1)</td>
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<td>-$15,048.81</td>
<td>-$15,048.81</td>
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<td>Fruit, Veggie &amp; Activity (2)</td>
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<td>-$544,970.00</td>
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<tr>
<td>Preventable Disease (3)</td>
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<td>-$23,639.75</td>
<td>-$23,639.75</td>
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<tr>
<td>Obesity (4)</td>
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<td>$0.00</td>
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<tr>
<td>Sexually Transmitted Illness (5)</td>
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<td>$500,000.00</td>
<td>$0.00</td>
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<td></td>
<td>$0.00</td>
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<tr>
<td>Wellness and Dental (6)</td>
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<td>$500,000.00</td>
<td>$0.00</td>
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</table>

*Budget for each FSM reflects the agreed upon 5 year 'soft budget' minus the portion contributed to shared mini grant budget.

### 2023 Investments

<table>
<thead>
<tr>
<th>Organization</th>
<th>Process</th>
<th>Project</th>
<th>Award</th>
<th>Decision Date</th>
<th>Future State Measure</th>
<th>Latest Report</th>
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</table>
Future State Measure: By December 2024, increase the percentage of PacificSource (Central Oregon CCO) Medicaid members, at any age, who received both an annual wellness visit by a Primary Care Provider and a preventative dental visit by a member of the Oral Health Care Team by 10% in each county.
Structured Problem Solving Process

1. Understand why this issue is important.
2. Understand what is currently happening now with this issue.
3. Identify our regional and community aim (vision).
4. Understand what is blocking us from meeting our regional and community aim.
5. Develop a shared Strategic Direction.
6. Develop a Focused Implementation.
7. Continue to support, learn and adjust.
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Definitions:
Primary Care Provider- A physician (M.D. – Medical Doctor or D.O. – Doctor of Osteopathic Medicine), nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law, who provides, coordinates or helps a patient access a range of health care services (healthcare.gov definition)
Oral Health Care Team- Dentist, dental assistant, dental hygienist, a PCP who is doing oral assessments and/or flouride treatment, trained Medical Assistant
Annual Wellness Visit- Any visit that can be billed with .... codes
Preventative Dental Visit- Any visit that can be billed with D1000 to D1999 codes

PS contact: Karly Hedrick <Karly.Hedrick@pacificsource.com>
Why are we talking about preventative dental visits? Why is it important?

- Oral health concerns impact daily lives - eating, smiling, self-esteem, speech, learning, working, etc.
- To prevent or delay onset of chronic oral health disease; to keep as much healthy tooth structure as possible, for as long as possible.
- Oral health is directly tied to physical health outcomes.
- Decrease healthcare costs downstream and prevent non-urgent oral health use of the emergency department.
- Education during oral health services enables people to continue healthy oral habits in their daily lives.
- Dental health visits are an opportunity to identify other health issues.
Before 2000
- Individual effort to improve oral health
- The Surgeon General’s State of Oral Health/Call to Action Report - first time having national convos about treating oral health differently from physical health
- State School Dental Sealant Program

2001-2015
- Death of Deamonte Driver from dental infection
- DCO/CCO partnership
- Affordable Care Act
- Oregon is medicaid expansion state
- OHP offering comprehensive adult dental benefit

2016-now
- Tried to pass an adult oral health benefit, didn’t pass in 2022, but now an awareness in the national legislature that it’s important
- 4 dentists in Oregon Legislature
- Compact of Free Association (COFA) adding dental-only benefit
- SB660 created organization over sealant programs across the state
- New orthodontic benefit - connected to larger EPSDT benefit
- COVID-19 Pandemic
What's happening right now?
What's happening right now?

https://www.centraloregonhealthdata.org/tiles/index/display?id=197028540749682455

N.Klamath

Current Conditions

<table>
<thead>
<tr>
<th>County</th>
<th>Source</th>
<th>Measurement Period</th>
<th>Value</th>
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<tbody>
<tr>
<td>Crook</td>
<td>PacificSource Community Solutions (Central Oregon CCO)</td>
<td>2021</td>
<td>8.0</td>
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<tr>
<td>Jefferson</td>
<td>PacificSource Community Solutions (Central Oregon CCO)</td>
<td>2021</td>
<td>9.7</td>
</tr>
<tr>
<td>Deschutes</td>
<td>PacificSource Community Solutions (Central Oregon CCO)</td>
<td>2021</td>
<td>9.8</td>
</tr>
</tbody>
</table>
What's happening right now?

**County: Jefferson**

9.7

Source: PacificSource Community Solutions (Central Oregon CCO)
Measurement period: 2021
Maintained by: Central Oregon Health Council
Last update: March 2022
Filter(s) for this location: Region: Central Oregon, State: Oregon

**Deschutes**

9.8

Graph Selections

- INDICATOR VALUES
- Change over Time

Compared to:

- Prior Value (7.2)
- Trend
- Jefferson RHIP Target (21.30)

Graphs showing:

- Individuals Receiving Both an Annual Wellness Visit and Preventative Dental Visit
Goal Condition

Future State.

By December 2024, increase the percentage of PacificSource (Central Oregon CCO) Medicaid members, at any age, who received both an annual wellness visit by a Primary Care Provider and a preventive dental visit by a member of the Oral Health Care Team by 12 percentage points to:

<table>
<thead>
<tr>
<th>County</th>
<th>Current (March 2022)</th>
<th>Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crook</td>
<td>8.0</td>
<td>19.1</td>
</tr>
<tr>
<td>Jefferson</td>
<td>9.7</td>
<td>21.3</td>
</tr>
<tr>
<td>Deschutes</td>
<td>9.8</td>
<td>23.1</td>
</tr>
<tr>
<td>N. Klamath</td>
<td>6.8</td>
<td>17.3</td>
</tr>
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</table>