



Central Oregon Diversity Equity and Inclusion (CODEI) Committee

April 5, 2023; 8:30am – 10:00am

Join by computer: <https://us02web.zoom.us/j/83986249949?pwd=WkQ5MmpiRk12U1JpL2l4WS9iUmFSZz09>

Join by phone: 1 253 215 8782 or 1 669 900 6833

Meeting ID: 839 8624 9949

Passcode: 305212

- 8:30 am - 8:50 am Welcome, Guiding Principles, Introductions
- Relationship Building and Learning Conversation: DEI movie, book or song that inspire you!
- 8:50 am –9:00 am Context setting for today’s meeting.
- Moving from charter into the Regional Health Assessment
- 9:00am -10:00 am Regional Health Assessment media toolkit distribution and listening sessions preparation.
- How to participate and elevate the voices of our communities.

Links to Shared Documents

Working documents for the day

<https://docs.google.com/presentation/d/1MlqxHdoKlaKXP5-DGvdKRrQQOiftZtPu-6Vwc3YsUPFU/edit?usp=sharing>

COHC Webpage:

<https://cohealthcouncil.org/>

Shared Google Drive:

<https://drive.google.com/drive/folders/1Y3-hzNmUV9aZ5rxh9iORVtA4jPp87U2N?usp=sharing>

Regional Health Improvement Currently Funded Projects:

<https://www.centraloregonhealthdata.org/tiles/index/display?id=254047713344660685>

**Next Meeting** –Next Meeting will be on May 3, 2023; 8:30am

## Land Acknowledgment

*We recognize and acknowledge the indigenous land on which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land that we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: "This land is for you to know and live upon and pass on to the children."*

**Central Oregon Diversity, Equity and Inclusion Committee**

Central Oregon Health Council Committee



As the *Central Oregon Diversity, Inclusion and Equity Committee* we collectively and individually practice and believe in:

- Solidarity
  - We move toward action in solidarity with our neighbors to actively and positively impact our agencies and communities.
  
- Humility
  - We carry the burden of history and a better future together, responsible to each other and ourselves for the space and energy we give and take.
  
- Curiosity
  - The direction we seek is bigger than any one of ourselves or agencies. We actively work to see a broader perspective, gain deeper insight, self-reflect and work towards equitable representation of diverse identities.
  
- Courage
  - This is courageous work. We choose to lean into the discomfort we experience knowing we grow in understanding and relationships.
  
- Transformation
  - Our lived experiences and need for safety are as true and diverse as we are. It is through invitation, curiosity, and listening that we reach our greatest shared understanding and commitment to transformative action.

# The Academy Awards for DEIJ Impact

What movie, book, podcast, song, or other demonstrates excellence in DEIJ and inspires you? Share why.



**Best movie**



**Best book or podcast**



**Best song**



**Best other category**

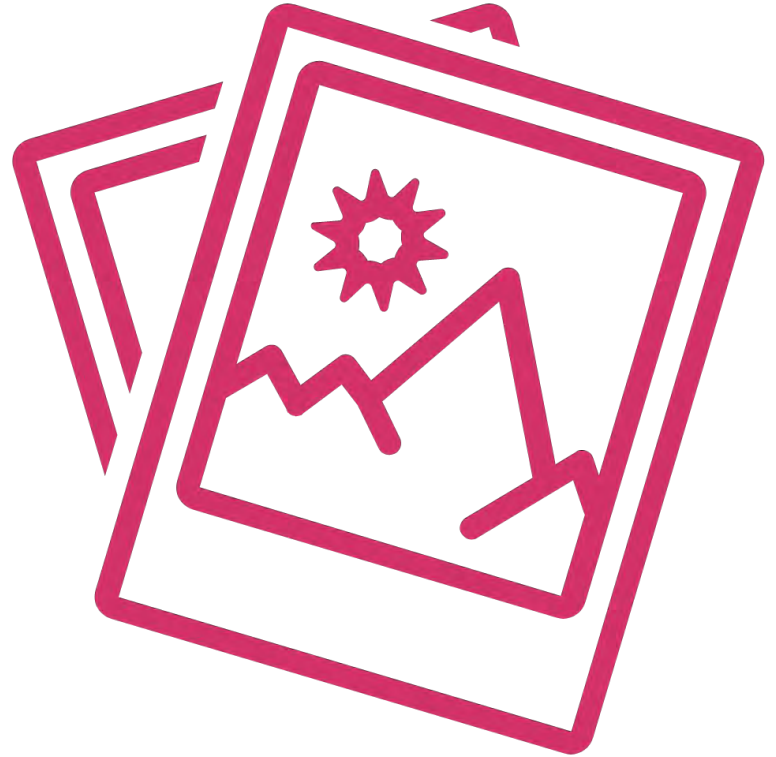
# 2024 Regional Health Assessment

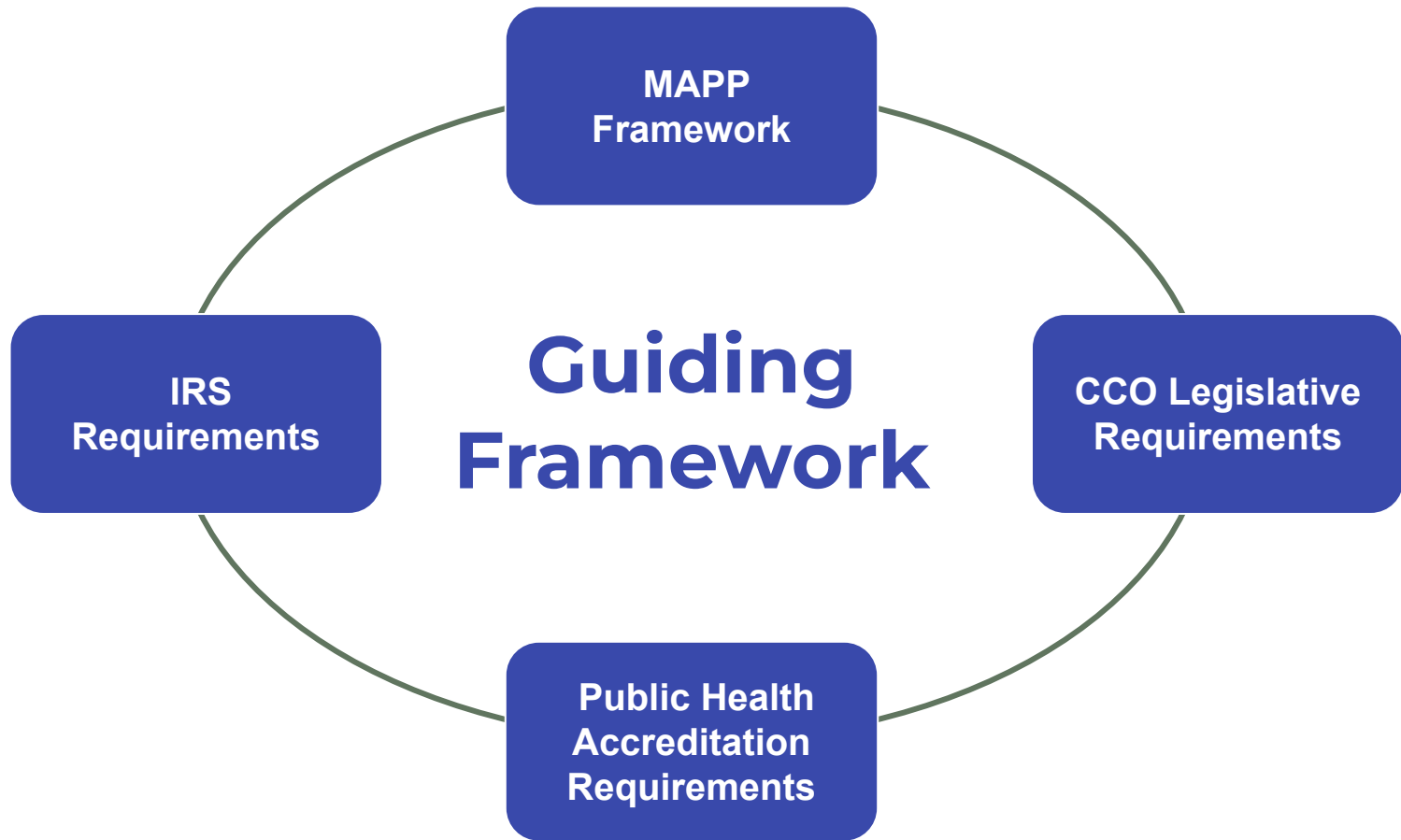
# What is the Regional Health Assessment?

# A Picture of Our Community's Health


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Health Indicators  
and social  
determinants of health

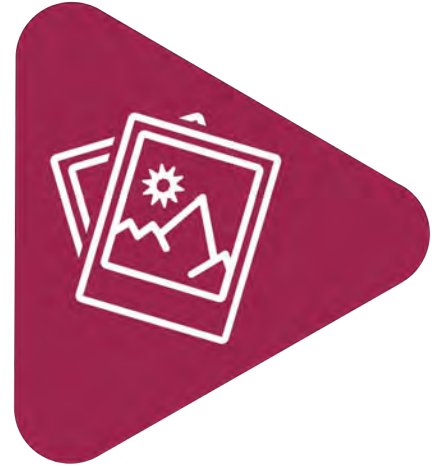
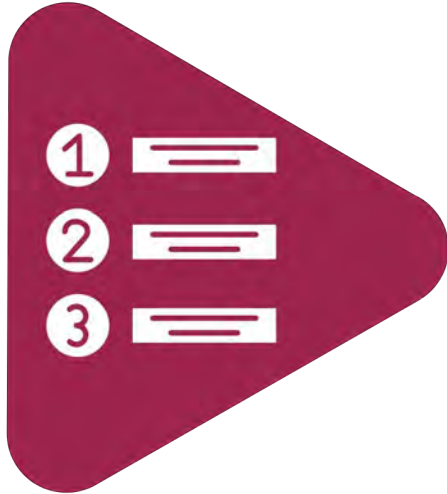






The top right corner of the slide features a decorative graphic consisting of several overlapping triangles and squares in various shades of pink and magenta, creating a modern, abstract design.

Why does the  
Regional Health  
Assessment  
matter?



# 2024 Regional Health Assessment

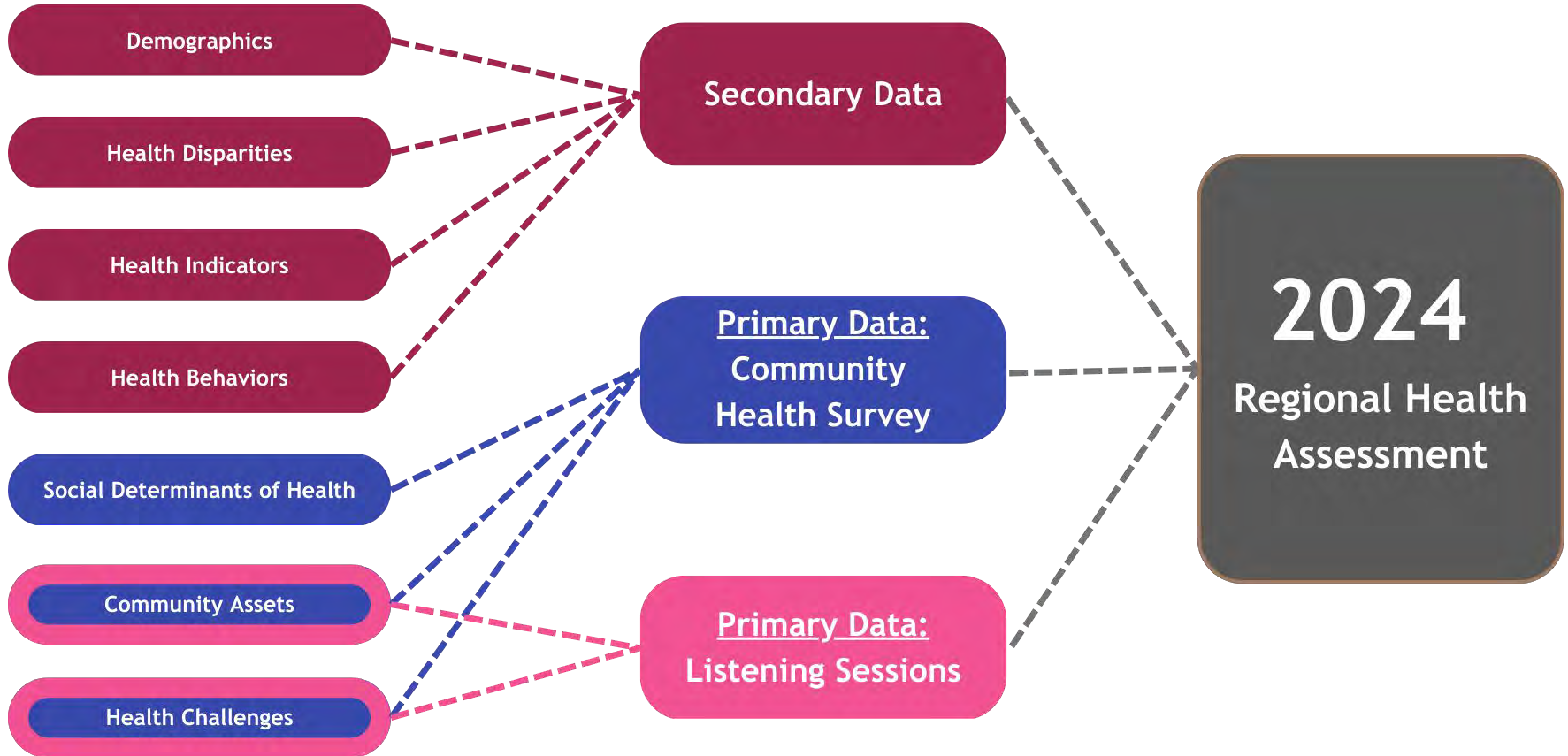
# 2024 Regional Health Assessment Vision



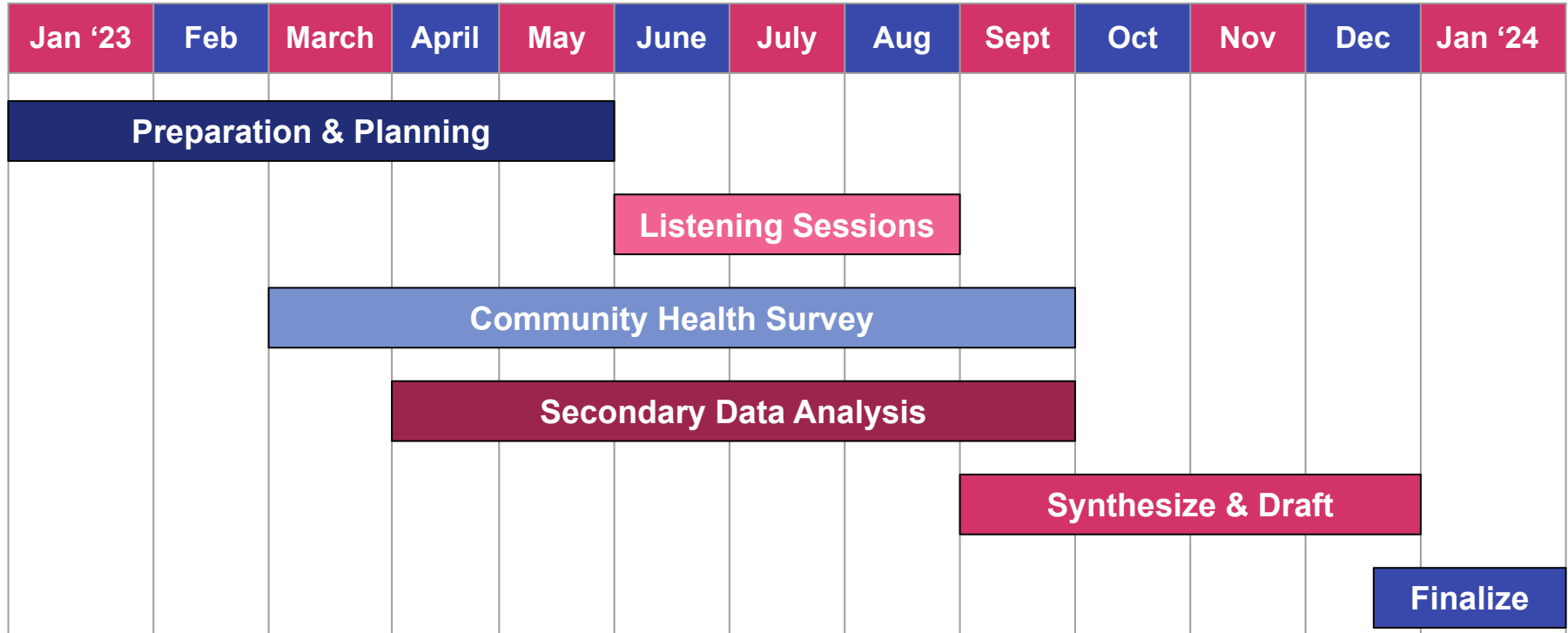
- Community-driven
- Comprehensive
- Equity-focused
- Approachable
- Easy-to-use
- Meets requirements

# Required Content

# Source



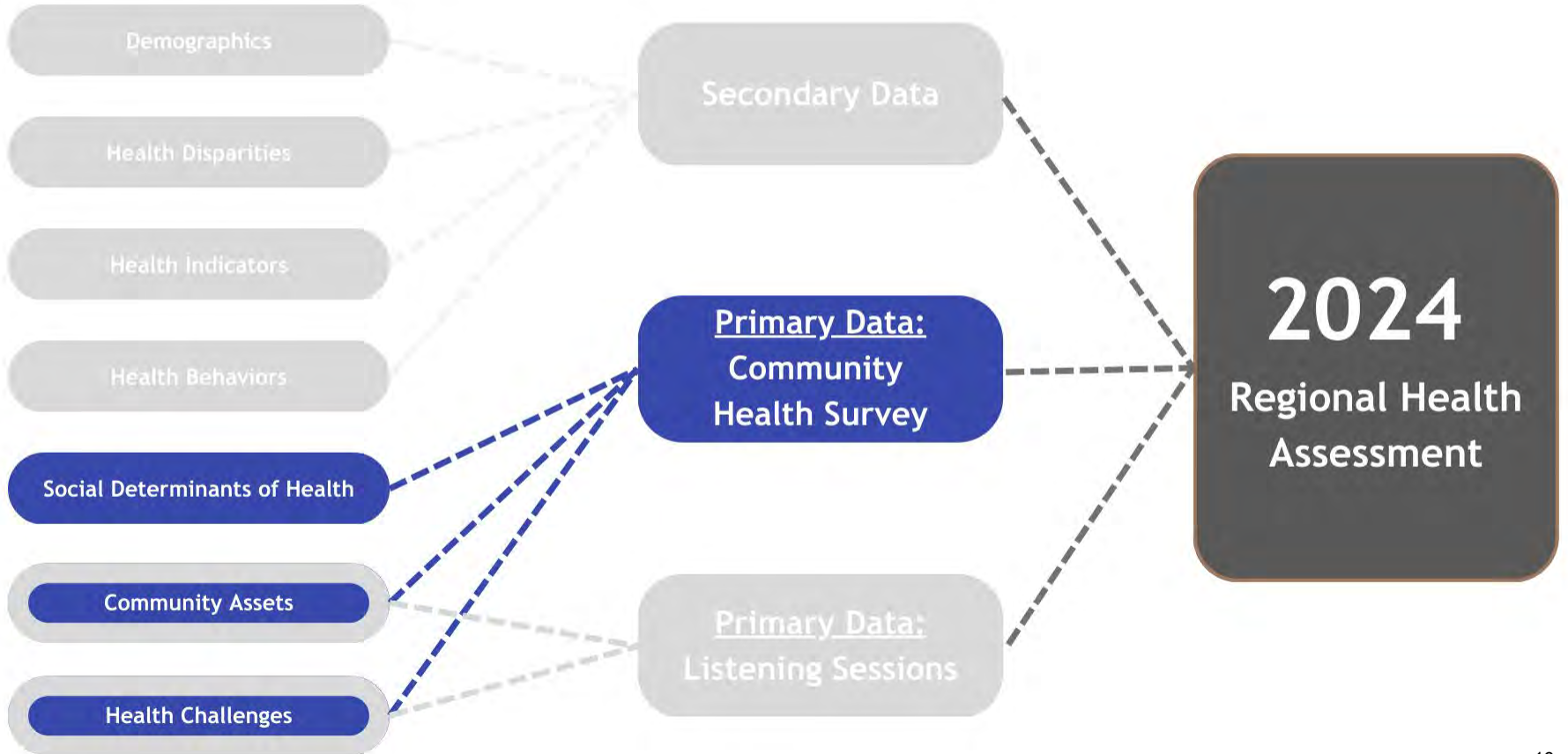
# Workplan Timeline



# Central Oregon Community Health Survey

# Required Content

# Source





Flyers  
Posters  
Postcards  
Video Monitors  
Social Media  
Newsletter

Coming soon:  
**Community  
Health Survey  
Promotional Toolkit**

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Sign up to  
receive the  
Community  
Health Survey  
Promotional  
Toolkit

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# How to get more surveys from our underserved communities?

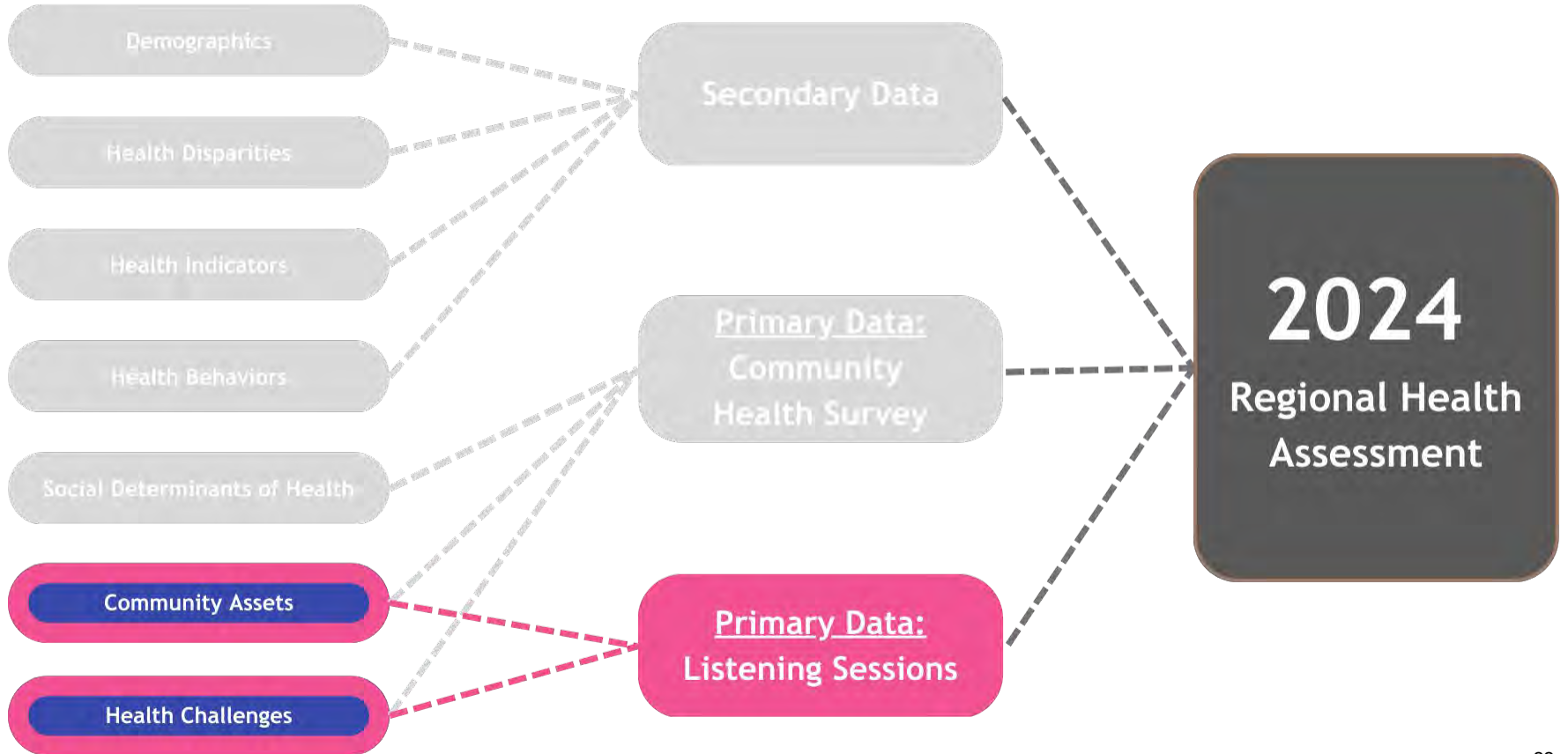
Write some successful activities you implemented in your organization while conducting community surveys.


# What can you do at a personal level or in your organization to support the Regional Health Assessment?


# Listening Sessions

# Required Content

# Source



# Listening Sessions

- 20 Listening Sessions
- 8-10 people per group
- Focused on:
  - Community Strengths
  - Community Gaps
  - Health Strengths
  - Health Challenges

# Focusing on the attendants Experience!

What did communities report or what did you observe during listening sessions?

<p>What happened when communities attend listening sessions?</p>	
<p>How is the emotional experience they report?</p>	



# Focusing on the attendants Experience!

Analyzing past listening sessions

<p><b>If the experience was positive...</b></p>	<p>What was the best reported experience? (Why?)</p>
<p><b>If the experience was negative....</b></p>	<p>Do they report feeling not listened, understood or respected? Do they report feeling “used” or skeptical about the results? What was the cause of that feeling?</p>

# Are you thinking in one community we totally need to reach out for the listening sessions ?


# Closing thoughts