Central Oregon Diversity Equity and Inclusion (CODEI) Committee

April 5, 2023; 8:30am – 10:00am

Join by computer: https://us02web.zoom.us/j/83986249949?pwd=WkQ5MmpiRk12U1JpLi14WS9iUmFSZz09
Join by phone: 1 253 215 8782 or 1 669 900 6833
Meeting ID: 839 8624 9949
Passcode: 305212

8:30 am - 8:50 am  Welcome, Guiding Principles, Introductions
                   •  Relationship Building and Learning Conversation: DEI movie, book or song that inspire you!

8:50 am –9:00 am  Context setting for today’s meeting.
                   •  Moving from charter into the Regional Health Assessment

9:00am -10:00 am  Regional Health Assessment media toolkit distribution and listening sessions preparation.
                   •  How to participate and elevate the voices of our communities.

Links to Shared Documents

Working documents for the day
https://docs.google.com/presentation/d/1MIqxHdoKlaKXP5-DGvdKRsQOiftZtPu-6Vwc3YsUPFU/edit?usp=sharing

COHC Webpage:
https://cohealthcouncil.org/

Shared Google Drive:
https://drive.google.com/drivefolders/1Y3-hzNmUV9aZ5rxh9iORVtA4jPp87U2N?usp=sharing

Regional Health Improvement Currently Funded Projects:
https://www.centraloregonhealthdata.org/tiles/index/display?id=254047713344660685

Next Meeting –Next Meeting will be on May 3, 2023; 8:30am
Land Acknowledgment

We recognize and acknowledge the indigenous land on which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land that we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”

Central Oregon Diversity, Equity and Inclusion Committee
Central Oregon Health Council Committee
As the Central Oregon Diversity, Inclusion and Equity Committee we collectively and individually practice and believe in:

- **Solidarity**
  - We move toward action in solidarity with our neighbors to actively and positively impact our agencies and communities.

- **Humility**
  - We carry the burden of history and a better future together, responsible to each other and ourselves for the space and energy we give and take.

- **Curiosity**
  - The direction we seek is bigger than any one of ourselves or agencies. We actively work to see a broader perspective, gain deeper insight, self-reflect and work towards equitable representation of diverse identities.

- **Courage**
  - This is courageous work. We choose to lean into the discomfort we experience knowing we grow in understanding and relationships.

- **Transformation**
  - Our lived experiences and need for safety are as true and diverse as we are. It is through invitation, curiosity, and listening that we reach our greatest shared understanding and commitment to transformative action.
The Academy Awards for DEIJ Impact

What movie, book, podcast, song, or other demonstrates excellence in DEIJ and inspires you? Share why.

1. Best movie
2. Best book or podcast
3. Best song
4. Best other category
What is the Regional Health Assessment?
A Picture of Our Community’s Health

Health Indicators and social determinants of health
Why does the Regional Health Assessment matter?
2024 Regional Health Assessment
2024 Regional Health Assessment Vision

- Community-driven
- Comprehensive
- Equity-focused
- Approachable
- Easy-to-use
- Meets requirements
Required Content

Demographics
Health Disparities
Health Indicators
Health Behaviors
Social Determinants of Health
Community Assets
Health Challenges

Source

Secondary Data

Primary Data:
Community Health Survey

Primary Data:
Listening Sessions

2024
Regional Health Assessment
Workplan Timeline

Jan ‘23  Feb  March  April  May  June  July  Aug  Sept  Oct  Nov  Dec  Jan ‘24

- Preparation & Planning
  - Listening Sessions
  - Community Health Survey
  - Secondary Data Analysis
  - Synthesize & Draft
  - Finalize
Central Oregon Community Health Survey
Required Content

- Demographics
- Health Disparities
- Health Indicators
- Health Behaviors
- Social Determinants of Health
- Community Assets
- Health Challenges

Source

- Secondary Data
- Primary Data:
  - Community Health Survey
- Primary Data:
  - Listening Sessions

2024 Regional Health Assessment
Flyers
Posters
Postcards
Video Monitors
Social Media
Newsletter

Coming soon:
Community
Health Survey
Promotional Toolkit
Sign up to receive the Community Health Survey Promotional Toolkit
How to get more surveys from our underserved communities?

Write some successful activities you implemented in your organization while conducting community surveys.
What can you do at a personal level or in your organization to support the Regional Health Assessment?
Listening Sessions
Required Content

- Demographics
- Health Disparities
- Health Indicators
- Health Behaviors
- Social Determinants of Health

Source

- Secondary Data
- Primary Data: Community Health Survey
- Community Assets
- Primary Data: Listening Sessions

2024
Regional Health Assessment
Listening Sessions

- 20 Listening Sessions
- 8-10 people per group
- Focused on:
  - Community Strengths
  - Community Gaps
  - Health Strengths
  - Health Challenges
**Focusing on the attendants Experience!**

What did communities report or what did you observe during listening sessions?

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<thead>
<tr>
<th>What happened when communities attend listening sessions?</th>
<th>How is the emotional experience they report?</th>
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# Focusing on the attendants' Experience!
Analyzing past listening sessions

<table>
<thead>
<tr>
<th>If the experience was positive…</th>
<th>What was the best reported experience? (Why?)</th>
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| If the experience was negative…. | Do they report feeling not listened, understood or respected?  
Do they report feeling “used” or skeptical about the results? 
What was the cause of that feeling? |
|---------------------------------|-------------------------------------------------------------------------------------------------|
Are you thinking in one community we totally need to reach out for the listening sessions?
Closing thoughts