



Address Poverty and Enhance Self-Sufficiency
Regional Health Improvement Plan Workgroup

Join Zoom Meeting

<https://us02web.zoom.us/j/85737344809?pwd=R1VtamUwbktCVDg2MjBOWGlybWJWQT09>

Join by phone:

+1 253 215 8782

Meeting ID: 857 3734 4809

Passcode: 813612

May 16, 2023

11:00am – 12:30pm

Aim/Goal
Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.
Future State Metrics - Condensed
<ol style="list-style-type: none">1. Increase high school graduation rates among economically disadvantaged students2. Decrease food insecurity3. Decrease percent of income constrained households4. Decrease housing and transportation costs as a percent of income

AGENDA

11:00-11:15 AM	Welcome, Land Acknowledgement, Introductions, Announcements
11:15-12:30 AM	Focused Implementation Plan Development <ul style="list-style-type: none">• Update on Senior Food Insecurity Metric Development RFP• Investment discussion based on ALICE Listening Session results

Working Document: https://docs.google.com/presentation/d/1jYwyGwMt-Uj2QtW2INBIRF9cijl_4HaSIYgqw_28uLg/edit?usp=sharing

Workgroup Budget: <https://docs.google.com/spreadsheets/d/1Gw9dL6ilRe1oGhJRMloXg9pEUofJ-KzU5WnscBbEX8/edit?usp=sharing>



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Future State Metrics – Full Detail

1. By December 2023, Central Oregon graduations rate among economically disadvantaged students will improve by 3 percentage points to:

2023 Central Oregon Graduations Rate for Economically Disadvantaged	
Crook	76.60%
Deschutes	77.30%
Jefferson	83.40%

2a. By December 2023, decrease the % of total population reported as food insecure by 2 percentage points to:

County	% of (total) Population Food Insecure
Crook	13%
Deschutes	11%
Jefferson	11.3%

2b. By December 2023, develop a regional metric to evaluate food insecurity among seniors in our community (ages 65+).

3. By December 2023, decrease the population of households living at the poverty level and income constrained by 2 percentage points to:

Crook: 27%
Deschutes: 24%
Jefferson: 32%

4. By December 2023, reduce combined housing and transportation cost for residents as a percent of income in their respective counties to no more than:

Crook County: 64%
Deschutes: 55%
Jefferson: 55%

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”



Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Partner with Priority Populations

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second chances, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

Background: Why are we talking about this?

1990s Mill Closures / Timber Industry Decline

2000s Population Growth in Central Oregon

The Great Recession

Decreasing safety net – “War on Poor”

Local workforce displacement

Widening Opportunity Gap

Central Oregon has grown rapidly over the past two decades. Individual communities face different economic and social challenges associated with this development, including increased unemployment, lack of affordable housing, and income inequality. There is significant evidence linking poverty to health disparities and poor outcomes.

Current Condition: What’s happening right now?

- 9-17% of residents in Central Oregon lived in poverty between 2013 and 2017
- Almost 50% of the region’s renters are considered to be cost burdened
- Almost 25% of the civilian labor force in Warm Springs is experiencing unemployment

Current State Metrics:

1. 2018 Central Oregon graduation rates were significantly lower among economically disadvantaged students
2. Food Insecurity by County: Crook 15%, Deschutes 13%, Jefferson 13.3%
3. Income constrained households: Crook 29%, Deschutes 26%, Jefferson 34%
4. Housing and transportation costs combined as a percent of income: Crook 67%, Deschutes 58%, Jefferson 58%

Goal Statement: Where do we want to be in 4 years?

Aim/Goal

Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.

Future State Metrics - By December 2023:

1. Increase high school graduation rates among economically disadvantaged students
2. Decrease food insecurity
3. Decrease percent of income constrained households
4. Decrease housing and transportation costs as a percent of income

Analysis: What’s keeping us from getting there?

- Demand exceeds supply for range of housing needs required
- Disjointed Systems
- Funding/Educational system is designed not to meet the needs of historically marginalized students
- Inactive response to Awareness, Barriers and Cultural Sensitivity
- Transportation can be inaccessible due to distance/economic
- Inequity of resources for income constrained families
- Scarcity culture promotes exclusionary programming
- Historical classism and racist structures undervalue and constrain people
- Complex & excessive restrictions to access safety nets

Date updated: 1.2023

Strategic Direction: What are we going to try?

- Strengthening Foundation of Individual and Community Health
- Empowering All People and Communities Through Inclusive and Collaborative Partnership
- Connecting People and Establishing Pathways to Enhance Community Resources
- Boosting Advocacy to Address Systemic Factors Contributing to Poverty

Focused Implementation: What are our specific actions? (who, what, when, where?)

When	What	
02/21	Invest in programs to increase HS graduation rates	Funded
02/22	Invest in regional ALICE listening sessions	Funded
02/22	Invest in programs to decrease food insecurity	Funded
01/23	Sr. Food Insecurity Measure Development	RFP Released
05/23	ALICE Investment Strategy	In Development

Follow-Up: What’s working? What have we learned?

{insert}

POVERTY 2023 Budget						
Overview						
		Budget	Spent	Available		
	5-Year	\$2,000,000	\$941,993.79	\$1,058,006.21		
By Future State Measure (5 year)						
	Budget* [1]	Spent	Available [2]	Currently Allocated [3]	Projected Available [4]	Notes [5]
ALICE	\$485,499.40	\$45,700.00 [6]	\$439,799.40		\$439,799.40	
Food Insecurity	\$485,499.40	\$307,092.00 [7]	\$178,407.40	\$150,000.00	\$28,407.40	
Housing/Transportation	\$485,499.40	\$43,200.00 [8]	\$442,299.40		\$442,299.40	
High School Graduation	\$518,501.79	\$521,001.79	-\$2,500.00		-\$2,500.00	Measure budget adjusted due to HS Grad overspending
*Budget for each FSM reflects the agreed upon 5 year 'soft budget' of \$493,750 minus the portion contributed to shared minigrant budget.						
Investments						
Organization	Process	Project	Award	Decision Date	Future State Measure	Latest Report

Five-Year Investment Overview

All Workgroups

January 2020–December 2024

Budget	Spent	Available
\$12,000,000	\$7,144,584.04	\$4,855,416

Workgroup	Spent	Available
Address Poverty	\$941,993.79	\$1,058,006.21
Behavioral Health	\$1,914,157.00	\$85,843.00
Physical Health	\$1,117,158.56	\$882,841.44
Stable Housing	\$1,129,654.00	\$870,346.00
Substance and Alcohol Misuse	\$617,494.69	\$1,382,505.31
Upstream Prevention	\$1,424,126.00	\$575,874.00



Regional Health Improvement Plan (RHIP) Workgroup

Voting Practices

As a partner within the Central Oregon Health Council's (COHC) Regional Health Improvement Plan (RHIP) workgroups, your participation is for the benefit of the region at large. It is not for personal gain, directly or indirectly, or to influence decisions directly benefiting yourself as an individual or an organization you may represent.

However, we recognize that our work often benefits many organizations, and we all stand to gain from the shared wisdom of our many RHIP workgroup partners. As such, you are still allowed to:

- Advocate for funding to an organization with which you have a professional connection
- Be the primary contact for a project requesting funding
- Complete a grant application on behalf of an organization

We ask workgroup partners to recuse themselves from final discussions or votes around funding for their organization or those with which they are affiliated.

For transparency purposes, workgroup voting partners must complete a yearly [conflict of interest statement](#) to maintain voting status.

It is common for organizations to have more than one person on a RHIP workgroup.

- When it is time to vote, people from the same organization will share a single vote.
- You will have a single vote if you are not associated with an organization (i.e., community member).

A decision is made when:

- At least 50% of the eligible voting partners vote.
- And when 75% of the Voting Partners are in agreement

Workgroup facilitators often use a method called a Focused Conversation. This technique encourages everyone to participate and brings the group closer to consensus. The Focused Conversation is followed by an electronic vote.



Consensus is defined as:

- Finding and creating areas of shared understanding.
- A coming together of the common sense of the whole group.
- An agreement that everyone can live with.