Central Oregon Diversity Equity and Inclusion (CODEI) Committee

October 4, 2023; 8:30am – 10:00am

Join by computer: https://us02web.zoom.us/j/83986249949?pwd=WkQ5MmpiRk12U1JpL2I4WS9iUmFSZz09
Join by phone: 1 253 215 8782 or 1 669 900 6833
Meeting ID: 839 8624 9949
Passcode: 305212

8:30 am - 8:50 am  Welcome, Guiding Principles, Introductions
  •  Relationship Building and Learning Conversation: October: Indigenous People’s Day

8:50 am –10:00 am  Context setting for today’s meeting.
  CODEI in action
  ▪  How the Regional Health Improvement Plan (RHIP) is advancing the Health Equity Agenda
  ▪  The Five-Year Cycle of the COHC and how the JEDI Committee can create a change.

Links to Shared Documents

COHC Webpage:
https://cohealthcouncil.org/

Shared Google Drive:
https://drive.google.com/drivefolders/1Y3-hZnUV9aZ5rkh9iORVtA4jPp87U2N?usp=sharing

Regional Health Improvement Currently Funded Projects:
https://www.centraloregonhealthdata.org/tiles/index/display?id=254047713344660685

Next Meeting — the next Meeting will be on November 1th, 2023; 8:30am
Land Acknowledgment

We recognize and acknowledge the indigenous land on which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land that we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”

Central Oregon Diversity, Equity and Inclusion Committee

Central Oregon Health Council Committee
As the *Central Oregon Diversity, Inclusion and Equity Committee* we collectively and individually practice and believe in:

- **Solidarity**
  - We move toward action in solidarity with our neighbors to actively and positively impact our agencies and communities.

- **Humility**
  - We carry the burden of history and a better future together, responsible to each other and ourselves for the space and energy we give and take.

- **Curiosity**
  - The direction we seek is bigger than any one of ourselves or agencies. We actively work to see a broader perspective, gain deeper insight, self-reflect and work towards equitable representation of diverse identities.

- **Courage**
  - This is courageous work. We choose to lean into the discomfort we experience knowing we grow in understanding and relationships.

- **Transformation**
  - Our lived experiences and need for safety are as true and diverse as we are. It is through invitation, curiosity, and listening that we reach our greatest shared understanding and commitment to transformative action.
Central Oregon Justice Equity Diversity and Inclusion Committee (JEDI)
Introductory conversation: Indigenous People’s Day (October 9th)

Indigenous People’s Day
https://www.almanac.com/indigenous-peoples-day

Other resources:
https://www.npr.org/2021/10/11/1044823626/indigenous-peoples-day-native-americans-columbus

https://www.whitehouse.gov/briefing-room/presidential-actions/2021/10/08/a-proclamation-indigenous-peoples-day-2021/
Central Oregon Diversity Equity and Inclusion Committee CODEI

Introductory conversation: October-LGBTQ History Month

October LGBTQ History Month
https://lgbthistorymonth.com/background

Pride Month Celebration Origin
https://www.loc.gov/lgbt-pride-month/about/

LGBTQ Celebration Ideas
https://lgbthistorymonth.com/ideas

Difference between LGBT History and Pride Month
https://news.chapman.edu/2022/10/19/whats-the-difference-between-lgbt-history-month-and-pride-month/
Context: Last month review of *Forces of Change*
Negatives or risks:

- End of continuous coverage for the Medicaid/Oregon Health Plan population; many will lose health insurance.
- Student loan forbearance is ending. Students will be impacted by having to make student loan payments again.
- Political season is on us and will see divisive language.
- Many people get their news from TikTok or other social media. There may be more opportunity for misinformation.
- The effort to avoid words that cause ‘issues’ aka. “Woke”
- People are seeing conversations about JEDI as a divisive force (dividing).
- ‘We have tried this equity thing and nothing is changing’ mindset. ‘Show me the numbers’ We haven’t yet developed ways to measure progress in JEDI.
- OR borders Idaho, that repealed Roe v Wade. This will/has impacted OR. ID, TX…etc.
- Few resources that are dedicated to affirmative action are under attack. Starting to be lawsuits to challenge JEDI work.

Opportunities.

- A joining of forces of people supporting trans care. Limited funding for work supporting Trans/JEDI work.
- Some parts of Federal and state governments continue to be unapologetic about health equity and equity as part of agenda. Could be protective of JEDI efforts. [https://www.nationalacademies.org/our-work/review-of-federal-policies-that-contribute-to-racial-and-ethnic-health-inequities](https://www.nationalacademies.org/our-work/review-of-federal-policies-that-contribute-to-racial-and-ethnic-health-inequities)
- 2023 RHA is centered on community, personal stories and involvement of the community.
- OR is becoming a sanctuary state for health care (gender affirming care, reproductive health). There is a large and growing network of care for those in states where these are attacked.
- There is the evolution of new language to better express and include, intentional language. This is included in review and writing of policy. States are using this new language to strengthen legislation.
- Building and strengthening of collaborations and collectives.
- OHP expansion for undocumented immigrants- giving folks a wider and more welcoming space in the medical community.
- More research is happening around being inclusive and better data to be more accurate and counted.
- There is an increase in funding for rural communities.
- There is a reduction in reporting requirements and burdens on the grantee…. Less restrictions on how people can access funding.
Advancing the JEDI agenda
How Regional Health Improvement Plan (RHIP) work group grants are advancing health equity
SUBSTANCE AND ALCOHOL MISUSE: PREVENTION AND TREATMENT

AIM/GOAL

Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence-based substance and alcohol misuse prevention, intervention, treatment, and recovery services that are culturally responsive and trauma-informed.
Substance and Alcohol Misuse: Prevention and Treatment

- The workgroup is exploring enhancing the Screening, Brief Intervention, and Referral to Treatment (SBIRT) within clinics to address binge drinking.
- The workgroup invested $150,000 to assess the disparities and key drivers of binge drinking among 18-34 year olds.
- The workgroup funded a project to assess the community’s interest and readiness to implement healthy retail locations. This project will lay the groundwork for future Healthy Retail projects by identifying interested businesses and gathering community members’ input and desires.
- The workgroup invested $385,000 on five projects for organizations to sustain their Peer Support Specialists (PSS) positions while hiring a consultant to work on PSS sustainability at the organization and system level.
How are the RHIP work group Substance and Alcohol Misuse grants advancing health equity?

https://docs.google.com/document/d/1GZ5vmqe1pOCBB17uXCgYRAmVdPBezMb6/edit
Future discussion: how are the other RHIP work group grants advancing health equity?
Five-Year Cycle of the COHC
Centering Community

STRENGTHS
social determinants of health

CHALLENGES
social determinants of health

STRENGTHS
community health

CHALLENGES
community health
From the Regional Health Assessment to the Regional Health Improvement Plan

- The draft RHA is reviewed by partners, community members, and stakeholders. It is modified and ultimately adopted.

- The Regional Health Assessment (RHA) is created using a collaborative Community Process called MAPP (Mobilizing for Action through Planning & Partnerships).
- Region-wide Focus Groups and interviews are conducted to gain community insight and collect qualitative data.
- Epidemiologists analyze quantitative data to identify regional health trends.

- Goals and strategies are developed for each priority.
- Themes from the RHA are prioritized by impact, preventability/controllability, and feasibility.
- Draft Regional Health Improvement Plan (RHIP) is reviewed by partners and stakeholders.
- RHIP modified accordingly and ultimately adopted.
Community Gatherings Participation.

How can JEDI participate?
Community Data Gatherings

To increase the visibility and understanding of issues.

To empower communities to have their say over decisions that affect their lives, their towns, cities and neighborhoods.

a.k.a World Cafe, Consensus, Data Walk
What is this going to look like?

- **November**
- **SIX different locations**
- **Entire Region**
- **SIX Opportunities to participate**
- **Survey**
- **Listening Sessions**
- **Secondary Data**
- **Preliminary data**
- **Guiding Questions**
- **Top 3**
- **Attendees will share what they see as their county/regional top 3 strengths and challenges**
- **Additional targeted data analysis**
- **Attendees will rotate thru “data stations” and mini-discussion groups**
COMMUNITY VOICE

Top 3 for each central Oregon community:
- Health Strengths
- Health Challenges
- SDOH Strengths
- SDOH Challenges

Examples of guiding questions:
- What do you notice?
- What do you want to know more about?

Final 2024 regional health assessment
- Infographics
- Social math
- Linking back to central Oregon health data website
## Community Gatherings

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Volunteer</th>
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<tbody>
<tr>
<td>Deschutes County 1</td>
<td>Redmond Senior Center</td>
<td>11 - 1</td>
<td>4 - 7</td>
<td>setup 3 - 4</td>
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<td></td>
<td></td>
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<td>clean up 7 - 8</td>
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<tr>
<td>Deschutes County 2</td>
<td>Larkspur Community Center</td>
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<td>5 - 7</td>
<td>set up 4 - 5</td>
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<td>clean up 7 - 8</td>
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<td>North Klamath County</td>
<td>Crescent Community Center</td>
<td>11 - 6</td>
<td>1 - 3</td>
<td>set up 12 - 1</td>
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<td>clean up 3 - 4</td>
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<tr>
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<td>11 - 7</td>
<td>5:30 - 7</td>
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<td>clean up 7 - 7:30</td>
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<tr>
<td>Deschutes County 3</td>
<td>LaPine Community Health</td>
<td>11 - 8</td>
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<td>set up 4 - 5</td>
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<td>clean up 7 - 8</td>
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<td>Jefferson County</td>
<td>JCPH Community Room</td>
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Closing Thoughts?