



Substance and Alcohol Misuse: Prevention and Treatment
Regional Health Improvement Plan Workgroup

Join Zoom Meeting

<https://us02web.zoom.us/j/81785017351?pwd=bEZ4T2tPSjdUeXVQWGtzV2tGV1hoZz09>

Join by phone:

+1 719 359 4580

Meeting ID: 817 8501 7351

Passcode: 444700

November 14, 2023

3:30-5:00 PM

Aim/Goal
Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence-based substance and alcohol misuse prevention, intervention, treatment, and recovery services that are culturally responsive and trauma-informed.
Future State Measures
<ol style="list-style-type: none">1. Decrease binge drinking among adults.2. Decrease vaping or e-cigarette use among youth.3. Increase services for alcohol or drug dependence for individuals newly diagnosed.4. Reduce mental health/substance abuse ED visits in Madras, Prineville and Warm Springs. <p>*See full measures on next page.</p>

AGENDA

3:30-3:45 PM	Welcome, introductions, announcements, packet review
3:45-4:50 PM	Implementation plan development <ul style="list-style-type: none">• Media Campaign Finalist Presentations• Overdose Prevention RFP Review
4:50-5:00 PM	Wrap-up and next steps

Working Document: https://docs.google.com/presentation/d/1O8HdpfQPrfK-9T8K0tKUycX3kd_abi3FtoS4Utva0cM/edit?usp=sharing

Workgroup Budget: <https://docs.google.com/spreadsheets/d/1Gw9dL6ilRe1olGhJRMloXg9pEUofJ-KzU5WnscBbEX8/edit?usp=sharing>

Substance and Alcohol Misuse: Prevention and Treatment

Future State Measures – Full Detail			
1. By December 2023, only 25% of adults aged 18 to 34 in Central Oregon reported binge drinking on at least one occasion over the past 30 days.			
2. By December 2023, reduce the percentage of Central Oregon 11th grade students who report vaping or using e-cigarettes by 10% percent in each county, resulting in only 20.2% in Crook County, 26.5% in Deschutes County, and 14.9% in Jefferson County (OR Student Health Survey).			
3. By December 2023, 30% of Medicaid members (ages 13 and older) who are newly diagnosed with alcohol or other drug dependence and who began treatment within 14 days of the initial diagnosis will have two or more additional services for alcohol or other drug dependence within 30 days of their initial treatment. (Quality Incentive Measure (QIM))			
4. By December 2023, Mental Health/Substance Abuse Emergency Department visits per 1,000 will be reduced by 25% in highest rate locations:			
Warm Springs	Prineville	Madras	
35.3	15	13.8	

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”



Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second chances, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

Five-Year Investment Overview

All Workgroups

January 2020–December 2024

Budget	Spent	Available
\$12,000,000	\$7,639,480.28	\$4,360,519.72

Workgroup	Spent	Available
Address Poverty	\$941,993.79	\$1,058,006.21
Behavioral Health	\$1,959,157.00	\$40,843.00
Physical Health	\$1,117,637.10	\$882,362.90
Stable Housing	\$1,129,654.00	\$870,346.00
Substance and Alcohol Misuse	\$1,066,912.39	\$933,087.61
Upstream Prevention	\$1,424,126.00	\$575,874.00

Overview						
		Budget	Spent	Available		
	5-Year	\$2,000,000	\$1,066,912.39	\$933,087.61		
	Yearly	\$500,000	\$484,209.70	\$433,087.61		
	Yearly Mini-Grant	\$7,877	\$1,330.58	\$6,546.73		
By Future State Measure (5 year)						
	Budget* [1]	Spent	Available [2]	Currently Allocated [3]	Projected Available [4]	Notes [5]
Binge Drinking	\$488,750.00	\$151,250.58 [6]	\$337,499.42	\$125,000.00	\$212,499.42	Campaign
Vaping E-Cigarettes	\$488,750.00	\$270,251.12	\$218,498.88		\$218,498.88	
SUD Services	\$488,750.00	\$415,458.00	\$73,292.00		\$73,292.00	
ED visits	\$488,750.00	\$195,330.00	\$293,420.00		\$293,420.00	
*Budget for each FSM reflects the agreed upon 5 year 'soft budget' of \$500,000 minus the portion contributed to shared minigrant budget.						
2023 Investments						
Organization	Process	Project	Award	Decision Date	Future State Measure	Latest Report
Upstream Public Health	Healthy Retail Community Assessment Consultant Application (2020-2024 RHIP)	Upstream Healthy Retail Community Assessment for Central Oregon	\$34,792.00	1.23	Decrease the percent of 11th graders who report vaping or using e-cigarettes	
Bend-La Pine School District	Standard Grant Youth Engagement in Vaping Prevention Application (2020-2024 RHIP)	Youth-Led Advocacy: Sources of Strength and Vaping Prevention	\$100,000.00	6.23	Decrease the percent of 11th graders who report vaping or using e-cigarettes	
Crook County School District	Standard Grant Youth Engagement in Vaping Prevention Application (2020-2024 RHIP)	Crook County Middle School Vaping Prevention Project	\$94,759.12	6.23	Decrease the percent of 11th graders who report vaping or using e-cigarettes	
Story Dwelling	Standard Grant Youth Engagement in Vaping Prevention Application (2020-2024 RHIP)	Bend Youth Collective	\$40,700.00	6.23	Decrease the percent of 11th graders who report vaping or using e-cigarettes	

RHIP Workgroup-Press Pros	Mini-Grant Quarterly Expenses	Mini Grant Treatment Referral Cards	\$1,330.58	7.23	Decrease the percent of adults ages 18-34 who report binge drinking	**WG Expense, not mini-grant
Jefferson County EMS Dist.	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Proactive efforts for Jefferson County Community	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
Ideal Option	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Community Access to Naloxone	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
City of Prineville Police Dept	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Prineville PD Naloxone 2023	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
New Priorities Family Services	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Naloxone Access & Overdose Prevention	\$13,628.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
Redmond Police Dept	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Redmond Police Department Naloxone	\$14,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
DAWNS House	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Supporting Distinct Regional Needs	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
Jefferson County Public Health	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Overdose Prevention Outreach in Jefferson County	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	

Crook County Health Department	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Meeting Crook County Community Needs	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
Elk Ridge Chiropractic	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	ERCW Naloxone Access Program	\$10,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	
Crook County Health Department	Standard Grant Naloxone Access & Overdose Prevention (2020-2024 RHIP)	Supporting distinct regional needs	\$25,000.00	8.23	Increase individuals having 2+ additional services for SUD within 30 days of their initial treatment	