

Substance and Alcohol Misuse: Prevention and Treatment

Regional Health Improvement Plan Workgroup

Join Zoom Meeting

https://us02web.zoom.us/j/87420000818?pwd=K1dEb3U5c1RINEFITnZtWDd2bnhKUT09

Join by phone: +1 669 900 6833 Meeting ID: 874 2000 0818 Passcode: 562894

> January 9, 2024 3:30-5:00 PM

Aim/Goal

Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence-based substance and alcohol misuse prevention, intervention, treatment, and recovery services that are culturally responsive and trauma-informed.

Future State Measures

- 1. Decrease binge drinking among adults.
- 2. Decrease vaping or e-cigarette use among youth.
- 3. Increase services for alcohol or drug dependence for individuals newly diagnosed.
- 4. Reduce mental health/substance abuse ED visits in Madras, Prineville and Warm Springs.
- *See full measures on next page.

	AGENDA			
3:30-3:45 PM	Welcome, introductions, announcements, packet review			
3:45-4:55 PM	Workgroup mini grant funding discussionContinue to fund mini grants?Group agreements and expectations			
3:45-4:55 PM	 Implementation plan development Media campaign implementation Youth vaping proposal(s) Naloxone REP development 			

4:50-5:00 PM Wrap-up and next steps

Working Document: https://docs.google.com/presentation/d/108HdpfQPrfK-978K0tKUycX3kd abi3FtoS4Utva0cM/edit?usp=sharing

Workgroup Budget: https://docs.google.com/spreadsheets/d/1Gw9dL6ilRe1olGhJRMIoxg9pEUofJ-KzU5WnscBbEX8/edit?usp=sharing

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Future State Measures – Full Detail

- 1. By December 2023, only 25% of adults aged 18 to 34 in Central Oregon reported binge drinking on at least one occasion over the past 30 days.
- 2. By December 2023, reduce the percentage of Central Oregon 11th grade students who report vaping or using e-cigarettes by 10% percent in each county, resulting in only 20.2% in Crook County, 26.5% in Deschutes County, and 14.9% in Jefferson County (OR Student Health Survey).
- 3. By December 2023, 30% of Medicaid members (ages 13 and older) who are newly diagnosed with alcohol or other drug dependence and who began treatment within 14 days of the initial diagnosis will have two or more additional services for alcohol or other drug dependence within 30 days of their initial treatment. (Quality Incentive Measure (QIM))
- 4. By December 2023, Mental Health/Substance Abuse Emergency Department visits per 1,000 will be reduced by 25% in highest rate locations:

Warm Springs	Prineville	Madras
35.3	15	13.8

Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: "This land is for you to know and live upon and pass on to the children."



Guiding Principles

Shared Focus

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second chances, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

Five-Year Investment Overview All Workgroups January 2020–December 2024

Budget	Spent	Available
\$12,000,000	\$7,777,819.28	\$4,222,180.72
Workgroup	Spent	Available
Address Poverty	\$941,993.79	\$1,058,006.21
Behavioral Health	\$1,974,157.00	\$25,843.00
Physical Health	\$1,117,637.10	\$882,362.90
Stable Housing	\$1,129,654.00	\$870,346.00
Substance and Alcohol Misuse	\$1,195,251.39	\$804,748.61
Upstream Prevention	\$1,419,126.00	\$580,874.00

SUBSTANCE AND ALCOHOL MISUSE 2024 Budget Overview

	Budget	Spent	Available
5-Year	\$2,000,000	\$1,195,251.39	\$804,748.61
Yearly Mini-Grant		\$0.00	\$3,207.73

By Future State Measure (5 year)						
	Budget* [1]	Spent	Available [2]	Currently Allocated [3]	Projected Available [4]	Notes [5]
Binge Drinking	\$488,750.00	\$276,250.58 [6]	\$212,499.42	\$100,000.00	\$112,499.42	Tribal Strategies
Vaping E-Cigarettes	\$488,750.00	\$270,251.12	\$218,498.88	\$100,000.00	\$118,498.88	Vaping J Co & WS
SUD Services	\$488,750.00	\$415,458.00	\$73,292.00		\$73,292.00	
ED visits	\$488,750.00	\$195,330.00	\$293,420.00		\$293,420.00	

^{*}Budget for each FSM reflects the agreed upon 5 year 'soft budget' of \$500,000 minus the portion contributed to shared minigrant budget.

2024 Investments						
Organization	Process	Project	Award	Decision Date	Future State Measure	Latest Report