Aim/Goal

Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence-based substance and alcohol misuse prevention, intervention, treatment, and recovery services that are culturally responsive and trauma-informed.

Future State Measures

1. Decrease binge drinking among adults.
2. Decrease vaping or e-cigarette use among youth.
3. Increase services for alcohol or drug dependence for individuals newly diagnosed.
4. Reduce mental health/substance abuse ED visits in Madras, Prineville and Warm Springs.

*See full measures on next page.

AGENDA

3:30-3:45 PM Welcome, introductions, announcements, packet review

3:45-4:05 PM Healthy Retail Assessment findings

4:05-5:00 PM Implementation plan development
   • Media campaign implementation
   • Healthy Retail next steps
   • Youth vaping proposals

4:50-5:00 PM Wrap-up and next steps
Substance and Alcohol Misuse: Prevention and Treatment

<table>
<thead>
<tr>
<th>Future State Measures – Full Detail</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. By December 2023, only 25% of adults aged 18 to 34 in Central Oregon reported binge drinking on at least one occasion over the past 30 days.</td>
</tr>
<tr>
<td>2. By December 2023, reduce the percentage of Central Oregon 11th grade students who report vaping or using e-cigarettes by 10% percent in each county, resulting in only 20.2% in Crook County, 26.5% in Deschutes County, and 14.9% in Jefferson County (OR Student Health Survey).</td>
</tr>
<tr>
<td>3. By December 2023, 30% of Medicaid members (ages 13 and older) who are newly diagnosed with alcohol or other drug dependence and who began treatment within 14 days of the initial diagnosis will have two or more additional services for alcohol or other drug dependence within 30 days of their initial treatment. (Quality Incentive Measure (QIM))</td>
</tr>
<tr>
<td>4. By December 2023, Mental Health/Substance Abuse Emergency Department visits per 1,000 will be reduced by 25% in highest rate locations:</td>
</tr>
<tr>
<td>Warm Springs</td>
</tr>
<tr>
<td>35.3</td>
</tr>
</tbody>
</table>
Land Acknowledgement

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”
Regional Health Improvement Plan (RHIP) Workgroup

Guiding Principles

Shared Focus
We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region’s shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

Shared Metrics
We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

Involve Targeted Population
The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

Collaborate to Solve Complex Issues
Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

Coordinate Collective Efforts
We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

Learn and Adapt Together
We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second chances, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.
## Five-Year Investment Overview
### All Workgroups
#### January 2020–December 2024

<table>
<thead>
<tr>
<th>Workgroup</th>
<th>Budget</th>
<th>Spent</th>
<th>Available</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address Poverty</td>
<td>$12,000,000</td>
<td>$8,046,519.28</td>
<td>$3,953,480.72</td>
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<tr>
<td>Behavioral Health</td>
<td>$25,843.00</td>
<td>$1,974,157.00</td>
<td>$25,843.00</td>
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<tr>
<td>Physical Health</td>
<td>$882,362.90</td>
<td>$1,117,637.10</td>
<td>$882,362.90</td>
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<tr>
<td>Stable Housing</td>
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<td>$1,129,654.00</td>
<td>$870,346.00</td>
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<tr>
<td>Substance and Alcohol Misuse</td>
<td>$804,748.61</td>
<td>$1,195,251.39</td>
<td>$804,748.61</td>
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<tr>
<td>Upstream Prevention</td>
<td>$312,174.00</td>
<td>$1,687,826.00</td>
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## Overview

<table>
<thead>
<tr>
<th></th>
<th>Budget</th>
<th>Spent</th>
<th>Available</th>
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<tbody>
<tr>
<td>5-Year</td>
<td>$2,000,000</td>
<td>$1,195,251.39</td>
<td>$804,748.61</td>
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<tr>
<td>Yearly</td>
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<td></td>
<td></td>
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<tr>
<td>Mini-Grant</td>
<td>$20,000</td>
<td>$0.00</td>
<td>$20,000</td>
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</table>

## By Future State Measure (5 year)

<table>
<thead>
<tr>
<th></th>
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<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Binge Drinking</td>
<td>$484,552.00</td>
<td>$276,250.58</td>
<td>$208,301.42</td>
<td>$100,000.00</td>
<td>$108,301.42</td>
<td>Tribal Strategies</td>
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<tr>
<td>Vaping E-Cigarettes</td>
<td>$484,552.00</td>
<td>$270,251.12</td>
<td>$214,300.88</td>
<td>$100,000.00</td>
<td>$114,300.88</td>
<td>Vaping J Co &amp; WS</td>
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<tr>
<td>SUD Services</td>
<td>$484,552.00</td>
<td>$415,458.00</td>
<td>$69,094.00</td>
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<td>$69,094.00</td>
<td></td>
</tr>
<tr>
<td>ED visits</td>
<td>$484,552.00</td>
<td>$195,330.00</td>
<td>$289,222.00</td>
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<td>$289,222.00</td>
<td></td>
</tr>
</tbody>
</table>

*Budget for each FSM reflects the agreed upon 5 year ‘soft budget’ of $500,000 minus the portion contributed to shared minigrant budget.

## 2024 Investments

<table>
<thead>
<tr>
<th>Organization</th>
<th>Process</th>
<th>Project</th>
<th>Award</th>
<th>Decision Date</th>
<th>Future State Measure</th>
<th>Latest Report</th>
</tr>
</thead>
</table>

Participants that cooked least often also reported inclination towards cooking at home on average.

What do they purchase?

Household Income

![Household Income Distribution Chart]

- 0% - 19,000
- 20,000 - 39,000
- 40,000 - 59,000
- 60,000 - 79,000
- 80,000 - 99,000
- 100,000 +

Participants who ranked access/quality of their produce high also demonstrated a higher inclination towards cooking at home 5+ times per week.

Household size

- 1 person
- 2 person
- 3 person
- 4 person
- 5 person

Participants who live in Madras or La Pine are happy with their advertising at the grocery store.

GROCERY SHOPPING PATTERNS

- Past
- Never

Current

- 21%
- 19%
- 9%
- 8%
- 0%

Past

- 41%
- 36%
- 19%
- 7%
- 5%

Tobacco and Convenience Stores

- 100% of these participants reported being a convenience store shopper at some point.
- 77% indicated actively using tobacco, 100% of these participants reported being a convenience store shopper at least once every week.
- Of the 29.1% of participants who do not smoke, 100% of these participants reported being a convenience store shopper at least once every week.
- 94% of these participants reported being a convenience store shopper at least once every week.
- Of those who currently use tobacco products on an active basis and access and quality as low have a low inclination towards cooking at home 5+ times per week.