



**Address Poverty and Enhance Self-Sufficiency**  
Regional Health Improvement Plan Workgroup

Join Zoom Meeting

<https://us02web.zoom.us/j/81419918247?pwd=NGxqYnJrNzh6VlFjZUI1SE5GeWlVQT09>

Join by phone:

+1 253 215 8782

Meeting ID: 814 1991 8247

Passcode: 546329

March 19, 2024

11:00am – 12:30pm

Aim/Goal
Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.
Future State Metrics - Condensed
<ol style="list-style-type: none"><li>1. Increase high school graduation rates among economically disadvantaged students</li><li>2. Decrease food insecurity</li><li>3. Decrease percent of income constrained households</li><li>4. Decrease housing and transportation costs as a percent of income</li></ol>

AGENDA
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11:00-11:15 AM	Welcome, Land Acknowledgement, Introductions, Announcements
11:15-11:50 PM	Implementation <ul style="list-style-type: none"><li>• Funding Recommendation: Food Delivery to Strengthen Food Access for Seniors and Those with Disabilities</li></ul>
11:50-12:00 AM	Wrap-Up & Next Steps

Working Document: [https://docs.google.com/presentation/d/1jYwyGwMt-Uj2QtW2INBIRF9ciji\\_4HaSIYgqw\\_28uLg/edit?usp=sharing](https://docs.google.com/presentation/d/1jYwyGwMt-Uj2QtW2INBIRF9ciji_4HaSIYgqw_28uLg/edit?usp=sharing)

Workgroup Budget: <https://docs.google.com/spreadsheets/d/1Gw9dL6ilRe1oGhJRMloXg9pEUofJ-KzU5WnscBbEX8/edit?usp=sharing>



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**Future State Metrics – Full Detail**

1. By December 2023, Central Oregon graduations rate among economically disadvantaged students will improve by 3 percentage points to:

2023 Central Oregon Graduations Rate for Economically Disadvantaged	
Crook	76.60%
Deschutes	77.30%
Jefferson	83.40%

2a. By December 2023, decrease the % of total population reported as food insecure by 2 percentage points to:

County	% of (total) Population Food Insecure
Crook	13%
Deschutes	11%
Jefferson	11.3%

2b. By December 2023, develop a regional metric to evaluate food insecurity among seniors in our community (ages 65+).

3. By December 2023, decrease the population of households living at the poverty level and income constrained by 2 percentage points to:

Crook: 27%  
Deschutes: 24%  
Jefferson: 32%

4. By December 2023, reduce combined housing and transportation cost for residents as a percent of income in their respective counties to no more than:

Crook County: 64%  
Deschutes: 55%  
Jefferson: 55%

## **Land Acknowledgement**

We recognize and acknowledge the indigenous land of which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land where we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: “This land is for you to know and live upon and pass on to the children.”



**Central Oregon  
Health  
Council**

**Regional Health Improvement Plan (RHIP) Workgroup**

**Guiding Principles**

**Shared Focus**

We come together to improve the health and well-being of individuals living in various and diverse communities throughout Central Oregon region. We use the Regional Health Improvement Plan (RHIP) as our guide. It is our region's shared vision of current problems and our aims. As workgroup partners we develop agreed-upon actions to solve the issues and keep the needs of our communities as the main focus.

**Shared Metrics**

We measure progress, process and outcomes through a shared lens. We use the Regional Health Assessment (RHA), Regional Health Improvement Plan and community dashboard.

**Involve Targeted Population**

The individuals living in our diverse Central Oregon communities are the center of our work. We make every effort to include people from every part of the region in our workgroups, discussions, processes and decisions.

**Collaborate to Solve Complex Issues**

Inviting diverse perspectives from throughout the Central Oregon region deepens our shared understanding of complex issues and propels us toward better progress and outcomes. We practice frequent, structured, open communication to build trust, assure shared objectives, and create common motivation. We respect the privacy and sensitivity of information partners share.

**Coordinate Collective Efforts**

We are made up of diverse partner organizations and individuals with unique strengths, skills, and resources. We coordinate our efforts and use our unique strengths and skills to meet the goals of the RHIP.

**Learn and Adapt Together**

We embrace shared learning and a growth mindset. We create a space that allows for mistakes, failures, second chances, and a celebration of brave attempts. We adjust and apply our learnings to the complex and changing landscape of health and well-being in Central Oregon.

# Address Poverty and Enhance Self-Sufficiency



Background: Why are we talking about this?	
<b>1990s</b> Mill Closures / Timber Industry Decline <b>2000s</b> Population Growth in Central Oregon The Great Recession Decreasing safety net – “War on Poor” Local workforce displacement Widening Opportunity Gap	Central Oregon has grown rapidly over the past two decades. Individual communities face different economic and social challenges associated with this development, including increased unemployment, lack of affordable housing, and income inequality. There is significant evidence linking poverty to health disparities and poor outcomes.

Current Condition: What’s happening right now?
<ul style="list-style-type: none"> <li>9-17% of residents in Central Oregon lived in poverty between 2013 and 2017</li> <li>Almost 50% of the region’s renters are considered to be cost burdened</li> <li>Almost 25% of the civilian labor force in Warm Springs is experiencing unemployment</li> </ul> <b>Current State Metrics:</b> <ol style="list-style-type: none"> <li>2018 Central Oregon graduation rates were significantly lower among economically disadvantaged students</li> <li>Food Insecurity by County: Crook 15%, Deschutes 13%, Jefferson 13.3%</li> <li>Income constrained households: Crook 29%, Deschutes 26%, Jefferson 34%</li> <li>Housing and transportation costs combined as a percent of income: Crook 67%, Deschutes 58%, Jefferson 58%</li> </ol>

Goal Statement: Where do we want to be in 4 years?
<b>Aim/Goal</b> Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.
<b>Future State Metrics - By December 2023:</b> <ol style="list-style-type: none"> <li>Increase high school graduation rates among economically disadvantaged students</li> <li>Decrease food insecurity</li> <li>Decrease percent of income constrained households</li> <li>Decrease housing and transportation costs as a percent of income</li> </ol>

Analysis: What’s keeping us from getting there?
<ul style="list-style-type: none"> <li>Demand exceeds supply for range of housing needs required</li> <li>Disjointed Systems</li> <li>Funding/Educational system is designed not to meet the needs of historically marginalized students</li> <li>Inactive response to Awareness, Barriers and Cultural Sensitivity</li> <li>Transportation can be inaccessible due to distance/economic</li> <li>Inequity of resources for income constrained families</li> <li>Scarcity culture promotes exclusionary programming</li> <li>Historical classism and racist structures undervalue and constrain people</li> <li>Complex &amp; excessive restrictions to access safety nets</li> </ul>

Strategic Direction: What are we going to try?	
Date updated: 2.2024	
<ul style="list-style-type: none"> <li>Strengthening Foundation of Individual and Community Health</li> <li>Empowering All People and Communities Through Inclusive and Collaborative Partnership</li> <li>Connecting People and Establishing Pathways to Enhance Community Resources</li> <li>Boosting Advocacy to Address Systemic Factors Contributing to Poverty</li> </ul>	

Focused Implementation: What are our specific actions? (who, what, when, where?)		
When	What	
02/21	Invest in programs to increase HS graduation rates	Funded
02/22	Invest in regional ALICE listening sessions	Funded
02/22	Invest in programs to decrease food insecurity	Funded
01/23	Sr. Food Insecurity Measure Development	Not Funded
02/24	Food Delivery for Seniors and those with Disabilities	Application Review
02/24	Childcare Access for ALICE Families	RFP Released

Follow-Up: What’s working? What have we learned?
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<b>POVERTY 2024 Budget</b>						
<b>Overview</b>						
		<b>Budget</b>	<b>Spent</b>	<b>Available</b>		
	5-Year	\$2,000,000	\$941,993.79	<b>\$1,058,006.21</b>		
	Cycle to Date [9]	\$2,000,000	\$941,993.79	<b>\$1,058,006.21</b>		
	Yearly	\$500,000	\$0.00	<b>\$1,058,006.21</b>		
	Yearly Mini-Grant	\$0	\$0.00	<b>\$0.00</b>		
	Yearly Standard Grant	\$500,000	\$0	<b>\$500,000</b>		
<b>By Future State Measure (5 year)</b>						
	<b>Budget* [1]</b>	<b>Spent</b>	<b>Available [2]</b>	<b>Currently Allocated [3]</b>	<b>Projected Available [4]</b>	<b>Notes [5]</b>
ALICE	\$485,499.40	\$45,700.00 [6]	\$439,799.40		\$439,799.40	
Food Insecurity	\$485,499.40	\$307,092.00 [7]	\$178,407.40		\$178,407.40	
Housing/Transportation	\$485,499.40	\$43,200.00 [8]	\$442,299.40		\$442,299.40	
High School Graduation	\$518,501.79	\$521,001.79	-\$2,500.00		-\$2,500.00	Measure budget adjusted due to HS Grad overspending
*Budget for each FSM reflects the agreed upon 5 year 'soft budget' of \$493,750 minus the portion contributed to shared minigrant budget.						

**Five-Year Investment Overview**  
**All Workgroups**  
 January 2020–December 2024

<b>Budget</b>	<b>Spent</b>	<b>Available</b>
\$12,000,000	\$8,429,360.28	\$3,570,639.72

<b>Workgroup</b>	<b>Spent</b>	<b>Available</b>
Address Poverty	\$941,993.79	\$1,058,006.21
Behavioral Health	\$1,974,157.00	\$25,843.00
Physical Health	\$1,500,478.10	\$499,521.90
Stable Housing	\$1,129,654.00	\$870,346.00
Substance and Alcohol Misuse	\$1,195,251.39	\$804,748.61
Upstream Prevention	\$1,687,826.00	\$312,174.00

## **Regional Health Improvement Workgroup Partner Guide Conflict of Interest & Voting Practices**

As a partner within the Central Oregon Health Council's Regional Health Improvement Plan (RHIP) workgroups, you hold many important responsibilities. This guide addresses questions surrounding conflict of interest and voting practices in your duties as a workgroup partner.

### **We come together for the collective good.**

Your participation in the RHIP workgroup benefits the region at large. It is not for personal or organizational gain, either directly or indirectly. We recognize that our work often benefits many organizations, and we all stand to gain from the shared wisdom of our RHIP workgroup partners.

### **We value transparency and integrity.**

To uphold these values, we ask our workgroup partners to:

- Complete an annual Conflict of Interest Statement to maintain voting status.
- Verbally declare conflict(s) of interest during workgroup meetings.

### **We make recommendations through consensus.**

Workgroup facilitators often use a method called a Focused Conversation. This technique encourages everyone to participate and brings the group closer to consensus.

We define consensus as:

- Finding and creating areas of shared understanding.
- A coming together of the common sense of the whole group.
- An agreement that everyone can live with.

### **We formalize our recommendations via voting.**

An electronic vote follows the Focused Conversation. Only Voting Partners/Organizations will cast a vote. To gain and maintain status as a voting partner, one must:

- Sign the annual Conflict of Interest statement
- Attend 50% of workgroup meetings within the last six-month period.

### **We allow one vote per organization within a workgroup.**

It is common for organizations to have more than one person on a RHIP workgroup. People from the same organization will share a single vote. You will hear this referred to as a "Voting Organization" instead of a Voting Partner.



**A vote is finalized when:**

- At least 50% of Voting Partners/Voting Organizations cast a vote
- 75% of the Voting Partners/Voting Organizations are in agreement

**What is a Conflict of Interest?**

Throughout your work, you may have questions regarding what is and isn't a conflict of interest (COI). The following is a list of examples of what may and may not be considered a COI. This list is not exhaustive. If in doubt, please discuss the issue with your workgroup facilitator.

<b>Likely considered COI</b>	<b>Unlikely to be considered COI</b>
Financial Interests: You stand to gain financially from the outcome of the application.	Volunteering: You volunteer personal time or resources to support the applicant organization without expectation of personal gain.
Family/Personal Relationships: You or a relation are a leader or decision maker for the applicant organization. This could include the Board of Directors or employment affiliation (e.g., Executive Director)	Family/Personal Relationships: You or a relation are an employee but do not hold decision-making power within the applicant organization.
Funding competition: You or your organization applied for funding from the same source as the applicant organization.	Personal donations: You have made personal donations to the applicant organization without expectation of special treatment.
Employment: You work for the applicant organization and will directly benefit from the outcome of the application.	Community Involvement: You have attended events hosted or supported by the applicant organization.
Letter of support: Your organization submitted a letter of support for the application AND stands to gain financially from its outcome.	Letter of support: Your organization submitted a letter of support for the application AND does not stand to gain financially from its outcome.

**How does a conflict of interest impact RHIP workgroup voting?**

If you have a COI:

- You may not score any proposals within the same pool as your application
- You may not vote on any proposal within the same pool as your application

The required number of votes to finalize a decision remains 50% of the workgroup's total number of Voting Partners/Voting Organizations. For example, if the workgroup has ten total Voting Partners/Organizations, there must always be at least five votes to decide on a matter.

If Voting Partners/Organizations with a conflict of interest recuse themselves and the remaining number falls short of the 50% minimum voting threshold, the facilitator will seek Voting Partners from other workgroups to vote.

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### **Key Terms for RHIP Workgroup Participation**

**Abstain:** To abstain refers to a workgroup member's decision not to vote. Abstention doesn't mean the member is in favor of or against a vote – it simply means the member made a conscious decision not to vote.

**Conflict of Interest** occurs when an individual or organization is involved in multiple interests, one of which could corrupt the motivation for an act in the other. It's a situation in which someone in a position of trust has competing professional or personal interests.

**Funding Recommendation:** This is the consensus recommendation of the entire workgroup. The funding recommendation is then sent to the Voting Partners/Organizations for a formal vote.

**Non-Voting Workgroup Member:** A non-voting workgroup member participates in funding discussions during workgroup meetings. That input is used to reach a consensus funding recommendation for the group.

**Recuse:** To remove oneself as a judge in a particular matter, primarily because of a conflict of interest.

**Voting Partner:** A voting partner is a member of a RHIP workgroup who has demonstrated the consistent participation necessary to cast informed votes on funding matters. As funding conversations often occur across multiple sessions, you must attend 50% of workgroup meetings within a rolling six-month period to gain privileges as a Voting Partner.

**Voting Organization:** We refer to a Voting Organization when a single organization has multiple voting partners within one workgroup. As outlined within this document, any organization can only receive one workgroup vote.