



Central Oregon Justice, Equity, Diversity and Inclusion (JEDI) Committee

August 7, 2024; 8:30am – 10:00am

Join by computer: <https://us02web.zoom.us/j/89357211655?pwd=NnkxQnRJYVRrQjhydS90dzkrYVMYQT09>

Join by phone: 1 253 215 8782 or 1 669 900 6833

Meeting ID: 893 5721 1655

Passcode: 168048

- 8:30 am – 9:15 am Welcome, Updates, Guiding Principles, Introductions and learning activity.
- Update on the use of the JEDI Calendar and JEDI report to the BOD
 - How individual action helps to shape the situation of our communities.
- 9:15 am – 10:00 am Context setting for today's meeting. (**Advocacy**)
- Underrepresented communities participating on the RHIP
 - JEDI committee members advocacy power!

Links to Shared Documents

Working document for August.

https://docs.google.com/presentation/d/1UhkCfaBh0dC1Tz6pptyVmMQ8lsQ-1_LCADOmWZqYJrg/edit?usp=sharing

COHC Webpage:

<https://cohealthcouncil.org/>

Shared Google Drive:

<https://drive.google.com/drive/folders/1Y3-hzNmUV9aZ5rxh9iORVtA4jPp87U2N?usp=sharing>

Regional Health Improvement Currently Funded Projects:

<https://www.centraloregonhealthdata.org/tiles/index/display?id=254047713344660685>

Next Meeting –September 4

Land Acknowledgment

We recognize and acknowledge the indigenous land on which we live, work, learn, play, and grow. This is the land of the Warm Springs, Wasco, Northern Paiute, Tenino, Klamath, Molalla, and Yahooskin. We acknowledge them as the past, present, and future caretakers of this land. It is on their traditional land that we partner to improve the health and well-being of Central Oregonians. We aspire to be good guests honoring the concept in the Warm Springs culture: "This land is for you to know and live upon and pass on to the children."

Central Oregon Diversity, Equity and Inclusion Committee

Central Oregon Health Council Committee



As the *Central Oregon Diversity, Inclusion and Equity Committee* we collectively and individually practice and believe in:

- Solidarity
 - We move toward action in solidarity with our neighbors to actively and positively impact our agencies and communities.

- Humility
 - We carry the burden of history and a better future together, responsible to each other and ourselves for the space and energy we give and take.

- Curiosity
 - The direction we seek is bigger than any one of ourselves or agencies. We actively work to see a broader perspective, gain deeper insight, self-reflect and work towards equitable representation of diverse identities.

- Courage
 - This is courageous work. We choose to lean into the discomfort we experience knowing we grow in understanding and relationships.

- Transformation
 - Our lived experiences and need for safety are as true and diverse as we are. It is through invitation, curiosity, and listening that we reach our greatest shared understanding and commitment to transformative action.



Central Oregon Justice, Equity, Diversity & Inclusion (JEDI) Action Plan 2024-2025

Plan summary: The plan aims to advance the work of the JEDI Committee as part of the Community Engagement strategy for the COHC, the advancement of the equity agenda among the workgroups, committees and BOD and the support of the underserved communities in Central Oregon and North Klamath.

GREEN=Done ORANGE=In Progress

<p>JEDI Presence and collaboration Goal: By December 2024, the JEDI workgroup will have rebranded its name and establish relations and visibility among the rest of Committees and Workgroups of the COHC, contributing to advance the equity agenda in the region.</p>
<p>Activities (What We Do)</p>
<ul style="list-style-type: none"> ● Rebrand JEDI Committee.
<ul style="list-style-type: none"> ● Establish visibility and collaboration with the rest of the Committees and Workgroups.
<ul style="list-style-type: none"> ● Outline, clarify and communicate JEDI needs and trends to the COHC Workgroups and leadership.

<p>Collaborative learning Goal: By December 2024, the COHC will develop and implement a learning plan and foster ongoing DEI learning and growth for board, staff, committees and workgroups.</p>
<p>Activities (What We Do)</p>
<ul style="list-style-type: none"> ● Implement at least one JEDI related learning opportunity appropriate for board, staff, committees or workgroups.
<ul style="list-style-type: none"> ● Ongoing communicating with COHC workgroups and communities about JEDI learnings and opportunities.

<p>Advocacy Goal: By December 2024, the JEDI Committee will support at least one community advocacy need identified in the region.</p>
<p>Activities (What We Do)</p>
<ul style="list-style-type: none"> ● Ensure diverse populations represent their experiences in the RHA-RHIP process.
<ul style="list-style-type: none"> ● Participate in the development of the RHIP.
<ul style="list-style-type: none"> ● Listen and support upcoming community needs.

August 7 JEDI Agenda

Updates

- JEDI Calendar and JEDI report to BoD

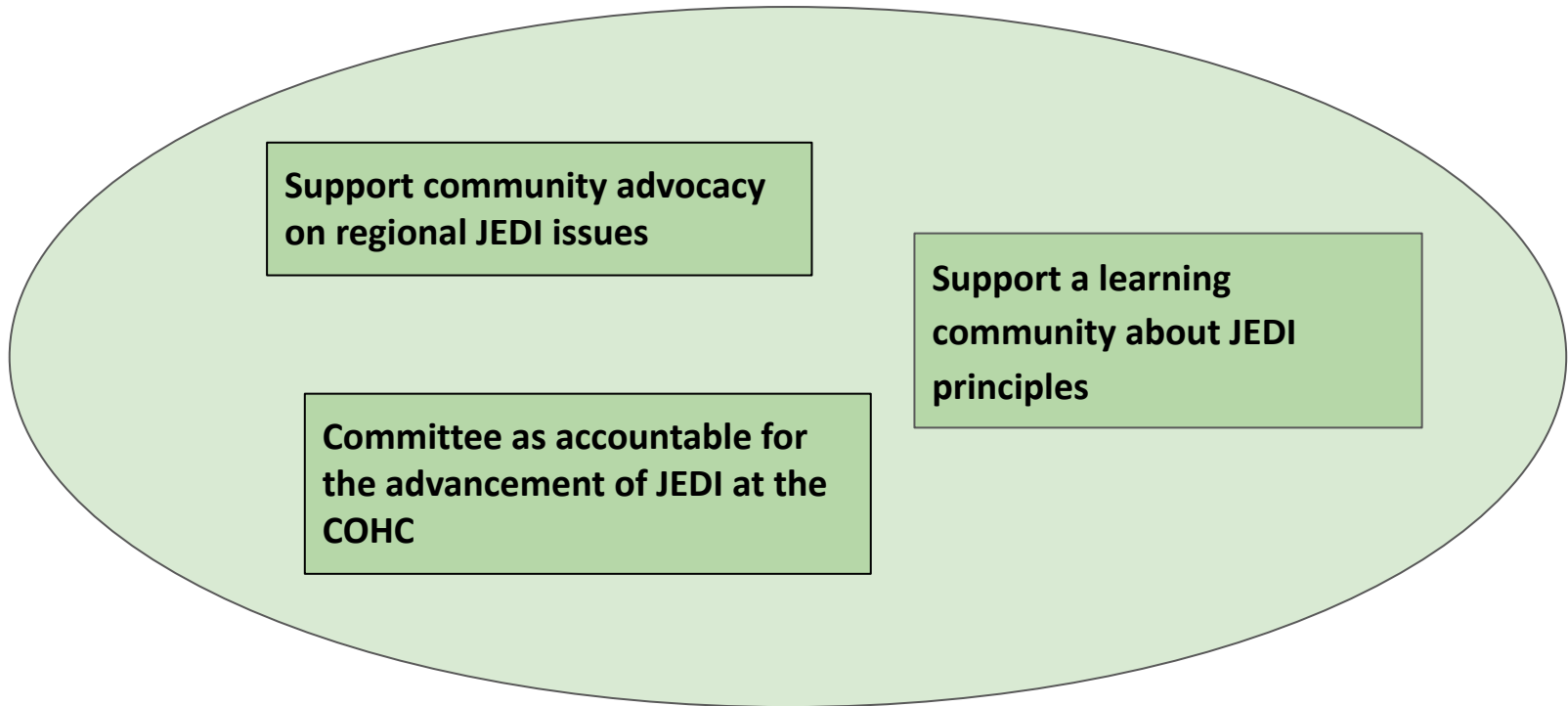
Learning activity

- The power of individual action!

Regional Health Improvement Plan challenge

- JEDI committee members advocacy opportunity

JEDI's annual plan



Useful links:

JEDI 2024 Work Plan

I-Presence and Collaboration (workgroups collaboration, grants)

II-Learning Opportunities (calendar opportunities, trainings)

III-Advocacy (RHIP participation, advocacy)

[Updated Charter](#)

[2024 Action plan](#)

[One pager](#)

[JEDI Board Report](#)

[RHIP Steering Committee Guidelines](#)

Updates: Your JEDI Calendar



Goal: Create a shared resource to learn, share, and build community around justice, equity, diversity, or inclusion (JEDI) in Central Oregon.



Goal: Continuously share this resource with the community.

What is working well?

Ideas for the future?

JEDI Report to the COHC Board of Directors

Congratulations! Thanks for all the hard work!



JEDI Board Report



TO: Central Oregon Health Council Board of Directors
FROM: Central Oregon Health Council Justice, Equity, Diversity, and Inclusion Committee
DATE: August 8, 2024
CC: Regional Health Assessment/Regional Health Improvement Plan Steering Committee;
Central Oregon Health Council Community Advisory Council

The Central Oregon Health Council (COHC) Justice, Equity, Diversity, and Inclusion (JEDI) Committee respectfully submits this report to the COHC Board of Directors. This is the first report provided by the JEDI Committee for the activities viz. the RHA and RHIP Process based on the JEDI Committee Charter adopted by the COHC Board in April 2024.¹

The JEDI Committee has been participating in the Regional Health Assessment (RHA) providing advice and feedback on different products and processes and is eager to continue to be engaged in the development of the Regional Health Improvement Plan (RHIP) for 2025–2029. The JEDI Committee commends the RHA/RHIP Steering Committee for integrating health equity principles and processes in the development of the RHA. This report includes the JEDI Committee's recommendations for continuing to integrate and highlight health equity principles and processes in the development of the RHIP for 2025–2029.

The JEDI Committee applauds the RHA/RHIP Steering Committee for the effort to operationalize the Oregon Health Authority (OHA)/Oregon Health Policy Board (OHPB) definition of health equity and demonstrate our ongoing commitment to DEI principles, as the COHC moves forward to develop the next RHIP for 2025–2029.

For example, while the OHA/OHPB definition of health equity was referenced in the current RHIP, it was one of several definitions referenced (see pages 16–18). We are pleased that the RHA/RHIP Steering Committee has adopted the OHA definition of health equity.²

¹ COHC JEDI Committee Charter:
https://docs.google.com/document/d/1gH0x9e-4G0T-NX-cK_VVhXSBIM8Q1fJue_M0PeVzY/edit
² Oregon Health Authority definition of health equity:
<https://www.oregon.gov/oha/ohpb/health-equity/health-equity-principles-and-processes.aspx>

2025 Regional Health Improvement Plan (RHIP) Guidelines

- Build a RHIP that works to achieve health equity, social justice, and the equal distribution of resources and power
- Create a RHIP that serves to reduce health disparities across the entire region
- Center humanity by focusing on the entire health ecosystem and collaborating with diverse individuals and communities that represent the range of identities, abilities, and lived experiences in the region to address their concerns
- Honor lived experience by acknowledging individual journeys and beliefs and promoting equal and meaningful opportunities of participation
- Promote the development of a collaborative community-owned, inclusive, and transparent RHIP

Learning activity:· How individual actions contribute to change our communities?

Dashrath Manjhi, [“The Mountain Man”](#) (Real story!)

When his wife died in 1959 after being injured from falling from a mountain and due to the same mountain blocking easy access to a nearby hospital in time, he decided to carve a 110 meter-long (360 ft), 9.1 meter-wide (30 ft), and 7.7 meter-deep (25 ft) path through a ridge of hills using only a hammer and a chisel. After 22 years of work, Dashrath shortened travel from 55 km to 15 km



Movie Trailer <https://www.youtube.com/watch?v=I9KAoTQIEWs>

Learning activity:· How individual actions contribute to change our communities

How do you feel about the power of individuals to promote change in our days? Do you have any story to share?

Do you think individual actions can contribute to change or improvement? (Local and larger scale)

Share a moment when your individual action(or another person's action) contributed to organize or create change in the community?

What type of resources/media/communication do you use to organize your community when a situation arises? (phone calls, family, work colleagues or friends, CBO's, etc)

2025-29 RHIP Health Topics selected!

The 2025 - 2029 Regional Health Improvement Plan Focus Areas include:

Mental/Behavioral Health

Housing

Access to and Quality of Health Care

Alcohol, Tobacco, and Other Drugs

Nutrition, Physical Activity, and Weight Status

Transportation

RHA/RHIP Updates



RHA

Data Analysis

Prioritization

Selection

RHIP

Workgroups

The Regional Health Assessment is a snapshot of health and wellness in Central Oregon.

Analyzes input from surveys, focus groups, interviews, and publicly available health data.

Different groups help identify regional health priorities.

The Board of Directors and Community Advisory Committee select final priorities for RHIP.

The Regional Health Improvement Plan outlines region's health priorities, improvement goals, and potential ways to take action.

Groups work together taking tangible action to improve the regional health priority areas.

RHIP Timeline

Aug	Sept	Oct	Nov	Dec	Jan
Preparation	RHIP Development			Writing report	Publish RHIP

Workgroups sessions Development

Two in person sessions per day of around 3.5 hours each. (morning and afternoon)

- 1- Background + Current status **Madras** - Sep 10, 11, 13
- 2- Goal/practical vision “*where do we want to be in 5 years?*” **Prineville** Sep 25 , 30, Oct 4
- 3- Root Cause Analysis “*what’s blocking us from reaching this?*” **La Pine** Oct 8, 09,16
- 4- Strategic Directions “*what overarching strategies will we try?*” **Sisters**, Oct 24, 25, 29
- 5- Activities *strategic direction* **Madras**, Nov 4, 5, 6

Two Community participation strategies

Priority Population feedback

- Mental/Behavioral Health
- Access to and Quality of Health Care
 - Zoom community town hall type sessions for steps 3 and 4 (*Root cause analysis and Strategic directions*)

Dyads

- Housing
- Nutrition, Physical Activity, and Weight Status
- Transportation
- Alcohol, Tobacco, and Other Drugs

Final thoughts